

7th Middle East Physical Medicine and Rehabilitation Conference



25-26 January 2016

Dubai International Convention & Exhibition Centre



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What's new?

- Evaluation of robotic exoskeletons and robotic gait training
- Review of spinal cord injury treatments and rehabilitation
- Application of quality measures to rehabilitation practice such as mobile technology, data management

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Dear Healthcare Professional,

Increasing pressure on rehabilitation services in the region has made technology use, facilities management, implementation of strategies, and manpower improvement to provide sufficient and efficient care, absolutely necessary.

It gives me great pleasure to invite you to the **7th Middle East Physical Medicine and Rehabilitation Conference**, taking place from **25-26 January 2016** at the Dubai International Convention & Exhibition Centre.

Tapping into the growing demand for specialised rehabilitation centres in the region, this scientific meeting will bring together cutting edge companies with medical professionals and key decision-makers to showcase and discuss a comprehensive range of rehabilitation therapies for all physical injuries, deformities and ailments.

Unique in the region, as it aims to offer a multi-disciplinary approach in physical medicine, this event will feature various scientific sessions for physiologists, physical therapists, rehab physicians, as well as sports medicine physicians in one inter-professional meeting which brings together all rehab-related disciplines.

World-renowned speakers will discuss the most recent techniques, tactics, and technologies in physical medicine and rehabilitation.

Sponsored by Cleveland Clinic, this conference is part of the Arab Health Congress, the world's largest multi-track medical congress.

On behalf of the organising committee, I look forward to welcoming you to Dubai in January.

Yours sincerely,

Dr Yousif Alnuaimi
Activity Director

7th Middle East Physical Medicine and Rehabilitation Conference
Arab Health Congress 2016

P.S. Contact our team directly to learn more about our group discounts and early bird rates.
Call **+971 (0) 4 336 7334** or email **ahcongress@informa.com**

Key topics:

- Spinal cord injury management
- Technological management and robotic training
- Wheelchair and seating equipment assessment and prescription
- Evaluation of rehabilitation centres
- Best practice models in low back pain
- Early mobilisation and rehabilitation in the ICU
- Rehabilitation after multiple trauma
- Applying quality to rehabilitation practice

Who should attend?

- Psychiatrists
- Physical Therapists
- Occupational Therapists
- Physiotherapists
- Physical Therapists
- Spine Surgeons
- Orthopaedic Surgeons
- Sports Medicine Physicians
- Chiropractors
- Rheumatologists
- Orthotists
- Prosthetists
- Rehabilitation Nurses

Benefits of attending:

- Evaluate new developments in musculoskeletal rehabilitation
- Discuss expanding roles of psychiatrists in the region
- Assess technology usage in rehabilitation centres in the Gulf region
- Determine importance of regenerative medicine in rehabilitation
- Improve management strategies for chronic pain
- Discuss measures in place for spinal cord injuries
- Recognise causes, symptoms and treatment for spasticity
- Review gait rehabilitation techniques

The Arab Health Congress 2016 Features 20 Conferences

For more information about other conferences, visit www.ahcongress.com



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The Cleveland Clinic Foundation Center for Continuing Education designates this live activity for a maximum of **11.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

7th Middle East Physical Medicine and Rehabilitation Conference

Day one: Monday, 25th January

09:50 Opening remarks by the Chair:
Dr Yousif Alnuaimi, Chair, Department of Physical Medicine and Rehabilitation, Zayed Military Hospital, Abu Dhabi, UAE

SESSION 1: KEYNOTE PRESENTATION

10:00 The current trends of spinal cord injury management
Dr Vernon Lin, Physical Medicine and Rehabilitation Department, Cleveland Clinic, Cleveland, Ohio, USA

10:30 Coffee Break

SESSION 2: PROBLEM MANAGEMENT IN SPINAL CORD INJURY

Moderator : Dr Yousif Alnuaimi, Chair, Department of Physical Medicine and Rehabilitation, Zayed Military Hospital, Abu Dhabi, UAE

11:00 Complex spasticity management
Dr Sabahat Asim Wasti, Medical Director, Rehabilitative Medicine, Cambridge Rehabilitation Center, Abu Dhabi, UAE

11:30 International standards for neurological classification of SCI updates and e-learning
Dr Rami Alahmar, Consultant PM&R, King Hussein Medical City, Amman, Jordan

12:00 The current trends in the management of neurogenic bladder
Dr Mario Patricolo, Consultant Paediatric Surgeon, Al Noor Hospital, Abu Dhabi, UAE

12:30 Q&A

12:45 Lunch Break

SESSION 3: TECHNOLOGICAL MANAGEMENT AND ROBOTIC TRAINING

Moderator: Dr Vernon Lin, Physical Medicine and Rehabilitation Department, Cleveland Clinic, Cleveland, Ohio, USA

13:30 What to expect and not expect from robotic exoskeletons
Dr Arun Jayaraman, Director, Max Nader Center for Rehabilitation Technologies & Outcomes, Rehabilitation Institute of Chicago, Chicago, Illinois, USA

14:00 Robotic gait training in spinal cord injury
Dr Salem Ali Al Kandari, Head of the PMR Department, Physical Medicine & Rehabilitation Hospital, Kuwait

14:30 Neuro prosthetic technology for individuals with spinal cord injury
Prof Volker Homberg, Secretary General, World Federation of NeuroRehabilitation (WFNR); Department of Neurology, Heinrich Heine University, Dusseldorf, Germany

15:00 Q&A

SESSION 4: SPINAL CORD INJURY REHABILITATION

Moderator : Dr Sabahat Asim Wasti, Medical Director, Rehabilitative Medicine, Cambridge Rehabilitation Center, Abu Dhabi, UAE

15:15 Wheelchair and seating equipment assessment and prescription for promotion of health, function and wellbeing of spinal cord injury individuals
Mary Jane Mulcahey, President, American Spinal Injury Association (ASIA), Philadelphia, Pennsylvania, USA

15:45 Updates in physiotherapy approach for individual with spinal cord injury
Lisa Harvey, Chair Educational Committee, International Spinal Cord Society (ISCoS); Associate Professor, John Walsh Center for Rehabilitation Research, Sydney Medical School, Sydney, Australia

16:15 Ageing with spinal cord injury: What we need to know
Dr Suad Trebinjac, Consultant and Head of PM&R Department, Rashid Hospital, Dubai, UAE

16:45 Rehabilitation services – where are we heading?
Peyvand Khaleghian, Managing Partner, Avicenna Partners, Dubai, UAE

17:00 Q&A

17:15 CLOSE OF DAY 1 CONFERENCE

7th Middle East Physical Medicine and Rehabilitation Conference

Day two: Tuesday, 26th January

SESSION 5 : BEST PRACTICE MODELS IN MUSCULOSKELETAL PAIN

Moderator : Dr Sabahat Asim Wasti, Medical Director, Rehabilitative Medicine, Cambridge Rehabilitation Center, Abu Dhabi, UAE

10:00 **Best practice models in low back pain - the right intervention for the right patient at the right time**
Dr Rida Baruni, Consultant and Chair, Institute of Physical Medicine and Rehabilitation, Sheikh Khalifa Medical City, Abu Dhabi, UAE

10:30 **Coffee Break**

SESSION 6: INTENSIVE CARE REHABILITATION

Moderator : Dr Vernon Lin, Physical Medicine and Rehabilitation Department, Cleveland Clinic, Cleveland, Ohio, USA

11:00 **Implementation of early mobilisation and rehabilitation in the Intensive Care Unit**
Salina Perry, Lecturer and Cardiorespiratory Coordinator, Physiotherapy Department, University of Melbourne, Melbourne, Australia

11:30 **Impact of Intensive Care Unit - acquired weakness on functional outcome in survivors after critical illness**
Dr Waleed Jassim, Intensivist, Sheikh Khalifa Medical City, Abu Dhabi, UAE

12:00 **Q&A**

12:15 **Lunch Break**

SESSION 7: REHABILITATION OF MUSCULOSKELETAL CONDITIONS IN THE ACUTE HOSPITALS

Moderator : Dr Waleed Jassim, Intensivist, Sheikh Khalifa Medical City, Abu Dhabi, UAE

13:30 **Rehabilitation after multiple trauma in the acute hospitals**
Dr Khalid Anwar, Consultant, Physical Medicine and Rehabilitation, Amana Healthcare, Abu Dhabi, UAE

14:00 **Conservative rehabilitation of ACL injuries in young athletes**

Dr Kirill Micallef-Stafrace, Vice President, European Federation of Sports Medicine, Attard, Malta

14:30 **Comprehensive rehabilitation after total knee replacement/total hip replacement**
Dr Nitin Jain, Associate Professor of Physical Medicine & Rehabilitation and Orthopaedics; Director of PM&R Research and Co-Director of Orthopaedic Sports Medicine Research, Vanderbilt University School of Medicine, Nashville, Tennessee, USA

15:00 **Q&A**

SESSION 8: APPLYING QUALITY TO REHABILITATION PRACTICE

Moderator : Dr Yousif Alnuaimi, Chair, Department of Physical Medicine and Rehabilitation, Zayed Military Hospital, Abu Dhabi, UAE

15:15 **Improving quality by bringing care to the patient via mobile technology**
Dr Cynthia Deyling, Chief Quality Officer, Cleveland Clinic Health System, Cleveland Clinic, Cleveland, Ohio, USA

15:45 **Data management and operational excellence**
Guido Bergomi, Senior Director Quality Improvement, Cleveland Clinic, Cleveland, Ohio, USA

16:15 **Science of improvement, specific tools and tactics to solve problems and drive improvement**
Anthony Warmuth, Administrator/Administrative Director, Quality and Patient Safety, Cleveland Clinic, Cleveland, Ohio, USA

16:45 **Setting goals in different rehabilitation indications**
Dr Sascha Sajer, Specialist, Physical Medicine and Rehabilitation; Chief Physician and Medical Director, Wagner Health & Care, Salzburg, Austria

17:15 **Q&A**

17:30 **END OF CONFERENCE**

Grantor acknowledgement

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The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution for all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

Activity Directors:

Dr Yousif Alnuaimi, Chair, Department of Physical Medicine and Rehabilitation, Zayed Military Hospital, Abu Dhabi, UAE

Dr Vernon Lin, Physical Medicine and Rehabilitation Department, Cleveland Clinic, Cleveland, Ohio, USA

Planning Committee:

Dr Sabahat Asim Wasti, Medical Director, Rehabilitative Medicine, Cambridge Rehabilitation Center, Abu Dhabi, UAE

Speakers:

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Dr Arun Jayaraman, Director, Max Nader Center for Rehabilitation Technologies & Outcomes, Rehabilitation Institute of Chicago, Chicago, Illinois, USA

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Guido Bergomi, Senior Director Quality Improvement, Cleveland Clinic, Cleveland, Ohio, USA

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Peyvand Khaleghian, Managing Partner, Avicenna Partners, Dubai, UAE

Dr Rami Alahmar, Consultant PM&R, King Hussein Medical City, Amman, Jordan

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25-26 January 2016

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	AED	USD	AED	USD	AED	USD
☐ Physical Medicine and Rehabilitation 1 day	950	260	1,125	305	1,325	360
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Dubai International Convention & Exhibition Centre

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