



CEDARS-SINAI®
SMIDT HEART INSTITUTE

12TH ANNUAL WOMEN AND ISCHEMIC HEART DISEASE SYMPOSIUM FRIDAY, MAY 11, 2018

*Offered in cooperation with the California Chapter of the American College of Cardiology
and WomenHeart: The National Coalition for Women with Heart Disease*



California
CHAPTER



COURSE DIRECTOR

C. Noel Bairey Merz, MD, FACC, FAHA

CONFERENCE LOCATION

Cedars-Sinai Medical Center
Harvey Morse Conference Center
Plaza Level, South Tower
8701 Gracie Allen Drive
Los Angeles, CA 90048

For the latest course information and to register, visit cedars-sinai.edu/womenheartcme

ACTIVITY INFORMATION

COURSE DESCRIPTION AND STATEMENT OF NEED

Cardiovascular disease (CVD) was once thought of as primarily affecting men, but today CVD is the number-one killer of women in the U.S., claiming almost 400,000 American women every year. Furthermore, as the average age of the American woman increases, the morbidity and mortality rates of CVD are likely to increase dramatically. Yet, many women at risk for coronary heart disease are often not referred for appropriate diagnostic testing, perhaps because until recently it was thought that the clinical manifestations of women with cardiovascular disease were essentially similar to those of men and warranted similar management. This means the disease process resulting in a heart attack or stroke may not be detected in women until later, with more serious consequences. Despite significant advances in our knowledge about preventive interventions, cardiovascular disease remains the leading killer of women in the United States. In an effort to further educate in this area, our planning committee has assembled a distinguished faculty of national speakers, each with a unique expertise in the field of cardiovascular health and heart disease.

This in-depth educational symposium will explore gender-specific issues in coronary microvascular dysfunction, hormone therapy, cardiac resynchronization therapy, and updates in research and health policy. The purpose of this conference is to close the knowledge gap of physicians and allied healthcare professionals regarding sex-specific differences in cardiovascular disease and the impact these differences have on treatment options, and to highlight the importance of identifying women at risk for cardiovascular disease by utilizing the most current evidence-based treatment strategies for improved patient outcomes.

TARGET AUDIENCE

This activity is designed to meet the educational needs of physicians, surgeons and other healthcare professionals.

EDUCATIONAL OBJECTIVES

- Examine the improvement of medical product development, product safety and efficacy in women from a regulatory perspective
- Discuss how to advise women on reproductive hormone therapy and cardiac risk
- Relate the benefits of referring women with heart disease to a cardiac rehabilitation program
- Review and understand the impact of supplements and fish oil on cholesterol
- Analyze the benefits of using cardiac resynchronization therapy in women with heart failure with preserved ejection fraction
- Describe anatomical valve disease that is amenable to percutaneous therapies
- Assess the risks and benefits of percutaneous therapies

ACCREDITATION STATEMENT

Cedars-Sinai Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



CREDIT DESIGNATION STATEMENT

Cedars-Sinai Medical Center designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES

The California State Board of Registered Nursing accepts courses approved by the ACCME for Category 1 credit as meeting the educational requirements for license renewal.

POLICY ON DISCLOSURE

It is the policy of Cedars-Sinai Medical Center to ensure balance, independence, objectivity and scientific rigor in all its educational activities. Cedars-Sinai Medical Center assesses conflicts of interest with its faculty, planners and managers of CME activities. Conflicts of interest that are identified are resolved by reviewing that presenter's content for fair balance and absence of bias, scientific objectivity of studies utilized in this activity, and patient care recommendations.

While Cedars-Sinai Medical Center endeavors to review faculty content, it remains the obligation of each physician or other healthcare practitioner to determine the applicability or relevance of the information provided from this course in his or her own practice.

ACKNOWLEDGMENT OF COMMERCIAL SUPPORT

Cedars-Sinai Medical Center gratefully acknowledges the educational grants from: Abbott, Gilead, Medtronic, and St. Jude. The companies names will be displayed at the meeting and in the course materials.

PARKING

Self-parking is available in visitor parking lots P1, P2 (George Burns Road) or P4 (Sherbourne Drive).

AGENDA

12TH ANNUAL WOMEN AND ISCHEMIC HEART DISEASE SYMPOSIUM

FRIDAY, MAY 11, 2018

HARVEY MORSE CONFERENCE CENTER, CEDARS-SINAI MEDICAL CENTER, LOS ANGELES

7:15 – 7:45 A.M.	Registration, Breakfast and Exhibits
7:45 – 7:50	Introduction <i>C. Noel Bairey Merz, MD, FACC, FAHA</i>
7:50 – 8:00	Fifth Annual Linda Joy Pollin Women's Heart Health Leadership Award
8:00 – 9:00	KEYNOTE Women & Cardiovascular Disease: The Intersection of Research Health Policy & Clinical Care SPEAKER: <i>Marjorie Jenkins, MD, FACP</i>
9:00 – 9:15	Break and Exhibits
9:15 – 9:40	Hormone Therapy and Cardiac Risk: How to Advise Women CHAIR: <i>Sarah Kilpatrick, MD, PhD</i> SPEAKER: <i>Chrisandra L. Shufelt, MD, MS, FACP, NCMP</i>
9:40 – 9:50	Hormone Case Presentation SPEAKER: <i>Erica T. Wang, MD, MAS</i>
9:50 – 10:00	Question & Answer
10:00 – 10:25	Heart Healthy or Heart-Hoax? Fish Oil & Vitamin Supplements - Impact on Cholesterol CHAIR: <i>Timothy D. Henry, MD, FACC</i> SPEAKER: <i>Janet Wei, MD, FACC</i>
10:25 – 10:35	Question & Answer
10:35 – 11:00	Exercise, Cardiac Rehab and High Intensity Interval Training for Women CHAIR: <i>Deborah Clegg, PhD</i> SPEAKER: <i>C. Noel Bairey Merz, MD, FACC, FAHA</i>
11:00 – 11:10	Question & Answer
11:10 – 11:35	Morning Faculty Panel Discussion <i>C. Noel Bairey Merz, MD, FACC, FAHA; Deborah Clegg, PhD; Timothy D. Henry, MD, FACC; Marjorie Jenkins, MD, FACP; Sarah Kilpatrick, MD, PhD; Chrisandra L. Shufelt, MD, MS, FACP, NCMP; Erica T. Wang, MD, MAS; Janet Wei, MD, FACC</i>
11:35 – 11:45	Overview of WomenHeart: The National Coalition for Women with Heart Disease SPEAKER: <i>Evan McCabe, RN, MN</i>
11:45 – 12:00 P.M.	Women's Heart Alliance (Advocacy Update) SPEAKER: <i>C. Noel Bairey Merz, MD, FACC, FAHA</i>
12:00 – 12:45	Lunch
12:45 – 1:10	HFpEF and Cardiac Resynchronization Therapy CHAIR: <i>Balaji Tamarappoo, MD, PhD</i> SPEAKER: <i>Michelle Kittleson, MD, PhD</i>
1:10-1:20	Question & Answer
1:20 – 1:50	Case Studies Stress Management Techniques (4-min. case; 6-min. discussion and/or stress management technique demonstration) <i>Eynav Accortt, PhD</i> The Complicated Cholesterol Patient (4-min. case; 6-min. discussion) <i>Margo B. Minissian, PhD, ACNP, CLS, AACC, FAHA</i> SPRINTing to Hypertension Targets (4-min. case; 6-min. discussion) <i>Florian Rader, MD, FACC</i>
1:50 – 2:15	Minimally Invasive Valve Surgery: Transcatheter Aortic Valve and MitraClip CHAIR: <i>Bruce Samuels, MD</i> SPEAKERS: <i>Rajendra Makkar, MD, FACC (TAVR) and Saibal Kar, MD (MitraClip)</i>
2:15 – 2:25	Question & Answer
2:25 – 2:50	Coronary Microvascular Dysfunction - Update 2018 CHAIR: <i>Louise Thomson, MD</i> SPEAKER: <i>Eileen M. Handberg, PhD, ARNP</i>
2:50 – 3:00	CMD Case <i>Christine Pacheco, MD</i>
3:00 – 3:10	Question & Answer
3:10 – 3:35	Afternoon Faculty Panel Discussion <i>Eynav Accortt, PhD; Eileen M. Handberg, PhD, ARNP; Saibal Kar, MD; Michelle Kittleson, MD, PhD; Rajendra Makkar, MD, FACC; Margo B. Minissian, PhD, ACNP, CLS, AACC, FAHA; Christine Pacheco, MD; Florian Rader, MD, FACC; Bruce Samuels, MD; Balaji Tamarappoo, MD, PhD; Louise Thomson, MD</i>
3:35 – 3:40	Post-test
3:40 P.M.	Adjourn

REGISTRATION

12TH ANNUAL WOMEN AND ISCHEMIC HEART DISEASE SYMPOSIUM
FRIDAY, MAY 11, 2018
HARVEY MORSE CONFERENCE CENTER, CEDARS-SINAI MEDICAL CENTER, LOS ANGELES

REGISTER ONLINE TODAY!

Visit cedars-sinai.edu/womenheartcme to register.

All registrations must be completed online. For additional course or registration information, please call 310-423-5548.

REGISTRATION FEES	PHYSICIAN	NON-PHYSICIAN	RESIDENT/FELLOW
Received by 4/28/18	\$185	\$145	\$25
Received after 4/28/18	\$235	\$185	\$25

REGISTRATION METHODS

TO PAY BY CHECK

Complete the online registration, continue to the payment section and select “I will mail a separate check for my registration.”

MAIL PAYMENT (with checks made payable to Cedars-Sinai Medical Center) to:
Cedars-Sinai Medical Center Office of Continuing Medical Education
Attn: Registration
8797 Beverly Blvd., Suite 250
Los Angeles, CA 90048

REFUND POLICY

All cancellations must be submitted in writing, and refunds will be subject to a \$50 administrative charge. No refunds will be given after April 27, 2018. Please email cancellation requests to cme@cshs.org. If you do not receive confirmation of your cancellation via email, please call 310-423-5548.



We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you.

FACULTY

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Director, Linda Joy Pollin Women's Heart Center

Director, Preventive Cardiac Center

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Cedars-Sinai Medical Center

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Research Institute

Co-Director, Stress Echocardiography Lab

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MAY 11, 2018

IN-DEPTH SYMPOSIUM EXPLORING SEX-SPECIFIC DIFFERENCES IN CARDIOVASCULAR DISEASE, INCLUDING:

- Women's Health Policy Updates and FDA Initiatives
- Fish Oil & Vitamin Supplements – Impact on Cholesterol
- Cardiovascular Disease in Women: Coronary Microvascular Dysfunction
- Exercise, Cardiac Rehab and High-Intensity Interval Training for Women
- Heart Failure with Preserved Ejection Fraction in Women, Including Cardiac Resynchronization Therapy
- Minimally Invasive Valve Surgery: Transcatheter Aortic Valve and MitraClip

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