

Essentials of Primary Care Pain Management Conference



September 16-17, 2017

8:00 a.m. – 4:30 p.m.

(Breakfast and Registration at 7 a.m.)

**UC Davis Education Building
4610 X Street, Lecture Hall 1222
Sacramento, CA 95817**

Sponsored by UC Davis Health, Office of Continuing Medical Education
Center for Advancing Pain Relief ♦ advancingpainrelief.ucdavis.edu

COURSE INFORMATION

This two-day conference for primary care clinicians will integrate recent scientific data with current clinic practice regarding pain management. Topics will include responsible opioid prescribing, pain and mental health, and pain management essentials. Participants will also learn about the management of co-morbid conditions and the integration and coordination of pain management within primary care.

TARGET AUDIENCE

Primary care clinicians interested in pain management

REGISTRATION

Early Registration: \$420 (physicians) and \$365 (other health care professionals) before 8/15/2017

To register: <http://www.cevs.ucdavis.edu/confreg/index.cfm?confid=903>

ACCOMMODATIONS

A conference rate has been established with the Courtyard by Marriott Sacramento Midtown, 4422 Y St., Sacramento, CA 95817, at \$149 per night plus tax. Reservations must be made directly with the hotel. Please click [here](#) or go to (<https://goo.gl/6VvjA7>) to access the reservation site.

ACCREDITATION

The University of California, Davis, Health is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

This activity has been approved for 13.5 *AMA PRA Category 1 Credits™*.

***AMA PRA Category 1 Credits™* can be used by multidisciplinary team members**

Please see website for more information.

Learning Objectives

1. Recognize how to evaluate the patient in pain
2. Implement evidence-based treatment for pain
3. Identify when it is appropriate to seek pain management or addiction consultation or referral
4. State how to prescribe opioids for chronic pain in rational and responsible manner
5. Recognize how to identify and treat addictive behaviors
6. Identify the legal issues surrounding pain management
7. Develop an awareness of other treatment modalities besides medications
8. Identify the connection between chronic pain and mood dysregulation, including depression and anxiety
9. Review the clinical concerns associated with use of opioids
10. Review the AMPS approach to primary care psychiatric assessment

Conference **website** (<https://goo.gl/FSNa4Z>)

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AGENDA

SATURDAY, SEPTEMBER 16

- 7:00 – 8:00 Continental Breakfast
- 8:00 – 8:50 Assessment and Treatment of Low Back Pain
Charles DeMesa, DO
- 8:50 – 9:40 Diagnosing and Treating Headaches in the Primary Care Setting
Marc Lenaerts, MD
- 9:40 – 9:50 Q & A
- 9:50 – 10:00 Break
- 10:00 – 10:50 Treatment Options for Neuropathic Pain
Naileshni Singh, MD
- 10:50 – 11:40 The Opioid Epidemic
Scott Fishman, MD
- 11:40 – 11:55 Q & A
- 11:55 – 1:00 Lunch

Small Group Case Discussions* 1:00 – 4:15

Assessment and Treatment of Low Back Pain
Charles DeMesa, DO and David Copenhaver, MD

Headache
Marc Lenaerts, MD

Neuropathic Pain
Naileshni Singh, MD and Samir Sheth, MD

The Opioid Epidemic
Scott Fishman, MD and Gagan Mahajan, MD

4:15 Wrap Up

**Participants will have the opportunity to take part in each of the small group case discussions in the afternoon.*

SUNDAY, SEPTEMBER 17

- 7:00 – 8:00 Continental Breakfast
- 8:00 – 8:50 Chronic Opioid Therapy: Prescriber Obligations
Gagan Mahajan, MD
- 8:50 – 9:40 Addiction and Chronic Pain
Paul Kreis, MD
- 9:40 – 9:50 Q & A
- 9:50 – 10:00 Break
- 10:00 – 10:50 Fibromyalgia: from Mechanisms to Treatment
Samir Sheth, MD
- 10:50 – 11:40 The Primary Care Psychiatric Assessment for Medically Unexplained Symptoms
Robert McCarron, DO
- 11:40 – 11:55 Q & A
- 11:55 – 1:00 Lunch

Small Group Case Discussions* 1:00 – 4:15

Chronic Opioid Therapy: Prescriber Obligations
Gagan Mahajan, MD and Scott Fishman, MD

Addiction and Chronic Pain
Paul Kreis, MD and Michael Parr, MD

The Primary Care Psychiatric Assessment for Medically Unexplained Symptoms
Robert McCarron, DO and Amir Ramezani, PhD

Fibromyalgia: from Mechanisms to Treatment
Samir Sheth, MD and Charles DeMesa, DO

4:15 Wrap

Course Chairs

Gagan Mahajan, M.D.
Professor, Department of Anesthesiology and Pain Medicine
UC Davis School of Medicine

Scott Fishman, M.D.
Professor, Department of Anesthesiology and Pain Medicine
Director, Center for Advancing Pain Relief at UC Davis
UC Davis School of Medicine

David Copenhaver, M.D., M.P.H.
Associate Professor, Department of Anesthesiology and Pain Medicine
Director, Primary Care Pain Academy
UC Davis School of Medicine

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Center for Advancing Pain Relief

4860 Y Street, Suite 3020
Sacramento, CA 95817
Ph: 916-734-7358
Fax: 916-703-6045

HS-CAPR@UCDAVIS.EDU