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| Type Registration | Definition          | Price |
|-------------------|---------------------|-------|
| Group rate        | Register 20 or more | \$40  |
| Individual Rate   | Single Registration | \$65  |

|                                                              |                     |     |
|--------------------------------------------------------------|---------------------|-----|
| <b>Course #</b>                                              | <b>Course Title</b> |     |
| <b>Webinar Date</b>                                          |                     |     |
| Name                                                         | Discipline          |     |
| Facility                                                     |                     |     |
| Home Mailing Address                                         |                     |     |
| City                                                         | State               | Zip |
| Daytime Phone                                                | Fax                 |     |
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**Webinar Cancellation Policy:** Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

**Special Needs Requests:** Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.



**Motivations CEU**

Accredited Courses for Rehabilitation Professionals

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## WEBINAR

### #7260 Parkinsonism: Management Strategies for Subtypes and Advanced Parkinson's Disease

Instructor: Lauren McIntyre, PT, DPT, CSRS, NCS

Audience: Physical Therapists and Assistants

**Delivery Options:**  
**Live Webinar or Self-Study Options**

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**SUMMARY:** This webinar will cover advanced Parkinson's disease and Parkinsonism subtypes. This course is designed to improve your knowledge on the subtypes of Parkinsonism including Progressive Supranuclear Palsy, Multiple System Atrophy, and Corticobasal degeneration. Learn screening tools and treatment strategies for oculomotor and autonomic dysfunction as well as recent evidence on assistive devices. A large portion of the class is also devoted to various movement strategies to improve amplitude of movement and reduce freezing of gait. We will include descriptions and pictures of interventions to have tools you can apply readily in the clinic or home setting.

Course instruction method includes: Lecture, Demonstration, Pictures/Graphs, Videos, Question/Answer.

**PRESENTER:** Lauren is an outpatient neurologic physical therapist practicing in Portland, OR. She is a stroke certified rehab specialist and certified in Parkinson Wellness Recovery (PWR). She works part-time at the multi-disciplinary Providence ALS clinic and has served for two years as the clinical advancement lead for neurologic therapy for the Oregon region for her hospital system. She also works in conjunction with the neurology department to perform MDS-UPDRS motor testing with patients to help screen candidacy for deep brain stimulation procedures. She has been a guest lecturer for the physical therapy doctoral program at George Fox University and has provided lectures for the Brian Grant Foundation, which supports patients with Parkinson's disease. She has provided several lectures for Parkinson's Resources of Oregon and represented Providence Hospital for fall risk reduction talks for community dwelling older adults. She has also developed and taught two continuing education courses for physical and occupational therapists focused on improving gait in the neurologic population and managing neurodegenerative diseases with therapeutic interventions.

*Financial—* Receives a teaching honorarium from Motivations Inc. *Nonfinancial—* No relevant nonfinancial relationship exists

**OBJECTIVES:** Upon completion of this course, the participant will be able to:

1. Apply various movement strategies and cueing techniques to reduce the effects of bradykinesia and hypokinesia on patients' movement in the setting of advanced Parkinsonism.
2. List common symptoms associated with the subtypes of Parkinsonism, including PSP and MSA, and apply appropriate screening tools specific to each condition to tailor interventions to the individual.
3. Design a treatment plan to manage freezing of gait using movement, cognitive, and visual strategies.
4. Prescribe various assist devices based on patient preference and the evidence of assistive devices and their effects on imbalance in the setting of Parkinson's disease.

**FORMAT:** This is a 3-hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study.

**For Live** courses, the content is presented via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

**For Recorded** courses, learners will not be able to participate in real time with questions.

**PT CEU's:** Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products, or clinical procedures by TPTA or TBPTE.

**AGENDA ON NEXT PAGE...**

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## AGENDA:

**Pre-Study: 30 Minutes** Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

| Time   |                                                                                                                      |
|--------|----------------------------------------------------------------------------------------------------------------------|
| 15 min | Intro to Parkinson's disease and Parkinsonism                                                                        |
| 30 min | Overview of progressive supranuclear palsy (PSP), multiple system atrophy (MSA), and corticobasal degeneration (CBD) |
| 20 min | Managing Freezing of Gait                                                                                            |
| 20 min | Movement Strategies                                                                                                  |
| 20 min | Assistive Devices in the setting of Parkinsonism                                                                     |
| 15 min | Q & A                                                                                                                |

**Post-test: 30 Minutes** Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.