



National Association for the Medical
Direction of Respiratory Care

Physician Advocacy for Excellence
In the Delivery of Pulmonary,
Critical Care, and Sleep Medicine

NAMDRC



NAMDRC

42nd Annual Meeting and
Educational Conference

KEYNOTE SPEAKERS:

Pulmonary: Bartolome Celli, MD

Critical Care: E. Wesley Ely, MD

Jointly provided by CHEST®

American College of Chest Physicians

NAMDRC 2019: Advances in Pulmonary, Critical Care and Sleep Medicine

March 14 – 16, 2019

Fairmont Sonoma Mission Inn
Sonoma, California



ABOUT THE PROGRAM

NAMDRC takes great pride in its Annual Educational Conference, and we believe that this year's program will meet all our goals. Because NAMDRC conference registration fees do not cover the cost of the program, there are some changes from previous meetings in the non-CME components and social events related to the three day program. Each morning there will be a non CME breakfast for conference registrants. Coffee and breakfast juices will be available for those who choose not to attend these important educational sessions and for spouses and guests who enjoy re-connecting in the mornings.

Secondly, our welcoming social event will run for one hour, and it is a genuine "Meet and Greet" event for attendees, spouses, guests and corporate partners.

Our evening social events remain unchanged.

For **NAMDRC's 42nd Annual Meeting and Educational Conference** we travel back to the Fairmont Sonoma Mission Inn, Sonoma, California.

The 2019 program is entitled, "NAMDRC 2019: Advances in Pulmonary, Critical Care and Sleep Medicine" and features the following keynote speakers: Bartolome Celli, MD, Professor of Medicine at Tufts and Harvard Medical School; E. Wesley Ely, MD, Professor of Medicine at Vanderbilt University School of Medicine. NAMDRC is also offering a reduced registration fee to new members who have joined since May 1, 2018 and have never attended a NAMDRC Annual Meeting and Educational Conference (see the complete details on the Conference Registration page).

The program is designed to provide meeting registrants with a broad cross section of clinical information as well as to identify on-going health policy issues that should serve as an excellent educational opportunity. The program will include: new data on ICU liberation and the ABCDEF bundle and ICU delirium in ventilated patients; managing severe hypoxemic respiratory failure; central sleep apnea; challenges in critical care dealing with spontaneous ventilation in lung injury, ECMO and other areas; the role of long term acute care; optimizing oxygen therapy; pharmacological therapy in COPD; new approaches to the management of acute pulmonary embolism; the role of interventional pulmonary in the management of cancer; a surgical

approach to OSA and sarcoidosis. This year's Walter O'Donohue Memorial Lecture is entitled: "Changing the Natural Course of COPD." Additionally there will be a presentation and conversation on health policy.

There will also be complete updates on the Respiratory Compromise Institute; legislative and regulatory issues; negotiating coding and document changes for pulmonologists; practice management.

Sessions will be interactive via texting answers from cell phones and speakers have been specifically instructed to take advantage of this important interactive opportunity. The three half-day educational sessions on Thursday, Friday and Saturday begin early in the morning at 7:45 a.m. and conclude each day by 12:30 p.m. to ensure that everyone has the opportunity to enjoy the Sonoma winery area!

Continuing Education Credits

CHEST AMERICAN COLLEGE of CHEST PHYSICIANS The Continuing Education credits will be available to all physicians and nurses.

Education Credits: Thursday: 4.50, Friday: 4.25 Saturday: 4.00, Total Credits: 12.75

Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Chest Physicians and the National Association for Medical Direction of Respiratory Care. The American College of Chest Physicians is accredited by the ACCME to provide continuing medical education for physicians.

The American College of Chest Physicians designates this live activity for a maximum of 12.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American College of Chest Physicians is approved by the California Board of Registered Nursing, Provider Number 16433, for 12.75 contact hours.

ABIM Maintenance of Certification Information

Successful completion of this CME activity enables the participant to earn up to 12.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

Upon successful completion of this course, CHEST will submit your completion data to ABIM via ACCME's Program and Activity Reporting System (PARS) for MOC points. Please allow 3-5 business days after claiming for points to be reflected on your ABIM record.

Who Should Attend

This conference is for physicians, pharmacists, nurses, and non-physicians who work in the areas of:

- Pulmonary Medicine
- Critical Care
- Sleep Medicine

You do not need to be a member of NAMDRC to attend this educational conference. Attendance is open to all health care professionals in respiratory care, pulmonary medicine, critical care, sleep disorders and respiratory home health care and long-term services, pulmonary rehabilitation, pulmonary physiology diagnostics and ventilator management.

Learning Objectives

At the conclusion of this educational conference, the participant should be better able to:

1. identify clinical and management issues related to current practice of respiratory, critical care and sleep medicine;
2. explain and illustrate key specific advances and changes in the fields of pulmonary medicine;
3. summarize and critique recent key studies related to the fields of pulmonary medicine;
4. recognize the impact of regulation and legislation on clinical practice;
5. apply new information to the respective clinical practices of meeting attendees;
6. promote the highest quality and standards of respiratory care delivery.

Interactive Audience Response System at NAMDRC

We will be utilizing an Audience Response System in all educational sessions to facilitate an interactive learning experience between the speakers and program attendees. By texting answers from your cell phone, speakers will be able to query the attendees with results posted simultaneously. This will help promote discussion for the delivery of pulmonary medicine.

See real time responses to important clinical questions while comparing your opinion with those of your colleagues by participating in these interactive sessions.

Program Committee

In accordance with accepted guidelines the Program Committee is the sole determinant of the topics and speakers. Corporate supporters do not provide input to the Annual Meeting Educational Program Committee or in any other way participate in discussions of meeting topics or speakers.

James P. Lamberti, MD, *Co-Chairperson*

Maida V. Soghikian, MD, *Co-Chairperson*

Albee L. Budnitz, MD

Peter C. Gay, MD

Timothy A. Morris, MD

Kathleen F. Sarmiento, MD

Chandan Saw, DO

Felix D. Zamora, MD

Phillip Porte, NAMDRC
Executive Director

Karen Lui, RN, MS, NAMDRC
Associate Executive Director

Vickie Parshall, NAMDRC
Director Member Services

NAMDRC 2019 ANNUAL MEETING PROGRAM

THURSDAY MARCH 14 Moderator: Charles W. Atwood, MD, President, NAMDRC

7:45 a.m. – 8:00 a.m.	Welcome and Program Overview	
8:00 a.m. – 8:45 a.m.	ICU Liberation and the ABCDEF Bundle – New Data	Critical Care Keynote Speaker E. Wesley Ely, MD, MPH, Professor of Medicine Vanderbilt University School of Medicine, Nashville, TN
8:45 a.m. – 9:30 a.m.	Managing Severe Hypoxemic Respiratory Failure: The Ever Expanding Evidence Base	Neil R. MacIntyre, MD, Professor of Medicine, Duke University School of Medicine Durham, NC
9:30 a.m. – 10:15 a.m.	Heart Failure in Central Sleep Apnea	Peter C. Gay, MD, Professor of Medicine, Mayo Clinic, Rochester, MN
10:15 a.m. – 10:30 a.m. Break		
10:30 a.m. – 11:15 a.m.	ICU Delirium in Ventilated Patients – New Data	E. Wesley Ely, MD, MPH, Professor of Medicine Vanderbilt University School of Medicine, Nashville, TN
11:15 a.m. – 11:40 a.m.	Challenges in Critical Care: Spontaneous Ventilation in Lung Injury, ECMO, Other	E. Wesley Ely, MD, MPH, Professor of Medicine Vanderbilt University School of Medicine, Nashville, TN Neil R. MacIntyre, MD, Professor of Medicine, Duke University School of Medicine Durham, NC
11:40 a.m. – 12:25 p.m.	Health Policy	TBD

FRIDAY MARCH 15 Moderator: James P. Lamberti, MD, President-Elect, NAMDRC

7:45 a.m. – 8:00 a.m.	Welcome and Announcements	
8:00 a.m. – 8:45 a.m.	Role of Long Term Acute Care (LTAC)	Samuel Hammerman, MD, MMM, CPE, FCCP, Senior Vice President, Chief Medical Officer, Select Medical's Critical Illness Recovery Hospital Division, Mechanicsburg, PA
8:45 a.m. – 9:30 a.m.	Optimizing Oxygen Therapy	Susan Jacobs, RN, MS, Research Nurse Manager, Stanford University Medical Center, Stanford, CA Christine Garvey, FNP, MSN, MPA, MAACVPR, Nurse Practitioner University of California at San Francisco, Pulmonary Rehabilitation and Sleep Disorders San Francisco, CA Phillip Porte, NAMDRC Executive Director, Vienna, VA
9:30 a.m. – 10:30 a.m.	Walter O'Donohue Lecture: Changing the Natural Course of COPD	Bartolome R. Celli, MD, Professor of Medicine, Tufts and Harvard Medical School Boston, MA
10:30 a.m. – 10:45 a.m. Break		
10:45 a.m. – 11:15 a.m.	Addressing the Nuances of Pulmonary Coding	Alan L. Plummer, MD, FCCP, Professor of Medicine Emory University Medical Center, Atlanta, GA
11:15 a.m. -11:45 a.m.	Practice Management Update 2019	Steve G. Peters, MD, Professor of Medicine Mayo Clinic, Rochester, MN
11:45 a.m. – 12:15 p.m.	Legislative and Regulatory Updates	Phillip Porte, NAMDRC Executive Director Vienna, VA

12:15 p.m. – 12:30 p.m. Business Meeting

SATURDAY MARCH 16 Moderator: Maida V. Soghikian, MD, Secretary/Treasurer, NAMDRC

7:45 a.m. – 8:00 a.m.	Welcome and Announcements	
8:00 a.m. – 8:45 a.m.	Pharmacological Therapy of COPD: Reasons for Optimism	Pulmonary Keynote Speaker Bartolome R. Celli, MD, Professor of Medicine Tufts and Harvard Medical School, Boston, MA
8:45 a.m. – 9:30 a.m.	Management of Acute Pulmonary Embolism: New Approaches	Richard N. Channick, MD, Professor of Medicine David Geffen School of Medicine at UCLA, Los Angeles, CA
9:30 a.m. – 10:15 a.m.	The Role of Interventional Pulmonary in the Management of Cancer: From Diagnosis to Palliation	Colleen L. Channick, MD, Director of Interventional Pulmonary UCLA – Westwood Campus, Los Angeles, CA
10:15 a.m. – 10:30 a.m. Break		
10:30 a.m. – 11:15 p.m.	Surgical Approach to OSA	Stanley Yung-Chuan Liu, MD, DDS, Assistant Professor of Otolaryngology Co-Director, Sleep Surgery Fellowship, Stanford University School of Medicine, Stanford, CA
11:15 p.m. - 12:00 p.m.	Sarcoidosis	Daniel Culver, DO, Director, Interstitial Lung Disease Program Cleveland Clinic, Cleveland, OH
12:00 p.m. – 12:15 p.m. Evaluations		



PLANNING YOUR TRIP

The Fairmont Sonoma Mission Inn and Spa is located approximately 60 miles north of San Francisco at 100 Boyes Boulevard, Sonoma, California 95476. Travel from the San Francisco International Airport via the Golden Gate Bridge is approximately 90 minutes. You can also use the Oakland or Sacramento International Airports to reach the Fairmont as well.

Ground Transportation

The most economical way to reach the hotel is via Uber/ Lyft, or renting a vehicle. Numerous car rental companies are available and they include: Avis, Budget, Enterprise, Hertz, etc. Also, there are airport shuttles and limousine services available.

Parking

Self-parking is complimentary. Valet parking is available at a cost of \$35 per night; \$25 per night for Hybrid vehicles.

Hotel Accommodations and Room Rates

NAMDRC has arranged for the following room rate for the standard Fairmont Room during the conference:

\$ 279.00/night plus tax

Rates are for both single and double occupancy. To guarantee the special room rates you must make your reservations **by Friday, February 8, 2019**. Special rates cannot be guaranteed after that date.



Hotel Reservations

To make reservations and to receive the special room rate for the period of March 12- 17, 2019, call the Global Reservations Centre at:

1-800-441-1414

You must identify yourself as a participant in the NAMDRC Group when you make your reservations.

OR, go to the following reservation link:

<https://aws.passkey.com/go/namdrc2019>

Hotel Cancellation Fees

Any guaranteed reservation not cancelled 5 days prior to arrival will be subject to one night room and tax cancellation fee.

Schedule of Special Events

Plan to arrive on Wednesday, March 13th and depart on Sunday, March 17th.

Registration fees for all meeting attendees cover the cost of the educational sessions, coffee and juice, coffee breaks, the Meet and Greet Reception on Wednesday evening (3/13), the President's Reception on Thursday evening (3/14) and the Closing Reception on Saturday evening (3/16).

Attendees are encouraged to bring family members and guests to the conference. Registered family members and guests are invited to enjoy the coffee and juice and all three receptions. Guest registration is \$200 and all children under 12 are free.

Wednesday, March 13, 2019

6:30 pm to 7:30 pm

Registration and Meet and Greet Reception

Thursday March 14, 2019

7:00 pm to 10:00 pm

President's Reception

Saturday, March 16, 2019

7:00 pm to 10:00 pm

Closing Reception

Things to Do...

The concierge staff at the Fairmont is outstanding! Feel free to contact them at: 707-939-2407 to schedule your activities.

Also, check out the local website at: **www.sonomavalley.com** before you arrive for information on events and attractions within 20 minutes from the hotel. Please note that Sonoma County is rather large and if you search on "Sonoma" you could end up making reservations somewhere that is actually 2 hours away! The Fairmont is located in the Sonoma Valley on the south east corner of Sonoma County. There are many things to do in and around Sonoma County for the entire family!!!

Getting pampered with a luxurious treatment at the Fairmont's world renowned Spa is a must! If you want to schedule time in the Spa, it is recommended that you do so at least two weeks in advance of your arrival. Reservations can be made on-line.

Wine tasting, wine tours and more wine tasting are at the top of the list! Some of the local wineries include: Arrowood, Benziger, Charles Creek, Chateau St. Jean, Cline, Gloria Ferrer Caves, Kendall Jackson, Kenwood, Jacuzzi, Ledson, Meadowcraft, Paradise Ridge, Ravenswood, Sebastiani. There are many, many more to choose from.

Climate and Dress

Mid-day temperatures in March in Sonoma can average up to 70+ degrees Fahrenheit. Evenings can be chilly and it is advisable to bring long pants, sweaters and/or light jackets. Remember to bring along comfortable shoes for sightseeing, wine tasting and other activities and pack at least one set of dress clothes as some restaurants may require more formal attire and a swimsuit if you wish to use the spa. Dressing in light layers is both functional and advisable for moving from day to evening activities.

Attire for educational sessions is business casual. Receptions on Wednesday, Thursday, and Saturday Evenings call for a casual/elegant look.

NAMDRC Officers

Charles W. Atwood, MD, *President*

James P. Lamberti, MD, *President-Elect*

Maida V. Soghikian, MD, *Secretary/Treasurer*

Timothy A. Morris, MD, *Past President*

NAMDRC'S 43rd Annual Meeting and Educational Conference will be held March 12 - 14, 2020 at The Scottsdale Resort at McCormick Ranch.

CONFERENCE REGISTRATION

NAMDRC 2019: ADVANCES IN PULMONARY, CRITICAL CARE AND SLEEP MEDICINE – March 14 - 16, 2019

Registration is open to physicians and non-physicians with interests in respiratory, critical care, and sleep medicine. Written cancellations received by **March 2, 2019** will be processed minus a \$75 cancellation fee, after the conference. This conference is jointly sponsored by CHEST® - American College of Chest Physicians.

Meeting Registration Options

1. Go to www.namdr.org and register.
2. Complete this form and return it, along with payment in the form of a credit card charge or check made payable to NAMDRC to:

NAMDRC

8618 Westwood Center Drive, Suite 210
Vienna, VA 22182-2222

3. FAX (for credit card payments only) a copy of your completed registration form to **703.752.4360**.

Please print clearly or type:

Name (Last)	(First)	(MI)	
Degree			Specialty
Address			
City	State	Zip	
Telephone	Fax		
E-mail			

Nurses - Enter the following for CME credits:

License #: _____ State: _____

Registration Fee Schedule

The Attendee registration fee covers the cost of all educational sessions, CME credits, three continental breakfasts, all coffee breaks, and all NAMDRC receptions.

	Early Bird By Dec. 31	Jan. 1 to Mar. 20	On-Site
NAMDRC Members	\$400.00	\$450.00	\$475.00
Non-Members	\$600.00	\$740.00	\$800.00
New Members	\$200.00	\$225.00	\$237.50
Fellowships	\$175.00	\$205.00	\$340.00
Spouse/Guest	\$200 per person; there is no charge for children 12 and under.		

Payment

Attendee Registration Fee \$ _____
Spouse/Guest Fee (\$200 per person x _____) \$ _____
TOTAL PAYMENT DUE: \$ _____

- ☐ Enclosed is a check payable to NAMDRC (U.S. Dollars)
☐ Charge my credit card for total payment due
☐ American Express ☐ MasterCard ☐ VISA

Please print clearly or type:

Credit Card Number	Expiration Date
Security Code	
Name as it Appears on Credit Card	
Billing Address (If different from registration)	
Signature	

Badge Information

Name badges are required for admission into all NAMDRC functions. Please indicate how you want your name and the name(s) of your guests to appear on the badges.

Attendee(s):

First Name	Last Name	Degree
------------	-----------	--------

Spouse/Guest(s) including names of children 12 and under:

First Name	Last Name	E-mail address
First Name	Last Name	E-mail address
First Name	Last Name	E-mail address
First Name	Last Name	E-mail address

Receptions

Please indicate the number of participants who will be attending the following events:

Wednesday, March 13, 2019, Meet and Greet Reception, <i>Tower Room & Patio</i>	_____
Thursday, Mar. 14, 2019, President's Reception, <i>Viansa Sonoma Winery</i>	_____
Saturday, Mar. 16, 2019, Closing Reception, <i>Sonoma Valley Room</i>	_____

NEW NAMDRC MEMBERS RECEIVE DISCOUNTED REGISTRATION!

We are offering 50% off registration to all new members who have joined NAMDRC since May 1, 2018 and have never attended a NAMDRC Annual Meeting and Educational Conference. The membership fee to join NAMDRC is \$370 per individual. The meeting registration fee ranges from \$400 to \$475 depending upon when you register. This means if you join by March 1, 2019 you will receive a 50% registration fee to the NAMDRC 42nd Annual Meeting and Educational Conference that commences on March 14, 2019 in Sonoma, CA.

To take advantage of this offer please complete this registration form and contact the NAMDRC office directly for processing at 703-752-4359 or via email at Execoffice@namdr.org. If you have not already joined NAMDRC, visit our website at: www.namdr.org and sign up today.

NAMDRC MEMBERSHIP/RENEWAL APPLICATION

NAMDRC



Two Easy Ways to Become a NAMDRC Member

- 1. Go to www.namdrc.org and register for membership online.
- 2. Mail this application with payment to:

NAMDRC
8618 Westwood Center Drive, Suite 210
Vienna, VA 22182-2222

Please print clearly or type:

Name (Last)	(First)	(MI)
Degree		
Address		
City	State	Zip
Telephone	Fax	
E-mail		
Facilities with which You are Affiliated		

Membership Dues Schedule

Small Group Practice (1 –6 Physicians):

Renewal	\$295.00
New Member –includes one-time \$100.00 initiation fee	395.00

Gold Institutional Membership

7 - 20 Physicians	\$1,750.00
-------------------	------------

Platinum Institutional Membership

21 - 30 Physicians	\$2,500.00
--------------------	------------

Go to www.namdrc.org for additional information on the Gold and Platinum Institutional Membership benefits

TOTAL PAYMENT DUE: \$ _____

Payment

- ☐ Enclosed is a check payable to NAMDRC (U.S. Dollars)
- ☐ Charge my credit card for total payment due
 - ☐ American Express ☐ MasterCard ☐ VISA

Credit Card Number	Expiration Date
Security Code	
Name as it Appears on Credit Card	
Billing Address (If different from registration)	
E-mail	
Signature	

In accordance with IRS regulations, 95% of your 2019 annual dues are tax deductible. NAMDRC's Federal Tax ID# is 74-2020988.

For more information, contact NAMDRC

Phone: 703.752.4359

Fax: 703.752.4360

E-mail: ExecOffice@namdrc.org

Website: www.namdrc.org