

CARDIOMETABOLIC HEALTH CONGRESS 2016 AGENDA

**Note Agenda and faculty are subject to change.*

WEDNESDAY, OCTOBER 5, 2016 – PRE-CONFERENCE & OPENING SESSIONS		
10:00 – 11:00 am (60 min)	CME Workshop Capital – What Healthcare Professionals Need to Know About Money <i>(workshop registration fees apply)</i>	David Joyce MD, MBA; Paul A. Gurny, MBA, MS
11:00 – 12:00pm (60 min)	CME Workshop Leadership and Management for Healthcare Professionals <i>(workshop registration fees apply)</i>	David Joyce MD, MBA; Paul A. Gurny, MBA, MS
12:15 – 1:30pm (75 min)	Non-CME Lunch Symposium Insights on Repatha® (evolocumab): A Clinical Perspective <i>Sponsored by Amgen, Inc.</i>	Yehuda Handelsman, MD, FACP, FACE, FNLA
1:30 – 2:45pm (75 min)	Non – CME Session	
2:45 – 4:00 pm (75 min)	CME Workshop <i>A Wolf in Sheep's Clothing: Diagnostic and Treatment Challenges of Rare Lipid Disorders</i> <i>Endorsed by the FH Foundation.</i>	James A. Underberg, MD
4:00 – 4:10 pm (10 min)	OPENING SESSIONS	Christie M. Ballantyne, MD; Robert H. Eckel, MD; Jay S. Skyler, MD
4:10 – 5:00pm (50 min)	Keynote Session <i>Intravascular Ultrasound Insights into the Regression and Progression of Coronary Atherosclerosis</i>	Steven E. Nissen, MD, MACC
5:00-6:00pm (60 min)	Non-CME Session	
6:00 – 7:00pm (60 min)	Non-CME Dinner Reception Examining Options to Go Further in the Treatment of Adults with T2DM <i>Sponsored by Janssen Pharmaceuticals, Inc.</i>	
7:00 – 8:30pm (90 min)	CME Symposium <i>Nutritional Interventions in Clinical Practice: What Every Doctor Needs to Know</i>	Stephen Devries, MD, FACC

THURSDAY, OCTOBER 6, 2016 – CMHC GENERAL SESSIONS

6:30 – 8:00am (90 min)	CME Breakfast Symposium <i>The New Face of Lipid Management for Hypercholesterolemia Patients with Statin Intolerance</i>	Chairperson: Steven E. Nissen, MD, MACC Presenters: Michael H. Davidson, MD; Robert H. Eckel, MD
7:00 – 8:00am (60 min)	CME Breakfast Workshop <i>Handling the Challenging Cases: Identifying and Managing Hyponatremia in Heart Failure Patients</i>	Michael Emmett MD, MACP; Stephen Gottlieb, MD
Session I. DYSLIPIDEMIA, ATHEROSCLEROSIS AND CARDIOVASCULAR DISEASE RISK REDUCTION		
8:00 – 8:10am (10 min)	Opening Remarks	Christie M. Ballantyne, MD
8:10 – 9:15am (65 min)	Late-Breaking Clinical Trials and FDA Update	Moderator: Christie M. Ballantyne, MD Panelists: Deepak L. Bhatt, MD, MPH; Robert H. Eckel, MD; Keith C. Ferdinand, MD; Jay S. Skyler, MD
9:15 – 9:45am (30 min)	Keynote Session <i>Triglycerides on the Rise: Should We Swap Seats on the Seesaw?</i>	Peter Libby, MD
9:45 – 10:45am (75 min) Exhibit Hall	Morning Break/Meet the Experts	
10:45 – 11:15am (30 min)	Lipid-Modifying Therapies 2016: Opportunities and Challenges	Christie M. Ballantyne, MD
11:15 – 12:15pm (60 min)	Challenging Lipid Cases, Panel Discussion, and Q&A	Moderator: Christie M. Ballantyne, MD Panelists: Robert H. Eckel, MD; Pam Morris, MD
12:15 – 1:45pm (90 min)	CME Lunch Symposium: <i>New Developments in Insulin Therapy: Expert Insights in Individualizing Treatment</i>	Chairperson: Bernard Zinman, MD Presenters: Anne L. Peters, MD; Athena Philis-Tsimikas, MD; Jean-François Yale, MD
12:15 – 1:45pm (90 min)	CME Lunch Symposium <i>Patient-focused LDL-C Management and Risk Reduction in Clinical Practice: The Utility of PCSK9 Inhibitors</i>	Chairperson: Christie M. Ballantyne, MD Presenters: Henry A. Ginsberg, MD; Michael J. Koren, MD; James A. Underberg, MD
1:45 – 2:30 pm (45 min)	Cardiometaabolic Challenges: Cases from Clinical Practice	Moderator: Christie M. Ballantyne, MD

		Panelists: George L. Bakris, MD; Deepak Bhatt, MD, MPH; Robert H. Eckel, MD; Jay S. Skyler, MD
2:30 – 3:30 pm (60 min) Exhibit Hall	Afternoon Break/Meet the Experts	
3:30 – 4:25pm (55 min)	The Latest in Antithrombotic Therapy: The Experts Take Sides	Moderator: Deepak L. Bhatt, MD, MPH Panelist: Kenneth Mahaffey, MD; Gregg W. Stone, MD
4:25 – 4:30pm (5 min)	Closing Remarks	Christie M. Ballantyne, MD
4:30 - 5:30 (60 min) Exhibit Hall	Welcome Reception/Exhibitor Showcase/Meet the Experts	
5:30 Exhibit Hall	Exhibitor Showcase Closes	
5:30 – 6:30 (60 min)	Non-CME Session Widespread Lack or Loss of Adipose Tissue and Metabolic Abnormalities – Could it Be Generalized Lipodystrophy? <i>Sponsored by Aegerion Pharmaceuticals, Inc.</i>	
5:30 – 6:30 (60 min)	Non-CME Session Pure EPA: Mechanism and Clinical Data <i>Sponsored by Amarin Pharma, Inc.</i>	Matthew Budoff, MD
6:30– 8:00 pm (90 min)	CME Dinner Symposium <i>Managing Inflammation: A Novel Approach for Secondary Prevention of CVD Risks</i>	Chairperson: Christie M. Ballantyne, MD Presenters: Peter Libby, MD; Paul M. Ridker, MD

FRIDAY, OCTOBER 7, 2016 – CMHC GENERAL SESSIONS

6:30 – 8:00 (90 min)	CME Breakfast Symposium <i>Consider the Comorbidities and Clinical Challenges: Individualizing Stroke Prevention Therapy in Complex Patients with NVAf</i>	Chairperson: Deepak L. Bhatt, MD, MPH Presenters: Elaine Hylek, MD; Christian T. Ruff, MD, MPH
Session II: HYPERTENSION, CARDIO-RENAL, HEART FAILURE		
8:00 – 8:05am (5 min)	Opening Remarks	George L. Bakris, MD
8:05 - 8:45am (40 min)	Keynote Session	Suzanne Oparil, MD

	<i>Update and Clinical Implications of the SPRINT trial</i>	
8:45 - 9:05am (20 min)	Patient Case Discussion: SPRINT Slowly to Lower BP in Everyone	Moderator: George L. Bakris, MD Panelists: Paul Muntner, PhD; Clyde W. Yancy, MD
9:05 – 9:30am (25 min)	Heart Failure in the Context of SPRINT: What has changed?	Clyde W. Yancy, MD
9:30 – 10:30am (60 min) Exhibit Hall	Morning Break/Meet the Experts	
10:30 – 10:50am (20 min)	SGLT2s: Should They Be Second Line Therapy?	George L. Bakris, MD
10:50 – 11:30pm (40 min)	Panel Discussion: Case Consults in Hypertension (30 min) Q+A Time (10 min)	Moderator: George L. Bakris, MD Panelists: Keith C. Ferdinand, MD; Suzanne Oparil, MD; Clyde W. Yancy, MD
11:30 – 1:00 pm (90 min)	CME Lunch Symposium: <i>Evolving Therapeutic Paradigms for the Management of Hyperkalemia</i>	Chairperson: George L. Bakris, MD Presenters: Rajiv Agarwal, MD; Joann Lindenfeld, MD; Robert Toto, MD
11:30 – 1:00 pm (90 min)	CME Lunch Symposium: <i>New Frontiers in the Prevention and Management of Heart Failure</i>	Chairperson: Clyde W. Yancy, MD Presenters: Javed Butler, MD, MPH; Keith C. Ferdinand, MD; Joel Kahn, MD
Session III. DIABETES MANAGEMENT		
1:00 – 1:10pm (10 min)	Opening Remarks	Jay S. Skyler, MD
1:10 – 1:45pm (35 min)	Keynote Session <i>The Gut Microbiome as a Modifier of Insulin Resistance and Metabolic Syndrome</i>	C. Ronald Kahn, MD
1:45 – 2:15pm (30 min)	CV Outcome Trials and Diabetes	Jay S. Skyler, MD
2:15 – 3:15pm (60 min) Exhibit Hall	Afternoon Break/Meet the Experts	
3:15 – 3:45 pm (30 min)	Insulin Therapy Options: What's in Store for 2017?	Irl Hirsch, MD
3:45– 4:10 pm (25 min)	Non-insulin Therapy Options: A Look Ahead for 2017	Robert E. Ratner, MD

4:10 - 4:55pm (45 min)	Q+A (10 min) Panel Discussion: Case Consults in Diabetes (35 min)	Moderator: Jay S. Skyler, MD Panelists: George L. Bakris, MD; Robert H. Eckel, MD; Irl Hirsch, MD; Robert E. Ratner, MD
4:55 – 5:25pm (30 min)	Implications of Recent Trials on Management of Diabetes: Should the Algorithms be Changed?	Moderator: Jay S. Skyler, MD Panelists: Christie M. Ballantyne, MD; George L. Bakris, MD; Robert H. Eckel, MD; Irl Hirsch, MD; Robert E. Ratner, MD
5:25 – 5:30 pm (5 min)	Closing Remarks	Jay S. Skyler, MD
5:30 – 6:30 pm (60 min) Exhibit Hall	Networking Reception/Exhibitor Showcase/Meet the Experts	
6:30 pm Exhibit Hall	Exhibitor Showcase Closes	
6:30 – 8:00 pm (90 min)	CME Dinner Symposium or Non-CME	

SATURDAY, OCTOBER 8, 2016 – CMHC GENERAL SESSIONS		
6:30 – 8:00am (90 min)	CME Breakfast Symposia	
Session IV. Obesity, Lifestyle Management and Cardiovascular Disease		
8:05 - 8:10am (5 min)	Opening Remarks	Robert H. Eckel, MD
8:10 – 9:00am (50 min)	Keynote Session <i>Obesity Fat Distribution and Cardiovascular Risk</i>	Subodh Verma, MD, PhD
9:00 – 9:50am (50 min)	A Dialogue Between the Experts: the Newest Evidence on Metabolic Surgery	Lee Kaplan, MD Francesco Rubino, MD
9:50 – 10:15am (25 min) Grand Ballroom Foyer	Morning Break/Meet the Experts	
10:15 – 10:50am (35 min)	Managing the Obesity Epidemic: Lifestyle, Behavioral, and Pharmacological Approaches	Caroline Apovian, MD

10:50 – 11:35am (45 min)	Panel Discussion: Case Consults on Lifestyle and Obesity Management of CVD (30 min) Q+A Time (15 min)	Moderator: Robert H. Eckel, MD Panelists: Caroline Apovian, MD; Lee Kaplan, MD; Francesco Rubino, MD
11:35 -11:45 am (10 min)	Closing Remarks	Robert H. Eckel, MD