

The American Academy Of Psychotherapists  
61st Annual Institute & Conference

## **WHAT'S LOVE GOT TO DO WITH IT?**

The Relationship In Psychotherapy



THE OMNI SHOREHAM HOTEL

Washington, DC

October 19-23, 2016

## WELCOME TO WASHINGTON, DC!

We are delighted to host the American Academy of Psychotherapists' 61st Annual Institute and Conference, *What's Love Got to Do With It*, in our nation's capital.

Washington, DC is a place with a huge heart that thrives on cultural connectivity and diversity, making it the perfect backdrop for a conference on love and relationships. People from across the globe flock to DC to pursue passions ranging from governance to biogenetic research, philanthropy to politics, or journalism to contemporary arts. You'll love exploring DC's vibrant scene.

**THE OMNI SHOREHAM HOTEL**  
**2500 Calvert Street NW**  
**Washington, DC 20008**  
**202-234-0700**

Learn More Here  
<http://www.omnihotels.com/hotels/washington-dc-shoreham>

Since 1930, the Omni Shoreham Hotel has played host to presidents, world leaders and inaugural balls, making it an iconic Washington landmark. Today the hotel fuses modern comforts with distinguished service, creating an elegant urban retreat for our Academy gathering.

The hotel is situated on 11 lush acres just steps from the National Zoo and Tian Tina the Panda. Within walking distance of the hotel are restaurants of every flavor, and the expansive Rock Creek Park with hiking and biking trails. Just one block away, the Metro connects you to museums, monuments, galleries and countless other wonders throughout the city.

Reserve your room at the discounted conference rate (\$209 per night plus taxes) by calling as soon as possible and referencing the American Academy of Psychotherapists. Based on availability, you can reserve this rate three days before and three days after the event dates.

\*Deadline to reserve your room at the conference rate is September 25th at 5pm.

## TRAVEL INFORMATION

Ronald Reagan International Airport (DCA) and Dulles International Airport (IAD) are served by many airlines. Ronald Reagan Airport is 7.4 miles from the hotel, and a \$25 dollar cab ride. Dulles is 28 miles from the hotel and a \$60 cab ride. Both airports are also served by shuttle service and rental car companies. Only DCA is served by metro subway.

**Shuttle Service:** You can reserve a SuperShuttle ride from the Airport's Ground Transportation area to the hotel by calling (800) BLUE-VAN. Approximate cost is \$15 per passenger from DCA and \$35 from Dulles.

**Metro:** From Reagan airport, take the Blue Line Metro to Metro Center Station where you transfer to the Red Line towards Shady Grove. Exit the Red Line train at the Woodley Park/Zoo Metro Station, which is just one block from the Omni Hotel.

**Car:** If you are arriving by car, parking is available on-site at the Omni Shoreham by valet only and is \$40ish per day.



## Hearts on Fire

By  
Sharon Cumming

~ An artist with an irresistible urge to create!

**Parking:** Please note that parking at the hotel is extremely limited. **We encourage all area residents to use public transportation.**

Additional parking is available at the Marriott Wardman Park Hotel, one block west of the Omni Shoreham, for \$36 per day for self-parking and \$41 per day for valet parking.

## THE COMMITTEE

|                                  |                                          |
|----------------------------------|------------------------------------------|
| Nicholas Kirsch: Co-Chair        | David Glass: Hospitality                 |
| Douglas Cohen: Co-Chair          | Angela Gould: Hospitality                |
| Lyn Sommer: Program Chair        | Lisa Makstein: Continuing Education      |
| Angela Cerkevich: Travel         | Neil Makstein: Continuing Education      |
| Frances Compton: Treasurer       | Elaine Rubin: Brochure                   |
| Pat Coyle: Brochure and Graphics | Daniel Turetsky: Activities/Audio-Visual |
|                                  | Sharilyn Wiskup: Marketing               |

### Special Thanks to :

|                                  |                        |                                     |
|----------------------------------|------------------------|-------------------------------------|
| Linda Tillman: Editing           | Stephen Shere: Program | Steve Eichel: AASECT                |
| David Pelligrini: Budget         | David Donlon: Website  | Anni Tuikka: AASECT                 |
| Liz Marsh: Volunteer Coordinator |                        | Nicolas Kirsch: Social Media Intern |

# WELCOME TO OUR ACADEMY'S 61<sup>ST</sup> ANNUAL INSTITUTE AND CONFERENCE

## WHAT'S LOVE GOT TO DO WITH IT? THE RELATIONSHIP IN PSYCHOTHERAPY

While love is a universal ideal, it is paradoxically fraught with shame and taboo within the psychotherapy world. Therapists often feel embarrassed about either their effusive love or their lack of love toward patients. Indeed, finding a fully "loving positive regard" can be elusive. Incorporating love into an active, engaging, and transformative psychotherapy is the theme of this Institute and Conference.

Over the course of these five days, we will consider the building blocks of love, including nurturance, attachment, vulnerability and repair. We will also illuminate how love's shadow side of hate, apathy and abuse leads to debilitating pain, isolation and desperate acts. Throughout this I & C we'll learn about corrective emotional experiences that facilitate connection, healing and growth.

We will work to clarify the tangle of transference and countertransference which patients encounter as they struggle to express their feelings toward us and which we encounter as we try to love responsibly and respectfully. The dynamics of loving in therapy lead to complicated dilemmas around self-disclosure and relationship boundaries, especially when there are diverse gender, cultural, and sexual identities involved. Learning to honor, harness, and hone love consciously is part of a new dawn in psychotherapy.

Our format this year returns to that of I & Cs from years ago. We open Wednesday afternoon and all-day Thursday with multi-session **Institutes** geared toward intense learning and intimate interpersonal connections. The **Conference** portion proceeds Friday and Saturday with morning plenaries and an array of afternoon workshops. Of course we will host our traditional AAP opening and closing experiences, community meetings, and Saturday evening dinner and dance. In between events, time is set aside for open process groups, peer groups, gatherings in the hospitality suite, and many opportunities for enjoyment, fun, relaxation, and camaraderie.

We encourage you to arrive ready to engage whole heartedly in this fantastic program so that you will leave with an openness and desire to love more than ever.

On Behalf of Our I & C Committee,

*Committee Co-Chairs,*

*Douglas Cohen and Nicholas Kirsch*



*Understanding someone's suffering  
is the best gift you can give  
another person.*

*Understanding is love's other name.  
If you don't understand,  
you can't love.*

*--Thich Nhat Hanh*

Visit our Facebook page at:

<https://www.facebook.com/events/745830532220685/>

and please **INVITE** all your therapist Facebook Friends to join.

## AMERICAN ACADEMY OF PSYCHOTHERAPISTS:

We're a multidisciplinary community of psychotherapists dedicated to the personal and professional development of the therapist. We value the therapist-client relationship as fundamental to the healing process of psychotherapy. As a community, the Academy seeks to provide learning and growth opportunities for new therapists and seasoned professionals alike. AAP values relational workshop experiences and encourages interaction over prescribed formality. To this end, our meetings offer process-oriented groups, experiential workshops and therapy demonstrations, in addition to more traditional training workshops.



### IS THIS YOUR FIRST AAP CONFERENCE?

The **Ambassador Program** pairs seasoned AAP members with non-member, first-time attendees at AAP events. Ambassadors are excited to welcome you personally and to answer your questions about the conference. If you would like to meet with an Ambassador, please so indicate on your registration form.



### WELCOME AASECT GUESTS AASECT-APPROVED FOR CEs

There are many AASECT-approved workshops from which to choose, ranging from three to ten hours in length. These include a ten-hour SAR (Sexuality Attitude Reassessment), our Friday morning Plenary, and Conference workshops on Friday and Saturday afternoons. The AASECT-approved workshop are denoted in the program descriptions and listed on the Workshop Planner on page 19 of the brochure. We hope our AASECT guests have an excellent experience at our Institute and Conference.



### AAP SCHOLARSHIP PROGRAM

AAP offers a unique training opportunity for beginning psychotherapists of every discipline (visit AAP website to apply). Twenty need-blind scholarships of \$1000 each enable graduate students and new practitioners to attend our conference. Scholarship recipients will participate in workshops and community activities, as well as a daily intensive process group facilitated by two AAP leaders. The Scholarship Program encourages participants to develop a commitment to their own personal and professional development.

## EDUCATIONAL OBJECTIVES

1. Describe the ways in which love within the therapeutic relationship can aid and/or confound a client's healing.
2. Discuss therapist's choices about self-disclosure of feelings, while keeping in mind clinical judgment; cultural meanings; and ethical considerations.
3. Define the building blocks of love: nurturance, vulnerability, and empathy, and their impact on healing.
4. Explore the impact of experiences of loss, hate, apathy, trauma, and abuse on the creation of a therapeutic bond.
5. Identify the roles of transference and countertransference in creating a caring therapeutic connection.



### TARGET AUDIENCE AND INSTRUCTIONAL LEVEL

Our Institute and Conference is well-suited for psychologists, social workers, counselors, marriage and family therapists, sex therapists, psychiatrists, and mental health practitioners, as well as graduate students in mental health-related disciplines.

The instructional level in all workshops and plenary sessions is appropriate for new, intermediate and advanced practitioners, unless specifically noted.

*I am certain of nothing  
but the holiness of the  
heart's affections and the  
truth of the imagination*  
--John Keats

## WELCOME RECEPTION HONORING NEWCOMERS

This gathering at 5:00 PM on Wednesday afternoon is a meet-and-greet for first-time attendees. Please join us as we welcome volunteers, scholarship recipients and newcomers to our community. AAP officers and members look forward to this opportunity to mingle and to answer questions about the Academy.

## DINNER, OPENING EXPERIENCE, AND COMMUNITY MEETING

Wednesday evening from 6:00-7:30 PM, all conference attendees and presenters will come together for our first meal (included with your conference registration). The Wednesday evening meal will be an opportunity to connect, catch the spirit of the I & C and prepare for AAP's unique opening experience, which will take place from 7:30-8:45 PM. In the opening experience the committee will introduce the conference theme, after which we will have our first of four Community Meetings. AAP Community Meetings, similar to Quaker meetings, are large open-format groups where all registrants are encouraged to attend and voice opinions, feelings, hopes, and concerns with the community as a whole.

## OPEN PROCESS GROUPS

Ongoing peer process groups are one of AAP's most powerful learning and growth activities. We give and receive direct here-and-now feedback to each other and learn first hand about relationships and group dynamics. In addition to long-term peer groups, this I & C will feature evening process groups that are open to all newcomers and members at large. These open process groups will be led by seasoned AAP therapists: Rhona Engels and Steve Sorrells; Maureen Martin and Nelia Rivers; Kristin Staroba and Robin Truitt; and Nick Kirsch.

*\*\*Wed 9:00-10:00 PM, Thursday and Friday 8:30-9:45 PM (No CEs)*

*\*\*Please indicate on your Registration Form 1) if you will participate and 2) your preference for either a 2-session or 3-session group.*

## HOSPITALITY SUITE AND BREAKFAST

Visiting the Hospitality Suite is TLC for the soul. In keeping with AAP tradition, we will have a comfortable space to relax, connect with old friends, and make new ones. As always, snacks, homemade treats and beverages will be provided each evening. This year, continental breakfast will also be served here from 7:00 to 8:45 each morning. We look forward to seeing you. Your hospitality hosts will be Angela Gould and David Glass.

## HOSTED DINNERS

Looking to get more acquainted with other AAP members and conference attendees? We will offer hosted dinners at several local restaurants on Thursday and Friday nights, sure to satisfy a variety of palates and budgets. You can find information regarding restaurants and your hosts near the registration desk.

## 12-STEP MEETING

AAP offers a 12-Step meeting at lunchtime on Friday. Participants from all 12-step programs are welcome. Information will be on the bulletin board and at the registration desk.

## ACTIVITIES

The Omni Shoreham boasts a state-of-the-art fitness center with sauna, an outdoor heated pool, and full-service spa. As usual, AAP will host several massage professionals who will be available onsite in addition to the hotel spa services.

While you are here, plan to visit the seat of our nation's decision-makers. We will be offering an AAP *Monuments by Moonlight Tour* (minimum of 25 people) on Thursday evening from 6:00 to 9:30 PM, highlighting the "must sees" of Washington (\$42). *Sign up at the registration table.*

We will provide information on the best local restaurants, attractions, and tours in your registration packets. Get ready for a stimulating, fun and delicious adventure, both within and around the conference.

### Saturday Night Dance

Get ready to dance to the red hot R&B/Soul/Blues sounds of the Randall Bramblett Band. Randall, formerly with Traffic, Bonnie Raitt, and Greg Allman, guarantees they will get you up on your feet, movin' and a groovin'.



## BOOKSTORE

The conference bookstore provides attendees with a selection of books by our presenters, our members, and other authors. We have partnered with a bookstore to bring you great service, prices, and learning resources.

## SUNDAY MORNING CLOSING EXPERIENCE

The closing experience, our final Community Meeting, is a unique opportunity to review and integrate the week's experiences. This AAP tradition bookends our I & C experience and facilitates the transition back to family, friends, and work.

## SCHEDULE AT A GLANCE

### WEDNESDAY OCTOBER 19

|               |                                                                                                 |
|---------------|-------------------------------------------------------------------------------------------------|
| 11:00-5:00 pm | Registration                                                                                    |
| 2:00-5:00 pm  | Institute Workshops<br><i>Exception: AASECT SAR's Training (#5a)<br/>Wednesday 1:00-5:00 PM</i> |
| 5:00-6:00 pm  | Newcomers Welcome Reception (cash bar)                                                          |
| 6:00-7:30 pm  | Opening Dinner Buffet                                                                           |
| 7:30-8:45 pm  | Opening Experience<br>Community Meeting                                                         |
| 9:00-10:00 pm | Open Process Groups<br>Peer Group Meetings<br>Scholarship Process Groups                        |

### THURSDAY OCTOBER 20

|                |                                                      |
|----------------|------------------------------------------------------|
| 7:00-8:45 am   | Continental Breakfast Hospitality Suite              |
| 8:00-9:00 am   | Registration                                         |
| 9:00 -12:00 pm | Institute Workshops<br>Scholarship Process Groups    |
| 12:00-2:00 pm  | Lunch (On Your Own)<br>Scholarship Participant Lunch |
| 2:00-5:00 pm   | Institute Workshops                                  |
| 6:00-8:30 pm   | Hosted Dinners or Dinner on Your Own                 |
| 8:30-9:45 pm   | Open Process Groups/Peer Groups                      |

### FRIDAY, OCTOBER 21

|               |                                              |
|---------------|----------------------------------------------|
| 7:00-8:45 am  | Continental Breakfast Hospitality Suite      |
| 8:00-9:00 am  | Registration                                 |
| 9:00-12:00 pm | Lovett Plenary<br>Scholarship Process Groups |
| 12:00-1:45 pm | Lunch On Your Own                            |
| 1:45-2:45 pm  | Community Meeting                            |
| 3:00-6:00 pm  | Afternoon Conference Workshops               |
| 6:00-8:30 pm  | Hosted Dinners or Dinner on Your Own         |
| 8:30-9:45 pm  | Open Process Groups/Peer Groups              |

### SATURDAY, OCTOBER 22

|               |                                                              |
|---------------|--------------------------------------------------------------|
| 7:00-8:45 am  | Breakfast Hospitality Suite                                  |
| 8:00-9:00 am  | Registration                                                 |
| 9:00-12:00 pm | Sharp Plenary                                                |
| 12:00-1:45 pm | Lunch On Your Own                                            |
| 1:45-2:45 pm  | Community Meeting                                            |
| 3:00-6:00 pm  | Afternoon Conference Workshops<br>Scholarship Process Groups |
| 6:30-7:00 pm  | Presidents Reception (cash bar)                              |
| 7:00-12:00 am | Dinner/Dance                                                 |

### SUNDAY, OCTOBER 23

|               |                                      |
|---------------|--------------------------------------|
| 7:00-8:45 am  | Breakfast Hospitality Suite          |
| 8:00-9:00 am  | Scholarship Breakfast Meeting        |
| 9:00-10:30 am | Closing Experience/Community Meeting |



#### INTERESTED IN BECOMING A MEMBER?

Information regarding membership requirements and applications can both be found on the AAP website ([aapweb.com](http://aapweb.com)). You can also receive an application by contacting the Central Office at 518-694-5360 or the membership chair, Nelia H. Rivers, at [neliarivers@gmail.com](mailto:neliarivers@gmail.com) or at 404-261-8461.

#### AAP OFFICERS:

Gordon Cohen: President

Douglas Cohen: President-Elect

Diane Shaffer: Secretary

Philip Spiro: Treasurer

Lorrie Hallman: Immediate Past President



# THE PROGRAM



## SCHOLARSHIP PROCESS GROUP 2016: LEARNING TO LOVE THE WORK

Attending to our self-care as well as our patients' needs is crucial to loving our work as psychotherapists. Understanding the many ways we may utilize challenging feelings such as love, hate, and apathy within the psychotherapy relationship is vital to helping our patients to improve their own relationships. In this four-day (ten-hour) process-oriented group, two AAP co-leaders will facilitate the AAP scholarship recipients in a group exploration of *What Love Has to Do With It: The Relationship in Psychotherapy*.

**\*Participants are selected and assigned to a scholarship process group by committee in August.**

Scholarship Process Groups will meet:

**Wednesday 9:00-10:00 PM, Thursday 9:00- 12:00, Friday 9:00-12:00, Saturday 2:00- 5:00 PM**

**Lorrie Hallman, PhD**, has offered depth psychotherapy to individuals, couples and groups over 40 years. She focuses on valuing intra-psychic life and the use of the therapeutic bond in healing. Lorrie is the Immediate Past President of the Academy and is looking forward to co-leading the scholarship process group with Bob Rosenblatt.

**Bob Rosenblatt, PhD**, is practicing in Washington, DC, providing individual, group and couples psychotherapy. Additionally, he provides supervision, clinical training, and practice management consultation to therapists working to establish their private practices. Bob serves as 'Intervision' Editor for *Voices*, and as the National Meetings Chair for AAP.

**Don Murphy, PhD**, has worked for five decades in Atlanta with adults, couples, families and groups. He is certified as a group psychotherapist by AGPA. The majority of his post-graduate training since 1981 has occurred under the auspices of the Academy. He is pleased to co-lead the scholarship process group with Doris Jackson.

**Doris Jackson, PhD**, has been in practice in Cambridge, MA, over 30 years, with a focus on relational therapy, treating couples and individuals, and running long-term groups. She served as editor of *Voices* from 2009-2012, and is a Fellow of AAP. She co-founded and co-chairs the AAP Scholarship Committee.

## ONGOING TRAINING

### T1 ECO-PSYCHOLOGY: A TRAINING INSTITUTE

Based on centuries of indigenous wisdom, eco-psychology engages nature to foster our initiation into new life paths and encounters with soul. This second TI session will cover indigenous-based maps of human psyche and developmental cycles, including *Council*, *Mirroring practice*, and *Vision Fasting*.

\*TI Participation is limited to ongoing participants from Summer Workshop 2016. Participants will arrive at the hotel Monday evening, leave Tuesday morning to camp overnight and return to the registration site midafternoon Wednesday. (6 CEs)

#### Therapist Self-Care Track

**Pat Webster, PhD**, is a practicing clinical psychologist in Durham, NC, offering psychotherapy to individuals and couples. She chaired the Academy Ethics Committee for 12 years and is a Fellow of AAP. With Dr. Martin Groder, she co-authored the book *Winning at Love*. After training with School of Lost Borders, she has enjoyed teaching nature-based therapy.

### T2 TRAUMA RESILIENCY : THE PATH OF SENSATIONS TRAINING INSTITUTE

The group will review various trauma resolution skills and discuss participants' experiences with them. Advanced skills will be taught and practiced. We will examine and demonstrate elements of other therapeutic approaches, and consider connections to neuroscience and attachment theory.

\*This T2 will meet Thursday 9:00-12:00 and 2:00-5:00 PM. Participation will be limited to ongoing participants from Summer Workshop 2016.

(6 CEs)

#### Healing Trauma Track

**Dan Mermin, PhD**, is a long-time AAP member who practices psychotherapy in Asheville, NC. He specializes in treating couples, adult and childhood trauma, and men's issues. In addition, Dr. Mermin holds certifications in psychomotor therapy, Imago therapy, and trauma resiliency model therapy.

## WEDNESDAY AFTERNOON AND ALL-DAY THURSDAY INSTITUTES



### 1a. IMAGO: A THEORY AND THERAPY OF LOVE

Love is mediated through conversation and expressed through attitude and behavior. In this workshop, participants will explore how lovers choose each other, the perilous path they must take to transform the yearning of the romantic dream into the fulfillment of transcendent love, and the essential practice that sustains it. This nine-hour group, led by Dr. Harville Hendrix and Dr. Helen LaKelly Hunt, will include lectures, demonstrations and practice. (9 CEs, No Max)

**Intimacy Track AASECT**

**Harville Hendrix, PhD**, received his MA and doctorate from the University of Chicago and a Master of Theology from Union Theological Seminary. He is a Diplomate in the American Association of Pastoral Counselors.

**Helen LaKelly Hunt, PhD**, graduated from Union Theological Seminary, and holds a MA and MLA from Southern Methodist University. She has dedicated her career to working with couples, and to working on behalf of women and girls, for which she was inducted into the Women's Hall of Fame.

Drs. Hendrix and Hunt are the creators of the transformative Imago Relationship Therapy and have authored and co-authored ten books on intimate relationships. They are also co-founders of Imago Relationships International, which supports over 2000 Imago therapists around the globe.

### 2a. ILLUSION AND REALITY: NAVIGATING THE TERRITORY OF LOVE AND COUNTERTRANSFERENCE

The therapy experience is full of feelings that range from barely discernible to overwhelming. We must 1) notice them, 2) tolerate them, 3) understand them, and 4) decide what to do about them. In this nine-hour experiential group, we will explore the confusing feelings encountered in love and countertransference. (9 CEs, 12 participants)

**Countertransference Track**

**David M. Hawkins, MD**, is a Board Certified psychiatrist in private practice in Chapel Hill, NC. He offers individual and group psychotherapy, training and consultation groups in psychodynamic group psychotherapy, and lectures nationally on group psychotherapy. He is a Distinguished Life Fellow of the American Psychiatric Association, a Past President and Distinguished Life Fellow of AGPA, and a Past President and Fellow of the American Academy of Psychotherapists.

*All these places have  
their moments with  
lovers and friends,  
I still can recall.  
Some are dead and  
some are living  
in my life,  
I've loved them all  
--The Beatles*



### 3a. SEX, DRUGS, AND ROCK AND ROLL

How we feel sexually, how we feed our hunger, and how we move our bodies are all critical components to self-care. We will be exercising, eating with one another, and relating with each other about our awareness of feelings toward ourselves in this day and a half process-oriented group.

\*Wear comfortable clothes and sneakers. (9 CEs, 15 participants)

**Therapist Self-Care Track  
Intimacy Track AASECT**

**Jane Baxter, PhD**, is a Washington, DC psychotherapist in private practice and a certified personal trainer. Her book, *PsychFit*, describes her innovative approach to integrating talk therapy with workout sessions. She received her PhD and MSW in clinical social work from the University of Maryland and specializes in treating mood disorders and addictions.

**Brian Cross, PhD**, is a clinical psychologist in private practice in Washington, DC, where he sees individuals, couples, and groups. He is a certified sex therapist who has also trained extensively in body-psychotherapy modalities. Dr. Cross supervises clinical trainees, and has offered many workshops for the Academy.

### 4a. LOVE AND HATE IN THERAPEUTIC RELATIONSHIPS

This Institute will provide a comprehensive overview of experiential psychotherapy through the application of didactic and experiential learning methods. Participants will be invited to explore their range of emotional expression and interpersonal relating within the container of this nine-hour experience. (9 CEs, 15 participants)

**Process Group Track**

**Jack Mulgrew, PhD, ABPP, CGP**, is a licensed psychologist in North Carolina and Professor Emeritus in the marriage and family therapy program at Appalachian State University. Dr. Mulgrew is a frequent workshop leader and a Fellow in the American Academy of Psychotherapists.

## 5a. SEXUAL ATTITUDE REASSESSMENT TRAINING INSTITUTE

The Sexuality Attitude Reassessment (SAR) Training Institute, which is required for AASECT certification, is designed to help therapists creatively reassess their attitudes and values around sexual issues. Using explicit films and small-group discussions, the SAR helps strengthen therapists' comfort and enhance their skills in working with clients' concerns about sexuality.

**This Workshop will be held Wed. 1- 5 PM  
and Thursday 9-12 and 2-5 PM**  
(10 CE's, 16 participants)  
**Intimacy Track AASECT**

**Steve Eichel, PhD, ABPP, CST**, is a Board-certified psychologist in the practice of psychotherapy and forensic psychology. His approach is experiential, interpersonal and psychodynamically-informed. He is certified in addiction treatment, hypnosis, EMDR, and group psychotherapy, in addition to being an AASECT Certified Sex Therapist.

**Anni Tuikka, MA, LPC, CST**, has a private practice in Atlanta, conducting individual, couples, and sex therapy from an evolutionary and relational approach. She has two Masters degrees, one in education (Finland), and the other in psychology (USA). She is an AASECT certified sex therapist and sex therapy supervisor.

*Being deeply loved  
by someone gives  
you strength,  
while loving someone  
deeply gives you  
courage*  
--Lao Tzu

## THURSDAY ALL DAY SIX-HOUR INSTITUTES

### 6. HEALING THE WOUNDS OF COMPLEX TRAUMA

Dr. Woolverton will teach us to expand our definitions of trauma to include chronic and complex experiences. He will then connect this new understanding of trauma and PTSD to his innovative multimodal treatment methodologies. He will address case examples and life examples which are shared by group participants. Dr. Woolverton offers an intense and inspiring experience.  
(6 CE's, 20 participants)  
**Healing Trauma Track**

**Frederick Woolverton, PhD**



received his Doctoral degree in clinical psychology from the Derner Institute at Adelphi University in 1982. He also holds a diploma in psychoanalysis and is a certified practitioner in substance abuse and addictive disorders. Dr. Woolverton is the Director of The Village Institute for Psychotherapy which he founded in 1994 in New York City. In 2005, he expanded The Village Institute to Fayetteville, AR.

### 7. BUILDING LOVING RELATIONSHIPS WITH YOUR PRACTICE AND COLLEAGUES

Developing and sustaining a loving attachment to one's work life is foundational to the ongoing growth of the psychotherapist. This group will focus on recognizing each individual's loving strengths and challenges, and learning how they are best utilized interpersonally to enhance rather than detract from building a fulfilling practice and relationships with colleagues.  
(6 CE's, 15 participants)  
**Countertransference Track**  
**Therapist Self-Care Track**

**Gary C. Frankel, PhD**, is a licensed psychologist in Washington, DC who has been in private practice for over 35 years. He conducts individual, couples and group psychotherapy. In addition, Dr. Frankel conducts several countertransference supervision groups for therapists in private practice. He has also served as chair of the Academy's ethics committee.

**Laurie Michaels, PhD**, maintained a private practice for 25 years working with individuals, couples and groups. In 2012, she retired and founded Open Road Alliance, a fund for non-profit organizations. She is a co-founder of the AAP Scholarship Program and co-led the scholarship process group with Dr. Gary Frankel for the first three years of the program.

### 8. AGAPE (selfless love), PHILIA (enduring friendship), and PHILANTIA (self-love): THE HEALING ASPECTS OF LOVE IN GROUP PROCESS

Within this six-hour group, we will examine the ways in which expressing different kinds of love can come into the therapeutic relationship. Group process provides a container for exploring self-honoring, care for another, as well as relational bonding. We will notice what happens when we are conflicted about expressions of love, and when misses and disruptions occur as a result of transferences that are in play. Bring your curiosity and your willingness to be present. (6 CE's, 12 participants)  
**Process Group Track**

**Kathryn Van der Heiden, LPCC-S, CGP**, a clinician and supervisor, has seen individuals and groups in Dayton, OH for 38 years. She has witnessed the power of the group experience in psychotherapy in fostering personal growth and emotional healing. A past president of AAP, she has led many Academy workshops.

*The opposite of love is not  
hate, it is indifference*  
--Fritz Perls

## THURSDAY ALL DAY SIX-HOUR INSTITUTES *continued*

### 9. WHAT'S ETHICS GOT TO DO WITH IT? THE TAO OF COMPASSION AND CONSCIOUSNESS IN PSYCHOTHERAPY

This six-hour group will focus on experiencing and exploring the continuity among compassion, connection, consciousness, and ethics. Participants are invited to bring something of deep and personal significance for possible sharing—for example: a poem, song, pottery shard, photograph, amulet, etc. \*This workshop is most suited to practicing professional psychotherapists. (6 CEs, 20 participants)  
**Countertransference Track** **Ethics**

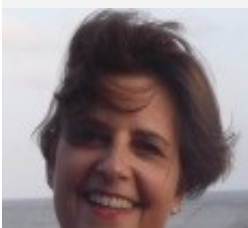
**Penelope Penland, EdD**, is a 35-year AAP member, holding a doctorate in counseling psychology from Boston University. She practices in Santa Fe, NM as a psychotherapist, coach, workshop presenter, and consultant in conscious philanthropy. She holds an ongoing commitment to living life fully with consciousness, authenticity and compassion.

### 10. COUPLES IN VITRO: A LIVE DEMONSTRATION OF GROUP THERAPY FOR COUPLES

In this workshop, you will witness a live experiential couples group. You will watch in fishbowl style as four voluntary couples participate in a therapeutic group process. During the second part of the workshop, we will process the couples work as well as the group work that was conducted: What happened here, how and why? Applications to participants' relationships and practice will be emphasized. (6 CEs, No Max)

**Intimacy Track** **AASECT**

**Ginger M. Sullivan, MA, LPC, CGP**,



specializes in combining couples and group psychotherapy in Washington, DC. She utilizes psychodynamic

theory and integrates this with her training in Terrence Real's Relational Life Model. She supervises clinicians and teaches modern analytic group psychotherapy to clinicians around the world.

### 11. MAKING SWEET LEMONADE OUT OF BITTER LEMONS: USING DISAPPROVAL TO DEEPEN LOVE

Criticism, judgment and rejection are inevitabilities in intimate relationships. What makes them so hard to navigate? Remaining open can deepen love; acting defensively can rupture it. This six-hour workshop will consist of a three-hour lecture, followed by a process group where participants will explore these relational dynamics. (6 CEs, 15 participants)

**Healing Trauma Track**

**Joel H. Marcus, LCSW-C**, has been practicing experiential humanistic psychotherapy for 29 years. He offers individual, couples and group therapy as well as clinical supervision in Baltimore, MD. He has presented workshops for the Academy, the University of Maryland School of Social Work, the MSCW, and the NASW, Maryland Chapter.

## THURSDAY AFTERNOON THREE-HOUR INSTITUTE

### 12. LOVE IN THE UNDERTONES

In this workshop, we will identify the undercurrents of love in group interactions: love based in identification, admiration; erotic, possessive, and nostalgic love; love concealed and love feigned. Individually we'll examine our own assumptions about love. We'll also try to articulate, and perhaps go beyond, our emerging group norms about expressing love. (3 CEs, 20 participants)

**Process Group Track**

**Jonathan Farber, PhD**, received his doctorate at Duke University. He taught at UNC-Chapel Hill and has been practicing in North Carolina for 30 years and in Washington, DC for four. He has led many groups and training workshops, and supervises therapists at all levels.



*Love is not enough,  
but it sure helps*  
--Sheldon Kopp



## THURSDAY AFTERNOON THREE-HOUR INSTITUTE

### 13. BUILDING A LOVING RELATIONSHIP GESTALT

This experiential group process is aimed at helping individuals generate growth and intimacy in relationships. We will explore and express loving by connecting through the senses, and we will discover ways we block our experiences and expressions of loving. (3 CEs, 20 participants)

**Process Group Track**  
**Therapist Self-Care Track**

**Nicholas Emmanuel, LPC, LMFT, LMHC**, has enjoyed a forty-year career as a teacher and private practitioner, currently working in Sylva and Asheville, NC. He has completed over 700 hours of specialized training through the Gestalt Institutes. He offers gestalt training at the Asheville Appalachian Gestalt Therapy Institute, which he co-founded in 2004.

# PLENARIES FRIDAY AND SATURDAY MORNING 9:00-12:00

## FRIDAY MORNING PLENARY

### WHAT DOES LOVE HAVE TO DO WITH IT? MARRIAGE AS DEPTH PSYCHOTHERAPY



Long-term marriages are crucibles of relationship. Forged as they are in the re-stimulation of early emotional conflict and deprivation, becoming and continuing to be a couple shares aspects with the therapeutic process. While romance often begins with lovers overcoming barriers and developing a shared sense of “we can endure,” the ensuing years inevitably involve what the poet Maxine Kumin refers to as “the war between desire and dailiness.” Our plenary couple presenters and panelists will explore these universal struggles.

(3 CEs, NO Max)

**Intimacy Track Diversity AASECT**

**Hallie Lovett, PhD**, has practiced psychotherapy for almost 40 years, first in Washington, DC and currently in Manchester, VT. A longtime member, a workshop leader, and a Fellow of AAP, she credits membership in two long-term peer groups, deep friendships, and her marriage of 45 years with challenging and fertilizing her growth as a person and therapist.

**Ray Lovett, LCSW**, has practiced psychotherapy for 43 years in Washington, DC, and now in Vermont. A widely-published writer, he has written about fathering, deprivation, and the role of tragedy and bad luck on those afflicted. His training in theology, ministering, and therapy have made him a soulful therapist. For both Ray and Hallie, a rekindled love of the countryside, more time for reading and reflection, and the delight of two granddaughters make this time of life very rewarding.

#### MODERATOR:

**David Loftis, PhD**, has been an esteemed Atlanta psychotherapist over the past thirty years, while also serving various leadership positions with the Academy. He is both a past president and a Fellow.

#### PANELISTS:

**Denise Castro, PsyD**, a private practitioner, and **Cecelia Burrill, EdD**, an educational consultant, reside in Ventura, CA and have been sharing their lives with each other for 14 years. They were married in May of 2014 and together they enjoy weekend road trips, camping, and being with friends.

**David Loven, PhD**, and entrepreneur **Duncan Smith** have been a committed couple since 1990. Over three decades, Dr. Loven has specialized in therapeutic work with children, adolescent, young adults and their families. David and Duncan were married in 2013, and have enjoyed the healing aspects of humor and playfulness.

**Marc Feldman, PhD**, and **Ronnie Koenig, PhD**, have been psychotherapists in Washington, DC for nearly 40 years where they each work intensively with individuals, groups and families. They return home every night to each other where they share a precious and ongoing consultation about everything.

## FRIDAY AND SATURDAY TWO-DAY AFTERNOON WORKSHOPS

### 14a. WHAT WE OWE AND OWNING IT: AWARENESS, PER- SONAL RESPONSIBILITY AND THE DISPENSATION OF JUSTICE IN FAMILY LIFE

Family life provides an opportunity to share resources (eg. loving kindness, protection, material support, intimacy) that enhance our growth and fulfillment throughout the life cycle. Yet disappointment and injury can leave damage for some or growth and resilience for others. What do family members owe each other, and how do they provide healing justice in the midst of conflict and disappointment? This two-day process group will encourage members to be present in the here-and-now as they share experiences and derive meaning from the group's emerging process. (6 CEs, 25 participants)

**Process Group Track**

**Healing Trauma Track Ethics**

**Marc Feldman, PhD**, has been a psychotherapist in Washington, DC for almost 40 years, working with people in nearly every phase of family life. After surviving the family of his youth, Dr. Feldman is now privileged to be on the inside of two great and thriving families, the one he has created with his wife and children and the other within the Academy.

*Hatred and bitterness  
can never cure the  
disease of fear,  
only love  
can do that*

—Martin Luther King Jr.



### 15a. A DAY IN THE LIFE OF A SEX THERAPIST

This workshop is about sex therapy. Beginning with a description of various patients she might see in one day, Dr. Miletski will clarify what sex therapy is, and will then discuss various sex-therapy cases generated by the group participants, addressing both evaluation and treatment and countertransference. Come with questions and cases in mind.

(6 CEs, 25 participants)

**Intimacy Track AASECT**

**Hani Miletski, PhD**,



is a sex therapist in private practice in Bethesda, MD. She holds an MSW and a doctorate in human sexuality. Dr. Miletski is a licensed clinical social worker, and is certified

by AASECT as a sex therapist and supervisor. She is the author of two books and has trained professionals in the field of sexuality all around the world.

### 16a. RESTORING YOUR CAPACITY TO CONNECT: TRAUMA RESILIENCY

We will address trauma's destructive impact on relationships. Participants will learn six skills which can help to re-regulate the nervous system after periods of stress and trauma, practice the resiliency-building skills with one another, and learn how to integrate them into their work. (6 CEs, 25 participants)

**Healing Trauma Track**

**Stephanie Citron, PhD, LP, SEP**,



is a psychologist in Asheville, NC, specializing in the treatment of trauma, women's health, and couples issues. In her psychotherapy and training practice, Dr. Citron has worked as a

Somatic Experiencing Practitioner (SEP) and a senior trainer in the trauma and community resiliency models.

### 17a. WOMEN VALUING WOMEN: LONG-TERM FRIENDSHIPS

Friendships between women are often among the deepest and most profound love stories, empowering us to be all we can be. Join two friends, as we help group members to explore elements of enduring relationships in which both individuals thrive and grow, and become more loving towards themselves, each other and the world. (6 CEs, 20 participants)

**Therapist Self-Care Track**

**Ellen Weber Libby, PhD, CGP**, has practiced over 35 years in Washington, DC, with individuals, couples, and families. A writer for *Psychology Today*, she is also the author of *The Favorite Child*. Dr. Libby has had dinner every other week for 40 years with her best friend, Ellen Schiff.

**Ellen Schiff, PhD, CGP**, is a psychologist practicing in Bethesda, MD and Washington, DC with individuals, couples and groups. She also provides consultation and clinical supervision. Her commitment to relationships (including the one with Ellen Libby) has enriched her life.

### 18a. LOVE FOR SALE: NAVIGATING THE EMOTIONAL SHOALS OF PSYCHOTHERAPY

Our clients frequently enter into a transference that provides the love missing from their primary relationships. For the therapist, this can be heartening and burdening. It takes deftness by the therapist to navigate these weighty feelings and needs successfully. This process group will examine the emotional pitfalls of transference and countertransference involving love. (6 CEs, 15 participants)

**Process Group Track**

**Countertransference Track**

**Murray Scher, PhD**, is in independent practice in Austin, TX and Jonesborough, TN. He is a Fellow and Past President of the Academy, as well as a Fellow of the American Psychological Association. Widely published, he has presented internationally. He has run aground on the emotional shoals of psychotherapy enough times that he feels able to help others navigate those dangers.

## FRIDAY AFTERNOON ONE-DAY WORKSHOPS

### 19. LOVE AND RACE, ETHNICITY, AND CULTURAL DIVERSITY: FROM DISCORD TO MUTUALITY

This experience is intended to offer participants a means for deepening understanding of their emotional responses, in the here-and-now, to issues of race, ethnicity and cultural diversity. Paying attention to therapists' covert communications, including micro-aggressions, projections, and implicit biases, which occur routinely in a group's process, can enlighten us about the impacts we may have within our therapeutic relationships. (3 CEs, No Max)

**Process Group Track**

**Healing Trauma Track Diversity**

**Ayana Watkins-Northern, PhD, CGP,**



is a licensed counseling psychologist and private practitioner in Washington, DC. She has special training with the Psychiatric Institute Foundation group training program and the A.K. Rice Institute for the Study of Social Systems. She is the director of Howard University's counseling services, and participates on the faculty of the Washington School of Psychiatry, and The Center for the Study of Race, Ethnicity and Cultural Diversity. She provides training, supervision and presentations on groups related to areas of diversity.

**Victoria Lee, PhD,**



is a staff psychologist at the Howard University's counseling services where she provides individual and group therapy to students and

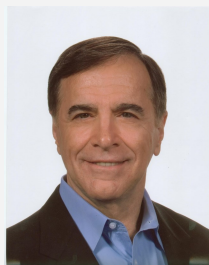
supervision in the graduate school training program. Dr. Lee trained at the Washington School of Psychiatry and she serves on the board of the Mid-Atlantic Group Psychotherapy Association. In her private practice, Dr. Lee provides psychological assessments for children.

### 20. MOVING FROM TODDLER LOVE TO ADULT LOVE

We fall in love in the toddler brain, the volatile limbic system, but stay in love in the adult brain, the prefrontal cortex. Toddlers in love demand. Adults in love balance competing drives for autonomy and connection, respect individuality, honor differences, and act on deeper values rather than temporary feelings. In this workshop, Dr. Stosny will teach us about his model for helping individuals and couples move toward loving care. (3 CEs, No Max)

**Healing Trauma Track**

**Steven Stosny, PhD,**



is an acclaimed author, national speaker, and psychotherapist. He is founder of *Compassion Power* couples treatment. His recent books are: *Soar Above, Living*

*and Loving after Betrayal, How to Improve your Marriage without Talking about It, Love without Hurt, The Powerful Self, and Treating Attachment Abuse.* Dr. Stosny has treated over 6,000 clients for various forms of anger and abuse.

*/ see friends shaking hands  
saying how do you do?*

*They're really saying  
/ love you*

--Louis Armstrong



*/ want to know love is  
wild, babe,*

*/ want to know love is real*

--Bruce Springsteen

### 21. FINDING LOVE AND COMPAS- SION WHILE IN THE SHADOWS OF ADDICTIVE BEHAVIORS

This workshop will invite you to explore feelings about your addictive, compulsive, and self-sabotaging behaviors. In this process group, you will be encouraged to reflect on how to experience love and compassion for yourself in the face of yourself. Bring your heart and soul for challenging exploration.

(3 CEs, 15 participants)

**Therapist Self-Care Track**

**Susan Berlin, LCSW,** licensed in MD, NY, and DC, works with individuals, couples and groups in her DC practice. A certified alcohol and substance abuse specialist, she is recognized nationally in the recovery field. She leads Capital Network-ing Group, a listserv for mental health and addiction professionals.

**Sean LeSane, LCSW,** is in practice in Washington, DC, providing individual, couples and group therapy. He also provides supervision to new and advancing clinicians. He has years of experience helping individuals through difficult life transitions.

### 22. COACHING AND PSYCHOTHER- APY: COULD IT BE LOVE?

Coaching both overlaps with and contrasts with psychotherapy. An executive coach helps leaders understand their strengths and boundaries. A coach focuses leaders on their interactions and impact on others in order to improve their effectiveness. We will explore ways of bringing coaching into the psychotherapy process through fishbowl work while addressing participants' own challenges.

(3 CEs, 20 participants)

**Process Group Track**

**Jane Shore Feldman, MA,**



is a premier executive coach whose passion is helping leaders to be more effective, creative and purpose-ful. Based in DC, she works with executives,

professionals who are navigating career transitions, and managers of teams within organizations.

## FRIDAY AFTERNOON ONE-DAY WORKSHOPS continued

### 23. PHYSICAL INTERVENTION BETWEEN THERAPIST AND PATIENT: EXAMINING AN OLD TABOO

Touch in the psychotherapy process has been a taboo for many decades. However holding a patient's hand or holding a patient, with its ancient roots and healing properties, may affect change that verbal communication might never accomplish. This workshop will focus on the use and taboos of touch, and how the therapist's history and fears enhance or hinder his or her therapeutic touches with patients. (3 CEs, 12 participants)

Countertransference Track

Intimacy Track Ethics

**Natan Harpaz, PhD**, has practiced psychotherapy over 45 years in Southfield, MI. As a 4th degree black belt in Isshinryu Karate, he combines martial arts philosophy with his psychotherapy practice to help his patients. He is a Fellow of AGPA, a dean of IIGP, a past president of MGPS, and has served on AAP's Executive Council. He is a clinical supervisor and has presented internationally.

### 24. PSYCHOTHERAPY IS A LOVE RELATIONSHIP

The group will first be presented with some challenging definitions of love, and some associated radical implications for psychotherapy. The process group will share various experiences of loving our clients as well as our personal experiences of feeling loved by our therapists. We will consider the consequences of those particular loving processes, for better and for worse. (3 CEs, 18 participants)

Process Group Track

**Tony Rooney, PhD**, has practiced in Atlanta since 1990. His passionate interest is the fusion of "spiritual" and "psychological" approaches to reducing human suffering. Dr. Rooney's conclusion is that the human heart is always at the center of this endeavor.

### 25. WHEN LOVE GOES AWRY: HELPING PATIENTS THROUGH DIVORCE

When should members of a couple be consulting with a therapist and when should they also be consulting with an attorney? How can helping professionals support clients in separating and divorcing? Therapists, trained in facilitating communication and connection, also need to advocate for people facing the shame, fear, anger and pain inherent in a divorce process. Participants will learn to recognize the signs of a failed and destructive union, and to help clients to progress through loss, minimize damage, and harness their potential to move on with their lives. (3 CEs, 30 participants)

Healing Trauma Track

**Sarah McCormack, JD, LLC**,



daughter of AAP member Linda Tillman, received her JD at UNC in 2001 and

practices family law in Atlanta. She named her own family law firm in 2014. She was recognized as one of the top 50 women attorneys in Georgia in 2014 and 2015, and as a Georgia "Super Lawyer" for several years.

**Linda Tillman, PhD**, was in clinical practice in Atlanta for over thirty years until her retirement a year ago. She is also an expert beekeeper. In addition to their shared familial experience of divorce, Ms. McCormack and Dr. Tillman have shared a professional interest in how people create new paths of growth in their lives.



### 26. LOVE IN ACTION; CARING FOR A PARTNER WITH A SERIOUS ILLNESS

Marriage is a great leap of faith; there is the certainty of eventual loss, and of very little else. In this three-hour process group, we will focus on the daily and cumulative struggles, learning, courage, sacrifices, and growth that come from caring for a sick partner. (3 CEs, 18 participants)

Healing Trauma Track

**Debra Schwartz Kunn, PhD**, is a Clinical Psychologist in private practice on Long Island, NY. During the three-year process of journeying through her husband's diagnosis, treatment, and death, she experienced the honor and pain of witnessing and caregiving. Their 35-year marriage was transformed by changing roles, intimacy, and vacillation between moments of intense connection and isolation.

**Matthew Burgess Leary, PhD**, is in private practice in NC, treating individuals, couples, and families. A former university professor, he is a member of *Voices* editorial board. He has learned much about love, despair, and commitment through partnering with his wife during her battle with chronic illness.

### 27. KUNDALINI YOGA: A TOOL FOR BUILDING THERAPIST'S SELF-CARE

Psychotherapy presents the daunting task for both client and therapist to learn essentially to love and accept themselves and each other better. Using the methodology of Kundalini Yoga, including yoga, meditation, Kirtan sacred chanting, and breathwork, combined with traditional psychotherapeutic processing, participants will be challenged to explore, experience, and practice loving themselves.

(3 CEs, 15 participants)

Therapist Self-Care Track

**Damon Blank, LMFT**, is a certified Kundalini yoga teacher and a psychotherapist with over 30 years of experience in private practice in Medfield, MA. He has concentrated on training, teaching, and supervision in marriage and family therapy. Kundalini yoga has become an invaluable technology in his quest to grow in his role as psychotherapist.

## SATURDAY MORNING PLENARY 9:00-12:00

### LOVE AND LOSS: BOTH SIDES NOW



What is it like to embrace the dualities of life and death, joy and sorrow, past and present, all at once? One decade ago, on the day she birthed her twins, Nancy Sharp learned of her husband's devastating cancer recurrence. Her journey is steeped in loss and love, with all its messiness, shame, anger, and fear. She will share with us her experience and her conclusion: There is no endpoint to loss; you must love through the pain. (3 CEs, NO Max) **Healing Trauma Track**

**Nancy Sharp** is an award-winning author and national speaker. She presents to professionals and community groups about how to move beyond tragedy toward narratives of their own making. She is a regular contributor to the *Huffington Post*. Her memoir, *Both Sides Now: A True Story of Love, Loss, and Bold Living*, is the recipient of eight literary awards, including the prestigious Books For A Better Life.

#### Panelists:

**Justin Hecht, PhD, CGP**, is a Jungian analyst who specializes in the practice of group psychotherapy. Dr. Hecht practices in San Francisco, California. He seeks to help clients and psychotherapists understand the dualities and dynamic unconscious forces that affect our lives and relationships.

**Kay Loveland, PhD**, is a long-time AAP member who practices in Asheville, NC. She specializes in working with those dealing with chronic illness, loss, and grief. She has developed programs integrating animal-assisted psychotherapy with trauma resiliency training. She lost her beloved husband, Bruce, four years ago.

**Edwin Sharp, PhD**, holds a doctorate in clinical psychology from The Catholic University of America. He has practiced therapy in Virginia over three decades. His practice centers on individual and couples therapy with adolescents and adults of all ages. He lost his wife Cheryl two years ago after her long battle with lymphoma.

### SATURDAY AFTERNOON WORKSHOPS

#### TWO-DAY WORKSHOPS CONTINUED FROM FRIDAY:

14b. Feldman

15b. Miletski

16b. Citron

17b. Libby/Schiff

18b. Scher

### 28. JUNGIAN APPROACH TO WORKING ON GROUP RELATIONSHIPS

"The meeting of two personalities is like the contact of two chemical substances: if there is any reaction, both are transformed." Carl Jung

**Dr. Justin Hecht** will begin with a presentation of Jungian ideas about relationships and their application in group psychotherapy sessions. There will be a demonstration group and an opportunity to discuss the relational concepts presented. (3 CEs, 25 participants)  
**Process Group Track**

**Justin Hecht, PhD, CGP**,



is a Jungian analyst and certified group psychotherapist who specializes in integrating Jungian concepts within the practice of group psychotherapy. Dr.

Hecht practices in San Francisco, CA. He seeks to help clients and other group therapists understand the nature of the dynamic unconscious and the process of individuation.

*Everybody's got a hun-  
gry heart*  
— Bruce Springsteen

## SATURDAY AFTERNOON WORKSHOPS continued

### 29. THE MEDICATION LOVE TRIANGLE PATIENT, THERAPIST, AND PRESCRIBING DOCTOR: HOW TO FOSTER A PRODUCTIVE PARTNERSHIP

Therapists often refer to a prescribing physician when their patients need the additional help of medication in their treatment. Patients each have their own complex relationship with medication. This process can be frustrating, confusing, and disruptive to the therapeutic relationship. Participants will explore ways in which this triangulated relationship can result in a more enriching experience for all involved. (3 CEs, 30 participants)

Countertransference Track

**Gayle Neufeld, MD**, is a psychiatrist licensed in Washington, DC. She received her MD from Hahnemann University in 1995, and completed her residency at the Ohio State University Medical Center in 1999. At the start of her career, she focused mainly on the use of pharmacology, but her desire to connect more with her patients has changed her practice toward including individual, couples, and group psychotherapy.

**David Fogel, MD**, is board certified in internal medicine and began his career on staff at the John's Hopkins School of Medicine. He did advanced training in mind/body-focused individual and group psychotherapy for twenty-five years. In 2011, he co-founded the Casey Health Institute, a transformational, Integrative Primary Care Health and Wellness Center in Washington, DC.

**Fern Loos Beu, PhD**, received her doctorate from Florida State University and has been in private practice working with adults, couples and groups in Washington and Maryland for 36 years. She is an expert in the co-therapy model of psychotherapy for couples and groups. She supervises professionals in clinical and private practice management. Additionally, she is a working artist, specializing in portraiture and figurative narrative.

### 30. THE PLATONIC MARRIAGE: TREATING SEXUAL ISSUES IN COU- PLES FROM A SELF- PSYCHOLOGICAL AND OBJECT RE- LATIONS PERSPECTIVE

We'll explore work with couples whose sexual life is problematic or non-existent. This workshop will have three parts: a review of object relations and self-psychology concepts that can help us understand these impasses, a presentation of clinical examples that highlight couples' struggles, and a discussion of participants' own cases and questions related to this challenging couples work.

(3 CEs, 50 participants)

Intimacy Track AASECT

**Michael Wannon, PhD**,



received his doctoral degree in clinical psychology from the University of Rochester in 1990. Dr. Wannon is the Chair of the Institute of Contemporary Psychotherapy & Psychoanalysis' couples training program in Washington, DC. He has presented at both national and international conferences on couples treatment.

### 31. LOVE AND OTHER DISASTERS: CO-THERAPY FACE-UP

Co-therapy, though fraught with complexities, offers a very powerful force for leading groups. How do co-therapists work with their differences in the here-and-now of the ongoing group? This workshop will provide a glimpse into the inner processes of one experienced co-therapy pair as the group does its work. (3 CEs, 12 participants)

Process Group Track

**Molly Donovan, PhD**, has practiced psychotherapy in Washington for nearly forty years, working with individuals, couples and groups. Currently the Chair of the National Group Psychotherapy Institute at the Washington School of Psychiatry, she

has led process groups at many conferences in the US and in Northern Ireland. Dr. Wepman has been her co-therapist in several groups for 25 years.

**Barry Wepman, PhD**, has been in the practice of psychotherapy with individuals, groups and couples for three decades. He has published widely, and has presented papers and workshops at national and international meetings. He has been on the faculties of Georgetown Medical School, New York University, and the New Jersey Medical School. He currently teaches at the Washington School of Psychiatry.

### 32. PASSION AND SAFETY: NAVI- GATING THE ABYSS

Dr. Segalla will illustrate the core relational and interpersonal aspects of Contemporary Psychoanalysis. Participants will learn about the inherent challenges of dealing with love, intimacy and attachment in human relationships and within the therapeutic dyad. Both the presentation and experiential process of this workshop will elucidate the conflicts and complexities of balancing the desire for love, passion and intimacy against the need for emotional safety.

(3 CEs, 50 participants)

Countertransference Track

**Roger Segalla, PhD**,



is a psychologist/psychoanalyst, and the Director of the Institute of Contemporary Psychotherapy and Psychoanalysis (ICP&P) in Washington, DC. He is the former Director of the Relational Perspectives Institute (RPI), and he is on both the Advisory Board and the Council of the International Association of Psychoanalytic Self Psychology (IAPSP). He is a faculty member and supervisor in both the ICP&P Psychotherapy and Psychoanalytic programs. Dr. Segalla has a private practice in Bethesda, MD, where he treats individuals, couples, families and groups.

## SATURDAY AFTERNOON WORKSHOPS continued

### 33. WHY CAN'T WE BE LOVERS?

In intensive psychotherapy, both client and therapist may come to experience loving and erotic feelings. How do we understand sexual arousal from its absence, to aesthetic appreciation, to attraction, to desire? How do we navigate erotic transference and countertransference in a way that fosters intimacy, deep attachment and healing? Together, we will address the clinical challenges and ethical dilemmas of being fully present with our clients by allowing our sexual and loving selves into the consulting room.

\*This workshop is designed for early career professionals, as well as veterans. (3 CEs, 15 participants)

Countertransference Track

Intimacy Track Ethics AASECT

**Marilyn Schwartz, PhD**, is a psychologist in Washington, DC, providing individual, couples, and group psychotherapy, clinical supervision, and consultation to Federal agencies. Dr. Schwartz has enjoyed participating on ethics committees both at DCPA, and at the Academy, where she currently serves as the Chair. She ventures beyond professional codes and laws to achieve a relational and experiential understanding of ethics.

### 34. LOVING THROUGH THE LAUNCH: THE STRUGGLE WITH ADOLESCENTS LEAVING HOME

We invite participants to bring their own experiences, professionally and personally, to a workshop about navigating leaving home, including the conflict, fear and disruption that family members undergo. We will explore the impact of intentional and underlying drives within the parent-adolescent relationship, and clarify ways to foster individuation for adolescents and their parents. (3 CEs, 12 participants)

Healing Trauma Track

**Carrie A. Phillips, LISW**, has been a psychotherapist in Dayton, OH for 20 years. She works with children and adolescents in individual and family therapy, and currently runs five psychotherapy groups with children and teens. She also enjoys consulting in schools and advocating for children's needs.

**Darrin S. Bronfman, LCSW**, has been in the social work field for 17 years. Since 2010, he has worked as a clinical supervisor, and has been a partner at Pathway Center For Psychotherapy in Berkeley Lake, GA. In addition to working with adults, he does individual as well group therapy with adolescents.

### 35. 52 YEARS OF WORKING AND RELATING TOGETHER FROM TWO PERSPECTIVES

This workshop will center on two narratives of a 52-year relationship between the presenters. Their journey has included bonding, intimacy, separation, distancing, and reconnecting all under the loving overlay of deep friendship. Examples of these experiences employed in their therapeutic relationships will also be addressed. Come prepared to participate with open minds and hearts.

(3 CEs, 20 participants)

Therapist Self-Care Track

**Vivian Guze, PhD**, and **Leonard Schwartz, PhD**, are psychologists and honored members of AAP. They have both enjoyed long careers as therapists to individuals, couples, and groups. Dr. Guze is an expert in combining psychological with bio-energetic therapy. Dr. Schwartz is an expert with couples work. He was the chair of the Eastern Regional Chapter of AAP, and co-authored *Becoming a Couple* with his beloved wife Rozlyn. Dr. Guze entered AAP with founder husband, Henry, and is a long time member of the ethics committee. Both have had profound impact on the training and educating of appreciative generations of psychotherapists.

### 36. THERAPY LOVE ENDINGS

All love relationships end. When we open ourselves to the intimacy of loving, we also open to the vulnerability of loss. There can be the jolt of the unexpected, with death or rejection, bringing shock, grief, and hurt. Then again, an ending may come after struggle and conflict, leaving a mixture of feelings. Sometimes there is a celebration of a relationship ending in a good place with a willingness to part. All of the varied experiences of love ending find their way into the therapeutic relationship when there is closeness and bonding. Exploration of the issues involved in our endings with our patients will be our focus.

(3 CEs, 12 participants)

Process Group Track

**Grover Criswell, MDiv**, combines extensive training in psychoanalytic, experience-oriented, gestalt, bioenergetics, systems and group psychotherapy. He has practiced as a pastoral psychotherapist in Dayton, OH since 1968, and was a clinical supervisor for the department of pastoral care at the Miami Valley Hospital in Dayton for 25 years. He is a distinguished past president and Fellow of AAP.



## AAP REGISTRATION INFORMATION

Name For Badge:

Degree, License(s) and States:

Address:

Email:

Preferred phone number:

If you are not an AAP member, how did you hear about the conference?

Special Diet/Special needs?

Do you need CEs for AASECT accreditation? **Y** **N**

Would you like you be assigned an **Ambassador** (pg 4) to help navigate the conference? **Y** **N**

May we share your contact information with your Ambassador? **Y** **N**

### REGISTRATION FEES

Cancellations before September 10, 2016 will be fully refunded less a \$75 processing fee. Refund requests must be submitted in writing to the central office at [aap@caphill.com](mailto:aap@caphill.com).

|                      | Through<br>9/10/2016 | After<br>9/10/2016  | Your<br>Total |
|----------------------|----------------------|---------------------|---------------|
| <b>Member</b>        | \$445.00             | \$495.00            |               |
| <b>Non-Member</b>    | \$495.00             | \$545.00            |               |
| <b>Single Day(s)</b> | \$190.00<br>per day  | \$200.00<br>per day |               |
| <b>Student</b>       | \$200.00             | \$220.00            |               |

### OPTIONAL FEES

|                                                                                             |  |         |  |
|---------------------------------------------------------------------------------------------|--|---------|--|
| <b>CE Processing Fee</b><br>(CE processing fee for one day is \$25.00)                      |  | \$50.00 |  |
| <b>Wednesday Buffet Dinner Guest</b>                                                        |  | \$75.00 |  |
| <b>Saturday Dinner Banquet</b> (Please circle meal choice )<br>fish beef chicken vegetarian |  | \$70.00 |  |
| <b>Saturday Dinner Guest</b> (Please circle meal choice )<br>fish beef chicken vegetarian   |  | \$70.00 |  |

### DISCOUNTS

|                                                                                                             |             |             |  |
|-------------------------------------------------------------------------------------------------------------|-------------|-------------|--|
| <b>West Coast and International Discount</b><br>(Alaska, California, Oregon, Washington, and International) | (-\$100.00) | (-\$100.00) |  |
| <b>Past Scholar Discount</b> (Former AAP Scholars who register by 9/10/16 are eligible.)                    | (-\$50.00)  |             |  |
| <b>Check Payment Discount</b>                                                                               | (-\$10.00)  | (-\$10.00)  |  |

|                                                        |  |  |  |
|--------------------------------------------------------|--|--|--|
| <b>Total Due</b><br>(Payment must accompany this form) |  |  |  |
|--------------------------------------------------------|--|--|--|

## PAYMENT INFORMATION

Check enclosed Payable to American Academy of Psychotherapists.

(AAP does not accept AmEx)

Credit Card#:

Expires:

Card Holder Name:

Billing Address as it appears on **your credit card statement** :

Signature:

## AAP 2016 Institute and Conference

### What's Love Got To Do With It? The Relationship in Psychotherapy

Call the Omni Shoreham Hotel directly to reserve your room: 202-234-0700.

Be sure to mention you are with the American Academy of Psychotherapists

• *Reservation Deadline: September 25, 2016.*

• *Discounted Group Rate: \$209 plus taxes.*

The AAP conference room rate of \$209 plus taxes will be available three days before and three days after the I&C **based on availability.**

<http://www.omnihotels.com/hotels/washington>

### TRAINING INSTITUTES:

Tuesday-Wednesday T1 Webster \_\_\_\_

Thursday 9:00-12:00 & 2:00-5:00 (all day)

T2a Mermin \_\_\_\_

### WORKSHOP REQUESTS:

#### Wednesday Afternoon Institute Workshops

1<sup>st</sup> \_\_\_\_ 2<sup>nd</sup> \_\_\_\_ 3<sup>rd</sup> \_\_\_\_

#### Thursday All-Day Institute Workshops

1<sup>st</sup> \_\_\_\_ 2<sup>nd</sup> \_\_\_\_ 3<sup>rd</sup> \_\_\_\_

#### Friday and Saturday Morning Plenaries are for All Conference Registrants (Each 3 CEs)

#### Friday Afternoon Conference Workshops

1<sup>st</sup> \_\_\_\_ 2<sup>nd</sup> \_\_\_\_ 3<sup>rd</sup> \_\_\_\_

#### Saturday Afternoon Conference Workshops

1<sup>st</sup> \_\_\_\_ 2<sup>nd</sup> \_\_\_\_ 3<sup>rd</sup> \_\_\_\_

**Register Me for an Open Process Group: Y N**

Indicate your preference for either a  
**2-SESSION or 3-SESSION group** (see page 5)

## REGISTRATION INFORMATION

Choose from **easy registration options:**

• **Fax or Email:** Fax completed registration form to **518-463-8656** or scanned email to [aap@caphill.com](mailto:aap@caphill.com)

• **Mail:** Make checks payable to:  
**American Academy of Psychotherapists.**  
Send the registration form and check to:  
AAP, 1450 Western Avenue, Suite 101  
Albany, New York 12203

• **Online registration** available at  
[www.aapweb.com](http://www.aapweb.com) after July 15.

• **Questions:** Contact the AAP Central Office,  
[aap@caphill.com](mailto:aap@caphill.com) or call **518-694-5360**

## WORKSHOP PLANNER

| WEDNESDAY AFTERNOON<br>2:00-5:00                     | THURSDAY ALL-DAY<br>9:00-12:00 & 2:00-5:00        | FRIDAY MORNING<br>9:00-12:00                       | SATURDAY MORNING<br>9:00-12:00                   |
|------------------------------------------------------|---------------------------------------------------|----------------------------------------------------|--------------------------------------------------|
| 1a Hendrix & LaKelly Hunt<br>AASECT                  | 1b Hendrix & LaKelly Hunt<br>AASECT               | LOVETT PLENARY<br>AASECT                           | SHARP PLENARY                                    |
| 2a Hawkins                                           | 2b Hawkins                                        | FRIDAY AFTERNOON<br>WORKSHOPS                      | SATURDAY AFTERNOON<br>WORKSHOPS                  |
| 3a Cross & Baxter- AASECT                            | 3b Cross & Baxter - AASECT                        | 14a M. Feldman - ETHICS                            | 14b M. Feldman - ETHICS                          |
| 4a Mulgrew                                           | 4b Mulgrew                                        | 15a Miletski - AASECT                              | 15b Miletski - AASECT                            |
| 5a Eichel & Tuikka - AASECT<br>(1:00 to 5:00 PM)     | 5b Eichel & Tuikka - AASECT                       | 16a Citron                                         | 16b Citron                                       |
|                                                      | 6 <del>Webster</del> CANCELLED                    | 17a Libby & Schiff                                 | 17b Libby & Schiff                               |
|                                                      | 7 Frankel & Michaels                              | 18a Scher                                          | 18b Scher                                        |
|                                                      | 8 Van der Heiden                                  | 19 Watkins-Northern & Lee                          | 28 Hecht                                         |
|                                                      | 9 Penland - ETHICS                                | 20 Stosny                                          | 29 Neufeld                                       |
|                                                      | 10 Sullivan - AASECT                              | 21 Berlin & LeSane                                 | 30 Wannon - AASECT                               |
|                                                      | 11 Marcus                                         | 22 J. Feldman                                      | 31 Donovan & Wepman                              |
|                                                      | THURSDAY AFTERNOON                                | 23 Harpaz - ETHICS                                 | 32 Segalla                                       |
|                                                      | 12 Farber                                         | 24 Rooney                                          | 33 Schwartz - ETHICS, AASECT                     |
|                                                      | 13 Emmanuel                                       | 25 McCormack & Tillman                             | 34 Phillips & Bronfman                           |
| Tuesday -Wednesday                                   | Thursday 9-12:00 & 2-5:00                         | 26 <del>Schwartz, Guze &amp; Libby</del> CANCELLED | 35 Guze & Schwartz                               |
| T1 Webster                                           | T2 Mermin                                         | 27 Blank                                           | 36 Criswell                                      |
| Wednesday 9:00-10:00PM<br>Scholarship Process Groups | Thursday 9:00-12:00<br>Scholarship Process Groups | Friday 9:00-12:00<br>Scholarship Process Groups    | Saturday 2:00-5:00<br>Scholarship Process Groups |

## CONTINUING EDUCATION SATISFACTORY COMPLETION

Participants must pay their I&C registration fee, attend their chosen sessions in their entirety, attend all parts of multi-session workshops, and complete an Online Attendance / Evaluation form in order to receive a CE Certificate of Attendance. Participants not fulfilling these requirements will not receive a certificate. Certificates are emailed immediately after completing the online evaluation form. You must complete the online form by 11/30/2016 in order to receive your CE certificate. The site will close after that date.

### PSYCHOLOGISTS:

This I&C is cosponsored by Amedco and the American Academy of Psychotherapists. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. **23.5** hours

### PROFESSIONAL AND NATIONAL CERTIFIED COUNSELORS, MARRIAGE AND FAMILY THERAPISTS (NBCC):

This course has been submitted for review.

### SOCIAL WORKERS:

Amedco, #1346, is approved as a provider for social work continuing education by the Association of Social Work Boards

(ASWB) [www.aswb.org](http://www.aswb.org), through the Approved Continuing Education (ACE) program. Amedco maintains responsibility for the program. ASWB Approval Period: 06/24/2015 – 06/24/2016. Social workers should contact their regulatory board to determine course approval for continuing education credits.

**Social workers** participating in this course may receive up to 23.5 clinical continuing education clock hours.

**ASWB** approval is accepted by the Boards of Social Work in the following states-AK, AR, AZ, CO, DC, DE, FL, GA, IA, ID, IL, IN, KS, KY, LA, MA, MD, ME, MI, MN, MO, MS, MT, NE, NH, NJ, NM, NV, OH, OK, OR, PA, RI, SC, TN, TX, UT, VA, VT, WA, WI, WV, WY.

**The American Association of Sex Educators, Counselors, and Therapists** has approved this event for **22** Continuing Education credits.

### New York Social Workers

QuorumEDU SW CPE is recognized by the New York Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. 23.5 hours.

*American Academy of Psychotherapists*  
*1450 Western Avenue, Suite 101*  
*Albany, New York 12203*



**61<sup>ST</sup> ANNUAL INSTITUTE AND CONFERENCE**

**October 19-23, 2016**

**WHAT'S LOVE GOT TO DO WITH IT?  
THE RELATIONSHIP IN PSYCHOTHERAPY**

**THE Omni Shoreham Hotel**  
**Washington, DC**