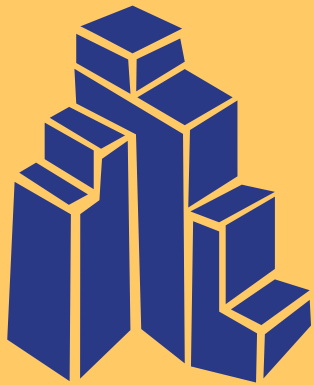




EMDR Therapy Training

The Complete Course, including
the required consultation

Trainers: Annie Monaco, Ann Beckley-Forest,
and Brooke Eaton

Attend online for all dates, or join us for the three in-person days at the Lakeview Office Park in Winter Park, FL. This is a hands-on clinical skills training for using EMDR and integrating it with your psychotherapy approach. This top-of-the-line training program exceeds EMDRIA's criteria for EMDR basic training, and involves lecture, demonstration, in-class practice, and on-the-job practice with your clients.

**Can't come in person? Complete the full training
online on Zoom!**

EMDRIA Approved

55 Contact Hours, 50 CEs

Limited to 50 participants

October 2026 through
February 2027
In-person & Virtual

SABBATH OBSERVED TRAINING
Bilingual (Spanish) practice group
opportunities

Dates and times on last page.

All dates mandatory.

Payment plan available.

Early bird: September 29th, 2026

Last date to register:

October 5th, 2026

In-person & Virtual

In-person option at the

Lakeview Office Park in

Winter Park, FL is available

December 8th, 9th & 10th



Who may attend?

EMDR Therapy training is open to master level mental health professionals who are licensed (certified or registered) by their state for independent practice and have a caseload to practice the therapy while in the course. This training is also open to mental health professionals on a licensure track, with a letter of support from their supervisor.

For therapists working
with all ages, both
kids and adults

Why EMDR?

EMDR is an evidence-based practice that is the designated treatment choice for Post Traumatic Stress by The American Psychiatric Association, International Society for Traumatic Stress Studies, and the US Department of Veterans Affairs.

Studies have shown that 90% of therapy clients have experienced a type of trauma in their lives. EMDR integrates well with other therapeutic approaches including CBT, DBT, IFS, Somatic, and Play Therapy.

EMDR Therapy is not diagnosis specific! Although it is known for the treatment of trauma, PTSD & C-PTSD, it is effective with a broad range of diagnosis including:

Anxiety	Medical Issues
Depression	Eating Disorders
Bipolar Disorders	Grief and Loss
OCD	Dissociative Disorders
Panic Disorder	Performance Anxiety
Phobias	Personality Disorders
Pain	Substance Abuse
Chronic Illness	Sleep Disturbance
Children and Teen	Psychosis
behavioral issues	Violence and Abuse

What sets us apart from other EMDR Trainings?

This is a hands-on clinical skills training for using EMDR and integrating it with your psychotherapy approach. This top-of-the-line training program exceeds EMDRIA's criteria for EMDR basic training, and features:

- EMDR basic training across the lifespan
- No "Parts" or "Levels" – this is the whole package. No "extra costs" for consultation.
- 55 contact hours over several months to support mastery; 50 CE
- Includes intervention for self regulation for adults and children
- Continued support throughout free optional consults

- Robust interventions content and approach to preparing your clients for trauma processing for children and adults
- Talented facilitators with a broad range of specialization
- Small facilitator to participant ratio in practice sessions
- Extensive supplemental resources including videos
- Modules on Attachment, Dissociation and Children and Teens



What will I learn?

Participants will be able to:

- Use EMDR with a wide range of clients across the life span whose presenting problems are in some way related to trauma and/or loss.

- Identify clients who are ready for EMDR and prepare clients for EMDR.
- Robust interventions content and approach to preparing your clients for trauma processing for children and adults
- Conduct an EMDR session in multiple practicum sessions
- Problem-solve a session that is not going smoothly.

Training Team

Ann Beckley-Forest, LCSW- R, RPT-S is an EMDR Instructor, Consultant and faculty member of TI/CTI. Her specialties include attachment and child and adolescent trauma. She is a registered play therapist and supervisor and approved provider of play therapy continuing education.
Email: annbf@playfulemdr.com



Annie and Ann are co-editors and contributors of chapters for EMDR with Children in the Play Therapy Room, An Integrated Approach (2020).

Brooke provides advanced level EMDR trainings that integrate Somatics, Internal Family Systems, and EMDR.

Facebook | Facebook Group
LinkedIn: **[Ann Beckley-Forest](#)**
& **[Annie Monaco](#)**
[Instagram](#)

Annie Monaco, LCSW, RPT-S is co-founder of Playful EMDR, an online hub for training and consultation. Annie travels internationally/US providing specialty trainings on EMDR with children and teens and treating attachment wounds and children using dissociative strategies. Annie has extensive experience with foster care, out of country adoptions, and at-risk teenagers and family therapy. Annie is an EMDRIA approved trainer of EMDR and provides consultation to therapists and agencies.
Email: annie@playfulemdr.com



Brooke Eaton, MS, LCSW is an EMDR Instructor, Consultant, and Clinical Supervisor specialized in complex trauma and dissociation. She integrates her knowledge and training in Internal Family Systems, Sensorimotor Psychotherapy, and EMDR to provide Integrative EMDR Intensive Therapy and Retreats.
Email: basictrainers@playfulemdr.com



Continuing Education Credit
CE information for all professional disciplines can be [found here](#).

Trauma Institute & Child Trauma Institute are an approved provider for Psychologists, LPC's, LMFT, SW, LCATS and Psychoanalysts.

Textbooks

Greenwald, R. (2007). EMDR Within A Phase Model Of Trauma-Informed Treatment. NY: Haworth. (Included with course materials)

Shapiro, F. (2001). Eye Movement Desensitization and Reprocessing: Basic principles, protocols, and procedures, 3rd Edition. NY: Guilford. (Not included)

ADA Accommodations

If you require any ADA support, please contact us at least 3 weeks prior to the event at emdrbasic@playfulemdr.com. Please write "EMDR Basic" in the subject line of the email.

Grievances

We are happy to respond to any concerns or questions you may have. Please contact emdrbasic@playfulemdr.com and write "EMDR Basic" in the subject line of the email.

Cancellation

[Click here to see our full cancellation policy](#)



Dates in 2026-27 All times EST (NY)

All dates are virtual EXCEPT dates in blue!

Part I - Virtual on Zoom

October 20th & 21st	9:00am-5:00pm
October 22nd	9:00am-1:00pm

Part II

December 1st	9:00am-5:00pm
Dec. 8th & 9th: in-person	9:00am-5:00pm
Dec. 10th: in-person	9:00am-12:00pm
December 16th	9:00am-5:00pm
January 21st & 28th	9:00am-1:00pm
February 4th & 11th	9:00am-1:00pm

In-person practicum option in Winter Park, FL is available on December 8th, 9th & 10th



Registration

Register online at www.playfulemdr.com. All dates and pre-reading are mandatory. A caseload is required.

[Click here to review pre-approval document](#) carefully prior to registering OR contact emdrbasic@playfulemdr.com for pre-approval.

Cost

Early Bird Rate, until Sept. 29th, 2026: \$1,525

Regular Rate, after Sept. 29th, 2026: \$1,725

Final Day to Register is October 5th, 2026

CE credits are included in the price of this course for licensed registrants. A payment plan is available. Please contact Playful EMDR for details at emdrbasic@playfulemdr.com.

Location

Lakeview Office Park
1155 S Semoran Blvd
Winter Park, FL 32792

It is recommended to fly into Orlando International Airport (MCO)
This building has [Serious Sandwiches](#) inside!