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MEDS

Metabolic & Endocrine Disease Summit

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AUGUST 1-4, 2018
WYNDHAM SAN DIEGO BAYSIDE
SAN DIEGO, CALIFORNIA



OCTOBER 10-13, 2018
CARIBE ROYALE
ORLANDO, FLORIDA

24.25 CE/CME CREDITS AVAILABLE

GET THE LATEST UPDATES AND GUIDELINES ON...

- Diabetes
- Thyroid Dysfunction
- Obesity
- Vitamin Deficiency and Hypercalcemia
- Osteoporosis
- Chronic Kidney Disease
- Insulin Management
- Adrenal Disease
- Diabetic Neuropathy
- PCOS
- Multidisciplinary Bone Panel

and much more!

Plus, optional Interactive Insulin Workshop (limited space available—first come, first served!)

Go to MEDSummit-cecme.org to register and for complete information.

ABOUT OUR VENUES



WYNDHAM SAN DIEGO BAYSIDE SAN DIEGO, CALIFORNIA

Discount room block rate: \$179

For reservations:
Call 866-781-2632

Discount Expiration Date:
Monday, July 2, 2018



CARIBE ROYALE ORLANDO, FLORIDA

All-suite property with free parking

Discount room block rate: \$159
a night (2 bedroom villas with full
kitchen available for \$259).

For reservations: Call 888-258-7501

Discount Expiration Date:
Monday, September 10, 2018

OPTIONAL INTERACTIVE INSULIN WORKSHOP

ESSENTIAL NUTS AND BOLTS OF INSULIN MANAGEMENT

1:45-5:45 PM Additional 3.5 CE/CME Credits Available

Saturday, August 4 (San Diego) Saturday, October 13 (Orlando)

This interactive workshop will include a case-based presentation, small groups, and a classroom-style format where you will learn a pragmatic approach to insulin management.

Space is limited. First come. First served!

ACCREDITATION INFORMATION

Joint Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and Global Academy for Medical Education. Postgraduate Institute for Medicine is jointly accredited by the American Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Nursing Education

The maximum number of hours awarded for this Continuing Nursing Education activity is 24.25 contact hours. Designated for 9.5 contact hours of pharmacotherapy credit for Advance Practice Registered Nurses.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and Global Academy for Medical Education, Inc. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

Physician Credit Designation

The University of Cincinnati designates this Live Activity for a maximum of 24.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants Credit Designation

The American Academy of Physician's Assistants (AAPA) accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by ACCME.

CONFERENCE CHAIR



SCOTT URQUHART, PA-C, DFAAPA

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Adjunct Clinical Professor, PA Program
James Madison University, Harrisonburg, VA
Diabetes and Thyroid Associates, Fredericksburg, VA

CO-CHAIR



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Nurse Practitioner
Founder
Metabolic Medicine Associates
King George, VA

FACULTY



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Medical Science Liaison Intarcia Therapeutics, Inc.
Physician Assistant
Diabetes and Endocrine Associates
La Jolla, CA



R. MIMI SECOR, DNP, FNP-BC, NCMP, FAANP

Visiting Scholar, Boston College
President Emerita/Senior Advisor, NPACE
Just Us Women
Attleboro, MA



KIM ZUBER, PAC, DFAAPA, FNKF

Physician Assistant
American Academy of Nephrology PAs
Oceanside, CA



AGENDA Wednesday-Saturday, August 1-4 (San Diego) and October 10-13 (Orlando)

(Subject to change. Please see website for updated schedule: MEDSummit-cecme.org)

WEDNESDAY SAN DIEGO/ORLANDO

7:00 AM	Breakfast/Exhibits
8:15 AM	Welcome
8:30 AM	Right Between the Eyes: Suspecting Pituitary Disorders Ji Hyun (CJ) Chun, PA-C, BC-ADM
9:25 AM	Considering Cushing's Disease: Yours to Keep or Refer? Scott Urquhart, PA-C, DFAAPA
9:50 AM	Adrenal Insufficiency/Adrenal Fatigue: Fact vs. Fiction Scott Urquhart, PA-C, DFAAPA
10:20 AM	Break/Exhibits
10:50 AM	Morning Symposium (1.25 Additional CE/CME credits)
12:05 PM	Pheochromocytoma / Adrenal Incidentaloma: Yours to Keep or Refer? Scott Urquhart, PA-C, DFAAPA
12:50 PM	Q&A Panel
1:00 PM	Lunch
2:15 PM	Dessert Break in Exhibit Hall
2:45 PM	New Therapies for the Treatment of Hypercholesterolemia: How to Use Them Joyce L. Ross, MSN, ANP, CLS, CRNP, FPCNA, FNLA
3:45 PM	Weighing in on Obesity Through the Lifespan: Causes Complications, and Clinical Considerations Christine Kessler MN, ANP-BC, CNS, BC-ADM, FAANP
4:45 PM	Break/Exhibits
5:00 PM	Preventing Toxic Metabolic Encephalopathy in your At-Risk Patients Joyce L. Ross, MSN, ANP, CLS, CRNP, FPCNA, FNLA
5:45 PM	Obesity Case Studies: Determining the MOST Effective Weight Loss Strategies Christine Kessler MN, ANP-BC, CNS, BC-ADM, FAANP
6:30 PM	Adjourn for Evening

THURSDAY SAN DIEGO/ORLANDO

7:00 AM	Breakfast/Exhibits
8:15 AM	Case Studies in Type 2 Diabetes: Achieving Goals Together – A Gluco-Patient Centric Approach Scott Urquhart, PA-C, DFAAPA; Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDT
9:15 AM	Diabetes Medications: Making CO\$TLY Decisions Scott Urquhart, PA-C, DFAAPA; Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDT
9:35 AM	Insulin Overview: Which Type and Why Davida F. Kruger, MSN, APRN-BC, BC-ADM
9:50 AM	Break/Exhibits
10:20 AM	Morning Symposium (1.25 Additional CE/CME credits)

11:35 AM	Case Studies continued: Moving Beyond Your Comfort Zone Donna Jornsay MS, CPNP, CDE, CDT, BC-ADM; Davida F. Kruger, MSN, APRN-BC, BC-ADM
12:40 PM	Q&A Panel
12:50 PM	Lunch
2:05 PM	Dessert Break in Exhibit Hall
2:20 PM	Nephrology Secrets: Diabetic Kidney Disease (DKD) and Hypertension Kim Zuber, PAC, DFAAPA, FNKF
3:20 PM	Numb Toes and Other Woes: Diabetic Peripheral and Autonomic Neuropathies Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDT
3:50 PM	Type 2 Diabetes, Pre-Diabetes and Reproductive Concerns Donna Jornsay MS, CPNP, CDE, CDT, BC-ADM
4:35 PM	Adult Onset Diabetes: What Type is it? Ji Hyun (CJ) Chun, PA-C, BC-ADM
5:05 PM	Glucocorticoid Steroid Induced Hyperglycemia: Up, Up, and Away Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDT
5:20 PM	Key Points to Know for Emerging Adults with Type 1 Diabetes Donna Jornsay MS, CPNP, CDE, CDT, BC-ADM
5:35 PM	Tips for Effective Communication in Diabetes Management Moderator: Ellen D. Mandel, DMH, MPA, MS, PA-C, RD, CDE Presenter: Donna Jornsay MS, CPNP, CDE, CDT, BC-ADM
5:50 PM	Q&A Panel
6:05 PM	Adjourn for Evening

FRIDAY SAN DIEGO/ORLANDO

7:00 AM	Breakfast/Exhibits
8:15 AM	Managing Thyroid Disease: Preparing for Battle Moderator: Christine Kessler MN, ANP-BC, CNS, BC-ADM, FAANP Presenter: Chris Sadler, MA, PA-C, CDE, DFAAPA
8:35 AM	Case Studies in Hypo and Hyperthyroidism for Clinical Consideration Presenters: Christine Kessler MN, ANP-BC, CNS, BC-ADM, FAANP Chris Sadler, MA, PA-C, CDE, DFAAPA
9:45 AM	Thyroid Concerns in Pregnancy Christine Kessler MN, ANP-BC, CNS, BC-ADM, FAANP
10:00 AM	Break/Exhibits
10:30 AM	Mid-Morning Symposium
11:30 AM	Managing the "Hot" Mess of Thyroiditis Moderator: Christine Kessler, CNS, ANP, BC-ADM, CDT, FAANP Presenter: Chris Sadler, MA, PA-C, CDE, DFAAPA
12:00 PM	Expert Tips on Evaluating Thyroid Nodules Chris Sadler, MA, PA-C, CDE, DFAAPA

12:45 PM	Thyroid Q&A Panel Christine Kessler MN, ANP-BC, CNS, BC-ADM, FAANP Chris Sadler, MA, PA-C, CDE, DFAAPA
1:00 PM	Lunch
2:15 PM	Dessert Break/Exhibits
2:30 PM	Lifestyle Interventions: A New Narrative for Diabetes Management & Metabolic Health Ellen D. Mandel, DMH, MPA, MS, PA-C, RD, CDE
3:30 PM	Gut Grief: The Enteroendocrine Connection in Autoimmune Diseases Christine Kessler MN, ANP-BC, CNS, BC-ADM, FAANP
4:00 PM	Mind and Body: The Vicious Cycle of Depression in Diabetes and Chronic Illness Ellen D. Mandel, DMH, MPA, MS, PA-C, RD, CDE
4:45 PM	Cold Case Studies in Renal Medication Dosing: The Good, the Bad and the Iatrogenic Kim Zuber, PAC, DFAAPA, FNKF
5:45 PM	Q&A Panel
6:00 PM	Adjourn for Evening

SATURDAY SAN DIEGO/ORLANDO

7:00 AM	Breakfast/Exhibits
8:15 AM	PCOS Update 2018 R. Mimi Secor, MS, Med, FNP-C, NCMP, FAANP
9:00 AM	Hypercalcemia, Parathyroid Disease Unraveled: 3 Cases to Consider Ji Hyun (CJ) Chun, PA-C, BC-ADM Scott Urquhart, PA-C, DFAAPA
9:45 AM	Osteoporosis: Are We Ignoring this Silent Disease? Richard S. Pope, MPAS, PA-C, DFAAPA, CPAAPA
10:30 AM	Break
10:45 AM	Osteoporosis: Case Studies for Consideration Moderator: R. Mimi Secor, MS, Med, FNP-C, NCMP, FAANP Presenter: Richard S. Pope, MPAS, PA-C, DFAAPA, CPAAPA
11:30 AM	Men's and Women's Health Issues and Endocrine Disease Ji Hyun (CJ) Chun, PA-C, BC-ADM R. Mimi Secor, MS, Med, FNP-C, NCMP, FAANP
12:30 PM	Multi-Specialty Bone Panel Panelists: Ji Hyun (CJ) Chun, PA-C, BC-ADM; Richard S. Pope, MPAS, PA-C, DFAAPA, CPAAPA; R. Mimi Secor, MS, Med, FNP-C, NCMP, FAANP; Scott Urquhart, PA-C, DFAAPA; Kim Zuber, PAC, DFAAPA, FNKF
1:00 PM	Q&A Panel
1:15 PM	Symposium Adjournment
1:45 PM	Optional Post-conference Insulin Workshop (Pre-registration required)
5:45 PM	Insulin Workshop Adjourns

24.25 CE/CME
CREDITS
AVAILABLE

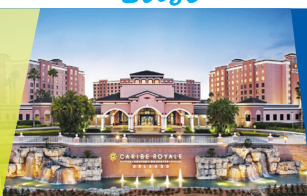
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AUGUST 1-4, 2018
WYNDHAM SAN DIEGO BAYSIDE
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OCTOBER 10-13, 2018
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Outstanding Value for Your Educational Dollar

- Advanced education in high demand areas of practice.
- "Right-sized" conference that offers the best of both worlds—nationally renowned faculty with ample opportunity for personal interaction and "curbside consults" with experts.
- Breakfast (Wednesday-Saturday), and lunch (Wednesday-Friday) included in your registration fee.
- Appealing locations where you can combine education for yourself with vacation time for you and your family.
- **Optional Insulin Workshop** that will refine your understanding and ensure competence in insulin management.



What Your Colleagues Say About MEDS

MEDS is in my opinion the most clinically comprehensive conference in the USA today.

MEDS features an outstanding and clinically competent faculty who are genuinely interested in sharing their expertise by providing the latest and most appropriate clinical approach to patient care.

—J.R., ANP-BC, CDE

Absolutely, hands down, the best and most informative conference I have ever attended.

—M.N., NP-C

My husband (a physician) and I attended MEDS and were incredibly impressed by the content and faculty! Probably one of the best (if not the best) we've attended collectively.

—J.M., MSN, ANP-BC

Don't think twice if you provide patient care—this is your must do conference!

—T.D., CRNP MSN

HOW TO REGISTER

• Register online at:
www.MEDSummit-CECME.org

• Email:
MEDS@globalacademycme.com

MEDS

**Metabolic & Endocrine
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MEDS WEST RATE SCHEDULE

	Until April 10	April 11-June 11	June 12-July 15	After July 15
NPs, PAs, and Other Clinicians	\$295	\$325	\$395	\$495
PCMG/ASEPA Members	\$245	\$295	\$345	\$395
Optional Pre-Conference Insulin Workshop	\$75	\$85	\$95	\$125

MEDS EAST RATE SCHEDULE

	Until April 10	April 11-June 11	June 12-Aug 31	After Aug 31
NPs, PAs, and Other Clinicians	\$295	\$325	\$395	\$495
PCMG/ASEPA Members	\$245	\$295	\$345	\$395
Optional Pre-Conference Insulin Workshop	\$75	\$85	\$95	\$125

A refund less a \$50 administrative fee as follows: You may cancel your registration using our online registration system prior to July 9, 2018 (MEDS West) or September 7, 2018 (MEDS East). After July 9, 2018 (MEDS West) or September 7, 2018 (MEDS East) no refunds will be granted. After the refund date, you have two options: you can transfer your registration to another party using our online registration system, or receive a credit in the amount you paid less a \$50 administrative fee to be applied to your registration for next year's conference. Refunds will not be issued to no-shows.

REGISTER ONLINE AT WWW.MEDSUMMIT-CECME.ORG