

Harmony of the Seas®

Introducing the Harmony of the Seas - the newest addition to Royal Caribbean's award-winning Oasis Class fleet. The world's biggest ship with the world's best features just got even better. There's no turning back once you take the plunge 10 stories into the mysteries of the deep on the tallest slide at sea, Ultimate Abyss, as well as the exhilarating multilevel Perfect Storm slides. As the kids explore Splashaway Bay, take a tree-lined stroll through Central Park, or find your own haven in any of the other seven iconic onboard neighborhoods. Sip a cocktail crafted by a robot in Bionic Bar, and enjoy VOOM - the fastest Internet at sea. Discover the biggest, boldest family vacation ever on a ship unlike anything else on the ocean.







Ship Features:

- Bionic Bar:** Featuring robot bartenders serving up one-of-a-kind crafted cocktails while dancing to a fluid beat.
- The Ultimate Abyss:** Plummet 10 stories into the mysteries of the deep on the tallest slide at sea. Are you brave enough?
- The Perfect Storm:** This tremendous trio of water slides is our Perfect Storm. Typhoon, Cyclone and Supercell are their names, and they're here to take you on a wet, wild ride.
- Zip Line:** Brace yourself for a spine-tingling rush as you race across the Boardwalk®, suspended nine decks in the air. It's a thrill you won't find on any other cruise line.
- Rock Climbing:** Rise to the occasion and take on our signature rock climbing wall. From beginners to speed climbers, everyone can enjoy an unparalleled view from 40 feet above deck.
- FlowRider®:** Only Royal Caribbean gives you the chance to catch a wave right on-board. Grab a board and hang ten on our 40-foot-long surf simulator, or cheer on friends from stadium seating with prime wipeout views.
- Fitness Center:** Get in ship shape at a state-of-the art fitness center, fully loaded with the latest weight systems and cardio equipment—plus sweeping ocean views while you work up a sweat.
- AquaTheater Dive Shows:** 137,000 gallons of incredible. Only onboard Oasis®-class ships, experience the AquaTheater—dancers, divers and acrobats pull off stunts against a backdrop of backlit fountains, big screens and the endless horizon of the sea.
- Ice-skating Shows:** Royal Caribbean is the first and only cruise line with ice-skating rinks right onboard, and complimentary ice spectaculars featuring professional skaters that amaze with jumps, lifts and spins.

7-Night Eastern
Caribbean Cruise

March 24–31, 2018

Sail ports across the Eastern Caribbean in style and comfort when you join us aboard Royal Caribbean's Harmony of the Seas®.



ITINERARY*

Day	Date	Port	Arrive	Depart
Sat	Mar 24	Fort Lauderdale, Florida		4:30 PM
Sun	Mar 25	At Sea		
Mon	Mar 26	At Sea		
Tue	Mar 27	Philipsburg, St. Maarten	8:00 AM	5:00 PM
Wed	Mar 28	San Juan, Puerto Rico	7:00 AM	2:00 PM
Thu	Mar 29	Labadee, Haiti	9:30 AM	6:00 PM
Fri	Mar 30	At Sea		
Sat	Mar 31	Fort Lauderdale, Florida	6:15 AM	

*Ports and times subject to change

- Original Productions:** Royal Caribbean Productions brings together world-class performers to star in awe-inspiring original shows from contemporary dance to headline musical acts, aerial acrobatics and more.
- Chops Grille:** Royal Caribbean's popular signature steakhouse, featuring grade-A premium cuts of steak cooked to your specifications—plus fresh seafood, hearty side dishes and signature desserts in an upscale, contemporary setting.
- Izumi:** The traditional Asian dishes at Izumi will impress you with pure, delicate flavors, freshness of ingredients and impeccable presentation. Choose from sushi rolls, sashimi, hot rock (ishi-yaki) plates, and more.
- Jamie's Italian:** Chef Jamie Oliver may be one of Britain's most famous food exports, but it's his love of Italian cooking and the Italian way of life that drives his menu of rustic Italian favorites, handmade with fresh, seasonal ingredients.
- Solarium Bistro:** A hearty but healthful lunch destination in the Oasis-class Solarium, with lighter options for breakfast and lunch. Try soups and stews, crepes, salad bars, fresh-cut fruits and more.
- TRAVEL ARRANGEMENTS:** To receive these discounted cruise fares you must book your cruise through NWS. We have all of the information regarding the cruise and seminar and can make your cruise reservations.
- RESERVATIONS:** Reservations will be secured and cabins assigned upon receipt of passenger deposit of \$500 per cabin. Final payment as instructed by our travel agent. Due to the number of details needed to complete cruise cabin booking accurately, **a cabin will not be booked for you until** you have spoken with one of our cruise agents via phone or direct email correspondence. Please contact our office at 1-800-222-6927 or 1-509-547-7065 to

COURSE DIRECTOR: Mark T. Murphy, MD, MSN Education, Austin, Texas, and Medical Director, Northwest Anesthesia Seminars, Pasco, Washington

TARGET AUDIENCE: This course is designed for physicians, certified registered nurse anesthetists, physician assistants, nurse practitioners, registered nurses and other medical care providers who must maintain state-of-the-art knowledge of the specialty or are impacted by it.

PROGRAM PURPOSE: The practitioner of anesthesiology must possess the scientific background for clinical practice; maintain state-of-the-art knowledge of not only the specialty, but also of all additional related disciplines which may impact it; maintain an up-to-the-minute armamentarium of knowledge and skills for the selection and use of complex equipment, pharmacological agents, and procedures necessary for the provision of quality patient care; manage self and colleagues to function toward common goals in the clinical setting, the clinical and educational institutions, and the community in which the practice resides; serve as an expert in matters involving health care delivery; serve as an informed manager of clinical and educational services provided, including the acquisition and distribution of resources necessary in meeting professional goals; and provide assistance with and support of other service providers, departments, institutions, and organizations dependent upon the professional expertise of the practitioner. Presentations are designed to facilitate the physician, nurse specialist, and other providers maintaining skills of the same kind to review and update knowledge and abilities in one or more of these areas vital to the practicing professional.

OBJECTIVES: At the conclusion of this activity, the participant will be able to:

Apply the pertinent physical and behavioral sciences—to include but not be limited to advanced anatomy and physiology, pathophysiology, chemistry, physics, psychology, and social sciences—as they impact and are affected by the planning, delivery, and monitoring of anesthesia and related services inherent in the anesthesia professions.

Explain the selection, dosing considerations with methods of administration, safe use, and contraindications and precautions of presented pharmacological agents through the understanding of their physicochemical properties, pharmacokinetics and pharmacodynamics, updated uses, and more recently developed additional, related, and similar drugs.

Outline comprehensive management plans for the group of patients discussed, whether related in age, physical status, cultural background, invasive procedure, anesthetic or analgesic requirements, clinical setting, adverse reactions, and/or goals of care.

Apply the principles of safety and asepsis in the performance of anesthetic procedures and administrations, equipment use, and other applications encountered during the provision of anesthesia and analgesia whether in the surgical unit, the labor and delivery suite, the pain management clinic, or other more remote location of anesthetizing services.

Incorporate the appropriate recommendations and/or requirements of pertinent external organizations, institutions, and professional groups—recognized as serving as the authority for and/or holding the responsibility to compile and approve such tenets—in the provision of anesthesia and related services, whether medical, legal, philosophical, ethical, or health care management standards.

Apply the new techniques in the clinical setting of the participant.

ACCREDITATION: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The A. Webb Roberts Center for Continuing Medical Education of Baylor Scott & White Health and Northwest Anesthesia Seminars. The A. Webb Roberts Center for Continuing Medical Education of Baylor Scott & White Health is accredited by the ACCME to provide continuing medical education for physicians.

The A. Webb Roberts Center for Continuing Medical Education of Baylor Scott & White Health designates this live activity for a maximum of 20 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Anesthesiology: CME credit will be sent directly to The American Board of Anesthesiology to fulfill the Part 2 requirement for the Maintenance of Certification in Anesthesiology Program (MOCA®).

Canadian Physicians: This activity is eligible for Section 1 credits in the Royal College's Maintenance of Certification (MOC) Program. Participants must log into MAINPORT to claim this activity.

Certified Registered Nurse Anesthetists: This program has been prior approved by the AANA for 20 CEC; AANA Code #1035420; Expiration date 3/30/18.

Nurse Practitioners: The American Academy of Nurse Practitioners Certification Program (AANPCP) and the American Nurses Credentialing Center (ANCC) accept CME from organizations accredited by the ACCME.

Osteopathic Physicians: This program is eligible for Category 2 credit with the American Osteopathic Association (AOA).

Physician Assistants: The American Academy of Physician Assistants (AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 20 hours of Category I credit for completing this program.

Registered Nurses: NWS is an approved provider for the following state nursing boards: California Board of Registered Nursing (Provider Number 4833), District of Columbia Board of Nursing (Provider Number 50-7480), Florida Board of Nursing (Provider Number 50-7480), Georgia Board of Nursing (Provider Number 50-7480), and the South Carolina Board of Nursing (Provider Number 50-7480). This program offers 20 contact hours.

†Pharmacology hours subject to change.

ACCOMMODATIONS



Ocean View Balcony Stateroom

2 twin beds convert to 1 king, features private balcony, sitting area, vanity, private bathroom, mini-fridge, hair dryer, TV, phone, radio, safe, and other amenities.



Ocean View Stateroom

2 twin beds convert to 1 king, features ocean view, sitting area, vanity, private bathroom, mini-fridge, hair dryer, TV, phone, radio, safe, and other amenities.



Interior Stateroom

2 twin beds convert to 1 king, features sitting area, vanity, private bathroom, mini-fridge, hair dryer, TV, phone, radio, safe, and other amenities.

complete your cruise reservation.

DISCOUNTED FARES: We have been able to negotiate a **great discount** for you on this luxurious cruise. See reservation form for details. Various promotional fares may also be available. **Always call us before booking anywhere else.**

FOR YOUR AIRFARE NEEDS PLEASE CALL:

Universal Travel
Contact: Kellee Kilmer: (858) 456-7887
or email: kellee@universaltravel1.com.
Be sure to mention Northwest Anesthesia Seminars. Booking fee applies.

Register early to reserve your cabin on this cruise!

We have a block of cabins for seminar participants. Once this block is sold, cabins are on availability only and may be at a higher rate. Cruises sell out early.

NW
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Northwest Anesthesia Seminars

Continuing Education for the Anesthesia Professional

Current Anesthesia Practice

7-Night Eastern
Caribbean Cruise

March 24–31, 2018



BaylorScott&White

HEALTH

A. WEBB ROBERTS CENTER FOR CONTINUING MEDICAL EDUCATION

Rev. 11/9/17

March 24 – Fort Lauderdale, Florida



Ft. Lauderdale is an entire destination in itself. If you arrive early there are lots of fun things to do in this tropical city. Fort Lauderdale lies along the Atlantic Ocean at the mouth of the New River, 25 miles north of Miami. Its warm tropical weather attracts many people throughout the year. For sun-worshippers, the city has six miles of beaches.

There are also many recreational waterways with extensive boating facilities and access to every conceivable watersport. Go fishing, scuba dive a wreck, or take one of many sightseeing cruises of the harbor, ocean, or wetlands.

Take a 30-minute airboat ride across the Everglades, one of the most breathtaking natural areas in America. Discover a variety of fish and birds that inhabit the area, and perhaps see the most famous Everglades inhabitant, the alligator.

Visit a variety of fascinating museums, an array of entertainment venues, and trendy restaurants. Fish is fresh and delicious in Florida. Grouper is probably the most popular choice and is served almost any way imaginable. A true Florida staple is a fresh grouper sandwich and fries eaten outside by the water.

March 25-26 – At Sea



Take advantage of many onboard activities while cruising to your next exciting destination. Treat yourself to a spa day, hang out by the pool, or enjoy a gourmet meal at one of several onboard restaurants.



March 27 – Philipsburg, St. Maarten – Day Open



When the Spanish closed their colonial fort on St. Maarten in 1648, a few Dutch and French soldiers hid on the island and decided to share it. Soon after, the Netherlands and France signed a formal agreement to split St. Maarten in half, as it is today. Philipsburg displays its Dutch heritage in its architecture and landscaping. The island offers endless stretches of beach, beautiful landscapes, and great shopping. Rendezvous at one of the newest and trendiest restaurants in French St. Maarten. Explore Orient Bay, the French Riviera of the Caribbean, with over 1.5 miles of white-sand beaches.

March 28 – San Juan, Puerto Rico – Day Open



Ferragamo, and restaurants of Condado, the inviting beaches and resorts of Ocean Park and Isla Verde and the bohemian neighborhood of Santurce.

With more than 500 years in the making, San Juan is the cultural, social, and historic heart of Puerto Rico. Visitors are captivated by the enchantment of the island, its culture, the Old World wonders of Old San Juan, the amenities and entertainment of a modern city, and the tropical allure of a Caribbean destination.

Historic treasures of majestic Old San Juan, the charming walled city with its imposing fortresses, colorful colonial architecture and numerous attractions add to the allure. A short taxi ride from the old city lie the world-class boutiques, including Gucci, Louis Vuitton and

March 29 – Labadee, Haiti – Day Open



Haiti is a mountainous island, blanketed in tropical foliage and exotic vegetation accented with both French and Creole. While the island may serve as a picturesque playground for water-lovers, it's also easy to find places that make you feel as if this were your own private natural kingdom. This exclusive destination offers pristine beaches, breathtaking scenery, and spectacular water activities. There is even an amazing new Aqua Park for kids. Regardless of where you go, you'll find yourself embraced by the beautiful landscape. Whether you want to kayak along the coastline, parasail 400 feet above the beautiful peninsula

of Labadee, ride aboard a waverunner along the coast, shop for handmade local artwork, or just relax on the beach, you don't want to miss Labadee.

March 30 – At Sea

March 31 – Fort Lauderdale, Florida – Disembark



Disembark or stay over to enjoy the sun, sand, and surf.



Register with us today
and reserve your cabin:
www.nwas.com
(800) 222-6927

PASSPORT VALID
FOR SIX MONTHS
AFTER RETURN REQUIRED

Non-US Citizens check
with your consulate for
documentation requirements.

CRUISE RATES

See inside panels for cabin descriptions.	
Balcony Stateroom:	
D4	\$1,749
D6	\$1,599
Outside Stateroom:	
H	\$1,449
I	\$1,299
Inside Stateroom:	
K	\$1,269
N	\$1,169

The above rates are per person fares, based on double occupancy.
Single occupancy 150%-200% supplement.
Cabin selection is limited based upon availability.
Fares do not include tax, gratuities, or fuel surcharge.

3rd and 4th person prices may be available.
To inquire, please call (800) 222-6927

DEPOSIT: Cabins MUST be reserved with a deposit of \$500 per cabin to qualify for these low fares. Cabin selection is limited and the above listed categories may not be available. A single supplement is charged if there is only one person in a cabin. Prices subject to change without notice.

Children and non-registered guests are
not allowed to attend the lectures.

Always call us before booking your cruise!
Various promotional fares may be available!
(800) 222-6927

SCHEDULE

Saturday, March 24 – Fort Lauderdale, Florida
1630 Ship Sails (subject to change)

Sunday, March 25 – At Sea
0900 Registration – Mandatory Sign In
0915 Herbal Stuff: It's All Safe, Right? E.Frost
1015 Guidelines Update ASA/AANA E.Frost
1115 The Truth About Preoperative Fasting L.Pelinka
1215 Lunch Break
1330 Drug Related Errors and How to Avoid Them L.Pelinka
1430 NOAC Reversal: Between a Rock and a Hard Place L.Pelinka
1530 Anesthetic Assessment of the Transgender Patient
Presenting for Surgery E.Frost
1630 PBLD: The Healthy Patient for a Hernia Repair E.Frost
1730 Adjourn 3.1 Pharmacology

Monday, March 26 – At Sea
0900 Registration – Mandatory Sign In
0915 Forever Young: Anesthesia in the Elderly L.Pelinka
1015 Case Discussions: Issues With the Elderly L.Pelinka
1115 Do You Really Need Two Large Bore IVs? E.Frost
1215 Lunch Break
1330 Where Is the Basement Anyway?
What Goes on in Interventional Radiology? E.Frost
1430 Sugammadex: My Favorite Doughnut L.Pelinka
1530 Is There a Medical Professional Aboard This Aircraft? L.Pelinka
1630 Challenges at 35,000 ft: Case Discussions L.Pelinka
1730 Adjourn 3.2 Pharmacology

Tuesday, March 27 – Philipsburg, St. Maarten – Day Open
Wednesday, March 28 – San Juan, Puerto Rico – Day Open
Thursday, March 29 – Labadee, Haiti – Day Open

Friday, March 30 – At Sea
0900 Registration – Mandatory Sign In
0915 Pediatric Neuroanesthesia:
Little People With Many Problems E.Frost
1015 Ethical Issues and Anesthesia:
How Can They Be Handled? E.Frost
1115 Murphy's Law: Minimizing the Risk of Anesthesia L.Pelinka
1215 Lunch Break
1315 Don't Take Your Organs to Heaven:
Heaven Knows, We Need Them Here L.Pelinka
1415 The PACU Nurse Calls: The Patient Is Very Sleepy E.Frost
1515 PBLD: The Pregnant Teenager Who Just Took Cocaine E.Frost
1615 Adjourn 2 Pharmacology
20 CME I / 20 CEC / 8.3 Pharmacology Hours†

Saturday, March 31 – Fort Lauderdale, Florida – Disembark

FACULTY

Elizabeth Frost, MD
Professor of Anesthesia
Icahn Medical Center at Mount Sinai
New York, New York

Linda E. Pelinka, MD, PhD
Professor of Anesthesiology and
Critical Care Medicine
University of Vienna and
Ludwig Boltzmann Institute of
Experimental and Clinical Traumatology
Vienna, Austria, European Union

COURSE REGISTRATION

18MECC

TUITION: In USD	MD/DO	CRNA/PA	RN/Others
Early <i>(Paid by 12/24/17)</i>	\$950	\$900	\$800
Regular <i>(Paid after 12/24/17)</i>	\$1000	\$950	\$850

PAYMENT METHODS:
Payment methods accepted for tuition include Visa, Mastercard, American Express, Discover, check, or money order in US funds, payable to NWAS.

SCHEDULE AND FACULTY CHANGES:
Factors beyond our control sometimes necessitate changes in the schedule and faculty. If time permits, we will inform all registrants of any changes prior to the program. Changes on site due to local conditions will be announced in class.

COURSE CANCELLATION BY PROVIDER:
We reserve the right to cancel a course for any reason. In such case, a minimum of 30 days notice will be given to those registered and 100% of tuition paid will be refunded. NWAS and NWWT will not be responsible for any non-refundable airfare, hotel, or other liabilities you may incur. We highly recommend purchase of travel insurance. Travel at your own risk.

COURSE CANCELLATION FEE:
\$100 between January 23, 2018 and February 22, 2018. No refund after February 22, 2018; however, 50% of tuition paid may be applied toward tuition for another NWAS program within the next 12 months. Cancellation must be made in writing.

FAP (FREQUENT ATTENDEE POINTS):
FAP lets you accumulate points based on dollars spent with NWAS including net hotel, cruise cabin, and tuition booked through NWAS (but not air). Once you have enough points to cover a full tuition they can be redeemed for tuition (no cash value). A great program to reward you for supporting NWAS.

ERRONEOUS PRICING NOTICE:
Northwest Anesthesia Seminars, Northwest Seminars, and Northwest World Wide Travel reserves the right not to honor any published prices or coupons that it determines were erroneous due to printing, electronic, or clerical error.

To register for this program,
and reserve your cabin,
please visit our website: www.nwas.com
or call (800) 222-6927.