

PORTLAND

August 3-6

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ABOUT YOUR HOSTS

The Podiatry Institute is a non-profit educational foundation that offers a variety of programs, conferences, workshops and postgraduate courses. The Institute has achieved international recognition for its leading role in developing and advancing podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

Oregon Podiatric Medical Association (OPMA) is a not-for-profit organization dedicated to serving and protecting the public's foot health and protecting, promoting and advancing the professional practice of podiatric medicine and surgery through regulatory and legislative channels in Oregon. OPMA is the Oregon state component of the American Podiatric Medical Association. Visit opmatoday.com for more information.

NEWPORT May 4-7

Surgical Pearls by the Sea
with Rhode Island Podiatric Medical Assn.

ATLANTA May 18-21 UPDATE 2017

Reconstructive Surgery of Foot & Ankle

HILTON HEAD June 22-25

Footprints in the Sand
with So. Carolina Podiatric Medical Assn.

BIG SKY July 13-15

Big Sky Conference
with Montana Podiatric Medical Assn.

PORTLAND August 3-6

Pacific Coast Conference
with Oregon Podiatric Medical Assn.

SAN DIEGO September 14-17 UPDATE 2017

with San Diego Podiatric Medical Society

MID-ATLANTIC October 6-8

Mid-Atlantic Conference
with Mid-Atlantic Podiatric Medical Assn.

BOSTON October 20-22

APMA Region One Conference
with Region One Podiatry Assn.

SANIBEL November 2-5

Hallux Valgus & Related Forefoot
The 27th Annual Sanibel Conference

CHICAGO December 1-3

Windy City Podiatry Conference
with Illinois Podiatric Medical Assn.

PARK CITY February 8-10 (2018)

The 25th Annual Winter Conference
with Utah Podiatric Medical Assn.

NEW ORLEANS February 22-25 (2018)

French Quarter Conference
with Louisiana Podiatric Medical Assn.

The Podiatry Institute cannot be held liable for events beyond its control, such as acts of God, government regulations, disasters or weather-related hazards, civil unrest, or any other emergency, making it inadvisable or impossible to hold the conference. The Podiatry Institute will make every effort to inform the participants as soon as possible to enable the participants to cancel hotel and flight arrangements. The entire contents of this brochure are copyrighted by The Podiatry Institute with all rights reserved. Reproduction or use, without permission, of written or graphic content in any manner is prohibited. ©2017



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THE PODIATRY
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PORTLAND

August 3-6

Pacific Coast Conference 2017

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PORTLAND DOWNTOWN
Portland, Oregon



These are a PICA approved
risk management seminars.

DOWNTOWN PORTLAND is vibrant and people-friendly. Begin with Portland's "living room," **Pioneer Courthouse Square** (503.223.1613 www.thesquarepdx.org). Take a stroll along meandering paths at **South Park Blocks** (503.823.5121 www.portlandoregon.gov/parks). It's a short walk to the surrounding theatres and museums, including the **Oregon Historical Society** (503.222.1741 www.ohs.org) and the **Portland Art Museum** (503.226.2811 www.portlandartmuseum.org). Discover beautiful stained glass windows created by the famed **Povey Brothers Art Glass Works** at the First Christian Church, The Old Church, Huber's Restaurant, the **Pittcock Mansion** (French Renaissance style home nestled 1,000 feet above the city's skyline, 503.823.3623 www.pittcockmansion.org), and some Irvington District homes.

MORE MUSEUMS/TOURS

Oregon Museum of Science and Industry Features demonstrations, a planetarium, and the USS Blueback submarine (featured in Hunt for Red October). 503.797.4000 www.oms.edu

Set against the backdrop of majestic Mount Hood, Portland combines a sophisticated, cosmopolitan atmosphere with a refreshingly friendly, small-town warmth. Known for its eco-friendliness and its micro-breweries and coffeehouses, the city also offers thriving art, theater and music scenes, as well as sales-tax-free shopping.

End of the Oregon Trail Museum Presentations by live History Interpreters in period attire. 503.657.9336 www.historicoregoncity.org

Portland Walking Tours Explore the excitement, history, food, art, architecture, neighborhoods, parks, fountains, bridges, and just plain weird places in Portland. 503.774.4522 www.portlandwalkingtours.com

BACK TO NATURE

Audubon Society of Portland This 43-acre wildlife nature sanctuary has miles of trails through a mixed coniferous forest, streams, ponds and vegetation. 503.292.6855 www.audubonportland.org

Hoyt Arboretum Hilly terrain with over 800 species of trees and shrubs, and the largest collection of conifers from around the world. 503.865.8733 www.hoytarboretum.org

International Rose Test Gardens One of the country's largest and oldest rose test gardens, it offers a spectacular view of the "City of Roses". 503.823.3636 www.portlandoregon.gov/parks

Lan Su Chinese Garden Enter one of Portland's greatest treasures for a window into Chinese culture — this authentically built Ming Dynasty scholar's garden. 503.228.8131 www.lansugarden.org

Portland Japanese Garden Enjoy the serenity and quiet beauty of five distinct garden styles—all in harmony with nature. 503.223.1321 www.japanesegarden.com

Tualatin River National Wildlife Refuge Stopover for migrating waterfowl and shorebirds is located on the Pacific Flyway. 503.625.5944 www.fws.gov/refuge/Tualatin_River/

OTHER ACTIVITIES

Portland Spirit River Cruises Enjoy beautiful views of Portland's downtown skyline and superb service with your choice of dinner, lunch, brunch, or sight-seeing cruises. 503.224.3900 www.portlandspirit.com

Powell's City of Books The largest used and new bookstore on Earth! Grab a cup of joe and a map to the color-coded rooms containing over 1.5 million books. 800.878.7323 503.228.4651 www.powells.com

Sauvie Island Lavender Farm View lovely mountain peaks as you pick your own fresh lavender or stop by the charming market for plants and handcrafted gifts. 503.577.6565 www.sauvieislandlavenderfarm.com

SPECIAL EVENTS

BeerQuest Haunted Pub Tour AUG 3-6 This tour in the Old Town Historic District includes stops at three historical pubs and seven beer samples. 503.389.8300 www.portlandsaturdaymarket.com

Tualatin Crawfish Festival AUG 4-5 Enjoy a cook-off, eating contests, parade and run and dog show, weekend beer and wine, a kids' zone, and stage shows. tualatincrawfishfestival.com

Washington Park Summer Festival AUG 4-7 A proud tradition in Portland, offering four magical nights of rich cultural music, dance, and hands-on art activities that celebrate community. 503.823.7529 www.portlandoregon.gov/parks/article/489145

Portland Saturday Market AUG 5-6 The largest continually operating outdoor arts and crafts market in the nation. Historic Old Town. 503.222.6072 portlandsaturdaymarket.com

Second Annual Portland Hot Sauce Expo AUG 5-6 There will be plenty of spicy foods, craft beer and spirits in the OMSI parking lot. www.pdxhotsauceexpo.com

MORE FOR KIDS

North Clackamas Aquatic Park This giant kids' water paradise has metro Portland's only wave pool, a dive well and water slides. 503.557.7873 www.ncprd.com/aquatic-park

Oaks Amusement Park Thrill rides, kids rides, bumper cars, carnival games and an indoor roller-skating rink. 503.233.5777 www.oakspark.com

Oregon Zoo Animals from around the world can be seen at this award winning zoo with a huge diversity of animals and exhibits! 503.226.1561 www.oregonzoo.org

Portland Children's Museum Make a splash in the Water Works, dig into fun in the Dig Pit, see yourself on TV, catch a puppet show or create your own. 503.223.6500 www.portlandcm.org

World Forestry Center's Discovery Museum Get harnessed in and hoisted up 45' for a bird's-eye-view of the forest, or climb underneath the forest to see the life below. 503.228.1367 www.worldforestry.org

More information is available at
www.travelportland.com and
www.traveloregon.com



12:00 PM EXHIBIT HALL OPENS, REFRESHMENTS

12:25 PM WELCOME TO PORTLAND

12:30 PM **REARFOOT & ANKLE PART ONE***Moderator: Clifford D. Mah, DPM*

Tendon Repair: Nothing Fancy

Peroneus Longus Ruptures

Complications After Bone Anchors for Use
in Retrocalcaneal ExostosisPlates and Nails...What You Can See When You
Can't See Them!

Protocol for Conservative Treatment of the Achilles Rupture

Charcot Midfoot Exostectomy

New Insights into the Etiology of the Adult
Acquired Flatfoot

Question & Answer

3:00 PM REFRESHMENT BREAK, VISIT EXHIBITORS

3:45 PM **HALLUX VALGUS SURGERY***Moderator: Robert B. Weinstein, DPM*

Early Weight Bearing on the CBWO

1st MPJ Fusion with Bone Graft...

Lapidus: Swivel Technique

Hallux Varus Review

Complications of 1st MPJ Fusion...

Question & Answer

5:45 PM **PICA RISK MANAGEMENT SESSION****The Podiatrist's Role in Pain Management**

This presentation will look at the role of the podiatric physician in treatment of acute and chronic pain. The presentation will review appropriate prescribing habits and documentation as well as adjunct therapies and medication; benefits to the podiatric physician and patient in referral to chronic pain specialist; what may the DPM be missing when prescribing chronic narcotics; are we qualified to manage chronic pain and do you really want that responsibility. Finally we will look at the CME requirements for pain management for DPMs and attempt to fill this educational requirement.

7:00 PM THURSDAY SESSION ADJOURNS

CONFERENCE OBJECTIVES

At the conclusion of the conference, the participant should be able to:

- Understand the various midfoot and heel conditions presented and understand the differential diagnosis and treatment options available.
- Understand the various surgical options presented for the forefoot with an emphasis on challenges and avoiding complications.
- Understand the various surgical options presented for the first ray with an emphasis on challenges and avoiding complications.
- Understand the various updates and strategies in wound care, infections and infection management.
- Understand the various surgical options presented for the rearfoot with an emphasis on challenges and avoiding complications.
- Understand the modalities available and surgical approaches to complications and revisional surgery.
- Understand the perioperative considerations of the conditions presented.

7:00 AM BREAKFAST WITH EXHIBITORS

7:30 AM **FOREFOOT SURGERY***Moderator: Mickey D. Stapp, DPM*

Overlapping 5th Toe

Plantar Incision for Neuroma Excision

Digital Muroid Cysts

Weil Osteotomy Tip for Success...

Plantar Fasciitis: Beyond Cortisone

Considerations for Revisional Forefoot Surgery

Question & Answer

9:35 AM REFRESHMENT BREAK, VISIT EXHIBITORS

10:15 AM **TOPICS OF INTEREST***Moderator: Clifford D. Mah, DPM*

Stage 0 Charcot

Update on Rheumatologic Drugs

Case Study: Unique Revision of First MPJ Fusion

DVT Prophylaxis in Foot and Ankle Surgery

Oral Corticosteroids in Podiatric Medicine

Question & Answer

12:45 PM LUNCH WITH THE EXHIBITORS, SPEAKERS & COLLEAGUES

1:30 PM **WORKSHOPS**

YOU MUST ATTEND ONE WORKSHOP PER ROTATION TO RECEIVE FULL CME CREDITS

WORKSHOP ROTATION ONE: 1:30 PM – 2:25 PM**WORKSHOP ROTATION TWO: 2:35 PM – 3:30 PM**Various hands-on workshops featuring latest techniques
and technologies, including:

**The Benefits of Using Collagen for Wound Healing:
Clinical and Practice Management Overview for
Today's Podiatrists** with Alec Hochstein, DPM

Simple Tips for Improving Outcomes with AFO Bracing
with Douglas Richie, DPM

3:30 PM REFRESHMENT BREAK, VISIT EXHIBITORS

4:15 PM **FOREFOOT PART TWO***Moderator: James H. Morgan, Jr. DPM*Frontal Plane Correction in Hallux Valgus Surgery:
Fact or Fantasy?

Procedure Selection for Hallux Limitus

Hypermobility of the First Ray:
Cause or Effect of Hallux Rigidus?

Lesser MTPJ Instability

Fifth Metatarsal Head Resection: Still a Viable Option?

Designing the Perfect Orthosis to Treat Plantar Heel Pain
Question & Answer

6:45 PM FRIDAY SESSION ADJOURNS



7:00 AM BREAKFAST WITH EXHIBITORS

7:30 AM REARFOOT

Moderator: *Steven R. Carter, DPM*

Ultrasound of Soft Tissue Masses and Foreign Bodies of the Foot

MRI of the Foot and Ankle

Conservative Management of Achilles Tendinopathy

Brostrum with Augmentation

Autogenous Bone Graft Harvesting Options in the Foot and Ankle

Question & Answer

10:00 AM REFRESHMENT BREAK, LAST CHANCE TO VISIT EXHIBITORS

11:00 AM EXHIBIT HALL CLOSURES

11:00 PM TRAUMA

Moderator: *Michael C. McGlamry, DPM*

Fifth Metatarsal Fractures

MIS Approach to Calcaneal Fractures

Lis Franc Injuries

Neglected Achilles Tendon Ruptures

Diabetic Ankle Fractures

Question & Answer

2:00 PM OPMA BUSINESS MEETING

4:00 PM OPMA BUSINESS MEETING ADJOURNS

HOTEL ACCOMMODATIONS

The Embassy Suites Portland Downtown, recently named as one of the "Places to Go in 2017" by the *New York Times*, is conveniently located in the heart of the city and offers spacious all-suite accommodations,

excellent leisure facilities and a high standard of service. Original architecture maintains the character of this historic building while a range of modern amenities ensure your comfort. Stay connected at the business center or work from the convenience of your room with high-speed internet access.



A block of rooms has been reserved and will be held until it is full or July 6, 2017, whichever comes first. Please book early to guarantee your reservation. In order to secure our special group rate, advanced reservations are mandatory and you must advise Reservations that you are attending The Podiatry Institute conference. Rates cannot be changed for guests who fail to identify their affiliation at the time the reservation is made. Rate applicable 3 days before/3 days after (based on availability).

Sgl/DbI Room: \$259 (plus tax, subject to change without notice)

EMBASSY SUITES PORTLAND DOWNTOWN

319 SW Pine Street, Portland, OR 97204

800.643.7892 or 503.279.9000 www.embassyportland.com*

*Register online via hotel link on the Portland conference page at www.podiatryinstitute.com.

TRAVEL DISCOUNTS

To obtain the best possible rates and make your reservations, please call our official agency:

Travel Leaders
678.689.0176

(A \$25.00 SERVICE FEE WILL APPLY FOR THE FIRST PASSENGER; \$15.00 FOR EACH ADDITIONAL PASSENGER.)

If you have trouble securing hotel accommodations, please call Trish at Travel Leaders.

7:00 AM BREAKFAST

7:30 AM MISCELLANEOUS

Moderator: *Clifford D. Mah, DPM*

Considerations for Charcot Reconstruction

World of Coalitions

DVT Update

Cuboid Stress Fractures/Reactions

Clubfoot

Question & Answer

10:00 AM REFRESHMENT BREAK

10:15 AM MISCELLANEOUS (CONTINUED)

Moderator: *Clifford D. Mah, DPM*

Medical Management of Post-op Patients

Peroperative Management of Blood Disorders

Recurrence in Bunion Surgery:

Complications and Contributing Factors

Recurrence Treatment Options

Bone Tumors

Question & Answer

12:30 PM CONFERENCE ADJOURNS

TENTATIVE PROGRAM, SUBJECT TO CHANGE WITHOUT NOTICE

DISTINGUISHED FACULTY

SCIENTIFIC CHAIRMAN

Clifford D. Mah, DPM
Portland, Oregon

SPECIAL GUEST SPEAKERS

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Alpharetta, Georgia

Douglas N. Beaman, MD
Portland, Oregon

Richard E. Gellman, MD
Portland, Oregon

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Mobile, Alabama

Joe T. Southerland, DPM
Arlington, Texas

Mickey D. Stapp, DPM
Augusta, Georgia

Robert B. Weinstein, DPM
Fayetteville, Georgia

Mitzi L. Williams, DPM
Oakland, California

Each speaker is required to disclose the existence of any financial and/or other relationship(s) (e.g., employee, consultant, speaker's bureau, grant recipient, research support) he/she might have with a) the manufacturer(s) of any commercial product(s) to be discussed during his/her presentation and/or b) the commercial contributor(s) of the activity.

The Podiatry Institute is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Podiatry Institute has approved this activity for a maximum of **25.0** continuing education contact hours



OUR MISSION

To be a supportive global network of members, colleagues, and friends that enhances the quality of life for patients with foot, ankle, and leg disorders through innovative education, research, and service.

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The Podiatry Institute is a nonprofit educational foundation that offers a variety of programs including conferences, workshops and post-graduate courses, in addition to textbooks, DVDs, PowerPoint® presentations and patient education materials. The Institute has achieved national and international recognition for its leading role in developing and advancing the standard of care in podiatric medicine and surgery. The faculty members are all volunteers who serve without compensation. They are committed to ongoing education in the area of foot and ankle surgery.

For more information, please visit www.podiatryinstitute.com

CONFERENCE REGISTRATION

☐ \$540 on or before 6/22/17

☐ \$590 on 6/23/17 through 7/20/17

☐ \$690 after 7/20/17 or at the door

☐ \$315 Retired Podiatrists or Active Military

☐ \$95* Residents with letter from Residency Director

DOES NOT APPLY TO CADAVER WORKSHOPS. LETTER MUST BE SUBMITTED BY MAIL WITH YOUR COMPLETED REGISTRATION FORM. RESIDENT REGISTRATION NOT ACCEPTED BY E-MAIL OR ONLINE.

☐ Special Seminar Rate for **APMA Young Members**.
Call 888.833.5682.

☐ **Food functions are open to registered attendees only.** Additional meal packages can be purchased for family/guests. Includes 3 breakfasts, 1 lunch and 5 breaks.

____ # OF ADULTS (\$100 EACH)

____ # OF CHILDREN 12 & UNDER (\$50 EACH)

\$ _____
PORTLAND TOTAL

CHOOSE ONE OF FOUR EASY WAYS TO REGISTER

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(BEFORE 7/20/17)

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CALL BEFORE REGISTERING FOR THE SECOND SEMINAR TO RECEIVE THE DISCOUNT.

CANCELLATION requests must be made in writing, via fax or mail, and postmarked no later than one month before the start date of the conference. All cancellation requests will be assessed a \$75 administrative fee. There will be no refunds for cancellations made less than one month prior to the start of the conference. Instead a "certificate of transfer" will be issued, redeemable for any Podiatry Institute conference of equal price or as partial registration fee on any higher price conference. The certificate will be valid for a period of one year from date of issue. NO cancellations or transfers will be accepted within two weeks of the start of the conference.

