

26TH ANNUAL

SAN DIEGO HEART FAILURE WINTER SYMPOSIUM

NEW STRATEGIES FOR DETECTION,
PREVENTION AND
TREATMENT OF HEART FAILURE

JANUARY 23 & 24, 2026

Attend In-person or Online

Hilton La Jolla Torrey Pines
La Jolla, California



*"Amazing,
learned
new things!"*
TR

*"Very
thorough and
organized..."*
CS

*"Wonderful;
very, very
informative!"*
WM

SANDIEGOHEARTFAILURE.COM

COURSE DESCRIPTION



This year's **26th Annual San Diego Heart Failure Winter Symposium - New Strategies for Detection, Prevention and Treatment of Heart Failure** on January 23 & 24, 2026 aims to provide a comprehensive overview of how to best manage patients with heart failure at all stages of disease. This accredited program emphasizes practical aspects of heart failure management beginning with prevention of clinically manifest disease in patients at risk and extending to end-stage heart failure. Over the course of two days, the focused sessions that include lectures, case discussions and moderated panels will provide expert insight and personal experience that cover the full range of management options that are available for managing patients throughout the spectrum of heart failure. The agenda of the Winter 2026 Symposium includes content that extends from recognition of patients with cardiovascular-renal-metabolic syndrome (CRMS) who are risk of developing heart failure to the management of patients with symptomatic heart failure including those with cardiogenic shock or end-stage disease. Advances in drug and device therapy will receive extensive coverage throughout the Symposium. Insights into the recognition and management of less common (but not less important) causes of disease including genetic mutations are important areas that will be reviewed.

Throughout the Symposium, best practices and emerging strategies for diagnosis and treatment are emphasized. By combining case vignettes, patient narratives, didactic lectures and insightful panel discussions, attendees will have the opportunity to gain state of the art insights into the management of patients with heart failure. Our goal, as always, is to provide cutting edge information in a format that will enhance adaption of the knowledge that is gained into clinical practice..

SYMPOSIUM OBJECTIVES

1. Summarize current and emerging treatments available for preventing and treating heart failure and provide information to help in the selection of the most effective choices in individual patients.
2. Review strategies for implementing medical and device therapies that will lead to improved outcomes in heart failure patients.
3. Define how specific populations including minorities, women and the elderly respond to various approaches to treating risk factors and heart failure.

TARGET AUDIENCE

This course is designed for cardiologists, internists, primary care physicians, nurses, PA's, PharmD's and all other allied healthcare professionals with an interest in heart failure.

ACCREDITATION

NEEDS ASSESSMENT

Over five million Americans (two percent of the U.S.) are living with heart failure (HF). An estimated 670,000 new cases of HF are diagnosed each year. Heart failure is a major cause of morbidity and mortality (80% of men and 70% of women less than 65 years of age who have HF will die within 8 years) and is the number one cause of hospitalizations of the elderly in the U.S. (Martin SS, et al; American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Subcommittee. 2024 Heart Disease and Stroke Statistics: A Report of US and Global Data From the American Heart Association. *Circulation*. 2024 Feb 20;149(8):e347-e913). Data shows us that while heart failure is common, it is oftentimes unrecognized and misdiagnosed. Recent data also indicate that drugs and devices that have proven beneficial and are recommended in recent practice guidelines, (Joglar JA, et al; Peer Review Committee Members. 2023 ACC/AHA/ACCP/HRS Guideline for the Diagnosis and Management of Atrial Fibrillation: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *Circulation*. 2024 Jan 2;149(1):e1-e156) are underutilized (Greene SJ, et al. Medical Therapy for Heart Failure With Reduced Ejection Fraction: The CHAMP-HF Registry. *J Am Coll Cardiol*. 2018 Jul 24;72(4):351-366). There is also significant individual variability in conformity to quality-of-care indicators and clinical outcome of patients with HF that has led to a substantial gap in overall performance. In addition, according to a study analyzing the quality of health care in the U.S., patients with HF received the recommended quality of care only 64% of the time (heart failure performance measurement set by the ACC/AHA 2010). As a consequence, despite important advances in treatment, patients with HF continue to experience unacceptably high rates of morbidity and mortality. This along with the enormous cost of caring for a growing number of HF patients has resulted in increased scrutiny of existing and emerging therapies.

ACCREDITATION

PHYSICIANS

The AAFP will review the 26th Annual San Diego Heart Failure Winter Symposium - New Strategies for Detection, Prevention and Treatment of Heart Failure and designate it for up to TBD Live AAFP Prescribed credits. Term of Approval is from 01/23/2026 to 01/24/2026. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



AAFP Prescribed credit is accepted by the American Medical Association as equivalent to *AMA PRA Category 1 credit(s)*™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

CULTURAL AND LINGUISTIC COMPETENCY

This activity is in compliance with California Assembly Bills 1195 and 241 which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. Cultural competency is defined as a set of integrated attitudes, knowledge, and skills that enables health care professionals or organizations to care effectively for patients from diverse cultures, groups, and communities. Linguistic competency is defined as the ability of a physician or surgeon to provide patients who do not speak English or who have limited ability to speak English, direct communication in the patient's primary language. Cultural and linguistic competency was incorporated into the planning of this activity.

FACULTY

UC SAN DIEGO PROGRAM DIRECTOR



Barry H. Greenberg, MD, FACC
Distinguished Professor of Medicine
Director, Advanced Heart Failure Treatment Program
UC San Diego
La Jolla, CA

CO-DIRECTOR



Hao (Howie) Tran, MD, FACC
Associate Professor of Medicine
Director, Heart Failure Services
Director, Cardiogenic Shock and Mechanical Circulatory Support
Division of Cardiovascular Medicine
UCSD Medical Center
San Diego, CA

GUEST FACULTY



Uri Elkayam, MD, FACC, FAHA, FHFSA
Professor of Medicine
Professor of Obstetrics and Gynecology
Director Maternal Cardiology
University of Southern California
Los Angeles, CA



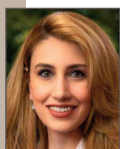
Gregg Fonarow, MD, FACC, FAHA, FHFSA
Eliot Corday Professor of Cardiovascular Medicine and Science
Director, Ahmanson – UCLA Cardiomyopathy Center
Co-Director, UCLA Preventative Cardiology Program
David Geffen School of Medicine
Los Angeles, CA



Yehuda Handelsman, MD, FACP, FNLA, FASPC, MACE
Medical Director & Principal Investigator, Metabolic Institute of America
Chair Scientific Advisory board, DCMi- Diabetes, CardioRenal & Metabolism Institute
Chair & Program Director World Congress on IR, DM & CVD & Heart in Diabetes
Past- President: American College Endocrinology, American Association Clinical Endocrinologists, Pacific Lipids Association
Tarzana, CA



Alex (Alexandra) Kharazi, MD
Cardiothoracic Surgeon
CVTS Medical Group, Inc.
Sharp Chula Vista Medical Center
Sharp Grossmont Hospital
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Rola Khedraki, MD FACC
Director, Cardiac Intensive Care Unit
Assistant Professor of Medicine
Advanced Heart Failure and Transplant Cardiology
Mechanical Circulatory Support Program
Cardiac Amyloidosis Program
Scripps Clinic, John R. Anderson V Medical Pavilion
San Diego, CA



Katie (Katherine) Wood, MD
Surgeon - Thoracic and Cardiac
UC Irvine
Irvine, CA

FACULTY

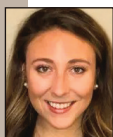
UC SAN DIEGO PARTICIPATING FACULTY



Eric Adler, MD, FACC
Professor of Medicine
The Czarina and Humberto S. Lopez
Chancellors Endowed Chair in Cardiology
Director Strauss Center for Cardiomyopathy
& Section Head Heart Failure



David E. Krummen, MD, FACC, FHRS
Director of Electrophysiology,
VA San Diego Healthcare System
Professor of Medicine



Antoinette S. Birs, MD
Assistant Clinical Professor of
Medicine
Advanced Heart Failure and
Transplant Cardiology
Division of Cardiology



Ehtisham Mahmud, MD, FACC, MSCAI
Professor and Division Chief,
Cardiovascular Medicine
Executive Director, Sulpizio
Cardiovascular Center - Medicine
UC San Diego Health



Quan Bui, MD
Assistant Professor of Medicine
Advanced Heart Failure and
Transplant Cardiologist



Julia McCain, PA-C
Advanced Heart Failure



Neal Dixit, MD
Advanced Heart Failure Fellow
Division of Cardiovascular Medicine
UC San Diego School of Medicine



Anya Narezkina, MD
Associate Clinical Professor of
Medicine
Director, Cardio-Oncology Program



Kimberly N. Hong, MD, MHSA
Assistant Professor of Medicine
Advanced Heart Failure,
Cardiac Transplant and Mechanical
Circulatory Support



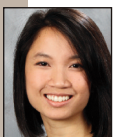
Mansi Oberoi, MD
Advanced Heart Failure Fellow
Division of Cardiovascular Medicine
UC San Diego School of Medicine



Jonathan C. Hsu, MD, MAS
Professor of Medicine
Section of Cardiac Electrophysiology
Division of Cardiology



Meghan Philbrick, NP
Advanced Heart Failure and
Transplant Care



Trina Huynh, PharmD, BCPS
Transitions of Care Coordinator
Department of Pharmacy



Jia Shen, MD, MPH, FACC
Associate Professor of Medicine
Director Bankers Hill Cardiovascular Clinics
Department of Cardiology



Lauren Korty, PhD
Certified Genetic Counselor
UC San Diego Health



Jorge Silva Enciso, MD, FACC
Clinical Professor of Medicine
Director,
Hypertrophic Cardiomyopathy Program
Heart Failure, Mechanical Circulatory
Support and Transplant Cardiology

faculty continued on next page

COURSE DESCRIPTION

UC SAN DIEGO PARTICIPATING FACULTY *(continued)*



Pam R. Taub, MD, FACC, FASPC
Director of Step Family Foundation
Cardiovascular Rehabilitation and
Wellness Center
Professor of Medicine
UC San Diego Health System
Division of Cardiovascular Medicine



**Andrew Willeford, PharmD,
PhD, BCCP**
Health Sciences Assistant
Clinical Professor
Skaggs School of Pharmacy and
Pharmaceutical Sciences



Marcus Anthony Urey, MD
Associate Professor of Medicine
Department of Medicine



Jenny Yang, MD
Pulmonologist and
Critical Care Physician
Assistant Professor of Medicine



**Nicholas Wettersten, MD,
FACC**
Assistant Professor of Medicine
Department of Cardiology



**Cassia Yi, MSN, RN, CNS,
CCRN**
ECMO Program Manager
UC San Diego Health



**Michael J. Wilkinson, MD,
FACC**
Assistant Clinical
Professor of Medicine
Division of Cardiovascular Medicine

PATIENT ADVOCATE



Greg Ruf, DCM Foundation
Founder and Executive Director of the
DCM Foundation Genetic Cardiomyopathy Awareness Consortium
Dublin, Ohio



FACULTY DISCLOSURE

It is our policy to ensure balance, independence, objectivity and scientific rigor. All persons involved in the selection, development and presentation of content are required to disclose any real or apparent conflicts of interest. All conflicts of interest will be resolved prior to an educational activity being delivered to learners through one of the following mechanisms 1) altering the financial relationship with the commercial interest, 2) altering the individual's control over CME content about the products or services of the commercial interest, and/or 3) validating the activity content through independent peer review. All persons are also required to disclose any discussions of off label/unapproved uses of drugs or devices. Persons who refuse or fail to disclose are disqualified from participating in the CME activity. Participants will be asked to evaluate whether the speaker's outside interests reflect a possible bias in the planning or presentation of the activity. This information is used to plan future activities.

FRIDAY, JANUARY 23

7:15-7:45am	Registration/Visit Exhibits
7:45-8:15am	CASE VIGNETTES Barry Greenberg MD (<i>Moderator</i>) Drs. Pam Taub, Jia Shen & Neal Dixit (<i>Presenters</i>)
8:25-9:25	Product Theatre I - (<i>Non-CME, Breakfast Served at 8:25am</i>)
9:35	Welcome and Introduction to the Symposium Barry Greenberg, MD

SESSION I	Defining and Managing the Cardio-Renal-Metabolic Syndrome Pam Taub, MD (<i>Moderator</i>)
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9:45-10:05	FEATURED LECTURE Identifying Patients at Risk for Developing Heart Failure Pam Taub, MD
10:05-10:20	Role of SGLT2 Inhibitors in Treating Patients with DCRM Conditions Yehuda Handelsman, MD
10:20-10:35	Emerging Evidence that GLP-1 Agonists Can Prevent CV Disease in Patients with CRMS Jia Shen, MD
10:35-10:50	Advances in the Management of Patients with Dyslipidemia Michael Wilkinson, MD
10:50-11:05	Use of Finerenone To Prevent CV Disease, CKD and Heart Failure Barry Greenberg, MD
11:05-11:25	Moderated Panel Pam Taub, MD (<i>Moderator</i>) Drs. Greenberg, Handelsman, Shen, Wilkinson, Andrew Willeford, Pharm D (<i>Panelists</i>)
11:25-11:35	Break/Visit Exhibits

SESSION II	Cardio-Oncology and Pulmonary Arterial Hypertension Barry Greenberg, MD (<i>Moderator</i>)
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11:35-11:55	Chemotherapy Induced Cardiomyopathy: Prevalence, Risk and Prevention Anya Narezkina, MD
11:55-12:15	Advances in the Management of Pulmonary Arterial Hypertension Jenny Yang, MD
12:15-12:25	Break/Visit Exhibits
12:25-1:25	Product Theatre II - (<i>Non-CME, Lunch Provided</i>)
1:25-1:35	Visit Exhibits

continued on following page

FRIDAY, JANUARY 23 *(continued)*

SESSION III	Amyloid and Other Infiltrative Heart Disease, Hypertrophic Cardiomyopathy and HFpEF Marcus Anthony (Tony) Urey, MD <i>(Moderator)</i>
1:35-1:55	FEATURED LECTURE Recognizing and Treating Patients with Amyloidosis Marcus Anthony (Tony) Urey, MD
1:55-2:10	Advances in the Management of Patients with Hypertrophic Cardiomyopathy Jorge Silva Enciso, MD
2:10-2:25	Managing Patients with Cardiac Sarcoidosis and Other Infiltrative Diseases Quan Bui, MD
2:25-2:40	Patient Perspective TBD
2:40-3:05	Moderated Panel Marcus Anhtony (Tony) Urey, MD <i>(Moderator)</i> Drs. Silva, Bui, Julia McCain PA, Trina Hyunh, PharmD, and Patient Advocate <i>(Panelists)</i>
3:05-3:20	Break/Visit Exhibits
SESSION IV	Rare Diseases and Gene Therapy Barry Greenberg, MD <i>(Moderator)</i>
3:20-3:35	Introduction to Rare Diseases and Gene Therapy Barry Greenberg, MD
3:35-3:50	FEATURED LECTURE Gene Therapy from Bench to Bedside Eric Adler, MD
3:50-4:00	Genetic Testing - Who, What, When and Why Quan Bui, MD
4:00-4:10	Genetic Counseling Lauren Korty, PhD
4:10-4:20	Gene Therapy for Genetic Cardiomyopathies Kimberly Hong, MD
4:20-4:30	Gene Therapy for Lysosomal Storage Diseases Eric Adler, MD
4:30-4:40	Genetic Diseases from the Patient Perspective Greg Ruf, DCM Foundation, GCAC
4:40-5:00	Panel Discussion Barry Greenberg MD <i>(Moderator)</i> Drs. Bui, Korty, Adler, Hong and Greg Ruf <i>(Panelists)</i>
5:00	Adjourn Day 1

Saturday's schedule begins on following page

SATURDAY, JANUARY 24

7:15-7:45am	Registration/Visit Exhibits
7:45-8:15am	CASE VIGNETTES Barry Greenberg MD (<i>Moderator</i>) Drs. Wettersten, Elkayam & Greenberg (<i>Presenters</i>)
8:25-9:25	Product Theatre III - (<i>Non-CME, Breakfast Served at 8:25am</i>)
9:25-9:40	<i>Visit Exhibits</i>
9:40	Welcome and Introduction to Day 2 of the Symposium Barry Greenberg, MD
SESSION V	Managing Patients with Stage C Heart Failure Barry Greenberg, MD (<i>Moderator</i>)
9:50-10:10	FEATURED LECTURE Advances in the Management of Patients with Symptomatic HF _{rEF} Gregg Fonarow, MD
10:10-10:30	FEATURED LECTURE Emerging Approaches for Managing Patients with Symptomatic HF _{pEF} Uri Elkayam, MD
10:30-10:45	Monitoring Devices To Identify and Treat Congestion Hao (Howie) Tran, MD
10:45-11:00	What's New in 2026 Neal Dixit, MD
11:00-11:15	Living with Heart Failure – A Patient's Perspective TBD
11:15-11:35	Moderated Panel Discussion Barry Greenberg, MD (<i>Moderator</i>) Drs. Fonarow, Elkayam, Tran, Dixit and Patient Advocate (<i>Discussants</i>)
11:35-11:50	<i>Break/Visit Exhibits</i>
11:50-12:50pm	Product Theatre IV - (<i>Non-CME, Lunch Provided</i>)
12:50-1:05	<i>Break/Visit Exhibits</i>
SESSION VI	Shock and Pre-Shock: Diagnosis and Management Hao (Howie) Tran, MD (<i>Moderator</i>)
1:05-1:20	Recognizing Preshock - The Early Warning Signs Rola Kedraki, MD
1:20-1:35	Diagnosis and Initial Management of Cardiogenic Shock Howie Tran, MD
1:35-1:50	Mechanical Circulatory Support in Escalating Shock Katie Wood, MD
1:50-2:05	Surgical Intervention for Advanced Cardiogenic Shock Alex Kharazi, MD
2:05-2:25	Panel Discussion Howie Tran, MD (<i>Moderator</i>) Drs. Kedraki, Kharazi, Mansi Oberoi MD, Cassia Yi, ECMO Lead Nurse (<i>Panelists</i>)

Saturday's schedule continues on following page

SATURDAY, JANUARY 24 *(continued)*

SESSION VII	Myocarditis, Pericarditis, Arrhythmias, Treating Valvular Heart Disease and Preventing Sudden Cardiac Death Barry Greenberg MD <i>(Moderator)</i>
2:25-2:40	Emerging Approaches for Categorizing and Treating Patients with Myocarditis and Chronic Pericarditis Nick Wettersten, MD
2:40-3:00	FEATURED LECTURE Approaches for Managing Patients with Atrial Fibrillation and Preventing Thromboemboli Jonathan Hsu, MD
3:00-3:20	FEATURED LECTURE Percutaneous Valve Replacement and Repair Ehtisham Mahmud, MD
3:20-3:35	Identifying Patients at Risk of Sudden Cardiac Death David Krummen, MD
3:35-3:45	<i>Break/Visit Exhibits</i>
SESSION VIII	Advanced Therapies for Heart Failure Marcus Anthony (Tony Urey) MD <i>(Moderator)</i>
3:45-4:00	Who Is A Candidate for Advanced Therapies Hilary Shapiro, MD
4:00-4:15	Outcomes From Cardiac Transplantation and LVAD Antoinette Birs, MD
4:15-4:30	A Patient's Perspective TBD
4:30-4:50	Moderated Panel Discussion Marcus Anthony (Tony) Urey, MD <i>(Moderator)</i> Drs. Shapiro, Birs, Tran, and Megan Philbrick, NP <i>(Panelists)</i>
4:50	Adjourn Until Our June 2026 Summer Meeting



LOCATION



Hilton La Jolla Torrey Pines

10950 North Torrey Pines Road
La Jolla, California, 92037, USA
(858) 558-1500

1-800-HILTONS
(toll free reservations)

www.hilton.com

Hotel Reservation Deadline: December 18, 2025.

You'll find us amid the Torrey Pines Golf Course with views of the Pacific Ocean from our rooms. We're less than five miles from Torrey Pines State Beach and the hiking trails of Torrey Pines State Reserve. Enjoy our outdoor pool and tennis courts, as well as exclusive access to daily golf tee times. We are located 15 miles north of San Diego International Airport in the exclusive area of La Jolla and overlooking the legendary Torrey Pines Golf Course

Reservation Deadline: December 18, 2025. If your reservation is not received prior to cut-off date, reservations will be accepted subject to availability. Please specify that you plan to attend the 26th ANNUAL SAN DIEGO HEART FAILURE WINTER SYMPOSIUM so you can receive our special course rate.

HOTEL RATES

Special room rates are offered:

Single/Double: \$189

Plus San Diego occupancy tax of 12.66% and resort charge of \$36 (*tax subject to change*).

Resort Fee Includes:

- 2 glasses of house wine OR 2 tap beer of choice at the bar
- Access to Shiley's Sports Complex
- Resort games, toys, & Yoga equipment
- 15% off Torrey Pines Pro Shop
- WI-FI basic access
- 2 bottles of water per day, based on double occupancy – max 2/rm
- 20% gift shop discount
- Access to sports courts and equipment rentals

Days of the Event Parking (*per day, subject to change*):

- \$20.00 per car self-parking and \$26.00 per car valet.
- Standard overnight parking rates apply.

First night's deposit or credit card guarantee must accompany reservation.

For Reservations call the hotel directly: 1-800-HILTONS

SYMPOSIUM CANCELLATIONS

If your registration must be cancelled and a refund of your fee is desired, your fee, less \$40 for administrative costs, will be refunded upon receipt of a written request that includes your signature. No refunds will be made after January 1, 2026. Please allow up to 12 weeks for a refund.

FURTHER INFORMATION

Complete Conference Management

3320 Third Avenue, Ste C San Diego, CA 92103

Register Online at: SanDiegoHeartFailure.com

Register Online: SanDiegoHeartFailure.com
REGISTRATION

**26TH SD HEART FAILURE SYMPOSIUM
JANUARY 23 & 24, 2026**

A HYBRID EVENT FROM THE

HILTON LA JOLLA TORREY PINES LA JOLLA, CALIFORNIA

First Name _____

Last Name _____

Title _____

Office Address _____

City _____

State _____ Zip _____

Phone _____

Email _____

Professional Specialty _____

Special Needs for Disabled _____

Physicians/Industry Fees:

\$275 Early Bird Registration – on or before December 17, 2025

\$325 Registration – December 18, 2025 or after and on-site

Nurse/Allied Health Care

\$169 Early Bird Registration – on or before December 17, 2025

\$199 Registration – December 18, 2025 or after and on-site

\$50 Student Registration

**Student/Fellow with letter of verification*

CREDIT CARD PAYMENT - Visa, Mastercard, Discover or Am Ex ONLY

Name of Registrant _____

Card Number _____

Security Code _____ Exp. Date _____

Name on Card _____

Billing Address _____

Amount \$ _____

Signature _____

CHECK OR MONEY ORDER PAYMENT (in US dollars)

Make payable to:

San Diego Heart Failure Symposium

Mail or Fax to:

Complete Conference Management

3320 Third Avenue, Suite C

San Diego, CA 92103

Fax: 619-299-6675