



## PRIMARY CARE CONFERENCES

EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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### **INTERNAL MEDICINE FOR PRIMARY CARE: DERMATOLOGY/GASTROENTEROLOGY/GERIATRICS**

**Niagara Falls, Ontario, Canada – Sheraton on the Falls Hotel  
August 23-25, 2019**

**Friday, August 23rd:**

**7:00 am – 7:30 am**

**Registration and Hot Breakfast**

**7:30 am – 8:30 am – Dermatology**

**Dermatitis**

Contact, atopic, irritant, nummular, seborrheic and exfoliative; diagnosis and management

**8:30 am – 9:30 am – Dermatology**

**Papulosquamous Diseases**

Psoriasis, lichen planus, pityriasis rosea, lupus erythematosus; how to tell one scaly rash from another

**9:30 am – 10:30 am – Dermatology**

**Fungal Infections**

Dermatophytes, tinea versicolor, candidiasis, selected deep fungal infections; diagnosis and management

**10:30 am – 10:40 am**

**Coffee Break**

**10:40 am – 11:40 am – Geriatrics**

**Approach to the Geriatric Patient**

Poly-pharmacy and dosing problems; functional assessment; quality-of-life issues; abuse; interacting with the patient and the family

**11:40 am – 12:40 pm – Geriatrics**

**Diagnosis and Management of the Patient with Dementia or Alzheimer's Disease**

Assessing mild cognitive impairment, dementia and Alzheimer's Disease; therapeutic options

**12:40 pm**

**Session Adjourns**

**Saturday, August 24th:**

**7:00 am – 7:30 am**

**Hot Breakfast**

**7:30 am – 8:30 am – Geriatrics**

**Assessing and Managing Urological Disorders**

Incontinence and two of the following: BPH, prostate cancer, prostatitis or sexual dysfunction

**8:30 am – 9:30 am – Geriatrics**

**Addressing Cardiovascular Problems**

Anti-coagulation; atrial fibrillation; congestive heart failure; ischemic disease; risk factors: hyperlipidemia, hypertension, etc.

**9:30 am – 10:30 am – Dermatology**

**Viral Infections**

Herpes simplex, varicella-zoster, viral exanthems, molluscum and warts

**10:30 am – 10:40 am**

**Coffee Break**

**10:40 am – 11:40 am – Gastroenterology**

**Management of Lower GI Bleeding-From Occult to Massive**

The correct use and interpretation of tests for occult blood in the stool will be discussed in relation to lower GI bleeding; focus on the utility of different diagnostic and management approaches to the spectrum of patients presenting with hematochezia

**11:40 am – 12:40 pm – Gastroenterology**

**Cost-Effective, Appropriate Management of Irritable Bowel Disease**

Importance of early and positive diagnosis based upon a careful history and the exclusion of other health problems; treatment focused on presenting symptoms recognizing that symptoms and functionality can be improved with a consistent approach

**12:40 pm**

**Session Adjourns**

**Sunday, August 25th:**

**7:00 am – 7:30 am**

**Continental Breakfast**

**7:30 am – 8:30 am – Gastroenterology**

**Hepatitis B and C Management for Primary Care**

HBV screening: whom to screen, whom to vaccinate; management of patients with decompensated hepatitis B related liver disease; treatment in special populations;

**8:30 am – 9:30 am – Gastroenterology**

**Approach to Abnormal Liver Chemistry and Non-Alcoholic Fatty Liver Disease (NAFLD)**

A primary care approach to evaluating and managing mildly abnormal hepatocellular liver chemistry in the asymptomatic patient; review of NAFLD, its implications and management

**9:30 am**

**Conference Adjourns**

### **Target Audience**

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

### **Learning Objectives**

Upon completion of this program, participants should be better able to:

- Discriminate the diagnostic principles and treatment options for dermatitis, papulosquamous diseases, as well as viral and fungal infections
- List current treatment recommendations for HBV, HCV and lower GI bleeding
- Describe management strategies for NAFLD and IBD
- Utilize a comprehensive geriatric assessment to identify potential issues
- Assess and manage cardiac and urologic disorders in the elderly
- Differentiate between cognitive impairment, dementias, and Alzheimer's Disease, and formulate appropriate treatment options

### **Learning Outcome**

To provide updates in primary care medicine to office-based providers

### **Disclosure of Conflicts of Interest**

Medical Education Resources insures balance, independence, objectivity, and scientific rigor in all our educational programs. In accordance with this policy, MER identifies conflicts of interest with its instructors, content managers, and other individuals who are in a position to control the content of an activity. Conflicts are resolved by MER to ensure that all scientific research referred to, reported, or used in a CME activity conforms to the generally accepted standards of experimental design, data collection, and analysis. MER is committed to providing its learners with high-quality CME activities that promote improvements or quality in health care and not the business interest of a commercial interest.

### **Disclaimer**

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All lectures incorporate time for questions and answers.

Due to last-minute updates by the faculty, flash drives may differ from the actual presentations.

### Accreditation

#### Physician Accreditation

Medical Education Resources is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### Credit Designation

Medical Education Resources designates this live activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### ABIM MOC Recognition

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



#### American Academy of Family Physicians

This Live activity, *Internal Medicine for Primary Care*, with a beginning date of August 23, 2019 has been reviewed and is acceptable for up to 12 Prescribed credits by the American Academy of Family Physicians. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

#### American Osteopathic Association

These programs are approved for 12 hours in Category 2-A by the American Osteopathic Association.

#### American College of Emergency Physicians

This program is approved by the American College of Emergency Physicians for a maximum of 12 hours of ACEP Category I credit.

#### Canadian Physicians

The College of Family Physicians of Canada (CFPC) has a reciprocal credit agreement with the American Academy of Family Physicians (AAFP) for activities which offer Prescribed credit. CFPC members who complete these conferences may claim the equivalent number of Mainpro-M1 credits.

### American Academy of Physician Assistants

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit(s)*<sup>TM</sup> from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 12 hours of Category I credit for completing this program.

### Nursing Accreditation

Medical Education Resources is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This CE activity provides 12 contact hours of continuing nursing education.

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

Provider approved by the California Board of Registered Nursing, Provider Number 12299, for 12 contact hours.

### Pharmacy Accreditation



Medical Education Resources (MER) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. MER designates this continuing education activity for 12 contact hours (1.2 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: 0816-0000-19-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation form.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.