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128 Lakeside Avenue, Suite 100
Burlington, Vermont 05401

Women's Health Conference September 9-11, 2015

DoubleTree Hotel
South Burlington, VT

University of Vermont College of Medicine

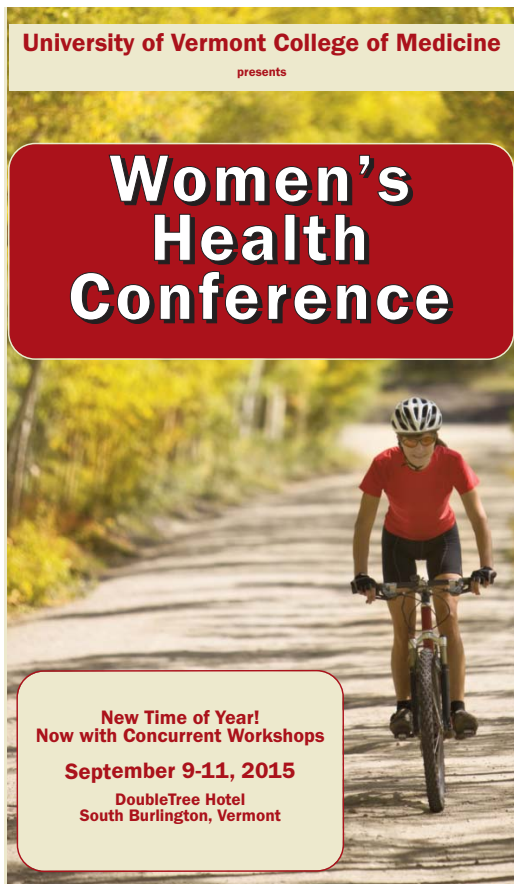
presents

Women's Health Conference

New Time of Year!
Now with Concurrent Workshops

September 9-11, 2015

DoubleTree Hotel
South Burlington, Vermont



Course Description

The breadth and complexity of issues surrounding women's health care makes it increasingly difficult for health care providers to remain current. While osteoporosis and peripartum depression are important concerns to women, cardiovascular disease and consequences from smoking are the leading causes of death in women. The goal of this conference is to incorporate several important health care issues from various specialties and illustrate how they uniquely impact women.

This conference is designed to bring together experts from a variety of disciplines to discuss advances in women's health care in one concise meeting. Workshops have been added this year to facilitate greater participation and interaction among attendees. This conference is intended for physicians, advance practice providers, midwives, nurses, students and other allied health care professionals who provide care for women.



Course Objectives

At the conclusion of this conference, participants should be able to:

- * Review common topics like Polycystic Ovary Syndrome, Human Papilloma Virus, Sexually Transmitted Infection Guidelines, Heart Disease in Women, Antenatal Testing and Contraceptive Eligibility.
- * Describe health issues specific to women in regards to Multiple Sclerosis, Lupus, Smoking Cessation and Peripartum Depression.
- * Consider workshop experiences that include Nutrition, Alcoholism and Substance Abuse, Breastfeeding, IUDs and Endometrial Biopsies and Office Management of Miscarriage.

Workshops

Participants will be able to choose two workshops - one from 3 choices given concurrently over 2 sessions. There is limited enrollment in each workshop. Every effort will be made to provide registrants with their top choices.

Registration

Tuition: \$425 Physicians (postmarked by August 4)
\$350 Other Health Professionals (postmarked by August 4)

The course fee includes tuition, comprehensive course syllabus via Dropbox, continental breakfasts, coffee breaks and lunch on Thursday for registrants.

Refunds: Refunds, minus an administrative fee of \$75, will be made only if notice of cancellation is received in writing by **August 14, 2015**. Refunds are not possible after that date.

Course Director

Anya S. Koutras, MD, FAAP, IBCLC
Associate Professor, Family Medicine
University of Vermont College of Medicine

Guest Faculty

Giselle D'Epiro, PharmD, BCACP
Pharmacist Clinician
University of Vermont Medical Center
Assistant Professor, Pharmacy
Albany College of Pharmacy and Health Sciences

Kimberly A. Evans, MS, RD
Registered Dietitian
University of Vermont Medical Center
Peak Physical Therapy Sports and Performance Center
Williston, VT

Jane S. Kaufman, PT, BCB-PMD
Physical Therapist

Phoenix Physical Therapy

Christine A. Murray, MD
Northeastern Reproductive Medicine, PLLC
Colchester, VT

Linda Prine, MD
Professor, Family Medicine
Mount Sinai School of Medicine
Beth Israel and Harlem Family Medicine Residency
Institute for Family Health
New York, NY

University of Vermont/UVM Medical Center Faculty

Angela M. Applebee, MD
Associate Professor, Neurological Sciences
Director, MS Center of Northern New England

Stephen A. Brown, MD
Associate Professor, Obstetrics and Gynecology
Gynecologist, Obstetrician and Reproductive Geneticist

John V. Chisholm, III, MD
Assistant Professor, Family Medicine

Martha E. Churchill, APRN, CNM, IBCLC
Adjunct Assistant Professor, Midwifery, Obstetrics and Gynecology
Clinical Instructor, Midwifery, Obstetrics and Gynecology
Director, Midwifery Service

Elise N. Everett, MD
Associate Professor, Gynecologic Oncology, Obstetrics and Gynecology

Melisa G. Gibson, MD
Assistant Professor, Family Medicine
Associate Program Director, Family Medicine Residency

Kimberly A. Hageman, MD
Assistant Professor, Family Medicine

Alicia A. Jacobs, MD
Associate Professor, Family Medicine
Vice Chair, Clinical Operations
Family Medicine

Friederike K. Keating, MD
Associate Professor, Medicine
Department of Cardiology
Director, Nuclear Cardiology and Stress Laboratory
Program Director, Cardiovascular Fellowship

John G. Koutras, MD
Assistant Professor, Psychiatry and Pediatrics
Medical Director, Vermont Collaborative Care Integrated Health Management
Blue Cross Blue Shield of Vermont

Chi Chi Lau, MD
Associate Professor, Rheumatology and Immunology

Kathy M. Mariani, MD
Assistant Professor, Family Medicine
Medical Director, South Burlington Family Medicine

Kelley C. McLean, MD
Assistant Professor, Maternal Fetal Medicine,
Obstetrics and Gynecology

Michelle J. Mertz, MD, ABIHM
Assistant Professor, Family Medicine

Anne B. Morris, MD
Assistant Professor, Family Medicine
Associate Program Director, Family Medicine Residency

Elisabeth K. Wegner, MD
Associate Professor, Obstetrics and Gynecology
Director, Gynecologic Ultrasound

Wednesday, September 9

11:30am	REGISTRATION/EXHIBITS
12:00pm	Welcome Anya Koutras, MD, FAAFP, IBCLC
12:15	PCOS Christine Murray, MD
1:00	Top 10 Things You Should Know About HPV Elisabeth Wegner, MD
1:45	What's New in Women's Heart Disease Friederike Keating, MD
2:30	BREAK/EXHIBITS
3:00	Anticipating Pregnancy, Labor and Delivery Complications: The Importance of Early and Ongoing Risk Assessment in Prenatal Care Kelley McLean, MD
3:45	Medical Eligibility for Contraceptive Choices Michelle Mertz, MD, ABIHM
4:30	Conservative Management of Pelvic Organ Prolapse Jane Kaufman, PT, BCB-PMD
5:15	ADJOURN

Thursday, September 10

7:30am	CONTINENTAL BREAKFAST/EXHIBITS
8:00	Welcome Anya Koutras, MD, FAAFP, IBCLC
8:15	Assessment of Fetal Chromosome Abnormalities Using Cell-Free DNA: Where Have We Come and Where Are We Going? Stephen Brown, MD
9:00	Endometrial Cancer: The Top 25 Questions Asked by Patients Elise Everett, MD
9:45	Multiple Sclerosis in Women Angela Applebee, MD
10:30	BREAK/EXHIBITS
11:00	Lupus in Women Chi Chi Lau, MD
11:45	Peripartum Depression John Chisholm, III, MD

12:30pm	LUNCH (PROVIDED)
1:15	EXHIBITS/FREE TIME WORKSHOPS - Participants will select one from each session (Indicate Selections on Registration Form)
1:45	Concurrent Session I: Managing Common Early Difficulties with Breastfeeding Martha Churchill, APRN, CNM, IBCLC Optimizing Nutrition in Women Kimberly Evans, MS, RD IUDs and Endometrial Biopsies Melisa Gibson, MD and Kimberly Hageman, MD
3:15	BREAK/EXHIBITS
3:30	Concurrent Session II: Alcoholism and Substance Abuse in Women Alicia Jacobs, MD This talk has been approved for 1.5 credits in Prescribing Controlled Substances Office Management of Miscarriage Linda Prine, MD Medications in Pregnancy and Breastfeeding Giselle D'Epiro, PharmD, BCACP
5:00	ADJOURN
Friday, September 11	
7:30am	CONTINENTAL BREAKFAST/EXHIBITS
8:15	Assisting Pregnant Patients with Workplace Issues Linda Prine, MD
9:00	Osteoporosis Anne Morris, MD
9:45	Smoking Cessation in Women Anya Koutras, MD, FAAFP, IBCLC
10:30	BREAK, EXHIBITS AND HOTEL CHECKOUT
11:00	Eating Disorders: What's Different in DSM-5 and Treatment John Koutras, MD
11:45	New STI Guidelines: Prevention and Treatment Across the Lifespan and Lifestyle Kathy Mariani, MD
12:30pm	CONFERENCE ADJOURNS

Accreditation

The University of Vermont is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Vermont College of Medicine designates this live activity for a maximum of **15 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Request for assignment of **ACOG** Cognate Credits is pending.

This program has been reviewed and is acceptable for up to 15 Nursing Contact Hours.*

*The University of Vermont-Continuing Medical Education is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited Approver by the American Nurses Credentialing Center's Commission on Accreditation.

Conference Location

The conference will be held at the DoubleTree Hotel in South Burlington, VT. Take Exit 14E from I89. Merge onto Williston Road. The hotel will be just past Dorset Street on the right.

A limited number of rooms with reduced rates has been reserved for conference registrants at the DoubleTree. Please make your hotel reservations directly with the hotel (802-658-0250) prior to **August 10** and indicate your participation in this conference to receive special rates (\$139 single - quad occupancy per room, per night). Rooms rates cannot be guaranteed after **August 10, 2015**.

Conference Syllabus

The conference syllabus will be sent via Dropbox with presentations in PDF format. Dropbox is a free service, please download at www.dropbox.com. You will receive a notification via email a week from the conference start date that the presentations will be available for downloading. For an additional \$15, you may choose either a flash drive with presentations in PDF format or a printed syllabus (printed six slides per page). Please plan to bring your laptop to view Dropbox or flash drive presentations.

Course #16-801-47
COURSE #16-801-47



REGISTRATION FORM - Women's Health

On Line: www.uvm.edu/medicine/cme

Name (As you would like it to appear on Nametag & Certificate)		
Degree: ☐ MD ☐ DO ☐ PA ☐ NP ☐ RN ☐ Other _____		
Address _____		
City _____	State _____	Zip _____
Phone _____		Specialty _____
Email _____		
Initials _____	Last 4 digits of SSN (For CME tracking purposes) _____	

Registration Fee:

_____ \$425 Physicians	
_____ \$350 Other Health Professionals	
_____ \$150 Residents (Verification by Program Director Required)	
_____ \$15 Optional - ☐ Receive Flash Drive or ☐ Printed Syllabus	
Late Fee: Add \$75 if postmarked after August 4, 2015	
_____ \$ Total Due	

Workshop Interest

Please rank order your workshop preferences from 1 (most) to 3 (least desirable) in each session. There is limited enrollment in each workshop. Every effort will be made to provide registrants with their top choices. Workshop assignments will be made in order of registration receipt.

Session I (1:45 - 3:15)	Session II (3:30 - 5:00)
_____ Breastfeeding Difficulty	_____ Alcohol/Substance Abuse
_____ Nutrition in Women	_____ Office Mgt. Miscarriage
_____ IUDs/Endometrial Biopsies	_____ Medications in Pregnancy

Payment Method

☐ To pay by credit card, please register on-line by visiting our website at www.uvm.edu/medicine/cme and select the "Women's Health Conference".
☐ To pay by check, payable to the University of Vermont, please mail your payment along with a completed registration form to the address below:
Mail to: UVM Continuing Medical Education 128 Lakeside Avenue, Suite 100, Burlington, VT 05401 Phone: (802) 656-2292 Fax: (802) 656-1925