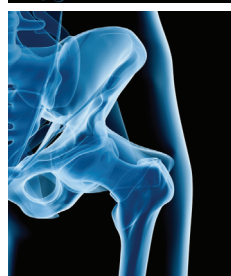
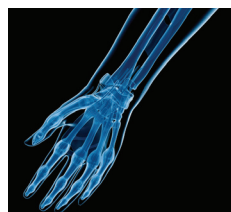
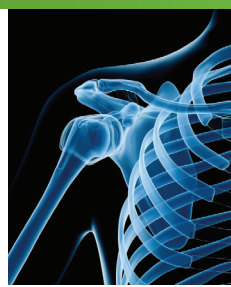
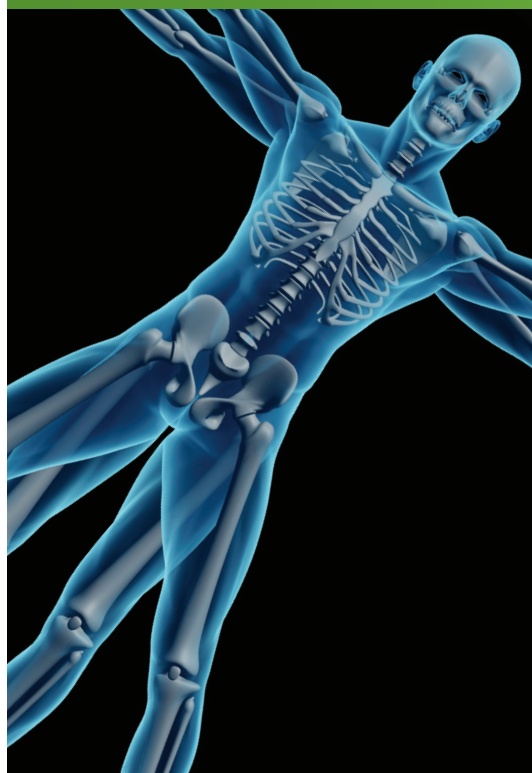


Tucson Orthopaedic Update 2015

for the Primary Care Provider

The premier orthopaedic CME in Southern Arizona.



**September
11th-12th, 2015**

JW Marriott Starr Pass Resort
Tucson, AZ

JOINTLY PROVIDED BY



Conference Description & Objectives

Through a series of lectures, discussions and small group hands-on exam workshops, this conference updates health-care professionals with state-of-the-art techniques in multiple orthopaedic subspecialties, and provides practical information regarding diagnosis and management of orthopaedic problems and their complications. Attendees can choose to attend one or both half-day programs focused on updating knowledge and improving patient care practices.

Upon completion of the conference, participants attending related break-out sessions will be able to:

- Learn appropriate work-up, initial management, surgical treatment and subsequent return to activity in patients with degenerative musculoskeletal conditions.
- Become aware of current advances and modalities for primary and revision hip and knee replacements.
- Understand current clinical research uses in orthopaedics, and applications to benefit the patient.
- Recognize fractures in pediatric patients and learn appropriate work-up, initial management for treatment
- Learn current treatment and surgical applications for pediatric patients diagnosed with in-toeing.
- Understand indications for spinal surgery in patients
- Learn appropriate treatment applications for pain in the lumbar spine and vertebral fracture
- Learn appropriate work-up, initial management and subsequent indicators for referral in patients with knee and upper extremity pain
- Understand current concepts in shoulder replacement, and evaluate and propose treatment options for upper extremity conditions
- Evaluate and propose treatment options for conditions of the foot caused by diabetes
- Understand indications of urgent and emergent orthopaedic injuries
- Learn appropriate referral applications and work-up
- Perform an effective clinical exam of the musculoskeletal system by anatomical area.
- Understand anatomy and technique for cortisone/lidocaine injection for shoulder, hip and knee.
- Learn appropriate techniques for immobilizing extremities injuries, using splints, for pediatric and adult patients.



Who Should Attend

Primary care practitioners, family physicians, internists, nurse practitioners, physician assistants, physical therapists, occupational therapists, athletic trainers, and any allied healthcare professional whose scope of practice or profession includes orthopaedics.

Continuing Medical Education Credit

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the **Arizona Medical Association (ArMA)** through the joint providership of **THMEP** and Tucson Orthopaedic Institute. THMEP is accredited by ArMA to provide continuing medical education for physicians.

THMEP designates this live activity for a maximum of **8.5 AMA PRA Category 1 credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Registration

Registration is available for Friday and Saturday combined, or attendees may register and attend only one day. The registration fee includes course materials, continuing education credit, breakfast, breaks, and lunch per the agenda. Registrations will not be complete until payment is received. Space is limited, so to insure your spot, online credit card registration is recommended. www.regonline.com/TucsonOrthoUpdate_2015

Written requests for cancellation must be received by August 21, 2015. Registration fee, (less a 10% handling fee) will be issued following the conference. Registrations for no-shows or cancellations received less than 3 weeks prior to the program date may be forfeited.

For More Information

Amanda Valenzuela,
Ortho Update Conference, Activity Coordinator

P: 520.784.6329 F: 520-784-6385

avalenzuela@tucsonortho.com

Friday, September 11, 2015

Ortho Updates – Knowledge and Techniques

CME – 4.5 credit hours

Welcome and Keynote 12:00-1:30pm

Lunch served at 12:15pm

- Welcome – *Lawrence Housman, MD, Paula Register, CEO*



KEYNOTE

Osteoporosis for the PCP

Susan Bukata, MD

Associate Professor Orthopaedics, University of Rochester

Associate Professor Orthopaedics, UCLA

Susan Bukata, MD is a practicing orthopaedic oncologist and orthopaedic oncology division chief in the third busiest sarcoma center in the United States (UCLA). She also have a small practice focusing on bone fragility disorders ranging from osteoporosis to genetic bone diseases such as Osteogenesis imperfecta in adults. Her major research focus has been in fracture and fusion healing, particularly under the influence of parathyroid hormone treatment. She was did residency training at the University of Rochester clinician scientist program and returned there to practice for 8 years as an attending before coming to UCLA 3 years ago. She has looked at using parathyroid hormone to manipulate bone and cartilage formation in injury and repair models for fracture and arthritis. Since coming to UCLA, she continues to look at the biology of nonunions and potential systemic and local biologic factors that may influence the development of a nonunion. The ultimate goal of this research is to identify patients headed towards a nonunion and to intervene with biologics/ systemic treatments to put them back on track to healing. She is also expanding into research centered around osteoclast and giant cell destruction of bone in tumors and systemic agents to stall and potential reverse bone destruction stimulated by tumors.

BREAKOUT SESSIONS

ORTHOPAEDIC UPDATES

Choose one session per time slot on registration form.



BREAKOUT 1 1:30-2:30pm

Hip and Knee

Kevin Bowers, MD, Russell Cohen, MD, John Maltry, MD

- Updates on Hip Replacement
- Anterior Total Hip Replacement
- Current Status on Knee Replacements

Orthopaedic Research

Nebojsa Skrepnik, MD, PhD.

- Current Clinical Research in Orthopaedics and How PCP Can Get Involved

Pediatric Orthopaedics

Brian Nielsen, MD, Luis Piedrabita, MD

- In-toeing: Symptoms and Treatments for the PCP
- Pediatric Fractures

Break/Visit Exhibits 2:30-2:45pm

Exhibitor Area Open 2:30-6:00pm



BREAKOUT 2 2:45-3:45pm

Spine

Jeffrey Baron, MD, Lori Bryant, PT, Steven Zeiller, MD

- Spine Surgery – An End Stage Solution
- Managing Low Back Pain
- Physical Therapy and the Spine

Sports Injuries

William Prickett, MD, Christopher Stevens, MD

- Common Elbow & Wrist Sports Injuries
- Anterior Cruciate Ligament Injuries (Diagnosis & Treatment Options) and Common Knee Injuries in the Athlete

Break/Visit Exhibits 3:45-4:00pm



BREAKOUT 3 4:00-5:00pm

Elbow, Hand, Shoulder

Andrew Mahoney, MD, William Prickett, MD, Christopher Stevens, MD

- Common Shoulder Injuries in the Weekend Warrior
- Advances in the Diagnosis and Treatment of Hand & Elbow Conditions
- Total Shoulder Replacement

Foot & Ankle

Scott Evans, DPM

- Diabetic Foot Care

Reception in Foyer 5:00-6:30pm

Saturday, September 12, 2015

Ortho Evaluation and Management – Hands-On and Interactive Sessions

CME – 4 credit hours

Breakfast, Networking and Discussion 7:30-8:00am



URGENT ORTHO CARE AND REFERRAL MANAGEMENT 8:00-9:00am

- Urgent Orthopaedic Care – When is Immediate Treatment Needed by a Specialist – *Andrew Mahoney, MD*
- Orthopaedic Referral – Getting Your Patient to a Specialist – *Brian Nielsen, MD*



HANDS ON EXAM WORKSHOPS 9:00-11:30am

Participants rotate every 20 minutes (transit 5 min) and get to choose up to 6 workshops.

Workshops Include:

Hip and Knee, Splinting, Pediatric Ortho Exam, Spine, Orthopaedic Injections, Shoulder Exam, Hand & Elbow Exam

Workshop Faculty: *Ali Dalal, MD, Scott Goorman, MD, Jay Katz, MD, Andrew Mahoney, MD, Brian Nielsen, MD, Luis Piedrabita, MD, William Prickett, MD, Christopher Stevens, MD*

Q&A/Discussion 11:30-11:45am

CME Evaluations and Adjourn..... 11:45am-12:00pm



REGISTRATION FORM

Tucson Orthopaedic Update 2015

September 11-12, 2015

VENUE JW Marriott Starr Pass Resort

ONLINE REGISTRATION AVAILABLE

www.regonline.com/TucsonOrthoUpdate_2015

FULL NAME/DEGREES _____

TITLE _____

SPECIALTY _____

AFFILIATION _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE (_____) _____

EMAIL _____

(Email required to receive confirmation.)

Conference Fees

- ☐ \$95 Both Days
- ☐ \$55 Friday Only
- ☐ \$45 Saturday Only

Friday Lunch Preference

- ☐ Brown Sugar Bronzed Salmon with Seasonal Vegetables
- ☐ Ancho-Chili Glazed Chicken Breast
- ☐ Roasted Vegetable Enchilada Stack

Friday Breakout Preferences

Selection required to ensure attendance as space is limited.

- 1 ☐ Hip and Knee OR ☐ Pediatric OR ☐ Ortho Research
- 2 ☐ Spine OR ☐ Sports Medicine
- 3 ☐ Elbow, Hand, Shoulder OR ☐ Foot & Ankle

If not registering online, return registration form along with check payable to:

THMEP
Tucson Orthopaedic Update Conference
P.O. Box 42195, Tucson AZ 85733