

A Practical Guide to Managing

Violence & Aggression

*Short-term management in
Mental Health, Health and Community settings*
Implementing the NEW NICE Guideline

10% credit card payment discount**
15% Group booking discount**

Friday 27 November 2015 Hallam Conference Centre, London



Facilitators & Speakers Include:

Eric Baskind

*International Expert on
Physical Interventions*

Liverpool John Moore's University

Prof Peter Tyrer

*Chair, Guideline Development Group, Violence and
Aggression: short term management in mental
health, health and community settings, NICE*

10% credit card payments discount*
15% Group booking discount**

A Practical Guide to Managing

Violence & Aggression

Short-term management in

Mental Health, Health and Community settings

Implementing the NEW NICE Guideline

Friday 27 November 2015 Hallam Conference Centre,

The new NICE Guideline on Violence and Aggression: short-term management in mental health, health and community settings was released on Friday 29th May 2015. This conference through national updates, practical case studies and the expert views of those on the Guideline Development Group will look at implementing this new guideline in practice to safeguard NHS Staff whilst ensuring the least restrictive option, respecting and ensuring rights for service users.

Professor Mark Baker, NICE Centre for Clinical Practice director, said: *"This newly updated guideline is designed to help prevent violent situations and to manage them safely when they do occur. New information on anticipating and reducing risk, as well as ways to calm people down has been incorporated and we have also listened to the views of service users on physical restraint and isolation. The guideline focuses on how to assess risk and prevent violence, including how to recognise warning signs, to calm potentially violent patients and manage difficult situations as well as to intervene safely when violence happens."*

Professor Peter Tyrer, from Imperial College London and chair of the group that developed the guideline, said: *"We have many programmes in the country that concentrate on dealing with actual violence but not enough on preventing and de-escalating violence when it is beginning to emerge. Greater understanding of the suffering that leads to violence is an essential part of management."*

"We now want to see a culture of tolerance towards people with mental health problems, helping health and social care professionals to de-escalate difficult situations and help service users get the support they need when circumstances in the health service can make things worse. We want to reduce the times when we restrict people who are wound up by mental health problems and placed in restrictive environments. We are recommending that every trust has a restrictive interventions reduction programme. We also want to develop a culture of learning, such that service users and professionals together can review every time we restrain or restrict a person's freedom; and give as much attention to human rights as we do to safety. This guidance represents a major step forward for people with mental health problems, especially in institutional settings, but also in the community and across health and social care."

Professor Tim Kendall, Director of the National Collaborating Centre for Mental Health

Source: NICE May 2015

10.00	AM Chairmans introduction Eric Baskind <i>Senior Lecturer in Law and International Expert on Physical Interventions</i> Liverpool John Moore's University	
10.10	Violence and Aggression: Implementing the May 2015 NICE Guideline Prof Peter Tyrer <i>Chair, Guideline Development Group, Violence and aggression: Short-term management in mental health, health and community settings, NICE</i> <i>Professor of Community Psychiatry, Centre for Mental Health, Imperial College London</i>	● safeguarding NHS staff from violent and aggressive patients ● ensuring physical restraint is used as a last resort only ● changing the focus from managing to prevention and de-escalation ● implementing the NICE guideline in practice
10.40	Working in partnership with service users Paul Scates <i>Peer Specialist,</i> Dorset Mental Health Forum	● protecting staff whilst treating service users with respect and preventing violation of service users' rights: how to we get the balance right? ● working in partnership with service users to develop plans for managing violence and aggression on an individual basis ● a personal perspective on what works
11.30	Question and answers, followed by coffee and exhibition at 11.40	
12.10	EXTENDED SESSION: Policy, Restraint Practice and the Law - working together to reduce physical intervention and improve safety in restraint practice Eric Baskind <i>Senior Lecturer in Law and International Expert on Physical Interventions</i> Liverpool John Moore's University	This extended session will bring together the various policies, legal and practical implications in the prevention and management of violence and aggression and examine various restraint techniques addressing problems delegates are facing in implementing the NICE Guidance and meeting the national objective to reduce prone restraint. The session will also focus on developing a restrictive intervention reduction plan and the use of least restrictive options and issues around manual restraint.
13.00	Question and answers, followed by lunch and exhibition at 13.10	
	FOCUS: Implementing the May 2015 NICE Guideline : Case studies	
14.00	Implementing the framework for anticipating and reducing violence and aggression in inpatient psychiatric wards Prof Len Bowers <i>Professor of Psychiatric Nursing, Institute of Psychiatry, Psychology and Neuroscience, Kings College London & Member, Guideline Development Group Violence and aggression: short-term management in mental health, health and community settings, NICE</i>	● implementing the framework recommendations in practice ● limiting the factors that can be anticipated to lead to aggression ● recommendations with regard to the use of medication and rapid tranquillisation ● improving staff training ● working in partnership with service users to understand potential triggers
14.30	Reducing the need for restrictive interventions including implementing a ban on face down restraint Dr Rachel Warner <i>Deputy Medical Director & Consultant Psychiatrist with</i> Helen Mitchell <i>Project Manager for the restrictive interventions reduction programme</i> Sheffield Health & Social Care NHS Foundation Trust	● reducing the need for restrictive interventions ● implementing a restrictive intervention reduction programme ● how we have implemented a ban on face down restraint in Sheffield and the impact this has had on other types of restraint ● producing the annual report on use of restrictive practice in your organisation ● the challenges in practice and preparing for CQC inspection on restrictive practices
15.00	Principles of best practice in Seclusion Secure Hospitals Group Representatives	● managing violence and challenging behaviour: learning from the extreme end of the spectrum ● reducing seclusion in line with the new NICE guideline ● developing principles of best practice in seclusion ● learning from our experience in seclusion policy and practice in a secure hospital environment
15.00	Tea and exhibition	
16.00	Observation: policy and practice Prof Joy Duxbury <i>Professor of Mental Health Nursing, University of Central Lancashire</i> <i>& Member, Guideline Development Group Violence and aggression: short-term management in mental health, health and community settings, NICE</i>	● levels of observation and ensuring staff understand the thresholds ● what are the levels of observation necessary during the use of other restrictive interventions such as seclusion ● ensuring clear guidance on who can instigate, increase, decrease or review observation ● improving the service users' experience of observation
16.30	Undertaking a post incident debrief and review Iain Harbison <i>Project Lead Violence Reduction</i> Lancashire Care NHS Foundation Trust	● undertaking an immediate post incident debrief and review for any event that involves the use of a restrictive intervention – restraint, rapid tranquillisation or seclusion – to manage violence and aggression ● changing cultures and attitudes ● engaging the service user in debrief and review ● ensuring the monitoring and response to ongoing risks ● reporting from ward to board
17.00	Question and answers followed by close	

Violence and Aggression

Friday 27 November 2015 Hallam Conference Centre, London

Em

> How to book

Book online via credit card and receive a 10% discount*

www.healthcareconferencesuk.co.uk

Fax the booking form to
0208 181 6491

Post this form to Healthcare Conferences UK
8 Wilson Drive, Ottershaw, KT16 0NT

> Your Details

(please complete a new form for each delegate. Photocopies are acceptable)

Dr Mr Mrs Ms (Please Circle)

First Name

Surname

Job Title

Department

Organisation

Address

Postcode

Telephone

Fax

Email

Please write your address clearly as confirmation will be sent by email, if you prefer confirmation by post please tick this box, ☐ Please also ensure you complete your full postal address details for our records.

Please specify any special dietary or access requirements

This form must be signed by the delegate or an authorised person before we can accept the booking

(By signing this form you are accepting the terms and conditions below)

Name

Signature

Date

> Payment

☐ **By Cheque** A cheque for is enclosed

Please make Cheques Payable to: Healthcare Conferences UK Ltd.

☐ **By Invoice** Please send an invoice to

Name

Organisation

Address

Postcode

PURCHASE ORDER NUMBER
(If Applicable)

Please note if you are requesting an invoice many NHS organisations now require a Purchase Order Number to be provided. If you do not provide this number this may slow down the processing of this delegate place.

☐ **By B A C S**

For Payments in £:

Sort Code 40-46-22

Account No. 21553690

■ Please send your BACS remittance form as confirmation of payment

■ Your BACS Reference

☐ **By credit card** Please debit my Visa/Mastercard/Switch

All sections must be completed

Cardholder's Name

Card No.

Valid From

Expiry Date

Issue No. (switch only)

Card security code

You will be contacted during the processing of your booking for the payment card security code (the last three digits on back of card)

Signature

Card billing address

Promotional Code

Conference Documentation

☐ I cannot attend the conference but would like to receive a PDF containing the conference handbook material, which includes speaker slides, at £49 each.

The pdf will be sent out after the conference, please fill in the 'Your Details' section above for delivery, and the 'Payment' section.

For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Venue

Hallam Conference Centre, 44 Hallam Street
London, W1W 6JJ. A map of the venue will be sent with confirmation of your booking.

Date

Tuesday 22 September 2015

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

*Credit Card Discount

10% discount when you book with credit card. This offer cannot be used in conjunction with any other Healthcare Conferences UK Ltd offer.

Group Rates

**A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

Terms & Conditions

A refund, less a 20% administration fee, will be made if cancellations are received, in writing, at least 4 weeks before the conference. We regret that any cancellation after this cannot be refunded, and that refunds for failure to attend the conference cannot be made, but substitute delegates are welcome at any time.

Accommodation

On confirmation of your booking you will receive details of accommodation.

Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7-10 days after submitting your booking.

Exhibition

If you are interested in exhibiting at this event, please contact us on 01932 429933, or email carolyn@hc-uk.org.uk

Credits

CPD Certified. This conference is recognised by the Good Governance Institute. Conference Producer is a member of the Association of British Professional Conference Organisers (ABPCO).

The information provided will be held on the Healthcare Conferences UK database and may be used to update you with details of other events that we organise. If you DO NOT wish to receive this information, please tick this box ☐

We occasionally release your details to companies sponsoring or exhibiting at our events. If you DO NOT wish to receive information from these companies, please tick this box ☐

Healthcare Conferences UK Ltd reserve the right to make changes to speakers and programmes without prior notice.
©Healthcare Conferences UK Ltd 2015



Visit our website www.healthcareconferences.co.uk or tel **01932 429933** fax **0208 181 6491**

