



# Psych Congress Regionals



Experience **unrivaled**,  
practical mental health  
education.

Saturday,  
**December 1, 2018**

San Antonio, Texas

[psychcongress.com/regionals](http://psychcongress.com/regionals)

| AN **HMP** EVENT |



**December 1, 2018 | San Antonio, Texas**

**San Antonio Marriott Riverwalk**

**889 East Market Street**

**San Antonio, TX 78205**

## **Bringing Psych Congress to a City Near You**

Psych Congress Regionals are designed for mental health and primary care clinicians looking to advance their psychopharmacology, psychotherapy, and wellness knowledge in a location near their practice. Each meeting provides networking opportunities with regional colleagues and evidence-based relevant education that clinicians can apply in practice immediately upon their return to the office.

### **PSYCH CONGRESS REGIONALS OFFER:**

The opportunity for attendees to earn up to 6.5 CME/CE credit hours

High-level CME and non-accredited educational offerings presented by some of the nation's top mental health researchers and educators

Reduced rates for early and group registrations

Networking opportunities with regional colleagues

For more than five years, psychiatrists, psychologists, nurse practitioners, physician assistants, nurses, primary care physicians, and other mental health clinicians have relied on Psych Congress Regionals for high-quality mental health CME educational offerings that are aimed at helping clinicians better personalize treatment strategies.

**Register early and save at [psychcongress.com/regionals](http://psychcongress.com/regionals).**

# Faculty



## **Rakesh Jain, MD, MPH**

Clinical Professor  
Department of Psychiatry  
Texas Tech Health Sciences Center  
School of Medicine  
Midland, Texas



## **Ilan Melnick, MD**

Chief Medical Officer  
Passageway Residences of Dade County  
Miami, Florida



## **Saundra Jain, MA, PsyD, LPC**

Adjunct Clinical Affiliate  
University of Texas at Austin  
School of Nursing  
Private Practice  
Austin, Texas



## **Arwen Podesta, MD, ABPN, FASAM, ABIHM**

Assistant Professor of Medicine  
Tulane University  
Medical Director, ACER LLC  
Owner/Psychiatrist, Podesta Wellness  
President, Louisiana Chapter of American  
Society of Addiction Medicine  
New Orleans, Louisiana



## **Vladimir Maletic, MD, MS**

Clinical Professor  
Psychiatry and Behavioral Science  
University of South Carolina  
School of Medicine  
Greenville, South Carolina



## **Charles Raison, MD**

Professor, School of Human Ecology  
Professor, Department of Psychiatry  
School of Medicine and Public Health  
University of Wisconsin-Madison  
Madison, Wisconsin

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For an up-to-date list of faculty, and to view full faculty bios, visit  
[psychcongress.com/psychregionals/faculty](https://psychcongress.com/psychregionals/faculty).

For group discounts or to register by phone, call 609-630-6252.

# Agenda\*

## Registration

7:00 AM–7:15 AM

## Welcome Session

**NON-ACCREDITED**

7:15 AM–7:30 AM

Join us as we kick off the day with a welcome address.

## Innovation Theater

**NON-ACCREDITED**

7:30 AM–8:40 AM

Breakfast will be served.

BREAK | 8:40 AM–8:45 AM

## Addressing Barriers to Optimal Medication-Assisted Treatment for Opioid Use Disorders

8:45 AM–9:50 AM

This session aims to keep clinicians up-to-date on the latest research and evidence-based recommendations for opioid use disorders, focusing on medication-assisted treatments.

## A Multi-Tactical Approach to Enhancing the Long-Term Management of Schizophrenia: Long-Acting Injectable Antipsychotics, Transitions of Care, and Engagement Strategies

9:50 AM–10:50 AM

Improving care transitions and treatment continuity is critical for individuals with schizophrenia. This session reviews the latest clinical data on long-acting injectable antipsychotics and oral antipsychotic medications to help guide treatment decisions for practicing clinicians and their schizophrenic patients, with the goal of improving adherence and preventing relapse.

BREAK | 10:50 AM–11:00 AM

Psych Congress Network

**TARDIVE DYSKINESIA** 

11:00 AM–12:00 PM

This session brings together a psychiatrist and a neurologist to discuss the challenges of diagnosing and treating patients with tardive dyskinesia (TD). These experts will review the latest data on current and recently approved treatments for TD and how to incorporate that information into everyday clinical practice through interactive case discussions.

BREAK | 12:00 PM–12:05 PM

## Innovation Theater

**NON-ACCREDITED**

12:05 PM–1:15 PM

Lunch will be served.

BREAK | 1:15 PM–1:20 PM

## **Advancing the Management of MDD: Exploring Novel Mechanisms and Treatment Targets**

1:20 PM–2:20 PM

This session provides clinicians with information on current advances and emerging data on antidepressant medication development and a plan for integrating these new medications into clinical practice once they become available.

## **Advancing the Diagnosis and Treatment of Adult ADHD: Recent and Emerging Developments**

2:20 PM–3:20 PM

This session addresses the diagnostic and treatment challenges in adult ADHD. Faculty will strengthen clinicians' knowledge with recent data on pharmacotherapy to implement informed clinical decisions with respect to therapeutic selection, ensuring persistence of therapy for the success of long-term patient outcomes.

BREAK | 3:20 PM–3:25 PM

## **Innovation Theater**

**NON-ACCREDITED**

3:25 PM–4:25 PM

Dessert will be served.

BREAK | 4:25 PM–4:30 PM

## **New Perspectives in Advanced Psychopharmacology: Improving the Quality of Care for Patients with Depression**

4:30 PM–6:00 PM

The mind-body connection in psychiatry is better understood today than ever before, and clinicians need to take advantage of this emerging knowledge base. As we leverage this new research, clinical outcomes are expected to improve. The goal of this cutting-edge presentation is to give attendees the most recent, clinically relevant information on mind-body psychiatry, positive psychiatry, and mental wellness.

*\*Agenda subject to change.*

### Marketing & Management Company

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70 E. Swedesford Road, Suite 100  
Malvern, Pennsylvania 19355  
Toll Free: 800-237-7285  
Fax: 610-560-0502  
hmpglobal.com

### CME/CE Accreditor

North American Center for Continuing Medical Education, LLC (NACCME), an HMP Company  
104 Windsor Center Drive, Suite 200  
East Windsor, New Jersey 08520  
Phone: 609-371-1137  
Fax: 609-371-2733  
naccme.com

## Psych Congress — Your Home for Knowledge. News. Networking.



### Accreditation Information

#### Intended Learners

This activity is intended for psychiatrists, primary care physicians, psychologists, nurse practitioners, physician assistants, psychiatric nurses, and other healthcare professionals who seek to improve the care of patients with mental health disorders.

#### Learning Objectives

- Review the neurobiological basis of mental illness and how the latest scientific findings impact clinical practice
- Assess clinical data on current and emerging psychopharmacology and incorporate these agents into treatment strategies
- Integrate nonpharmacologic strategies into personalized treatment regimens for patients with mental disorders

#### Accreditation



JOINTLY ACCREDITED PROVIDER  
FOR NONPHARMACOLOGICAL CONTINUING EDUCATION

In support of improving patient care, North American Center for Continuing Medical Education, LLC (NACCME) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

#### CME

NACCME designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### CNE

This continuing nursing education activity awards 6.5 contact hours.

Provider approved by the California Board of Registered Nursing, Provider #13255 for 6.5 contact hours.

#### CE INFORMATION: APA

North American Center for Continuing Medical Education, LLC (NACCME) is approved by the American Psychological Association to sponsor continuing education for psychologists. NACCME maintains responsibility for this program and its content.

#### Instructional level: Advanced

#### Requirements for Credit

To be eligible for documentation of credit, participants must attend the educational activity and complete the evaluation form. After successful completion of the evaluation form online at [www.psychcongress.com/regionals](http://www.psychcongress.com/regionals), participants may immediately print their documentation of credit. Physician assistants

and nurse practitioners may participate in this educational activity and earn a certificate of completion as AAPA and AANP accept AMA PRA Category 1 Credits™ through their reciprocity agreements. Other healthcare professionals treating patients with mental health disorders should check with their state licensing and certification boards to determine if Psych Congress 1-Day Regional Meetings meet their continuing education requirements.

#### Contact Information

For questions regarding this educational activity, please call 609.371.1137.

#### ADA Statement

North American Center for Continuing Medical Education complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please call 609.371.1137.

#### Innovation Theaters (Non-Accredited)

These are promotional programs and no CE credits are offered. Food and beverage is provided by North American Center for Continuing Medical Education, LLC, an HMP Company. Attendees pay for their meal as part of their conference registration fee. Your name badge will be scanned for admittance into Innovation Theater Presentations, which gives the presenting company access to your email and mailing addresses. To opt out, please speak with a Psych Congress representative.

#### Cancellation Policy

Please note that payment for the Psych Congress Regionals is non-refundable.

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#### Grant Support

Supported by educational grants from Alkermes, Inc., Indivior Inc., Neurocrine Biosciences, and Teva Pharmaceuticals.

# San Antonio Registration

SUPER SAVER \$79 (UNTIL 10/12) | EARLY BIRD \$99 (10/13–11/9) | STANDARD RATE \$119 (11/10–12/1)

To register by phone, call 609–630–6252 or fax your registration to 609–371–2733.

FIRST NAME LAST NAME DEGREE/CREDENTIALS

PHONE NUMBER EMAIL ADDRESS

MAILING ADDRESS CITY STATE

ZIP CODE COUNTRY COMPANY/INSTITUTION NAME

DEPARTMENT

PROFESSIONAL CATEGORY:

- ☐ Psych MD ☐ Psych DO ☐ PCP MD ☐ PCP DO ☐ Psychologist ☐ Nurse Practitioner ☐ Advanced Practice Nurse  
☐ Physician Assistant ☐ Registered Nurse ☐ Social Worker ☐ Therapist ☐ Pharmacist ☐ Other MD/DO  
☐ Other Nurse ☐ Other Allied Professional ☐ Fellow/Resident/Student ☐ Industry  
☐ Other: \_\_\_\_\_

PRIMARY SPECIALTY:

- ☐ Psychiatry ☐ General Practice ☐ Family Practice ☐ Internal Medicine ☐ Neurology ☐ Psychology  
☐ Other: \_\_\_\_\_

NPI/LICENSE #: \_\_\_\_\_

PRACTICE SETTING:

- ☐ Office-Based: Solo Practice ☐ Office-Based: Group Practice ☐ Hospital Staff: Private Hospital  
☐ Hospital Staff: State/VA ☐ Hospital Staff: Community ☐ Hospital Staff: Other \_\_\_\_\_  
☐ Teaching ☐ Research ☐ Other: \_\_\_\_\_

What is your primary subspecialty/area of clinical focus? \_\_\_\_\_

How many years have you been in practice? \_\_\_\_\_

How many mental health patients do you see on a weekly basis?

- ☐ 10 or fewer ☐ 11 to 29 ☐ 30 to 39 ☐ 40 to 49 ☐ 50 or more

Of the overall patient population that you treat with mental health disorders, which are relevant to your professional oversight? \_\_\_\_\_

How did you find out about this Psych Congress Regional? ☐ Direct mail ☐ Google/search engine

- ☐ Email promotion ☐ Print advertisement ☐ Colleague/employer ☐ Psych Congress sales rep  
☐ Professional Association \_\_\_\_\_

METHOD OF PAYMENT: ☐ VISA ☐ MC ☐ AMEX ☐ DISCOVER ☐ CHECK\*

\*Make checks payable to NACCM. All checks must be drawn on a U.S. bank in U.S. funds. Mail to 104 Windsor Center Drive, Suite 200, East Windsor, NJ 08520.

CREDIT CARD NUMBER EXPIRATION DATE SECURITY CODE

BILLING ADDRESS CITY STATE ZIP

SIGNATURE OF CARDHOLDER (REQUIRED)

- ☐ I choose not to receive communications from Psych Congress Network and/or its industry partners.

By checking this box, you are opting out of receiving updates from both Psych Congress Network and our industry partners. If you'd like to remain informed about breaking news, medication updates, and educational conferences, please leave the box unchecked.



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East Windsor, NJ 08520

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