

Singapore Sleep Conference 2018

3 – 4 August 2018
Singapore General Hospital
Academia

(Held in conjunction with 6th Sleep Apnea Surgery Course)

This course is designed for Respiratory, Neurology, Psychiatry, Psychology, Dental, Paediatrics, General Practitioner and ENT specialists and doctors in training who have an interest in the management of Sleep Disorders and Obstructive Sleep Apnoea (OSA) in adults and Paediatrics patients. It is a two-day course consisting of a series of core lectures on common conditions in sleep medicine, with a hands-on CPAP workshop and Polysomnogram reading workshop.

The participants of this course are expected to fulfil the following objectives:

- Have an overview of all Sleep Disorders and obtain State-of-the-Art Update on common Sleep Disorders
- Understand the approach to managing symptoms due to sleep disorders
- Appreciate the pathophysiology and consequences of OSA
- Know how to interpret the Polysomnogram report beyond the AHI
- Learn to prescribe CPAP, how to troubleshoot and solve problems with its use
- Understand the role of multidisciplinary collaboration and different modalities in the management of OSA in adults and paediatrics
- Understand the role of surgical treatments used for the treatment of Snoring and OSA
- Understand the role of allergies in Snoring and OSA

International Faculty



Dr Kate Sutherland
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Prof Nico De Vries
ENT Specialist
OLVG West, Hospital
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Optional Workshops

Polysomnography (PSG) Workshop – 3 August 2018

This is a hands-on workshop which will cover the basic fundamentals of polysomnography technology & interpretation of sleep studies (including staging of sleep, new American Academy of Sleep Medicine scoring rules). The workshop stations will demonstrate common polysomnographic abnormalities and pitfalls in PSG interpretation (including recognition of physiologic & non-physiologic PSG artifacts).

Continuous Positive Airway Pressure (CPAP) Workshop – 4 August 2018

This will provide a hands-on and practical approach to management of patients on CPAP, from mask fitting to initiation of CPAP, introduction to the various modes of CPAP, as well as common problems encountered by patients on CPAP and how to troubleshoot these.

Registration	Call for Abstracts
Deadline 17 June 2018	Extended Deadline 17 June 2018
www.sgh.com.sg/subsites/pgmi/CME/Pages/Singapore-Sleep-Conference-2018.aspx	



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