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Diabetes & Obesity

S U M M I T

Join Us in Waikiki Beach for this Premier Summit
Focused on the Pathophysiology, Treatment, and Prevention
of Obesity and Type 2 Diabetes.



Activity Director

Philip R. Schauer, MD

Professor of Surgery
Lerner College of Medicine
Director, Advanced Laparoscopic
& Bariatric Surgery
Bariatric & Metabolic Institute
Cleveland Clinic
Cleveland, Ohio

Activity Co-Director

Bartolome Burguera, MD, PhD

Associate Staff
Dept. of Endocrinology, Diabetes
and Metabolism
Cleveland Clinic
Cleveland, Ohio

TOPICS INCLUDE:

- The Science of Obesity and Diabetes
- Obesity and Comorbidities
- First Line Treatment: Lifestyle, Diet, Exercise
- Medical & Pharmacotherapy Obesity Treatments
- Pharmacotherapy for Diabetes
- Diabetes/Obesity Treatment: Surgical
- Controversies in Diabetes and Obesity Management



To register, and for complete information go to: www.DOS-cme.org

Diabetes & Obesity SUMMIT

Dear Colleague,

It is our pleasure to invite you to join us for the Inaugural meeting of the **Diabetes and Obesity Summit** (DOS) a unique two and a half-day multidisciplinary summit focused on advances in the pathophysiology of Obesity and Type 2 Diabetes, preventive strategies, and therapeutic approaches.

In addition to state-of-the-art presentations by our renowned experts, the symposium will feature interactive workshops, a live demonstration of a surgical procedure, clinical case presentations with open panel discussion, and frequent question-and-answer sessions, providing ample opportunity to query our distinguished faculty.

Topics Include:

- Science of Obesity and Diabetes
- Obesity and Comorbidities
- First Line Treatment: Lifestyle, Diet, Exercise
- Obesity Treatment: Medical & Pharmacotherapy
- Pharmacotherapy for Diabetes
- Diabetes Obesity Treatment: Surgical
- Controversies in Diabetes and Obesity Management

We hope you can join us in magnificent Waikiki Beach for this important educational summit designed to improve care for your patients with Obesity and Type 2 Diabetes

Sincerely,
Philip R. Schauer, MD
Bartolome Burguera, MD, PhD

About Our Venue

Hyatt Regency Waikiki Beach Honolulu, Hawaii



The 2017 Diabetes and Obesity Summit will take place at the Hyatt Regency Waikiki Beach, where we have arranged for discount rates of \$241* (\$267* for ocean view) per night for participants of

DOS. Please call the Hyatt at Central Reservations at 1-888-421-1442 to make your reservation. The discount rate expires December 14, 2016, but we urge you to make your reservations early as our room block will sell out.

About the Hyatt Regency Waikiki Beach

The Hyatt Regency Waikiki Beach brings world-class service and amenities together with Waikiki's stunning natural beauty. Take advantage of our discount room rate to escape the winter chill and enjoy all the advantages of a Hawaiian vacation!

*Plus \$30 amenity fee

Faculty



Activity Director

Philip R. Schauer, MD
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Dept. of Endocrinology, Diabetes and Metabolism
Cleveland Clinic
Cleveland, Ohio

Organizing Committee



John Kirwin, PhD

Staff
Department of
Pathobiology
Lerner Research Institute
The Cleveland Clinic
Foundation
Cleveland, Ohio



Maria Ver, MD

General Surgery
Pali Momi Medical
Center
Aiea, Hawaii

Cleveland Clinic Faculty



Leslie J. Heinberg, PhD
Professor
Cleveland Clinic Lerner
College of Medicine
BMI Director of
Behavioral Services
Cleveland Clinic
Cleveland, Ohio



Laurence Kennedy, MD, FRCP
Chair
Department of
Endocrinology, Diabetes,
and Metabolism
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Sangeeta Kashyap, MD
Associate Professor of
Medicine
Cleveland Clinic Lerner
College of Medicine
Staff Physician
Department of
Endocrinology
Cleveland Clinic



Steven Nissen, MD

Department Chair
Cardiovascular Medicine
Cleveland Clinic
Cleveland, Ohio

Guest Faculty



Ralph DeFronzo, MD
Deputy Director Texas
Diabetes Institute
Staff Physician South
Texas Veterans Health
Care System
Division Chief, Diabetes
University of Texas
Health Science Center
Director
Diabetes Research Unit
University of Texas
Health Science Center
San Antonio, TX



Kenric M. Murayama, MD, FACS
Chair and Program
Director
Department of Surgery
John A. Burns School
of Medicine
University of Hawaii
Honolulu, Hawaii



Ken Fujioka, MD
Scripps Clinic
San Diego, California



Donna Ryan, MD
Pennington Biomedical
Research Center
Louisiana State
University
Baton Rouge, Louisiana



Robert Kushner, MD
Professor of Medicine
Northwestern University
Feinberg School of
Medicine
Chicago, Illinois



Kim Zuber, PA-C
Physician Assistant
American Academy of
Nephrology PAs
Oceanside, California

Diabetes and Obesity Summit (DOS) Agenda

(Subject to change. Please see website for updates.)

Thursday, January 12, 2017

- 7:00 am Registration, Continental Breakfast, Exhibits
- 8:00 am Welcome
Philip R. Schauer, MD

Session 1: SCIENCE OF OBESITY AND DIABETES

- 8:10 am Disease of Obesity
Robert Kushner, MD
- 8:35 am New Insights in the Pathophysiology of Type 2 Diabetes
Ralph DeFronzo, MD
- 9:00 am The Gut and Pathophysiology of Obesity and Diabetes
John Kirwin, PhD
- 9:25 am Q&A
- 9:35 am Refreshment Break/Visit Exhibits

Session 2: OBESITY AND COMORBIDITIES OF OBESITY AND DIABETES

- 10:00 am Obesity or Endocrine Disease?
Laurence Kennedy, MD, FRCP
- 10:20 am Type 2 DM and Nephropathy, Neuropathy, Retinopathy
Bartolome Buguera, MD, PhD
- 10:40 am Obesity Sleep Apnea (OSA)
Robert Kushner, MD
- 11:00 am Type 2 Diabetes, Obesity and CVD
Steven Nissen, MD
- 11:20 am Obesity and Arthritis/ Musculoskeletal Disease
Donna Ryan, MD
- 11:40 am Q&A
- 12:00 pm Break for Lunch/Visit Exhibits

Session 3: FIRST LINE TREATMENT: LIFESTYLE, DIET, EXERCISE

- 1:15 pm New Obesity Treatment Guidelines
Donna Ryan, MD
- 1:35 pm Advances in Lifestyle Intervention
Ken Fujioka, MD
- 1:55 pm New Diet and Nutritional Treatments
Robert Kushner, MD
- 2:15 pm What's New in Exercise Prescriptions for Obesity
John Kirwin, PhD
- 2:35 pm Refreshment Break/Visit Exhibits

WORKSHOPS (Select one from each session. First-come, first-served)

2:55 – 3:40 pm Workshop 1 (Select A or B)

- A. New Health and Wellness Internet Applications
John Kirwin, PhD
Donna Ryan, MD
- B. Weight Loss Maintenance
Leslie J. Heinberg, PhD
Bartolome Buguera, MD PhD

3:55 – 4:40 pm Workshop 2 (Select A or B)

- A. Behavioral Strategies: Things To Do – Things to Say
Leslie J. Heinberg, PhD
Robert Kushner, MD

- B. Exercise & Diet Therapy
Ken Fujioka, MD
Steven Nissen, MD

4:40 PM Adjourn for Day

Friday, January 13, 2017

- 7:00 am Registration, Continental Breakfast, Visit Exhibits

Session 4: OBESITY TREATMENT: MEDICAL & PHARMACOTHERAPY

- 8:00 am Principles of Obesity in the Medical Practice
Robert Kushner, MD
- 8:20 am Medications that Cause Obesity
Donna Ryan, MD
- 8:40 am Weight Loss Drugs: New
Ken Fujioka, MD
- 9:00 am Weight Loss Drugs: Established
Bartolome Buguera, MD PhD
- 9:20 am Q&A
- 9:35 am Refreshment Break/Visit Exhibits

Session 5: PHARMACOTHERAPY FOR DIABETES

- 10:00 am Hypertension and Lipid Lowering Agents
Steven Nissen, MD
- 10:20 am First Line Oral Agents
Laurence Kennedy, MD
- 10:40 am Second Line Agents: GLP 1 Agonists, Insulin and Others
Sangeeta Kashyap, MD
- 11:00 am Safe Medications and Dosing for Patients with Diabetic Kidney Disease
Kim Zuber, PA-C
- 11:20 am Putting it all Together – Rational Algorithms for DM Management
Ralph DeFronzo, MD
- 11:40 am Q&A
- 12:00 pm Break for Lunch/Visit Exhibits

Session 6: DIABETES OBESITY TREATMENT: SURGICAL

- 1:15 pm Live Surgery Transmission
- 2:15 pm Pre Surgical Medical Evaluation
Bartolome Buguera, MD PhD
- 2:30 pm Psychological Evaluation
Leslie J. Heinberg, PhD
- 2:45 pm 5-Year STAMPEDE Trial Results and New Guideline for Metabolic Surgery
Philip R. Schauer, MD
- 3:05 pm New Endoscopic Weight Loss Devices (Balloons, Stents, Gastric Pacing)
Philip R. Schauer, MD
- 3:25 pm Managing Complications of Surgery
Philip R. Schauer, MD
Kenric M. Murayama, MD, FACS
- 3:40 pm Refreshment Break/Visit Exhibits

WORKSHOPS (Select one from each Session. First-come, first-served)

4:00 – 4:40 pm Workshop 1 (Select A or B)

- A. Practical Management of T2DM to Reduce Micro/Macrovascular Complications
Ralph DeFronzo, MD
Steven Nissen, MD
Kim Zuber, PA-C
- B. Perioperative Management of the Bariatric Surgery Patient
Leslie J. Heinberg, PhD
Bartolome Buguera, MD, PhD

4:50 – 5:30 PM Workshop 2 (Select A or B)

- A. Combining Drugs and Surgery to Treat Obesity and Diabetes
Ken Fujioka, MD
Sangeeta Kashyap, MD
- B. Practical Use of Drugs to Treat Obesity
Robert Kushner, MD
Donna Ryan, MD

5:30 PM Adjourn for Day

Saturday, January 14, 2017

- 7:00 am Continental Breakfast

Session 7: CONTROVERSIES IN DIABETES AND OBESITY MANAGEMENT

- 8:00 am TZD's May Worsen CVD in T2DM: The Roziglitazone Story
Steven Nissen, MD
- 8:20 am Blood Glucose: How Low Should We Go, and How Do We Get There?
Ralph DeFronzo, MD
- 8:40 am Bariatric Surgery for BMI <35?
Philip R. Schauer, MD
- 9:00 am Q&A
- 9:15 am Debate: New Weight Loss Drugs are an Important Advance
Pro: **Donna Ryan, MD**
Con: **Steven Nissen, MD**
- 9:45 am Refreshment Break
- 10:00 am Case-Based Lessons
Moderators: **Bartolome Buguera, MD, PhD**
Philip R. Schauer, MD
Panelists: **Ralph DeFronzo, MD**
Ken Fujioka, MD
Leslie J. Heinberg, PhD
Robert Kushner, MD
Kim Zuber, PA-C

11:30 am Summit Adjournment



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TOPICS INCLUDE:

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- First Line Treatment: Lifestyle, Diet, Exercise
- Obesity Treatment: Medical & Pharmacotherapy
- Pharmacotherapy for Diabetes
- Diabetes Obesity Treatment: Surgical
- Controversies in Diabetes and Obesity Management

Overview/Description

The Diabetes and Obesity Summit is a unique two and a half-day symposium that will focus on in-depth multidisciplinary sessions designed to engage health care practitioners in learning about advances in the pathophysiology of obesity and type 2 diabetes, preventive strategies, and therapeutic approaches. In addition to state-of-the-art presentations by renowned experts, this symposium features interactive workshops, a live demonstration of surgical procedure, clinical case presentations with open panel discussion, and frequent question-and-answer sessions.

Who Should Attend

This activity is designed for health care professionals including primary care physicians, endocrinologists, internists, cardiologists, gastroenterologists, bariatric surgeons, psychologists, psychiatrists, nurse practitioners, nurses, physician assistants, and dietitians. In addition researchers, hospital and corporate administrators, and others who have an interest in diabetes and related fields may wish to attend.

Course Objectives

- Discuss appropriate management of patients with Type 2 Diabetes and Obesity
- List comorbidities associated with Type 2 Diabetes and obesity and strategies for evaluation and treatment
- Design strategies that maximize the influence of lifestyle therapy for management and prevention of Type 2 Diabetes and obesity
- Evaluate the role of pharmacotherapy for Type 2 diabetes management
- Review risks and benefits of weight loss drugs
- Review new advances in bariatric medicine and surgical intervention
- Identify medications that may impact the bariatric patient

Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum 17.50 AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify events@globalacademycme.com at least two weeks prior to the activity.

Registration Information

Online: DOS-cme.org

	Until Oct 28	Oct 29 – Dec 2	After Dec 2
Physicians	\$395	\$495	\$595
Non-Physicians	\$295	\$395	\$495

