

World Confederation for Physical Therapy

CONGRESS 2017

Cape Town

2-4 July 2017



Where the world of physical therapy meets

Preliminary programme



World Confederation
for Physical Therapy

Message from the President

International conferences can be life-changing. I am what I am because of the physiotherapists I have met on my international learning journey of almost two decades. A day doesn't pass when I am not grateful for that privilege.

My first WCPT Congress was in Yokohama, in 1999. The magic is alive in my memory as I see the opening ceremony, attended by the Emperor, and an auditorium filled with therapists from around the world. No meeting has been so influential on my professional development.

Spending three days with the global physical therapy community is a joy. Yokohama, like the WCPT Congress in Singapore, was rich with excitement, connections, and diversity. You know that you are part of a bigger community.

In July 2017 we will come together once again at the WCPT Congress in Cape Town. It will be a time to meet old friends and make new ones. It will be a time to learn and to share new knowledge, a time to debate and discuss and a time to shape the direction of our profession. Early career researchers will present their findings and, if they are lucky like I was, they will be gently guided in their next steps by current leaders.

We will attend pre- and post-congress courses, focused symposia, discussions and debates. We will generate a legacy which will be greater than the sum of its parts. Networks will be created and ideas will grow and develop, like the research on the #globalpt hashtag which arose from a social media networking session in the early hours of the morning in Singapore.

Next year's congress is unique: the first in our WCPT Africa Region, and the first to come two years since the last. It will be a time to be together and to celebrate the value of physical therapy. It is an opportunity to celebrate our diversity, to grow in the face of challenges, to laugh, to learn.

I look forward to seeing you all in Cape Town at the WCPT Congress 2017.

Emma K Stokes
WCPT President



Welcome

Message from the President of the South African Society of Physiotherapy

It is the first time the WCPT congress will be in the Africa region! The South African Society of Physiotherapy (SASP) had a dream come true when it won the bid for beautiful Cape Town to host the congress in July 2017. We are extremely proud to be welcoming the world of physical therapy to South Africa.

We hope that physiotherapists from Africa and South Africa will take advantage of the close proximity of the congress and participate in this 'once-in-a-life-time' opportunity to experience 'world physiotherapy togetherness'. We can all be part of discussions shaping the future of our profession, creating Ubuntu... "I am what I am because of who we all are".

Africa offers you the ultimate combination of nature and wildlife, culture and heritage, and lots of adventure! There is much for you to experience and discover in South Africa and Africa – from Cape Town in the south to the Big five in the north of South Africa; from South Africa, Namibia and Botswana in the south of Africa to Uganda, Kenya, Malawi, Rwanda and Nigeria further north.

Visits to clinical settings in the Western Cape will give you just a peep into tertiary health services in South Africa, and you could visit the museum dedicated to the first heart transplant in Groote Schuur Hospital. WCPT and the SASP are working together to ensure a legacy beyond the congress; for delegates, the wider professional community and the public in South Africa.

See you in Cape Town soon!

Ina Diener
President South African Society of Physiotherapy (SASP)



ISC Chair

Dina Brooks, chair of the International Scientific Committee (ISC), is proud of all that the ISC has accomplished so far in developing a congress programme to inspire delegates.

The committee's wealth of experience from across the globe represents the diverse interests of the profession and they have consulted widely in putting the programme together. They know how important high quality content is. Equally, they recognise how important critical networking opportunities are, along with the space and time needed to reflect to maximise outcomes for all those investing time in attending.



Programme at a glance: Sunday 2nd July



08:30-10:00	Opening ceremony
10:00-11:00	Coffee break and poster walk
11:00-12:30	Focused symposium: A lifestyle-behaviour change tool kit and its integration into practice Discussion session: Global entry level qualifications Networking session: Acupuncture (International Acupuncture Association of Physical Therapists) (11:00-12:15) Networking session: Amputee rehabilitation (WCPT Network for physical therapists working with individuals with limb loss or limb absence) (11:00-12:15) How to...seminar: Outcome measures Platform abstracts
12:30-14:00	Lunch: poster and exhibition viewing
12:30-13:45	Networking session: Cardiorespiratory (International Confederation of Cardiorespiratory Physical Therapists) Networking session: Mental health (International Organization of Physical Therapists in Mental Health)
14:00-15:30	Focused symposium: Why rotator cuff tendinopathies become chronic? Discussion session: Humanitarian response Networking session: Oncology, palliative care and HIV (WCPT Network for HIV/AIDS, Oncology, Hospice and Palliative Care) (14:15-15:30) Focus on ... seminar: Pelvic floor assessment and treatment WCPT seminar: Professional associations Platform abstracts
15:30-16:30	Discussion session: Accreditation
15:30-16:15	Coffee break and poster walk
16:15-17:45	Focused symposium: Chest wall trauma: integrating evidence in physiotherapy management Focused symposium: Physiotherapy and HIV: recent advances, future directions Discussion session: Intellectual disability Networking session: Manual therapy (International Federation of Orthopaedic Manipulative Physical Therapists) (16:30-17:45)

	Networking session: Neuroscience (International Neurological Physical Therapy Association) (16:30-17:45)
	How to ... seminar: Publishing research
	Platform abstracts
17:45-19:30	Welcome reception

Programme subject to change



Programme at a glance: Monday 3rd July

08:30-10:00	Focused symposium: The role of self-management in the treatment of musculoskeletal disorders Discussion session: Specialisation Networking session: Animal practice (International Association of Physical Therapists in Animal Practice) (8:30-9:45) Networking session: Aquatic physical therapy (Aquatic Physical Therapy International) (8:30-9:45) Focus on ... seminar: Assistive technology Platform abstracts
10:00-10:45	Coffee break and poster walk
10:45-12:15	Focused symposium: Critical physiotherapy: new approaches for practice, education, research and policy Focused symposium: Motor control in paediatric bladder and bowel dysfunction Discussion session: Technology - Robotics and gaming Networking session: Older people (International Association of Physical Therapists working with Older People) (10:00-11:45) Networking session: Health promotion (WCPT Network for Health Promotion in Life and Work) (11:30-12:45) Focus on ... seminar: Stroke prevention WCPT seminar: Advanced practice Platform abstracts
12:15-13:45	Lunch: poster and exhibition viewing
12:30-13:30	Networking session: ICF (WCPT Network for ICF)
13:00-14:15	Networking session: Pain (WCPT Physical Therapy Pain Network)
13:45-15:15	Focused symposium: Physiotherapy in disaster response and recovery: starting with preparation Focused symposium: Driving brain plasticity after stroke - novel clinical interventions and measures Discussion session: Prescribing Networking session: Occupational health (WCPT Physical Therapy Network for Occupational Health and Ergonomics) (14:30-15:45) How to ... seminar: Low back pain (LBP) stratified care WCPT seminar: Health policy (13:45-15:45)

	Platform abstracts
15:15-16:00	Coffee break and poster walk
15:15-16:15	Discussion session: Portraits in multiple sclerosis
16:00-17:30	Focused symposium: Fragility fracture prevention and rehabilitation: large trials in four countries Focused symposium: Survivors of torture and trauma: applying modern pain science Focused symposium: ‘...Be moved by statistics’: global health data to inform physiotherapy Discussion session: Causal inference Networking session: Early career researchers (WCPT Network for Early Career Researchers) (16:00-17:15) Focus on ... seminar: Oncology rehabilitation Platform abstracts
18:30 - late	Social: Party night dinner and dance

Programme subject to change



Programme at a glance: Tuesday 4th July

08:30-10:00	Focused symposium: Optimising the continuum of care for intensive care unit survivors Focused symposium: Men's health: a global problem and new frontier for physiotherapy Discussion session: Technology - mHealth Networking session: Educators (WCPT Network for Physical Therapist Educators) (8:30-9:45) Networking session: Sports physical therapy (International Federation of Sports Physical Therapy) (8:30-9:45) Focus on ... seminar: Bone health and fall prevention Platform abstracts
10:00-10:45	Coffee break and poster walk
10:00-11:15	Discussion session: Career development Networking session: Electrophysical agents (International Society for Electrophysical Agents in Physical Therapy)
10:45-12:15	Focused symposium: From fitness-training to active lifestyle coaching in paediatrics: global applications Focused symposium: Clinical practice guidelines in physical therapy: current state of play Discussion session: Lesbian, gay, bisexual, transgender, intersex and questioning (LGBTIQ) issues Networking session: Spinal cord injury (International Network of Spinal Cord Injury Physiotherapists) (11:30-12:45) Focus on ... seminar: Rehabilitation WCPT seminar: Support personnel Platform abstracts
12:15-13:45	Lunch: poster and exhibition viewing
13:00-14:15	Networking session: Paediatrics (International Organisation of Physical Therapists in Paediatrics) Networking session: Journal editors (International Society of Physiotherapy Journal Editors)
13:45-15:15	Focused symposium: When emotions are painful: integrating neuroscience and subjective pain experience Discussion session: Indigenous issues Networking session: Intellectual and developmental disability (WCPT Network for Intellectual and Developmental Disability) (14:30-15:45) Networking session: Private practice (International Private Physical Therapy Association) (14:30-15:45) Focus on ... seminar: Multimorbidity and complexity

	Platform abstracts
15:15-15:45	Coffee break and poster walk
15:45-17:15	Discussion session: Physical therapy and public health Networking session: Women's health (International Organization of Physical Therapists in Women's Health) (16:00-17:15) Networking session: Students and Early Career Professionals (WCPT Future Network - a network for physical therapist students and early career professionals) (16:00-17:15)
17:30-18:45	Closing ceremony

Programme subject to change



Pre- and post-congress courses

Pre- and post-congress courses will be held on the 1st and 5th July 2017. With a focus on applied knowledge and skills, they are uniquely designed to complement the main scientific programme and offer the delegate the chance to:

- explore issues in depth
- gain practical experience
- listen to the latest research and practice advances
- learn directly from experts via a range of stimulating learning formats
- meet fellow delegates in their field of interest

The pre- and post-congress courses are organised by a recognised expert in the field. They are an optional element that are open to delegates who register to attend at least one day of the main congress and they carry a separate fee.

The full list of congress courses may be viewed at: www.wcpt.org/wcpt2017/course/sessions.



Clinical visits

The South African Society of Physiotherapy has arranged for public and private institutions with physical therapy to open their doors to visits by congress delegate.

Clinical visits are open to delegates who have registered for the full congress and carry a separate fee of USD 20. You can register for a visit by area of interest. Places are limited and will be allocated on a first come first served basis.

The full list of clinical visits may be viewed at: www.wcpt.org/wcpt2017/clinical_visits.



Socials

Opening ceremony and welcome reception (Sunday 2nd July)*

The opening ceremony will take place in the morning of the first day of congress. Join fellow delegates at this grand start - prepare to be entertained by acts showcasing the cultural diversity that Cape Town and the African continent offers.

The welcome reception will be held at the end of day one. Celebrate your first day at congress by renewing friendships and making new contacts at the welcome reception to be held in the exhibition hall.

* One complimentary ticket for the opening ceremony and welcome reception is included for full congress delegates who are registered to attend all three days of congress. One day delegates registered for the 2nd July will also receive a complimentary ticket to the opening ceremony only.

Party night (Monday 3rd July, 18:30-late. Ticket USD 65)



Party night will take place at Gold Restaurant, an African themed restaurant in the heart of Cape Town. It offers a vibrant one-of-a-kind experience, including a varied menu capturing the taste sensations of Cape Malay and Africa. This is accompanied by unique interactive traditional entertainment, with performances which will embrace and transport you into the heart of Africa.

Ticket includes:

- 14 course African dinner
- three drinks tickets
- live entertainment
- DJ and dancing
- coach transport to and from the congress venue/WCPT headquarters hotel

For further details go to: www.wcpt.org/wcpt2017/socials. Tickets to the party night dinner and dance or reception should be booked via the [online registration system](#).

Tours

To help you make the most of your trip to Cape Town several tours are being offered to add on to your congress experience.

Sightseeing tours

A selection of tours in and around Cape Town will be offered. These will include Table Mountain and City half day tours, Cape Highlights, tours of the Winelands, Cape Point, Cape Township "Cape Care Route", Hermanus and Great White Shark cage diving.

Physiotherapy in South Africa (5th-14th July 2017)

This physiotherapy study tour, led by senior South African physiotherapist Maryke Bezuidenhout, shows you the many faces of this beautiful and diverse land. Travel from the cosmopolitan harbour city of Cape Town into stunning and culturally rich KwaZuluNatal. Continue into Mpumalanga safari country, take game drives in the Kruger National Park, travel the world famous 'Panorama Route' and end in Johannesburg. Your journey is punctuated with regular professional visits and talks and provides real insight into the social issues surrounding physical therapy in South Africa. There is also a post tour extension to beautiful Victoria Falls..

For further details go to: www.wcpt.org/wcpt2017/tours.

Please note all tours are organised by third parties and are to be booked directly with the tour operators.



Why attend the WCPT Congress 2017?

What's unique about the WCPT Congress 2017?

- It is the profession's largest international congress – where the world of physical therapy meets.
- World experts and leaders in their field share their latest findings with you.
- Global perspectives on the profession's hot topics are presented, reflecting low, middle and high resource experiences.
- New ways of thinking are discovered and the latest research implications are shared to inform changes in the way you practice.
- New contacts and friendships are made - over 55% of delegates stated networking and making new contacts as a main benefit of attending the last congress.
- It connects the profession globally in an inspiring and unique event.
- #globalPT on Twitter has grown as a way of connecting the profession on social media as a result of WCPT Congress 2015.
- Diverse programming ensures that every specialty is represented, no matter your area of expertise, interest or role in the profession.
- A large trade exhibition alongside the scientific programme brings you the latest innovations and services.
- Cape Town and the Western Cape are considered the most beautiful areas in the continent – make the most of your visit here and include a Winelands tour, safari or even a shark dive.

In 2015 there were ...

4100 participants from **114** countries

2362 contributions from **1831** presenters



What the delegates say

It is magic ... absolute magic ... it fills your soul. You cannot go away and not feel warm, and enriched and have a little bit of encouragement for the time going forward.

The event offers opportunities to engage with others, share information and develop contacts in abundance.

The event was an eye opener, offering more learning, sharing and engagement opportunities than I had expected.

Networking has such great potential in terms of stretching your thinking and involvement in projects and ideas.

The overwhelming feeling here is that it is wonderful to be in such a global environment with delegates being able to learn from each other and constantly challenge local assumptions we make about what it is to 'be a physiotherapist'

I had a chance to not only meet and network with PT leaders from a variety of countries, cultures, and practice settings, but also gain a new perspective on how physical therapists fit into the global healthcare picture.





Exhibition

A large international exhibition will run alongside the three-day scientific programme, offering the delegate the opportunity to test the latest innovations and products on the market. With over 100 exhibitors expected, a hugely diverse range of companies will be present showcasing their products and research in areas such as:



- aquatic therapy
- electrotherapy equipment
- exercise/fitness equipment
- functional training equipment
- mobility and gait
- pain management
- prosthetic and orthotic equipment

Global village

At the heart of the exhibition is the global physical therapy village where you will find the WCPT stand, South Africa House and all WCPT regions, member organisations, subgroups and networks that are exhibiting. This provides the ideal space for networking and the opportunity to build the global physical therapy community.



Indaba

The Indaba zone in the exhibition hall will act as a meeting and inspiration zone. The space will offer a forum for discussions, short presentations, informal meetings and networking opportunities, such as:

- Mini How to... seminars – eg how to write an editorial
- Meet the researcher – researcher focused Q&A
- In the spotlight – story telling by leaders in the profession or one on one consultations
- Soap box - TED style talks
- The most influential article I have read / light bulb moments

Register

Register before the **advance deadline 31st November 2016** and save up to 24% on your registration fee.



Registration fees

All fees are in USD (US Dollars) and include 14% VAT.

	Advance 1 Dec 2016 - 31 May 2017		Last minute 1 - 22 Jun 2017		Onsite From 1 Jul 2017	
	1 day	3 days	1 day	3 days	1 day	3 days
Member Non-PT educator / researcher PT assistant	310	870	380	1,080	380	1,080
Retired Student	185	455	210	560	210	560
Non-member	505	1,300	560	1,565	560	1,565

www.wcpt.org/wcpt2017/registration



World Confederation for Physical Therapy

CONGRESS 2017

Cape Town



2-4 July 2016

Join physical therapists from around the world at
the 18th International Congress of WCPT

www.wcpt.org/congress