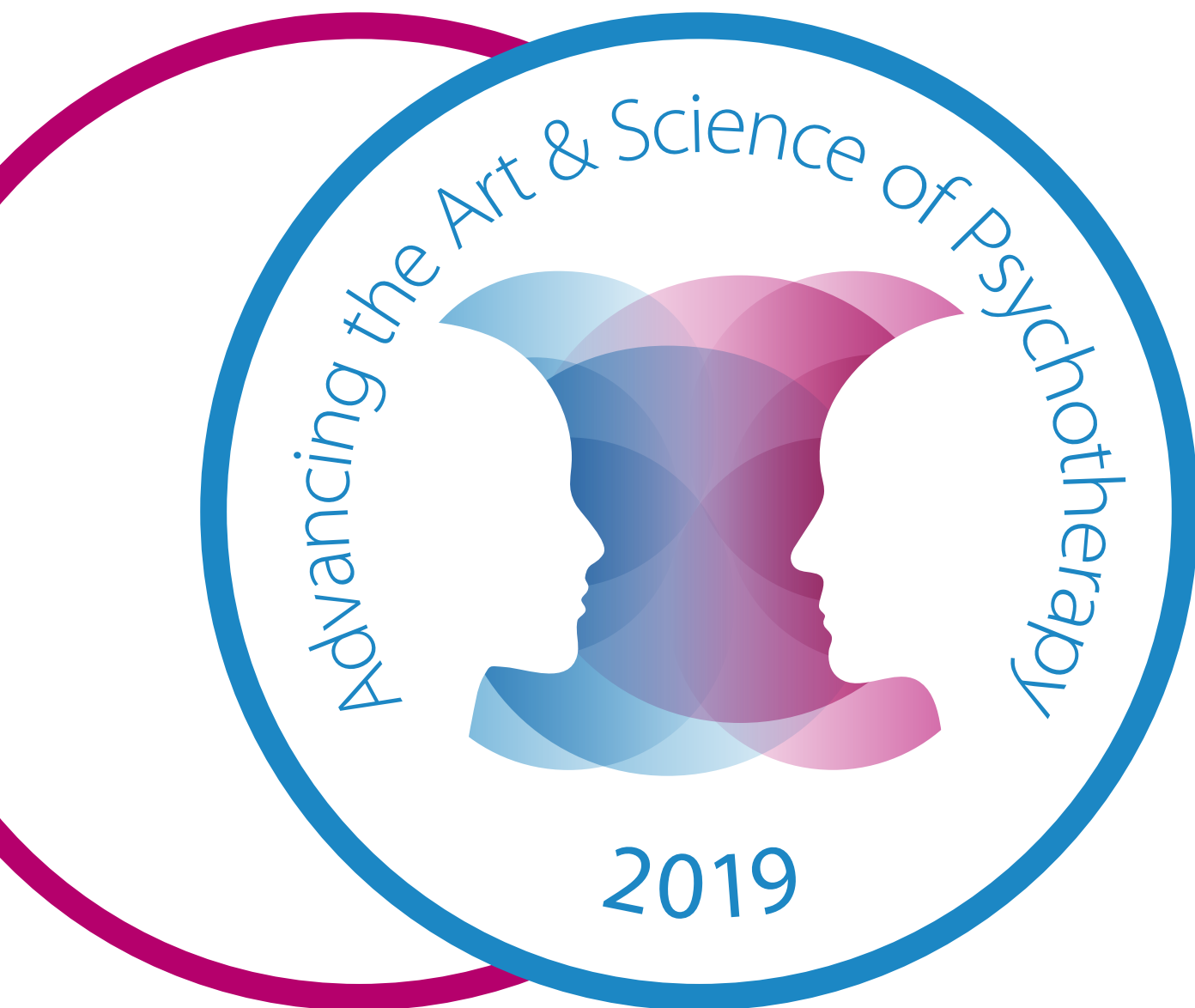


CAMFT's 55th Annual Conference at the Hyatt Regency San Francisco Airport in Burlingame, CA

APRIL 25–27, 2019



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Keynote Speakers



Terry Real



Joan Borysenko

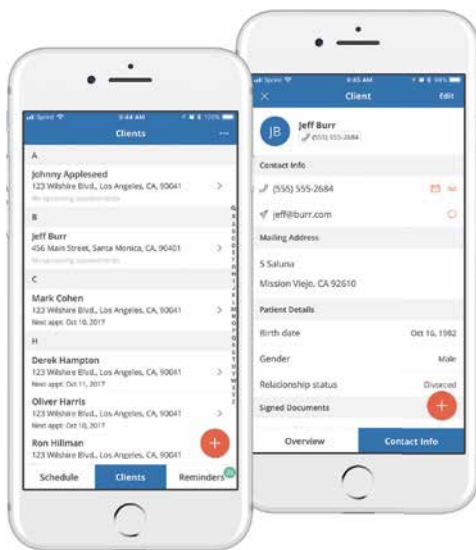
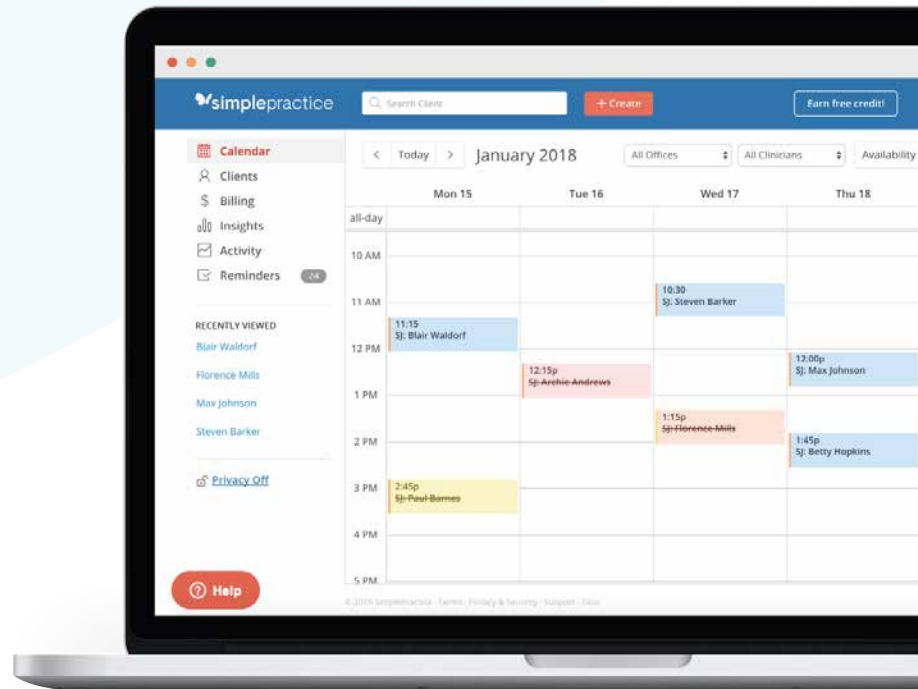
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April 25-27, 2019

CAMFT's 55th Annual Conference at the Hyatt Regency San Francisco Airport in Burlingame, CA

"The CAMFT organization is pivotal in my professional development as a marriage and family therapist. CAMFT continues to progress and improve the cause of the mental health profession through continuing education, advocacy and relational building within its community. I am proud to be part of CAMFT and to call them my friends." – Ernesto Segismundo, LMFT

CAMFT's Annual Conference Delivers Sustainable Tools to Help Psychotherapists Thrive and Survive.

- ✓ **OBTAIN** tools and resources to help you prosper
- ✓ MFT Associates **ACQUIRE** Jobs and Career Insights
- ✓ **RECEIVE** current knowledge and awareness from experts
- ✓ Restore, re-energize, and renew **MIND, BODY and SPIRIT**
- ✓ **EARN** up to 29 CEs in 3 Days
- ✓ **CHALLENGE** intellect, exchange wisdom, and formulate friendships
- ✓ **IMPROVE** your practice, and ultimately your earnings

Attend Advancing the Art and Science of Psychotherapy and experience the finest continuing education presented by top educators and practitioners. See the latest mental health resources and products and take advantage of exhibitor special conference pricing.

"The conference was an intense but wonderful experience! Loved it. Kudos to everyone involved in making it happen. Thank you!" – Michael Wiley, LMFT

"I loved this conference! So nurturing and educational at an advanced level; well organized; adequate food, loved the morning oatmeal; just wonderful!" – Shirley Madden, LMFT



MORNING ACTIVITY 6:00 – 7:30 a.m.



Classical Yoga Nidra: Graceful Transitions

Andrea Deerheart, Psy.D.

1.5 CE Hours

All Learning Levels

MORNING WORKSHOPS 8:00 – 10:00 a.m.



Mind Over Mood: A Simple Path to Art and Science

Christine Padesky, Ph.D.

2 CE Hours

Intermediate Learning Level



EMDR Therapy, Generational Wounds, Attachment, and Dissociation

Ana M. Gomez, MC, LPC

2 CE Hours

Advanced Learning Level

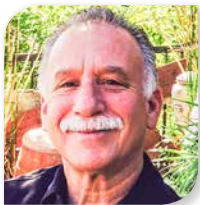


The Opioid Epidemic: What Hospitals and Mental Health Care Providers Can Do

Anna Lembke, M.D.

2 CE Hours

All Learning Levels



Behavioral Health in the Fire Service

Steve Froelich, Ph.D., LMFT

2 CE Hours

Introductory Learning Level

ALL-DAY WORKSHOPS 8:00 a.m. – 5:45 p.m.



Dyadic Developmental Psychotherapy (DDP)—Treatment with Youth Facing Trauma/Attachment Problems

Mervin Maier, LMFT

5 CE Hours

All Learning Levels



HIV / AIDS: Support and Care

John Sovec, LMFT

7 CE Hours

Introductory Learning Level

(Please note: Attendees going to HIV / AIDS: Support and Care will not be able to attend the Opening Keynote in order to achieve 7 CE hours.)



Opening Keynote

Working With Difficult Men

Terry Real, LICSW

10:15 a.m. – 12:15 p.m.

2 CE Hours | All Learning Levels

Join us as we look at treating difficult men who present themselves for therapy on their own or are brought in by their partners. We'll explore common themes of trauma in many men's lives, how best to handle men's wounds therapeutically, and how trauma often translates into overt and covert depression—which in turn fuels many typically male issues of self-medication and either sexual or aggressive acting out. Special attention will be paid to treating grandiosity in men.

Photo by Melissa Lube



Visit www.camft.org/ac19 for complete workshop descriptions, presenter bios, learning objectives, additional details, and to register!

Tools to help you thrive and survive!

SPEAKER LUNCHEON 12:30 – 2:00 p.m.



Mohawks, Swearing, and YouTube: How to Get Teenagers to Like You and Trust You Immediately

Jacob Towery, M.D.

1 CE Hour

Introductory Learning Level

PROCESSING SESSION 12:30 – 2:00 p.m.



Processing Session

Karen Wall, Ed.D., RN-BC, LMFT

1.5 CE Hours

All Learning Levels

AFTERNOON WORKSHOPS 2:15 – 5:45 p.m.



Couples on the Brink

Terry Real, LICSW

3 CE Hours

Intermediate Learning Level



Distributing Mental Health Resources to Diverse Populations

Ernesto Segismundo, Jr., LMFT

3 CE Hours

Intermediate Learning Level



American Red Cross Disaster Cycle Series and Disaster Mental Health Introduction

Diane Bridgeman, Psy.D., and Vicky Powell, LCSW

3 CE Hours | Introductory Learning Level



Becoming an Agent of Change: An Action Model for Multicultural Inclusion in Clinical Practice

Alette Coble-Temple, Psy.D.

3 CE Hours

All Learning Levels

Photo by Melissa Kobe

Welcome Reception



Welcome Reception

6:00 – 7:30 p.m.

Kick-off your conference experience by relaxing and enjoying light hors d'oeuvres and refreshments while networking with friends and colleagues. Thank our sponsors for their support of CAMFT. Preview the exhibitors to discover new and informative resources. Play the Exhibitor Card Game with participating exhibitors. Stay till the end for the Exhibitor Card Game Drawing. You could be among the lucky winners this year!

This is a free event for full package or Thursday only attendees. Delicious appetizers and one complimentary drink will be served, and cash bar will be available. Always a highlight, this is a great time for attendees to connect with your peers.

Photo by Melissa Kobe



Join Your CAMFT Colleagues, April 24–27



Photo by Melissa Kobe

MORNING ACTIVITY 6:00 – 7:30 a.m.



Dance/Movement Therapy: Empowerment Through Creative Expression Part 1

**Bonnie Bernstein, M.Ed., LMFT, BC-DMT,
REAT**

1.5 CE Hours
All Learning Levels

MORNING WORKSHOPS 8:00 – 11:00 a.m.



How Global Cognitive Style Affects Depression

Michael Yapko, Ph.D.

3 CE Hours
All Learning Levels



Bi+ Affirmative Psychotherapy

Mimi Hoang, Ph.D.

3 CE Hours
All Learning Levels



Working with Suicidal and Dangerous Clients: Legal, Ethical, and Practical Issues

**Mike Griffin, JD, LCSW,
CAMFT Staff Attorney**

3 CE Hours
All Learning Levels



Don't Panic When Treating Panic and Agoraphobia: Effective CBT Interventions

Jennifer Shannon, LMFT

3 CE Hours
All Learning Levels

ALL-DAY WORKSHOPS 8:00 a.m. – 4:30 p.m.



Effective Treatment of Personality Disorders

Scott D. Brandt, Ph.D.

6 CE Hours
All Learning Levels



Tough Calls and Moral Dilemmas

Ben Caldwell, Psy.D., LMFT

6 CE Hours
All Learning Levels

SPEAKER LUNCHEON 11:15 a.m. – 12:45 p.m.



"We Can't Communicate!": The Most Common Presenting Problem for Couples Therapy

Ellyn Bader, Ph.D.

1 CE Hour
All Learning Levels

PROCESSING SESSION 11:15 a.m. – 12:45 p.m.



Processing Session

Karen Wall, Ed.D., RN-BC, LMFT

1.5 CE Hours
All Learning Levels

Tools to help you thrive and survive!



Photo by Melissa Kobe

AFTERNOON WORKSHOPS 1:00 – 4:30 p.m.



**Couples Therapy in Action:
From Assessment to Resolution**

Ellyn Bader, Ph.D.

3 CE Hours

All Learning Levels



**Racism and Trauma: The Impacts
on African-American Men**

Yamonte Cooper, Ed.D., LPCC, NCC, CST

3 CE Hours

All Learning Levels



**Key Legal and Ethical Standards
for Telehealth**

**Mike Griffin, JD, LCSW,
CAMFT Staff Attorney**

3 CE Hours

All Learning Levels



Enhancing Cultural Humility

Miguel Gallardo, Ph.D.

3 CE Hours

All Learning Levels

Visit www.camft.org/ac19 for
complete workshop descriptions,
presenter bios, learning objectives,
additional details, and to register!

Photo by Melissa Kobe

PAC Reception



**CAMFT's 8th Annual Political
Action Committee (PAC)
Fundraiser Reception**

5:00 – 6:30 p.m.

Tickets are \$49 | For CAMFT Members Only

CAMFT members, CAMFT's PAC needs your support to help the LMFT profession thrive! Your \$49 admission is a donation. All proceeds will directly benefit the CAMFT PAC, so why not attend and learn all about CAMFT's advocacy efforts, and how you can get involved in CAMFT's PAC and grass roots efforts?

Join CAMFT's Board of Directors and fellow CAMFT members for the opportunity to meet, greet, and network with a special guest speaker over a complimentary cocktail and hors d'oeuvres.

Photo by Melissa Kobe



Photo by Melissa Kobe



Conference Happenings



Exhibitor Card Game

Thursday, April 25 – Friday, April 26

You could win a full registration to Advancing the Art and Science of Psychotherapy 2020. Visit the Exhibit Hall with your game card and drop off your completed entry at the registration desk. You'll be entered into one of two drawings for valuable prizes including gift cards, products and services donated by participating exhibitors or a 2020 Conference registration. Drawings will take place during the Welcome Reception, and the Friday Afternoon Break. Attendees must be present to win; only one completed game card per paid attendee will be accepted.

CAMFT's Educational Foundation Raffle

Thursday, April 25 –
Saturday, April 27

CAMFT's Educational Foundation provides three \$4,000 scholarships and a \$2,500 grant for individuals pursuing advanced education and research related to the marriage and family therapy profession. To help raise funds to support this program, the Educational Foundation will be selling raffle tickets for a chance to win some fabulous prizes, for gift cards, and overnight stays. Be sure to bring plenty of cash to purchase a ticket for \$5, or better yet, your height in tickets for only \$20! The grand prize is a complimentary full conference registration for Advancing the Art and Science of Psychotherapy 2020 along with a hotel stay at the host hotel, and a \$50 Gift Card to 3Sixty Bar | Bistro | Market. The drawing will take place at the Annual Membership Meeting on Saturday, April 27, 2019. All proceeds from the raffle drawing will benefit the Educational Foundation scholarships and grant. **You do not need to be present to win.**



MFT Associate Day

Saturday, April 27 | 7:00 a.m. – 5:45 p.m.

The special MFT Associate Day Package price includes breakfast, Annual Membership meeting (for CAMFT members only), Closing Keynote, "Road to Licensure," the MFT Associate Job Fair, and "Nailing the First (or Second) Job: Job Search, Application, Interview, and Brand" workshops.

Only \$39!



MFT Associates Job Fair

Saturday, April 27 | 11:45 a.m. – 1:45 p.m.

In collaboration with the CAMFT Planning Committee, CAMFT will be hosting our 2nd MFT Associate Job Fair.

If you are an MFT Associate, you do not want to miss out on this opportunity to meet with agency representatives and potential employers. We are encouraging all students and soon-to-be graduates to attend!

Cost: Entrance to the Job Fair is free for MFT Associates, but why not take advantage of Saturday's MFT Associate Day package for the special discounted price of \$39 which includes the Annual Membership Meeting, Road to Licensure, the Job Fair, and two workshops specifically designed for MFT Associates (Includes breakfast) Light refreshments will be provided. Parking is \$10.

Be sure to come prepared with your resume to meet hiring managers!

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MORNING ACTIVITY 6:00 – 7:30 a.m.



Dance/Movement Therapy: Empowerment Through Creative Expression Part 2

Bonnie Bernstein, M.Ed., LMFT, BC-DMT,
REAT

1.5 CE Hours

All Learning Levels

Annual Membership Meeting



Annual Membership Meeting

8:00 – 9:30 a.m.

No CE Hours | For CAMFT Members Only

The Board of Directors invites all CAMFT members to the Annual Membership Meeting. CAMFT's Executive Director, Nabil El-Ghoroury, Ph.D., will report on our 2018-2019 accomplishments including political and grassroots efforts on CAMFT-backed and CAMFT-sponsored bills.

As always, member comments will be received. The program includes recognition of Educational Foundation scholarship and grant recipients. Don't miss the drawing for the winners of the Educational Foundation raffle.

Raffle ticket holders do not need to be present to win.

Closing Keynote



Where Mind-Body Medicine Meets

Mental Health: An Update on the New Science of Wellbeing

Joan Borysenko, Ph.D.

9:45 – 11:45 a.m.

2 CE Hours | All Learning Levels

Mental health is the most important determinant of physical health. While we've known that for years, new findings in neuroscience, nutrition, immunology, and epigenetics, coupled with a growing emphasis on somatic therapies and energy medicine, have opened new doors to healing and wholeness. In this research-based practical presentation, you'll learn how adverse childhood experiences set the stage for chronic illness and substance abuse later in life through epigenetic changes, neurochemistry, and immune function. We'll examine how approaches based in interpersonal neurobiology, mindfulness, meditation, somatic techniques, narrative medicine, and medical chi gong (an energy medicine technique) can help restore physical and mental balance.

MFT ASSOCIATE JOB FAIR

11:45 a.m. – 1:45 p.m.

See page 6 for details.



PROCESSING SESSION 12:00 – 1:30 p.m.



Processing Session
Karen Wall, Ed.D., RN-BC, LMFT
 1.5 CE Hours
 All Learning Levels

AFTERNOON WORKSHOPS 1:45 – 3:45 p.m.



Wrestling with Gendered Power, Privilege, and Ambiguity
Manijeh Daneshpour, Ph.D.
 2 CE Hours
 All Learning Levels



Road to Licensure
Cathy Atkins, J.D.,
CAMFT Deputy Executive Director
 2 CE Hours
 Introductory Learning Level



Healing Relational Trauma: Tailoring Treatment to the Presenting Attachment Style
Karen Pando-Mars, LMFT
 2 CE Hours
 All Learning Levels



The Brand Called “YOU”: Legal & Ethical Issues in Developing a Personal Brand
Curt Widhalm, LMFT and Katie Vernoy, LMFT
 2 CE Hours | All Learning Levels

Visit www.camft.org/ac19 for complete workshop descriptions, presenter bios, learning objectives, additional details, and to register!

AFTERNOON WORKSHOPS 1:45 – 6:00 p.m.



Feedback Informed Treatment: Improving the Quality and Outcome of Behavioral Health Services
Scott Miller, Ph.D.
 4 CE Hours
 Introductory Learning Level



Where Mind-Body Medicine Meets Mental Health: A Practicum in Mindfulness, Compassion, Spirituality, and Positive Psychology
Joan Borysenko, Ph.D.
 4 CE Hours
 All Learning Levels



Restoration Therapy: Understanding and Guiding Healing in Marriage and Family Therapy
Terry Hargrave, Ph.D.
 4 CE Hours
 All Learning Levels

EVENING WORKSHOPS 4:00 – 6:00 p.m.



AEDP for Couples (AEDPfc)
David Mars, Ph.D., LMFT
 2 CE Hours
 Introductory Learning Level



Grief Shouldn't = Forever
Jill Johnson-Young, LCSW
 2 CE Hours
 All Learning Levels



Nailing the First (or Second) Job: Job Search, Application, Interview, and Brand
Nabil El-Ghoroury, Ph.D., CAE, CAMFT
Executive Director
 No CE Hours
 Introductory Learning Level

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Schedule at a Glance

Thursday, April 25

6:00 – 7:30 a.m.	Classical Yoga Nidra
7:00 – 8:00 a.m.	Complimentary Continental Breakfast
8:00 a.m. – 5:45 p.m.	Workshops
10:15 a.m. – 12:15 p.m.	Opening Keynote
12:15 – 2:15 p.m.	Complimentary Lunch for All
12:30 – 2:00 p.m.	Paid Speaker Luncheon and Processing Session
3:45 – 4:15 p.m.	Afternoon Refreshment Break
6:00 – 7:30 p.m.	Welcome Reception

Friday, April 26

6:00 – 7:30 a.m.	Dance Movement Therapy, Part 1
7:00 – 8:00 a.m.	Complimentary Continental Breakfast
8:00 a.m. – 4:30 p.m.	Workshops
11:00 a.m. – 1:00 p.m.	Complimentary Lunch for All
11:15 a.m. – 12:45 p.m.	Paid Speaker Luncheon and Processing Session
2:30 – 3:00 p.m.	Afternoon Refreshment Break
5:00 – 6:30 p.m.	Political Action Committee (PAC) Reception

Saturday, April 27

6:00 – 7:30 a.m.	Dance Movement Therapy, Part 2
7:00 – 8:00 a.m.	Complimentary Continental Breakfast
8:00 – 9:30 a.m.	Annual Membership Meeting
9:45 – 11:45 a.m.	Closing Keynote
11:45 a.m. – 1:45 p.m.	Lunch on Own for All
12:00 – 1:30 p.m.	Processing Session
2:30 – 3:00 p.m.	Afternoon Refreshment Break
1:45 – 6:00 p.m.	Workshops

Exhibit Hall Schedule

Thursday, April 25

6:00 – 7:00 a.m.	Exhibitor Move-in
7:00 a.m. – 7:30 p.m.	Exhibit Hall Open

Friday, April 26

7:00 a.m. – 3:00 p.m.	Exhibit Hall Open
3:00 – 6:00 p.m.	Exhibit Hall Tear Down



Bookstore Schedule

Thursday, April 25	8:00 a.m. - 7:30 p.m.
Friday, April 26	8:00 a.m. - 4:30 p.m.
Saturday, April 27	8:00 a.m. - 6:00 p.m.

MFT Associate Day Saturday Schedule

7:00 – 8:00 a.m.	Complimentary Continental Breakfast
8:00 – 9:30 a.m.	Annual Membership Meeting
9:45 – 11:45 a.m.	Closing Keynote
11:45 a.m. – 1:45 p.m.	MFT Associate Job Fair
1:45 – 3:45 p.m.	Road to Licensure
4:00 – 6:00 p.m.	Nailing the First (or Second) Job: Job Search, Application, Interview, and Brand

Conference Details

Hotel and Travel

HYATT REGENCY SAN FRANCISCO AIRPORT

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HOTEL RESERVATION INFORMATION

For your convenience, the Hyatt Regency San Francisco Airport has arranged a special group rate of \$175 single or double plus occupancy tax of 12% plus \$2.00 Tourism Assessment Fee per night. Taxes are subject to change.

To make sleeping room reservations at the specially discounted group rate visit <https://www.hyatt.com/en-US/group-booking/SFOBU/G-CAM3>. If you need additional assistance, please call 888-421-1442. The special group rate will be offered, based on availability 3 days before and 3 days after the group meeting dates. In order to receive the special group rate, reservations must be made no later than Friday, April 9, 2019. Once the group room block is filled, prevailing hotel rates will apply. An early departure fee of one nights room and tax will be charge if hotel is notified after check-in. Reservation Cancellations must be made 72 hours prior to arrival (by 4:00 p.m., 3 days prior to arrival). If cancellation occurs after this time frame, one nights room and tax fee will be charged.

HOTEL PARKING

Discounted self-parking is offered at a discounted rate of \$10.00 per day to CAMFT Conference day attendees, and \$10 per night for overnight attendees. Only one car per room, per night. Overnight guests enjoy in and out privileges.

DRIVING DIRECTIONS

For Custom Driving Directions cut and paste this link in your browser: <https://goo.gl/maps/Zq9DoJ5J9M72>

COMPLIMENTARY AIRPORT SHUTTLE

The Hyatt Regency San Francisco Airport offers Complimentary 24-hour shuttle service to/from San Francisco Int'l Airport. The Hyatt's complimentary shuttle runs every 10-15 minutes. From SFO, take your luggage to the "Departures Level," go to the center island, and look for the area marked "Hotel Shuttle." The shuttle bus is marked "Hyatt Regency and Marriott." For arrivals and departures between 12:00 a.m. and 4:46 a.m., free shuttles pick up guests every 30 minutes.

DISCOUNTED AIR TRAVEL

CAMFT has partnered with United Airlines to offer travel discounts to our event. Visit www.united.com/meetingtravel and enter Z code ZGJF and the Agreement Code 886922 without spaces in the Offer Code box. You may also call United Meeting Reservation Desk at 800-426-1122 Monday-Friday 8:00 a.m. – 10:00 p.m. ET and Saturday/Sunday 8:00 a.m. – 6:00 p.m. ET. Booking fees are waived for Meeting reservations. Please note that travel must be booked between April 22 and April 30, 2019 in order to receive the discount.



DISCOUNTED RENTAL CAR

CAMFT has arranged special discounted rental car rates with Hertz for the attendees of our meeting. For rates and/or reservations, call 1.800.654.2240, or book online at www.hertz.com. Please reference CV#022Q9277 when checking rates or making reservations.



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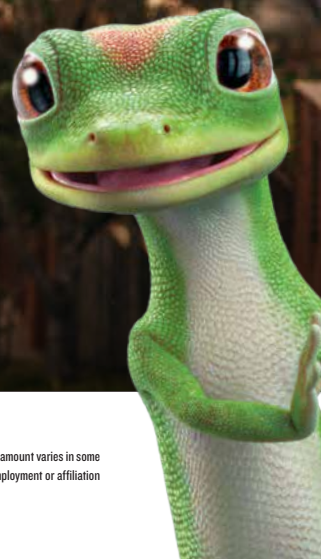
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	Pre-Licensed	\$89	Early 3/4/19 through 3/5/19	Regular 3/5/19 through 3/31/19	On-Site After 3/31/19	\$89
Clinical Member		\$195	\$215	\$235		
MFT Associate Day: Saturday Only		\$39	\$39	\$39		
ADDITIONAL FEES						
Thursday Speaker Luncheon - \$59						
Friday Speaker Luncheon - \$59						
PAC Reception - \$49						
MFT Associate Job Fair Only - Complimentary						

New Pricing Structure

Register by March 31 and save up to \$100!
www.camft.org/act19 #CAMFTLIVE

Full conference registration includes featured morning and afternoon sessions, all-day workshops, session handouts, exhibit hall activities, Annual Membership Meeting (for CAMFT members only), Thursday Welcome Reception, Continental Breakfast each day, Afternoon Refreshment Break Thursday - Saturday, and Complimentary Sponsored Lunches served Thursday and Friday in the exhibit hall. The Thursday Speaker Luncheon, Friday Speaker Luncheon, Friday PAC Fundraiser Reception, and Saturday MFT Associate Day must be purchased separately.

If you decide to attend only one day of the conference, you are entitled to attend all events on that day, except for the Thursday Speaker Luncheon, Friday Speaker Luncheon, Friday PAC Fundraiser Reception, and Saturday, MFT Associate Day must be purchased separately.

Continuing Education: 29 CE Hours possible for LMFTs, LCSWs, LPCs, and LEPS; 29 CE Hours possible for RNs; and, 29 CE Hours possible for Certified Alcohol and Drug Counselors. Please note: As of 2017, CAMFT no longer offers CE Credits to Psychologists.

What's included with your conference registration?