

THE UNIVERSITY OF VIRGINIA DEPARTMENT OF ORTHOPAEDICS
IS PLEASED TO PRESENT

THE 2019 ORTHOPAEDIC SURGERY ALUMNI WEEKEND

An interactive, debate-style education program focusing on
current trends in Orthopaedic Surgery.



SEPTEMBER 13-14, 2019

**Omni Charlottesville Hotel
Charlottesville, Virginia**

PROVIDED BY THE OFFICE OF CONTINUING MEDICAL EDUCATION
UNIVERSITY OF VIRGINIA SCHOOL OF MEDICINE

COURSE OVERVIEW

This conference is designed for orthopaedic practitioners including surgeons, nurse practitioners, and physician assistants. A primarily case-based format will be used to explore the surgical and alternative management of patients within the subspecialties of joint replacement, trauma, pediatrics, hand and upper extremity, foot and ankle, shoulder and knee, and spine. Each presenter will engage the audience in an exchange of ideas and opinions ending with an overview of the best evidence for the problem(s) highlighted in the case. Panel discussions will allow for discussion of complex cases, and each session will include opportunities for audience participation.

COURSE OBJECTIVES

- Review advances and current best practices in each of the following fields, foot/ankle, hand, spine, joint arthroplasty, pediatric orthopaedics, orthopaedic trauma surgery, and sports medicine
- Discuss and debate controversies relevant in each of the orthopaedic subspecialties
- Provide an update and discuss relevant issues in today's health care environment that are prudent to providing optimal patient care in a fiscally responsible manner

EDUCATIONAL OBJECTIVES

At the completion of the 2019 Orthopaedic Surgery Alumni Weekend, the participant should be able to:

- Evaluate and discuss complex cases involving orthopaedic pathology of the foot and ankle, hand and wrist, and spine
- Identify and appropriately utilize new and emerging techniques in pediatric orthopaedics, musculoskeletal trauma and sports medicine
- Choose efficient methods of providing orthopaedic care in a changing health care environment

ACCREDITATION AND DESIGNATION STATEMENT

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of **10.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine, as accredited provider, awards **10.25 hours of participation** (consistent with the designated number of AMA PRA Category 1 Credit(s)™ or ANCC contact hours) to a participant who successfully completes this education activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.

REGISTRATION

Registration is available only online at www.cmevillage.com. The syllabus will be available online only the week of the conference until 30 days after the conference. Registration closes midnight on **Thursday, September 5, 2019**.

	Until 9/5/19	Walk In Rates
Physicians	\$450	\$550 (includes Friday night dinner and one football ticket)*
NP and PA.....	\$350	\$450 (Didactic Only)
UVA vs. Florida State tailgate & football	\$25	(each physician registrant may purchase one additional ticket)*

*There are a limited number of football tickets available, early registration is recommended.

CANCELLATION POLICY: Please review on our website at www.cmevillage.com, FAQs.

PROGRAM AGENDA

FRIDAY, SEPTEMBER 13, 2019

7:30 – 8:30 am	Registration/Breakfast (provided)
8:30 – 8:45 am	Opening Remarks and Department Update
8:45 – 9:45 am	Hand Division • Endoscopic vs. Mini-Open Carpel Tunnel: Is there a best option? • The Ulnar Wrist and TFCC Tears: Evaluation and treatment • Difficult Cases Drs. Chhabra, Dacus, Deal, Freilich
9:45 – 10:45 am	Pediatrics Division • Updates in three areas of pediatric orthopaedic care: Supracondular humerus fractures, management of articular fractures (tibial spine & osteochondritis dissecans), and considering Vitamin D deficiency in pediatric patients with musculoskeletal complaints Drs. Abel, Bachman, Lather, Romness
10:45 – 11:00 am	Break
11:00 – 12:00 pm	Spine Division • Cervical disc replacement (CDR): Understanding the technical considerations that may increase complications and failure rates Drs. Hassanzadeh, Li, Shen, Shimer, Singla
12:00 – 1:00 pm	Lunch (provided)
1:00 – 2:00 pm	Adult Reconstruction Division • Femoral Neck Fractures – why has THA gotten so popular? • Challenging Primary Hip and Knee Case Presentations • Challenging Revision Hip and Knee Case Presentations Drs. Brown, Cui
2:00 – 3:00 pm	Research Hour
3:00 – 3:15 pm	Break
3:15 – 4:15 pm	Sports Medicine Division • Common Complications in Knee and Shoulder Sports Medicine Surgery and How to Avoid Them Drs. Brockmeier, Diduch, Gwathmey, Miller, Werner
4:15 – 5:00 pm	Key Note Address Dr. Richard Whitehill
5:00 pm	Adjourn
7:00 pm	Dinner – Maya (633 West Main Street, Charlottesville)

SATURDAY, SEPTEMBER 14, 2019

7:30 – 9:30 am	Breakfast Breakout Sessions
9:30 – 10:30 am	Foot and Ankle Division • TBD Dr. Hurwitz • Current Management of Hallux Rigidus Dr. Park
10:30 – 11:30 am	Trauma Division • Case Based Discussion on Common Fractures: distal femur, bicondylar tibial plateau and distal tibial fractures Drs. Fashandi, Weiss, Yarbboro
11:30 am	Adjourn

Times are subject to change. Speaker order is subject to change.

COURSE DIRECTORS

M. Truitt Cooper, MD*

Assistant of Orthopaedic Surgery
Foot and Ankle Division

F. Winston Gwathmey Jr., MD*

Associate Professor of Orthopaedic Surgery
Sports Medicine Division

GUEST SPEAKER

Richard Whitehill, MD

Professor Emeritus

UNIVERSITY OF VIRGINIA COURSE FACULTY

Mark F. Abel, MD
Keith Bachman, MD
Stephen Brockmeier, MD
Thomas Brown, MD
A. Bobby Chhabra, MD*
Quanjun Cui, MD
A. Rashard Dacus, MD
D. Nicole Deal, MD
David Diduch, MD
Ahmad Fashandi, MD
Aaron Freilich, MD
Hamid Hassanzadeh, MD
Shepard R. "Shep" Hurwitz, MD
Leigh Ann Lather, MD
Xudong Li, MD
Mark Miller, MD
Joseph Park, MD
Mark Romness, MD
Francis Shen, MD
Adam Shimer, MD
Anuj Singla, MD
David Weiss, MD
Brian Werner, MD
Seth Yarboro, MD

**planning committee member*

ACCOMMODATIONS

Rooms have been reserved at the Omni Charlottesville at a discounted rate of \$159 on Thu. Sept. 12 and \$265 on Fri. Sept. 13 and Sat. Sept. 14, and will be available on a first come, first served basis. Attendees will need to make their own reservations with the group name "2019 Orthopaedic Alumni". All reservations must be made by **Tuesday, August 13, 2019**, after which time rooms will be released and can't be guaranteed to be available. Reservations can be made by calling 434-971-5500.

PARKING AND LOCATION

Parking at the Omni Charlottesville is complimentary for all attendees.

The UVA vs. Florida State football game will be at Scott Stadium. A shuttle will be provided from the Omni Charlottesville to Scott Stadium. Attendees will be responsible for their own transportation following the game.

ADDITIONAL ACTIVITIES

On Saturday, September 14th there will be a Tailgate Party (*more information and location to come*) and the UVA vs. Florida State football game, *time TBD*, at Scott Stadium. There are a limited number of tickets to the football game, and early registration is recommended.

CONTACT INFORMATION

Please contact **Pamela Lace** in the Office of Continuing Medical Education with any questions regarding this activity.
psl5g@virginia.edu | 434.924.5310