

Improving the Management of Chronic Wounds

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Friday 6th November 2020 West One De Vere Conference Centre, London



Chair and Speakers Include:

Prof Jackie Stephen-Haynes
Professor in Wound Healing
Birmingham City University

Dr Una Adderley
Director
The National Wound Care Strategy Programme

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"There are an estimated 2.2 million people living with non-healing wounds in the UK and caring for them costs the NHS upwards of £5bn a year – roughly what it spends on treating obesity." The Guardian 2019

"Too often, patients with chronic wounds are not being offered the care that is known to promote healing, improve quality of life and make the best use of NHS resources." The National Wound Care Strategy Programme, October 2019

"We need to reframe chronic wounds as a long-term condition, similar to heart disease or diabetes," Dr Una Adderley Director The National Wound Care Strategy Programme

"Chronic wounds have an impact on the activity of daily living of patients and their families. They also represent a significant challenge for care providers." European Wound Management Association 2019

"Chronic wound care is a large burden for healthcare providers and the patients and carers who live with wounds that are slow to heal or fail to heal (Guest et al, 2015). Chronic wounds are primarily associated with ageing but also with obesity, diabetes and cardiovascular disease, all of which are rapidly increasing in prevalence. So, as more people live longer and the incidence of those aforementioned diseases increases, the burden of wounds is likely to increase. NHS costs are predicted to reach £15bn per annum by 2023." Dr Una Adderley Director The National Wound Care Strategy Programme

"suboptimal wound care leading to non-healing or delayed healing increases the number of people living with chronic wounds. Too many people are receiving care for which there is little evidence that it works and too few are receiving care for which there is strong evidence that it works." Dr Una Adderley Director The National Wound Care Strategy Programme

This conference focuses on improving the management of chronic wounds, a condition affecting 2.2 million people and costing the NHS more than £5bn per year. This important and timely conference will look at ensuring effective assessment, promoting healing and improving the quality of life for people with chronic wounds in line the ambitions of the National Wound Care Strategy Programme.

This conference will enable you to:

- Network with colleagues who are working to improve the management of chronic wounds and promote healing
- Learn from a lived experience perspective from a person living with a chronic wound
- Reflect on national developments and learning from the National Wound Care Strategy Programme
- Learn from outstanding practice in assessment of chronic wounds
- Understand how to formulate effective patient centred treatment plans incorporating current best evidence
- Implement evidence-informed recommendations to reduce unwarranted variation, improve safety and optimise patient experience and outcomes
- Learn from expert experienced presenters focusing on
 - Chronic Wounds and the Lower Limb
 - Chronic Wounds in the Older Person with Frailty
 - Chronic Wounds and Diabetes
- Understand the factors that increase the risk of chronic wounds
- Develop a better understanding how the optimisation of nutrition and hydration can support healing and prevention
- Understand Pain associated with Chronic Wounds including treating pain associated with chronic wounds and latest evidence and interventions to reduce wound pain
- Self assess and reflect on your own practice
- Gain CPD accreditation points contributing to professional development and revalidation evidence

09.40 Pre Conference Supplier Showcase The showcase will be optional for delegates to attend and will include 10 minute presentations from key suppliers

Matt Hains

*Clinical Advisor
Medstrom*



Dolphin Fluid Immersion Therapy

- Do you recognise this patient?
- Dolphin Therapy
- Clinical Outcomes
- Case Study

10.00 Chair's Welcome and Introduction

Professor Jackie Stephen-Haynes *Professor in Wound Healing Birmingham City University*

10.10 Living with Chronic Wounds

Ann Clwyd

Former Labour MP

10.40 The National Wound Care Strategy & Chronic Wounds

Dr Una Adderley

Director

The National Wound Care Strategy Programme

- towards a national definition of chronic wounds
- evidence gaps and areas of unmet need
- developing recommendations to reduce unwarranted variation, improve safety and optimise patient experience and outcomes

11.10 *Question and answers, followed by tea & coffee at 11.20*

11.45 Effective assessment of Chronic Wounds

Jacky Edwards

Burns Nurse Consultant

Manchester University NHS Foundation Trust

& Chair, Surgical Wounds Workstream

The National Wound Care Strategy Programme

- risk factors for chronic wounds
- understanding the complexity of chronic wounds
- assessment and assessment tools: The TIME framework
- understanding local and host factors
- the assessment and management of chronic surgical wounds

12.15 EXTENDED SESSION: The effective Management & Healing of Chronic Wounds

Professor Jackie Stephen-Haynes

Professor in Wound Healing

Birmingham City University

- formulating a patient centred treatment plan
- current best practice: what does the evidence say?
- management techniques and dressings
- understanding moisture balance
- practical experiences and tips
- surgical treatment options
- chronic wounds and pressure ulcers
- improving joint working and consistency across healthcare boundaries

13.00 *Question and answers, followed by lunch at 13.10*

14.00 The benefits and challenges of delivering an integrated wound service in Leeds

Nikki Stubbs

Tissue Viability Consultant, NSC Wound Care Consulting

& Member, Stop the Pressure Clinical Workstream

The National Wound Care Strategy Programme

- understanding pain associated with chronic wounds
- acute and chronic pain
- treating pain associated with chronic wounds
- latest evidence and interventions to reduce wound pain

14.30 Chronic Wounds and Diabetes

Professor Frances Game

Consultant Diabetologist

University Hospitals of Derby and Burton NHS Foundation Trust

and Clinical Director

East Midlands Diabetes with Vascular Diseases NHS Clinical Network

- understanding diabetes as a risk factors for chronic wounds
- how can we ensure care within 24 hours of a person with diabetic foot problems being admitted to hospital, or the detection of diabetic foot problems
- case study: improving the management of Diabetic foot ulcers

15.00 EXTENDED SESSION: Improving the management chronic wounds of the lower limb

Speaker to be confirmed

- improving the management of chronic wounds of the lower limb
- treatment of chronic wounds in the lower leg and foot
- evidence-informed recommendations to reduce unwarranted variation, improve safety and optimise patient experience and outcomes
- quality indicators for patient with lower limb ulceration

15.45 *Question and answers, followed by tea & coffee*

16.00 Chronic Wounds in the Older Person with Frailty

Linda Nazarko OBE FRCN

Consultant Nurse Physical Healthcare

West London NHS Trust

- understanding age related skin changes
- why are frail older people at greater risk of chronic wounds?
- reducing the risk in hospital, community and care home settings
- management of chronic wounds in the frail older person

16.30 Chronic Wounds and Nutrition/Hydration

Alison Smith

Chair

British Dietetic Association Older People's Specialist Group

- optimising nutrition and hydration for the prevention and management of chronic wounds
- ensuring accurate assessment of nutritional status
- learning from cases

17.00 *Question and answers, followed by close*

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Please specify any special dietary or access requirements

This form must be signed by the delegate or an authorised person before we can accept the booking

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Conference Documentation

☐ I cannot attend the conference but would like to receive a PDF containing the conference handbook material, which includes speaker slides, at £49 each.

The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Venue

De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Friday 6th November 2020

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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Accommodation

On confirmation of your booking you will receive information for booking accommodation should you require it.

Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7-10 days after submitting your booking.

Exhibition

If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email carolyn@hc-uk.org.uk

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