

How do I register?



By Phone:
Call **(800) 791-0262** and provide the information requested on the registration form.



By Mail:
Complete the registration form and mail it to **Motivations, Inc.**



On the Web:
Visit www.motivationsceu.com to register!

Motivations, Inc. www.motivationsceu.com
Or fax: (815) 371-1499, Questions? (800) 791-0262

Updated: 7-16-26

Prices	Web	Onsite
Group Discount – Five or more registrations	N/A	\$395
Individual Registration	N/A	\$495

Course # Course Title

Date(s) Location

Name Discipline

Facility

Home Mailing Address

City State Zip

Daytime Phone Fax

E-mail Address for Confirmation (will not be shared or sold)

Cancellation Policy: Motivations, Inc. reserves the right to cancel a course up to 14 days prior to the course, with full refund, if insufficient numbers of participants have registered for the course. Registrants may cancel up to 14 days prior to the course and transfer their tuition to any Motivations, Inc. course, or receive a full refund. Any cancellations within two weeks prior to the course will receive a refund less \$100 for administrative costs.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.

Circle One: VISA MASTERCARD AMEX Discover

Name on Card _____

Account Number _____ Exp. Date _____

Signature _____ Billing Address Zip Code _____



Motivations CEU
Accredited Courses for Rehabilitation Professionals

P: (800) 791-0262
F: (815) 371-1499
admin@motivationsceu.com
www.motivationsceu.com

National Credentials

Motivations Inc. works with the following CEU approval sources.
See individual brochures with approval information by course.



TEXAS
PHYSICAL THERAPY
ASSOCIATION



American
Occupational Therapy
Association
Approved Provider



ONSITE COURSE

#359 Exploring the Fascial System's Role in Improving Posture, Movement, and Overall Function

Instructor: Leslie Paparsenos, PT,
Physiotherapist, MS, C/NDT

Audience: Physical Therapists, Occupational
Therapists, and Assistants

Course times (14 Hours):

Day 1: 8:00 am – 4:00 pm Local Time

Day 2: 8:00 am – 4:00 pm Local Time

Motivations, Inc.

SUMMARY: In this seminar, we will delve into the fascial system's connection to individuals exhibiting atypical posture and movement patterns and explore its impact on daily function.

The workshop will primarily focus on hands-on treatment techniques, employing methods like MFR (Myofascial Release) and/or IASTM (Instrument-Assisted Soft Tissue Mobilization), to address musculoskeletal issues prerequisite for facilitating improved movement. Through this course, participants will refine their clinical decision making abilities by formulating and testing hypotheses regarding critical impairments encountered when working with individuals diagnosed with multiple system impairments such as cerebral palsy, stroke, congenital hypotonicity, and other neuro-motor challenges.

The learning experience will blend didactic sessions with practical laboratory exercises, emphasizing the integration of MFR/IASTM techniques with the NDT (Neuro-Developmental Treatment) framework as the cornerstone for intervention in both pediatric and adult populations with central nervous system dysfunction.

Instructor: Leslie Paparsenos, PT, MS, C/NDT is an independent, pediatric therapy provider, licensed Physiotherapist in Australia, and licensed Physical Therapist in the United State of America. She specializes in evidenced based, pediatric rehabilitation, serving babies, children and adolescents across a spectrum of neurological and developmental disabilities, and their families. Leslie is a certified Pediatric NDTA™ (USA) Instructor, certified in NeuroDevelopmental Treatment (NDTA™ (USA)), and a certified clinical instructor by the APTA (USA). She has been teaching both internationally and nationally since 2007. Leslie is committed both to supporting therapists in their clinical development and assisting families and children in their journey to independence. Financial— Receives a teaching honorarium from Motivations Inc. Nonfinancial— No relevant nonfinancial relationship exists

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Describe the function of the fascial system
2. Identify critical fascial restrictions interfering with motor function related to functional outcomes
3. Select MFR/IASTM techniques for neurologic impairment(s) and problem solve when to use which technique(s) and why
4. Demonstrate MFR/IASTM techniques to elongate muscle groups during movement
5. Apply treatment NDT techniques and strategies to increase mobility and enhance stability via facilitation of movement
6. Integrate handling strategies learned in lab into daily practice

FORMAT: This is a 14-hour course equivalent to 1.4 CEUs. PT: Motivations Inc is an approved provider by The Texas Chapter of the **APTA** and many additional state and chapter approvals.



AOTA: Motivations Inc. is an AOTA Approved Provider of professional development. Approved Provider ID# PENDING. This Live activity is offered at 1.4 CEUs **Intermediate-Level**, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures.

BRING: Participants should wear comfortable clothing suitable for practicing MFR/IASTM techniques directly on the skin and for assessing structural alignment. Recommended undergarments include a sports bra, bathing suit, or shorts. Additionally, please remember to bring a medium of your choice for the lab session (such as massage oil or lotion).

AGENDA ON NEXT PAGE:

Course Offerings

For information about course locations and dates,
visit our website at www.motivationsceu.com

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AGENDA:

Day 1-

8:00 Registration; Theory: Fascial restrictions seen in pediatric and adult populations

10:30 Break

10:45 Lab: level of touch; introduction to IASTM, lead/follow

12:00 Lunch

12:45 Lab: Fascial tissue of posterior trunk - single hand release over spine/ two hand release over spine, IASTM

4:00 Adjourn

Day 2-

8:00 Lab: Fascial tissue of anterior trunk - two hand release, IASTM

10:30 Break

10:45 Lab: Fascial tissue of hip - two hand release, IASTM

12:00 Lunch

12:45 Lab: Combining MFR , IASMT and NDT to increase mobility and enhance stability

4:00 Adjourn

Satisfactory Completion: Successful completion of lab practice as confirmed by the instructor's review at the course.

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