

The Annual Update to attend!

The Medical Update for the Child and Adolescent Psychiatrist

The first and unique practical course with Lectures and Discussion Forums organised by Infomed Research and Training on **Thursday 22 and Friday 23 November 2018**, at the Grange Holborn Hotel, 50 - 60 Southampton Row, London WC1B 4AR

About this Course:

- Aimed at Consultants, Registrars and Staff Grades working in Child and Adolescent Psychiatry.
- A practical focus on the management of difficult medical disorders relevant to Psychiatric practice – what you *won't* find in the textbooks.
- Numbers are strictly limited.
- An excellent Faculty of leading consultants with a proven track record in the dissemination of medical know-how to front-line Psychiatrists.
- Discussion Forums for detailed, practical discussion of grey cases in Psychiatric practice, in the clinic or on the wards, involving the medical specialities addressed in the lectures earlier in the day.
- Feel free to email, greycases@infomedltd.co.uk, your own anonymised grey cases for discussion in the Forums.

Course Director:

Dr Jon Goldin, Consultant Child and Adolescent Psychiatrist, Great Ormond Street Hospital for Children, London

Faculty of specialists and psychiatrists includes:



- **Dr Lee Hudson**, Consultant Paediatrician, Great Ormond Street Hospital for Children, London
- **Dr Margaret Kaminska**, Consultant in Paediatric Neurology and Neurodisability, Evelina Children's Hospital, London
- **Dr Kevin Roman**, Consultant Paediatric Cardiologist, Southampton General Hospital
- **Dr Sandy Alatzoglou**, Consultant Paediatrician, Chelsea & Westminster Hospital, London
- **Dr Jon Goldin**, Consultant Child and Adolescent Psychiatrist, Great Ormond Street Hospital for Children, London
- **Dr Janet Barter**, Consultant in Sexual and Reproductive Health, Barts Health NHS Trust
- **Dr Philip Zack**, Medico Legal Advisor, MDU Services Limited

**12 (6 per day)
CPD Points**

Certificate of Attendance issued

What attendees have said about the previous Updates:

- *I will be now more confident both in my knowledge and its limits for when to refer*
- *Far reaching discussion forums and very helpful*
- *Presentations very much relevant to my daily practice*
- *Pertinent, relevant content and pitched well*
- *As usual – well planned, well organised, excellent content and very helpful*
- *Excellent group discussions with like-minded colleagues – really enjoyable learning*
- *Very good, friendly and knowledgeable faculty*



Contact Infomed at www.infomedltd.co.uk or call 020 3236 0810

About the Course

- Aimed at Consultants, Registrars and Staff Grades working in Child and Adolescent Psychiatry.
- Lectures by leading Consultants with Discussion Forums for detailed and practical discussion of grey cases.

DAY 1: Thursday 22 November 2018

08.30 – 09.15 **Registration**

09.15 – 09.30 **Welcome and introduction**

09.30 – 10.15

Endocrinology

Dr Sandy Alatzoglou,
Consultant Paediatrician,
Chelsea and Westminster Hospital, London

- Stunted growth and stimulants – endocrinologist's point of view
- Monitoring, management and medication – thyroid dysfunction mimicking psychiatric disorders, obesity
- Fasting hyperglycaemia/abnormal GTT/weight gain in children and adolescents on neuroleptics
- Monitoring the diabetic patient

10.15 – 11.00

Cardiology

Dr Kevin Roman,
Consultant Paediatric Cardiologist,
Southampton General Hospital

- Cardiac effect of psychiatric medications
- Sudden cardiac death in children

11.00 – 11.30 **Tea and coffee break**

11.30 – 13.00

DISCUSSION FORUMS

DISCUSSION FORUM

Cardiology

Facilitated by
Dr Kevin Roman, Consultant Paediatric Cardiologist,
Southampton General Hospital

DISCUSSION FORUM

Endocrinology

Facilitated by
Dr Sandy Alatzoglou, Consultant Paediatrician, Chelsea and Westminster Hospital, London

13.00 – 13.45

Lunch

13.45 – 14.30

Neurology

Dr Margaret Kaminska,
Consultant in Paediatric Neurology
and Neurodisability, Evelina Children's Hospital, London

- The practical neurological examination
- Epilepsy and first seizure
- Chronic and migraine headaches
- Impact of psychiatric medications
- When to refer to the neurologist

14.30 – 15.15

Update on Sexual and Reproductive Health

Dr Janet Barter,
Consultant in Sexual and Reproductive Health,
Barts Health NHS Trust, London

- Teenage pregnancy – teratogenicity, pharmacokinetic, and disorders
- Stimulants during pregnancy
- Abortions – consent, mental and legal issues
- Menstrual cycle – effects on mental illness
- STDs – risk management, common and uncommon manifestations, where to send them next
- Issues on HIV and psychiatric patients

15.15 – 15.30

Tea and coffee break

15.30 – 17.00

DISCUSSION FORUMS

DISCUSSION FORUM

Neurology

Facilitated by
Dr Margaret Kaminska,
Consultant in Paediatric Neurology and Neurodisability,
Evelina Children's Hospital, London

DISCUSSION FORUM

Sexual and Reproductive Health

Facilitated by **Dr Janet Barter,**
Consultant in Sexual and Reproductive Health,
Barts Health NHS Trust, London

17.00

Close

ABOUT THE DISCUSSION FORUMS

Delegates split into groups and take turns to attend each Forum, so **each delegate attends every Forum**.

Each Forum involves detailed, practical discussion of grey cases in Child and Adolescent Psychiatric practice, in the clinic or on the wards, relating to the topics addressed by the preceding lectures.

DAY 2: Friday 23 November 2018

08.30 – 09.00 **Registration**

09.30 – 10.15

Chronic Fatigue Syndrome/ME

Dr Jon Goldin,
Consultant Child and Adolescent Psychiatrist,
Great Ormond Street Hospital for Children, London

- A quick view of the NICE guidelines
- Presentation, symptoms, blood tests prior to diagnosis
- Procedures to prognosis – setbacks/relapses
- CBT – anxiety or low mood or difficulty with change
- Chronic pain

10.15 – 11.00

The Medical Aspects of Eating Disorders

Dr Lee Hudson,
Consultant Paediatrician,
Great Ormond Street Hospital for Children, London

- Anorexia
- Bulimia nervosa
- Binge eating disorder
- Key investigations and practical medical management

11.00 – 11.30 **Tea and coffee break**

11.30 – 13.00

DISCUSSION FORUMS

DISCUSSION FORUM

Chronic Fatigue Syndrome/ME

Facilitated by
Dr Jon Goldin,
Consultant Child and Adolescent Psychiatrist,
Great Ormond Street Hospital for Children, London

DISCUSSION FORUM

Eating Disorders

Facilitated by
Dr Lee Hudson, Consultant Paediatrician,
Great Ormond Street Hospital for Children, London

13.00 – 13.45 **Lunch**

13.45 – 14.30

The General Physical Examination Practical Aspects

Dr Lee Hudson,
Consultant Paediatrician,
Great Ormond Street Hospital for Children, London

- Establishing a clear base-line
- Identifying the common syndromes,
e.g. fragile X, marfan syndrome, klinefelter syndrome
- Assessing for autism and ADHD
- Blood pressure guidelines – expected, normal

14.30 – 15.15

Medico Legal Update

Medico-Legal Advisor, Medical Defence Union

- Consent
- Confidentiality, data protection, Caldicott guidelines
- Parental responsibility
- End of life issues
- Rights of the child

15.15 – 15.30

Tea and coffee break

15.30 – 17.00

DISCUSSION FORUMS

DISCUSSION FORUM

The General Physical Examination

Facilitated by
Dr Lee Hudson,
Consultant Paediatrician,
Great Ormond Street Hospital for Children, London

DISCUSSION FORUM

Medico Legal

Facilitated by
Dr Philip Zack
Medico Legal Advisor,
MDU Services Limited

17.00

**Close and
collection of Certificates of Attendance**

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