

A Practical Guide to Effective and Safe Nurse Staffing in Mental Health Inpatient Units

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15% group booking discount**

Monday 16 November 2015 Hallam Conference Centre London



Chairman & Speakers Include:

Joanne McDonnell

*Senior Nurse for Mental Health
& Learning Disabilities*

NHS England

Sandra Crawford

*Associate director of nursing, quality
and patient experience*

Nottinghamshire Healthcare NHS Foundation Trust

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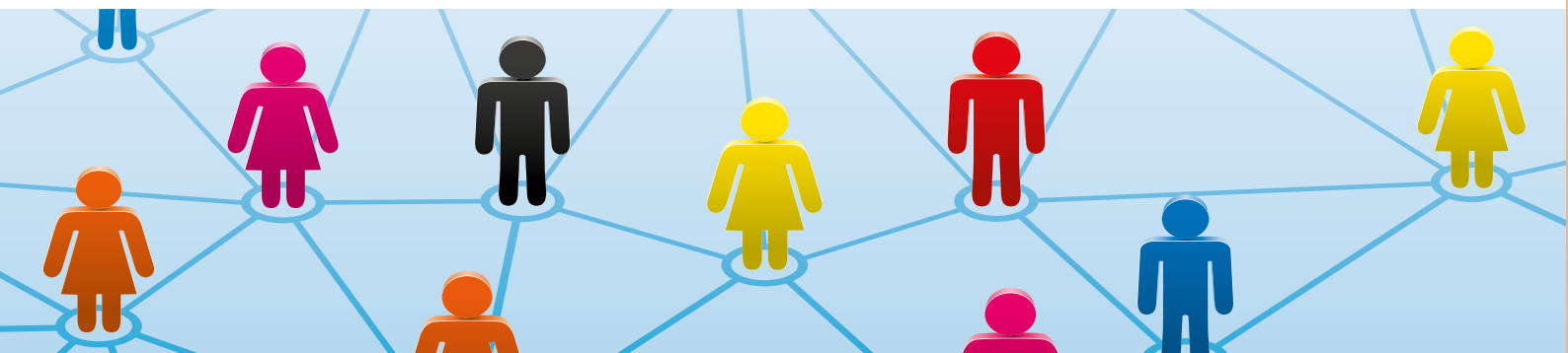
Monday 16 November 2015 Hallam Conference Centre London

This conference, chaired by Joanne McDonnell, Senior Nurse for Mental Health and Learning Disabilities at NHS England, focuses on safe staffing in mental health inpatient units

The conference through national updates, and practical case studies will look at ensuring safe and effective nurse staffing levels and skill mix inpatient mental health settings– how to ensure the right people, with the right skills, are in the right place at the right time. Sessions will focus on Factors affecting safe staffing for nursing in inpatient mental health settings including understanding acuity and dependency, approaches and toolkits that help assess and determine safe staffing requirements for nursing in inpatient mental health, improving staffing and skillmix in practice, ensuring time to care with compassion and reviewing nursing staffing and skillmix in your service.

“The evidence base in relation to workforce planning and safe and effective staffing within mental health, learning disability and community settings is less established than that for acute care settings. Work is under way through Compassion in Practice Action Area Five to understand what workforce planning tools exist for these care settings and to pilot these tools or develop new tools. A critical issue in mental health services is the therapeutic relationship and skilful interaction between staff and individual patients. The ethos, models of care and philosophy are also important factors in determining staffing establishments in mental health. The composition of the multiprofessional team in mental health settings, for example the presence of occupational therapists and psychologists, will have a direct impact upon nurse staffing requirements.” NHS England

Follow the conference on Twitter #mentalnursing



10.00 Chairman's Introduction: Effective Nurse Staffing and Skillmix in Mental Health

Joanne McDonnell *Senior Nurse for Mental Health and Learning Disabilities Nursing Directorate NHS England*

10.10 Safe Staffing for Nursing in Inpatient Mental Health Settings

Sandra Crawford

Associate director of nursing, quality and patient experience
Nottinghamshire Healthcare NHS Foundation Trust

- safe staffing for nursing in mental health inpatient units
- service user outcomes and indicators associated with safe staffing for nursing in inpatient mental health settings
- is there evidence of a relationship between nursing staff levels or skill mix and increased risk of harm?
- do nursing staff levels or staff-to-service user ratios impact on outcomes?
- which outcomes should be used as indicators of safe staffing?

10.40 Factors affecting safe staffing for nursing in inpatient mental health settings Understanding acuity and dependency

Fiona Nolan

Deputy Director of Nursing and Research
Camden and Islington NHS Foundation Trust

- factors affecting safe staffing for nursing in inpatient mental health settings
- developing and implementing an inpatient dependency tool
- understanding mental health acuity and dependency
- ward to board assurance: our experience

11.15 Question and answers, followed by coffee and exhibition

11.40 EXTENDED SESSION: Approaches and toolkits that help assess and determine safe staffing requirements for nursing in inpatient mental health

This extended session organised will comprise a number of focused presentations on the key tools and principles you can use to plan and assess nurse staffing and skill mix in mental health inpatient settings. There will be discussion around the practicalities of implementing the tools and the advantages and disadvantages of each tool relative to the care setting.

Tools available for assessing staffing and skill mix in mental health inpatient settings

Nicola Lees *Deputy Chief Executive / Director of Nursing Bradford District Care NHS Foundation Trust*

The NHS Scotland Mental Health Tool

Fiona Mackenzie *Professional Advisor Professional Advisor Nursing & Midwifery Workload & Workforce Planning & Acute Care Quality*
NHS Scotland

Safer staffing, and tools for measurement in inpatient CAMHS

Tim McDougall *Nurse Consultant Clinical Director (Tier 4 CAMHS) and Lead Nurse (CAMHS)*
Cheshire and Wirral Partnership NHS Foundation Trust

Safe Staffing on older peoples wards

Nicky Hayes *Consultant Nurse Kings College Hospital NHS Foundation Trust*

13.10 Question and answers, followed by lunch and exhibition

14.00 EXTENDED SESSION: Improving Staffing and Skillmix in Mental Health Inpatient Units in practice

Dr Deborah Wildgoose

Deputy Director of Nursing and Standards
Rotherham, Doncaster and South Humber NHS Foundation Trust

- implementing the guidance in practice: practical steps
- organisational factors affecting safe staffing for nursing at a ward level
- nursing care activities that should be considered when determining safe staffing for nursing in inpatient mental health settings
- challenges and solutions: interactive session
- our experience in RDASH

14.45 Ensuring time to care with compassion for people in crisis: Learning from a user led crisis house

Fiona Venner

Director
Leeds User Led Crisis House

- what people need when in crisis: five elements of effective support
- what's important to people? What do people want from care?
- positive risk taking and involving people: the user led approach
- ensuring the right staff, in the right place at the right time

15.30 Question and answers, followed by tea and exhibition at 15:40

16.00 Reviewing staffing levels in your organisation

Helena McCourt

Deputy Director of Nursing
Mersey Care NHS Trust

- understanding your skill mix and ward establishment
- reviewing staffing levels
- our experience in mental health
- 6Cs in practice: implementing and monitoring progress against action area 5: ensuring we have the right staff, with the right skills, in the right place

16.30 Monitoring staffing levels in practice: Mental Health Lead for Nursing/Inspection

Speaker to be announced

- an update on inspection in mental health
- monitoring nurse staffing and skill mix levels in mental health

17.00 Question and answers, followed by close

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A Practical Guide

Safe Staffing for Nursing in Mental Health Inpatient Units

Monday 16 November 2015, Hallam Conference Centre, London

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The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email **jayne@hc-uk.org.uk**

Venue

Hallam Conference Centre, 44 Hallam Street, London W1W 6JJ. A map of the venue will be sent with confirmation of your booking.

Date

Monday 17 November 2014

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
- ☐ £300 + VAT (£360.00) for voluntary sector / charities.
- ☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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