



FSRH Annual Conference 2024
A collaborative approach to reducing reproductive inequalities across the life course

Location: RCOG, 10 Union Street, London Bridge

Friday 6 December 2024
08:15 – 17:30

The leading conference for sexual and reproductive healthcare professionals

Join us on Friday 6 December for our flagship event in sexual and reproductive healthcare (SRH). This year's conference offers a unique opportunity to explore the latest developments and practical insights in SRH, with a special focus on addressing reproductive health inequalities at every stage of life. The conference brings together FSRH members and the wider SRH community to share their clinical knowledge and expertise, offering practical insights to support your everyday practice.

Don't miss out on this incredible opportunity to learn, network, and grow in the field of SRH. The conference is available to attend both in-person and virtually. Register now to secure your spot at the must-attend SRH conference of the year!

Together, we can make a significant impact on reproductive and sexual health inequalities across the life course.

You will:

- Acquire detailed knowledge of evidence-based interventions to improve adolescent reproductive health, maternal health, and strategies and medications including pregnancy prevention plans, and learn how to integrate these into clinical practice effectively.
- Develop a comprehensive understanding of the unique reproductive and sexual health challenges faced by transgender individuals, and older women experiencing menopause, and learn how to provide tailored, patient-centred care.
- Learn strategies to enhance multidisciplinary collaboration among healthcare professionals, ensuring a coordinated approach to addressing reproductive health inequalities across the life course.

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- Gain practical insights and advanced clinical skills from expert speakers, enabling you to apply these in your day-to-day medical practise to improve patient outcomes.

Session	Speaker	Time
Registration, refreshments, and exhibition		08:15 - 09:00
Welcome from the President and CEO, FSRH	Gary Waltham , CEO, FSRH Dr Janet Barter , President, FSRH	09:05 - 09:15
Session 1: Setting the scene Chair: Dr Maryam Nasri , FSRH Vice President of Membership		
Opening keynote address: <i>The State of Contraceptive Access and Reproductive Rights Across the Life Course</i>	<i>Speaker to be confirmed</i>	09:15 - 09:35
An overview of SRH Clinical Guidelines	Dr Rebecca Strauss Clinical Director of the FSRH Clinical Effectiveness Unit (CEU)	09:35 – 10:20
Refreshments and exhibition		10:20 – 10:50

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Session 2: Reproductive health priorities for young people Chair: Dr Amy Hough, Community Sexual and Reproductive Health ST2, Birmingham		
Learning about sex in the 21st century	Ruby Rare Sex educator, writer, presenter and broadcaster and public speaker	10:50 – 11:15
Interventions targeted at improving reproductive health outcomes for adolescents	Dr Sinead Cook Consultant Sexual and Reproductive Health, Lead for Young People, Grampian Sexual Health Services Caroline Hazel Community Sexual and Reproductive Health ST3, NHS Grampian	11:15 – 11:40
Q&A with all speakers		11:40 – 12:00
Lunch and exhibition		12:00 – 13:00
Lunchtime Sponsored Symposium This promotional session is organised and funded by Exeltis, UK		12:35 - 13:00 

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FSRH Get involved – listen and lunch Dr Janet Barter, President, FSRH Gary Waltham, CEO, FSRH		12:30 – 13:00
Session 3: Sponsored Symposium		
Promotional symposium session		13:00 – 13:40
Session 4: Reproductive years a focus on inequalities Chair: Polly Zipperlen, Nurse and Events Executive Group Co-Chair		
Removing barriers to underserved communities and understanding culture and the impact on contraception uptake	Dr Aziza Sesay GP, GP Educator, Honorary Senior Clinical Lecturer, Host and Health Content Creator and FSRH Hatfield Vision Ambassador	13:40 – 14:05

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Navigating a reproductive minefield: Supporting and facilitating reproductive choice for people living with epilepsy	Beth Irwin Epilepsy Nurse/Midwife, UK Epilepsy and Pregnancy Register	14:05 – 14:30
Q&A with all speakers		14:30 – 14:50
Afternoon refreshments and exhibition		14:50 – 15:20
Session 5: Sexual and reproductive wellbeing in older adults Chair: Dr Amy Hough		
Management of unscheduled bleeding on hormone replacement therapy (HRT)	Mr Tim Hillard DM FFSRH FRCOG Consultant Gynaecologist, University Hospitals Dorset	15:20 – 15:45

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The 'Transopause'- Menopause for transgender patients	Dr Christine Mimmagh , General Practitioner and Clinical Lead for Cheshire and Merseyside NHS service	15:45 – 16:10
Supporting the sexual needs of older women	Dr Helene Markham-Jones , Postdoctoral Researcher (LIIRH), Lincoln Institute for Rural and Coastal Health (LIRCH), School of Health and Social Care Professor Ros Kane , Professor of Nursing and Public Health, School of Health and Care Sciences	16:10 – 16:35
Q&A with all speakers		16:35 – 16:55
Closing Keynote address	Dr Helen Munro Consultant in Sexual and Reproductive Healthcare and Clinical lead for Women's Health (Wales)	16:55 – 17:15
President's reflections FSRH Elphis Christopher Annual Award Close of Conference	Dr Janet Barter President, Faculty of Sexual and Reproductive Healthcare	17:15 – 17:30

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FSRH 2024 Admissions Ceremony All attendees are invited	17:40 – 18:10
FSRH Annual Conference Dinner	19:00 – 22:30

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