

PAEDIATRIC SLEEP DISORDERS SYMPOSIUM



SYMPOSIUM TOPICS

1. How to prepare an infant for a good night sleep?
2. When is adenotonsillectomy indicated in a child with sleep apnoea?
3. Sleep medicine in paediatric palliative care.
4. Help, my teenage boy won't sleep at night!

INTERACTIVE WORKSHOPS

1. Infant sleep: impact of sleep on future development / cross-cultural differences.
2. OSA: myofunction therapy – does it work and the mechanism behind it / AHI cut-off to decide treatment should be changed / complications associated with childhood OSA.
3. Adolescents' sleep: delayed sleep phase / consequences of sleep deprivation / evidence of delaying school start time.

SYMPOSIUM AND WORKSHOP VENUE

Prince of Wales Hospital
Shatin, Hong Kong SAR, China

DATE

1st June 2019 (2pm to 5pm)

COURSE DIRECTORS

Prof Albert Martin Li (Hong Kong SAR China)
Assoc Prof Daniel Goh (Singapore)
Prof Jodi A. Mindell (USA)

ACCREDITATION

CME/CNE points obtainable

COURSE FEE

Early Bird Registration (Until 30th April 2019): HK\$300
Normal Registration (From 1st May 2019): HK\$400
On-site Registration: HK\$500

KEYNOTE SPEAKERS



Assoc Prof Daniel Goh
Paediatric Cluster Chair
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Prof Jodi A. Mindell
Professor of Psychology, Saint Joseph's University
Associate Director, Sleep Center, Children's Hospital of Philadelphia, USA



Dr Arthur Teng
Senior Staff Specialist Paediatrician
Head of the Department of Sleep Medicine
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Prof Zhifei Xu
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Respiratory Department & Sleep Center,
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Dr Alex Bartle
Director, Sleep Well Clinic
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Prof Yu-Shu Huang
Professor, Department of Child and Adolescent Psychiatry
Chang Gung Memorial Hospital, Taipei
Chairman, Academic Committee of Taiwan Society of Sleep Medicine
President, Asian Narcolepsy and Hypersomnolence Society
President, Taiwan Hypersomnia Association

For more information and registration please visit

<http://appsasleep.org>

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 Asia Pacific Paediatric Sleep Alliance