



Recognizing & Resolving Traumatic Stress

Most in psychotherapy have histories of psychological trauma that manifest themselves with explosive aggressive reactions, shutting down, becoming disengaged, frazzled, self-destructive and confused.

Bessel van der Kolk M.D.

Training Workshops: March 2016

Sydney, Melbourne, Brisbane

Trauma and the Restoration of the Self

Overcoming the Legacy of Trauma on Mind, Brain and Body

This two-day seminar will discuss the specific effects of trauma on mind and brain at various stages of human development, and how it affects learning, concentration, engagement, pleasure, and connection. The format will be experiential and didactic, with multiple videotaped demonstrations of specific techniques.

www.byronclinic.com/bvk



Dr William (Bill) Miller

Founder of Motivational Interviewing

Improving One-on-One Treatment

November 2015 - workshop registration open now



Dr Marsha Linehan

Founder of Dialectical Behaviour Therapy (DBT)

DBT Skills & Strategies for Therapists

March 2016 - workshop registration open now



Bessel van der Kolk, M.D.

Pioneer - world leader in the research & treatment of trauma

Trauma and the Restoration of the Self

March 2016 - workshop registration open now



Norman Doidge, M.D.

Author of *The Brain that Changes Itself*, psychiatrist, researcher

The Brain's Way of Healing

May 2016 - workshop registration open now