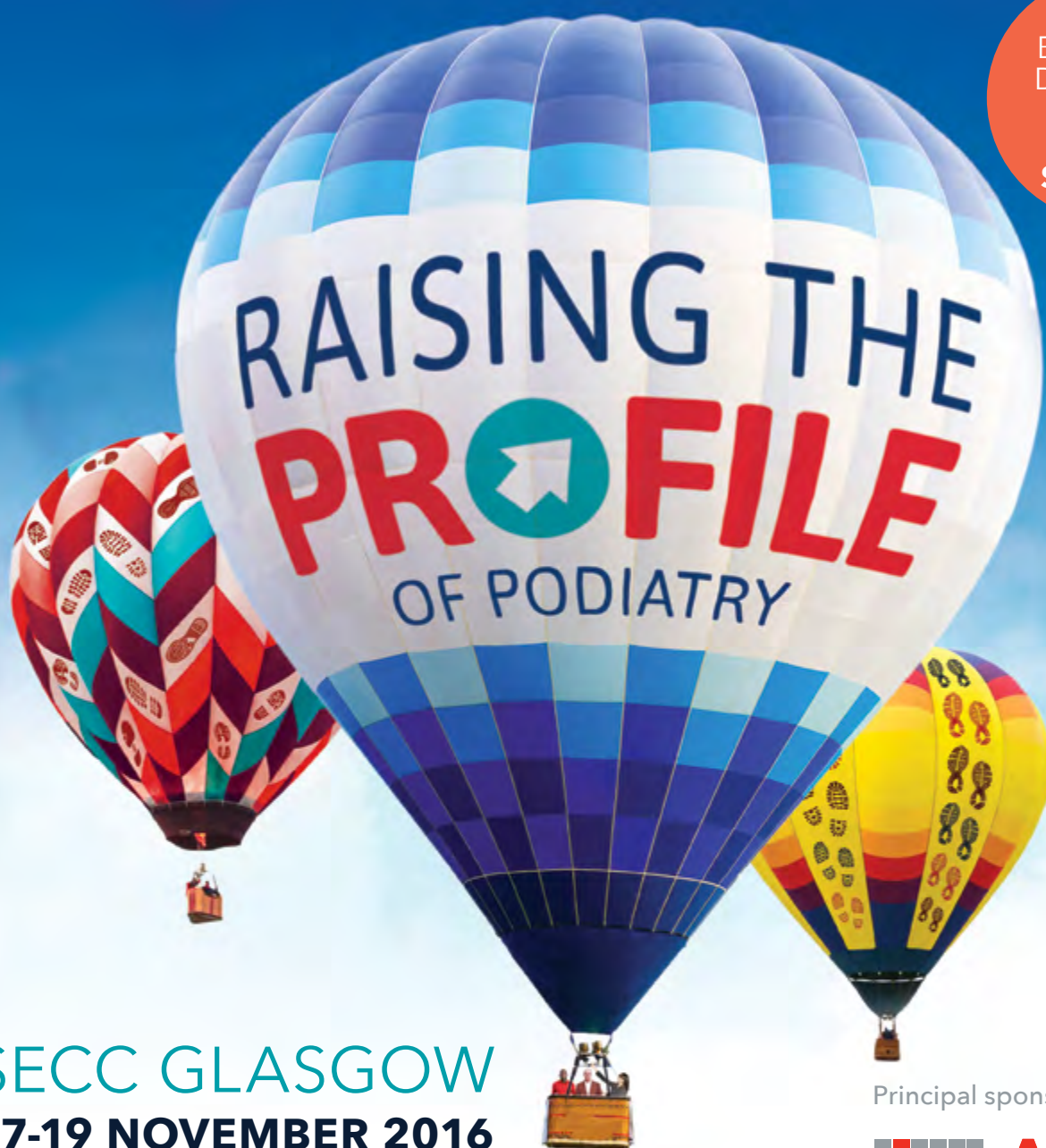




The COLLEGE
of PODIATRY

ANNUAL CONFERENCE
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The COLLEGE of PODIATRY



CHAIR'S WELCOME



On behalf of the conference committee, it is a pleasure to return to the beautiful and historic city of Glasgow and to bring you a conference with keynote speakers of the highest calibre from across the globe. With a blend of clinical and academic speakers, it promises to be an exciting and fruitful event for all.

Our theme for this conference is 'raising the profile', highlighted throughout the conference by the wide range of speakers in both plenary and concurrent sessions and supported by our allies in industry. In raising the profile of the profession, our speakers will share with us those advances in research, practice and education that signal our growth. From Australia we welcome Professor Hylton Menz and Professor Joshua Burns, both world-renowned leaders in their fields, and Stephen Hartman, currently the President of the Canadian Federation of Podiatric Medicine, who will share his experiences of the Canadian model of practice with us. We are also able to showcase our own leaders, most notably the UK profession's first research professor appointed within a School of Medicine, Professor Anthony Redmond.

With a range of other expert speakers from the world of business, clinical practice, medicine, podiatric surgery and healthcare policy, alongside our focus on specialty areas of interest in the concurrent sessions, such as forensic podiatry, complementary medicine and diabetes care, we believe there will be something for everyone.

Dr Alan Borthwick, Conference Chair 2016

KEYNOTE SPEAKERS



Dr Andrew Murray
GP and runner

Andrew is perhaps best known for his feats on endurance, having broken new ground in running 4,300km from John O'Groats to the Sahara desert, ran 7 ultra-marathons on 7 different continents in under a week and completed the first run across the mighty Namib desert. He is a well regarded figure in healthcare, having served as the Scottish Government's first physical activity champion. Andrew is an inspiring key note speaker, whose passion and drive have been shared in 2 feature length documentaries, and books including "Running Beyond Limits".



Professor Hylton Menz
NHMRC Senior Research Fellow, La Trobe University, Melbourne, Australia

Professor Hylton Menz completed his PhD at the University of New South Wales, Australia in 2002. He is currently a NHMRC Senior Research Fellow at La Trobe University. Prof Menz's broad research disciplines are human movement, gerontology, rehabilitation and rheumatology, with a particular focus on musculoskeletal foot problems in older people.



Professor Keith Harding CBE
Dean of Clinical Innovation, Cardiff University

Professor Keith Harding was appointed as the first Director of the Wound Healing Research Unit in 1991. From 2011 - 2013 he was Director of TIME Institute and Head of Wound Healing Research Unit, Cardiff University and Clinical Lead for Wound Healing in the Cardiff & Vale NHS Trust. In 2013 he was awarded £4.2 million to set up the Welsh Wound Innovation Initiative. He was awarded the CBE in the New Year Honours list in January 2013.



Dr Ed Roddy
Clinical Senior Lecturer in Rheumatology and Honorary Consultant Rheumatologist, Keele University

Dr Roddy undertook training in general medicine and rheumatology in the East Midlands and Western Australia. He has strong clinical and research interests in common musculoskeletal foot problems such as pain, hallux valgus and osteoarthritis, and crystal arthropathies particularly gout, and leads epidemiological studies and clinical trials in primary care. He is co-convenor of the British Society for Rheumatology (BSR) Foot and Ankle Special Interest Group and deputy chair of the BSR Foot Health in Inflammatory Arthritis guideline working group.



John Lees
Business Speaker, USA

John Lees is a business specialist and has written 12 books, he has also been a keynote speaker at more than 2,000 conferences. Prior to forming his own consulting firm, John Lees was a marketing and sales director for a German multinational company in Australia, and became a global consultant for the German company.



Professor Josh Burns
Professor of Allied Health (Paediatrics), University of Sydney and Children's Hospital, Australia

Professor Joshua Burns combines clinical and research training in podiatry, physiotherapy and neurogenetics. He is the inaugural Professor of Allied Health (Paediatrics) at the University of Sydney and Director of the Paediatric Gait Analysis Service of New South Wales at the Children's Hospital at Westmead. Professor Burns focuses on alleviating the musculoskeletal consequences of nerve, muscle and brain disorders.



Dr Brian Kennon
Consultant Diabetologist, Queen Elizabeth University Hospital, Glasgow

Brian Kennon's sub-speciality interests include diabetes foot disease and adolescent care. He has established a multidisciplinary foot service locally and has also developed a diabetes vascular liaison service aimed at improving in-patient care. As a member of the Scottish Diabetes Foot Action Group he has been involved in national initiatives to improve the outcomes of diabetes foot disease. As deputy-chair of the Scottish Diabetes Group he has been involved in supporting the implementation of the Diabetes Improvement Plan.



Linda Hindle
Lead Allied Health Professional and National Engagement Lead for Police and Fire Services, Public Health England

Linda is responsible for supporting the contribution of the 12 Allied Health Professions, Fire and Police services to improving public health across England, as well as supporting the national health and wellbeing programmes co-ordinated by Public Health England. Linda's previous role was a consultant dietitian in Birmingham City Council, with responsibility for the strategic planning and commissioning of services and interventions to prevent and treat obesity across Birmingham.



Dr Chris Bower
Consultant Dermatologist, Royal Devon and Exeter NHS Foundation Trust

Dr Bower's clinical interests lie in the surgical and non-surgical treatment of skin cancer. He performs over 1,000 skin surgery procedures per year, including Mohs micrographic surgery. He is Chairman of the Exeter Specialist Skin Cancer Multidisciplinary Team, member of the Dermatology Specialist Advisory Committee and co-opted member of the British Society of Dermatological Surgery executive committee.



Dr Michael Ardern-Jones
Consultant Dermatologist and Associate Professor, University of Southampton

Michael Ardern-Jones became a Consultant Dermatologist in 2005. He trained at St John's Institute of Dermatology, London and subsequently Oxford. He has a specific academic interest in inflammatory skin disease and leads the clinical service for eczema, skin allergy and drug hypersensitivity reactions. Dr Ardern-Jones is Chair of the British Society for Investigative Dermatology, President of the British Society for Medical Dermatology and Chair of The Skin Investigation Society.



Dr Matthew Young

Lead Consultant for the multidisciplinary diabetes foot care team, Royal Infirmary of Edinburgh

Matthew is the Lead Consultant for the multidisciplinary diabetes foot care team of the Royal Infirmary of Edinburgh and the Editor in Chief of the Diabetic Foot Journal. Matthew has built the clinic up to be the largest of its kind in Scotland. He was the Leading Diabetes Clinician on the group which developed the Competency Framework for the Care of the Diabetic Foot and has also been a medical prescribing lead to advance independent prescribing for podiatrists in Lothian. He also maintains an active research interest and has helped a number of podiatry colleagues to obtain postgraduate degrees. He was recently awarded a Fellowship of the College of Podiatric Medicine after nomination by his podiatry colleagues.



Stephen Hartman

President, Canadian Federation of Podiatric Medicine and Owner, Foot Works, Canada

Stephen has been in private practice for over 25 years. During this time he has witnessed the evolution of private practice from a cottage industry to what it is today, which is high energy, multi-faceted podiatry practice offering comprehensive care. This experience combined with his role with the Canadian Federation of Podiatric Medicine gives him a unique perspective for practitioners interested in going into or expanding their private practice.



Professor Mark Tagoe

Consultant Podiatric Surgeon, West Middlesex University Hospital

Professor Tagoe leads one of the most progressive NHS Departments specialising in foot and ankle surgery and is Honorary Visiting Professor to the University of Southampton. Past appointments include Vice Chairman of the Specialist Advisory Board (Podiatric Surgery) Royal College of Surgeons Edinburgh, Dean of the Faculty of Surgery of the College of Podiatrists, Regional Chair of the Southern Deanery and External Clinical Faculty Instructor to the podiatric surgical training programme, Kern Hospital, USA.



Dr Catherine Bowen

Associate Professor, University of Southampton

Catherine qualified in 1987, then working within the UK NHS before entering academia in 1996. In 2014, Catherine received a meritorious award from the UK Society of Chiropodists and Podiatrists and in 2015, was awarded a prestigious National Institute for Health Research Fellowship.

Catherine has championed the growth of promising graduate clinicians to develop podiatry and allied health clinical research careers. As Chair for the Faculty Athena SWAN (women's science academic network) committee she is an avid supporter of the advancement of women's careers in science.



Professor Anthony Redmond

Head of Clinical Biomechanics and Physical Medicine, NIHR Leeds Musculoskeletal Biomedical Research Unit and Leeds Institute of Rheumatic and Musculoskeletal Medicine

Anthony Redmond founded the Leeds foot and ankle research group 'FASTER', and now contributes to a broader portfolio of work in rheumatology and orthopaedics across the Leeds NIHR Musculoskeletal Biomedical Research Unit and the Institute for Medical and Biological Engineering.

His £5m research programme encompasses basic and translational research into the biomechanics of musculoskeletal diseases, clinical trials including novel applications of imaging, motion analysis and computer modelling.



Lyndon Jones

Consultant Podiatric Surgeon, Total Foot Health Ltd

Lyndon gained his post as Consultant Podiatric Surgeon at Andover NHS Trust and founded his own practice in 1998. He developed the first Podiatric Surgical NHS service in the Wessex region and introduced the Foot Health Status Questionnaire (FHSQ) to podiatric practice in the UK. This was the first validated, patient reported, outcome measure (PROM) for assessing the benefits of foot surgery, now used widely the UK. Lyndon is currently involved in research into Morton's neuroma with the University of Southampton to improve the clinical diagnosis and treatment of this condition.

WHY SHOULD I ATTEND?

The 2015 Harrogate Conference was the largest ever with over 1,500 delegates, 100 speakers and 300 exhibitors onsite!

“88% of delegates rate the conference as value for money”
“87% of delegates are interested in attending this year's Conference in Glasgow”
“89% of delegates rated the exhibition as excellent or good”

- Obtain 95% of your annual CPD requirements in just three days
- Exciting and fresh educational programme
- Stay abreast of the very latest scientific research, innovations and clinical skills
- Over 50 specialist sessions and workshops
- Largest podiatry exhibition in Europe of over 80 podiatry suppliers and manufacturers
- Learn about the latest technology and products, and view live demonstrations
- Fantastic networking opportunities via an exciting evening social programme.

“Thank you to all involved for your hard work in organising such a superb event. It was very enjoyable and a great opportunity to keep up-to-date, spend money (!), catch-up with colleagues not seen for a while and make new friends and acquaintances” Delegate 2015





THURSDAY 17 NOVEMBER

08.15 Registration, refreshments, exhibition and poster viewing

09.15-10.00 Student meet and greet

PLENARY SESSION

10.10	Chairs' welcome <i>Dr Alan Borthwick, Conference Chair and Associate Professor, University of Southampton, Ivan Bristow, Conference Vice-Chair and Senior Lecturer, University of Southampton and Debbie Delves, Chair of Council, Society of Chiropodists & Podiatrists</i>
10.15	Podiatry - leading the way in prevention and treatment <i>Dr Andrew Murray, GP and runner</i>
10.40	First metatarsophalangeal joint osteoarthritis: Epidemiology, assessment and management <i>Professor Hylton Menz, NHMRC Senior Research Fellow, La Trobe University, Australia</i>
11.05	Managing the diabetic foot <i>Dr Matthew Young, Lead Consultant for the multidisciplinary diabetes foot care team, Royal Infirmary of Edinburgh</i>
11.30-11.35	Official welcome from Glasgow <i>The Lord Provost, Glasgow City Council</i>

11.45-13.00 CONCURRENT SESSIONS A

A1	Diabetes and vascular: One patient same outcome - using advanced clinical skills in integrated patient care <i>Chaired by Dr Matthew Young, Lead Consultant for the multidisciplinary diabetes foot care team, Royal Infirmary of Edinburgh</i> Prescribing in clinical practice <i>Debbie Wilson, Diabetes Specialist Podiatrist, NHS Lanarkshire</i> Where do podiatric surgeons fit into the multidisciplinary team? <i>Ben Yates, Consultant Podiatric Surgeon, Great Western Hospital, Swindon</i> Integration of MSK into diabetes/vascular clinics - device and footwear prescription <i>Dr Jill Halstead, Principal Podiatrist, Salford Royal NHS Foundation Trust, Visiting Research Fellow at University of Leeds</i>
A2	MSK - chronic pain <i>Dr Adrian Dunbar, GPwSI Musculoskeletal Medicine and Chronic Pain Management</i>
A3	Stop playing the victim. Together let's make UK podiatry great! <i>Jill Woods, Healthcare Marketing Expert</i>
A4	Podiatric surgery - first ray pathology <i>Chaired by Ewan Kannegieter, Consultant Podiatric Surgeon</i> Factors affecting union rates of 1 MTPJ arthrodesis <i>David Goyette, Trainee in Podiatric Surgery, South Essex Partnership University NHS Foundation Trust</i> Hallux limitus: Is the DMO dead? (Part 2): Decompressive metatarsal osteotomy clinical results <i>Ian Beech, Consultant Podiatric Surgeon, St George's NHS Healthcare Trust</i> Medium term outcomes following tarsometatarsal joint arthrodesis with trephine joint resection and dowel calcaneal bone graft <i>Chris Withey, Podiatric Surgeon, Norfolk Community Health and Care NHS Trust</i> Outcome of lapidus fusion using locking plate with early return to weight bearing <i>Selina Mainz, Trainee in Podiatric Surgery, Doncaster and Bassetlaw Hospitals NHS Foundation Trust</i>
A5	Footwear workshop: back to basics (Limited places) <i>Dr Anita Williams, Reader, University of Salford and Dr Jane McAdam, Director of Prosthetics & Orthotics and Podiatry, University of Salford</i>
A6	Podopaediatrics <i>Chaired by Jill Phethean, Lecturer, University of Salford</i> Outcomes measures for the paediatric patient <i>Nina Davies, Lead Podiatrist (podopaediatrics), Leeds Community Healthcare NHS Trust and Lecturer, Staffordshire University</i> What happens if...? Raising the profile raises the expectations of your patients <i>Stephen Coombs, Principal Podiatrist, The Biomechanics Clinic, Cardiff</i> Tarsal coalition in the child: Post-surgical outcomes and clinical management <i>Lorna Greer, Lead Podiatrist (MSK/Paediatric), Hywel Dda University Health Board and Haverfordwest Health Centre</i>
A7	Short papers Plantar loading patterns of elite rowers on a fixed ergometer: Comparison of a commercially available rowing specific shoe to a training shoe <i>Trevor Prior, Consultant Podiatric Surgeon, Homerton University Hospital NHS Foundation Trust</i> Does the self-report of foot problems agree with clinical examination in people with rheumatoid arthritis? <i>Oonagh Wilson, University of the West of England, Bristol</i> The effect of microwave on human skin immune function and HPV infection <i>Ivan Bristow, Conference Vice-Chair and Senior Lecturer, University of Southampton</i> Drug misuse and the lower limb: an overview <i>Evelyn Weir, Lead for Interprofessional Education and Lecturer in Podiatry, Queen Margaret University</i> Shoe hardness and gait <i>Him Shun Kei, University of Northampton</i> Footprint analysis helped snare Gordon Veitch over Brian Bathgate's death" (BBC, November 2015) <i>Ivan Birch, Consultant Expert Witness in Forensic Gait Analysis, Sheffield Teaching Hospitals NHS Foundation Trust</i> Do podiatry drills conform to Health & Safety Executive limits: A potential risk for hand arm vibration syndrome (HAVS) <i>Dr Michelle Spruce, London South Bank University</i>

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A8	Ultrasound in podiatry <i>Chaired by Dr Heidi Siddle, Chair of the Ultrasound in Podiatry Specialist Advisory Group</i> Introduction to the Ultrasound in Podiatry Specialist Advisory Group <i>Dr Heidi Siddle, NIHR Clinical Lecturer and Associate Professor, Leeds Institute of Rheumatic and Musculoskeletal Medicine, University of Leeds</i> The use of ultrasound imaging in the vascular assessment of the lower limb <i>Martin Fox, Vascular Specialist Podiatrist, Manchester Leg Circulation Service, Pennine Acute Hospitals NHS Trust</i> The role of ultrasound imaging in the assessment of musculoskeletal foot and ankle conditions <i>Dr Lisa Newcombe, Lecturer in Podiatry, Glasgow Caledonian University</i> Using ultrasound imaging to guide local and systemic interventions <i>Mark Thurman, Specialist Registrar in Podiatric Surgery, Derbyshire Community Health Services NHS Foundation Trust</i>
13.00	Lunch, exhibition and poster viewing
13.10-14.00	Algeos symposium  ALGEOS Exceeding Expectations
	PLENARY SESSION
14.15	Chairs' welcome <i>Dr Alan Borthwick, Conference Chair and Ivan Bristow, Conference Vice-Chair</i>
14.20	OptiFoot: The College of Podiatry project - demonstrating evidence for the effectiveness of podiatry <i>Prof Catherine Bowen, Professor, University of Southampton</i>
14.45	You can change your world by changing your words: Raising the profile of podiatry in musculoskeletal medicine <i>Professor Anthony Redmond, Head of Clinical Biomechanics and Physical Medicine, NIHR Leeds Musculoskeletal Biomedical Research Unit and Leeds Institute of Rheumatic and Musculoskeletal Medicine</i>
15.10	Skin cancer of the foot and lower leg - what's hiding under the sock? <i>Dr Chris Bower, Consultant Dermatologist, Royal Devon and Exeter NHS Foundation Trust</i>
15.35	Jewel in the Crown presentation: Educational tool and point-of-care tests to assist antibiotic prescribing decisions for diabetic foot ulcer infections (INDUCE study) <i>Angela Jones, Health in Wales</i>
15.45	Refreshments, exhibition and poster viewing
16.35-17.45	CONCURRENT SESSIONS B
B1	Patient perspectives on the psychological impact of inflammatory arthritis and the role of the rheumatology team <i>Dr Emma Dures, Senior Research Fellow, Faculty of Health and Applied Sciences, Department of Nursing and Midwifery, University of the West of England</i>
B2	Dermatology - what's it all about? Allergy and the skin <i>Dr Michael Arden-Jones, Consultant Dermatologist and Associate Professor, University of Southampton</i>
B3	Private and general practice Mental health awareness for lone working <i>Graham Pirie, Scotland and Northern Ireland Employment Relations Officer, Society of Chiropodists & Podiatrists</i> Wellbeing at work <i>Professor Paul Fleming, Head of Professional Practice in Health Sciences, University of Southampton</i>
B4	Complementary medicine <i>Chaired by Penny Water, Homeopathic Podiatry Rep</i> The importance of mindfulness, CBT and hypnotherapy <i>Dr Rajesh Sharma, Royal London Hospital for Integrated Medicine</i> The integrated approach to treating rare skin conditions of the feet <i>Tariq Khan, Consultant Podiatrist, University College London Hospitals NHS Trust and Director, The Marigold Clinic</i>
B5	Research and development <i>Chaired by Prof Catherine Bowen, Professor, Associate Professor, University of Southampton</i> Research masterclass: patient reported outcome measures - the most important measure of performance <i>Professor Caroline McIntosh, Established Professor and Head of Podiatric Medicine, School of Health Sciences, Áras Moyola, NUI Galway</i>
B6	Forensic podiatry <i>Chaired by Dr Gordon Burrow, Consultant Forensic Practitioner, Chair of Forensic Podiatry Special Interest Group</i> Introduction to forensic gait analysis - what is it and when can it be used? <i>Haydn Kelly, Dean of the College of Podiatry, Directorate of Podiatric Surgery. Certificated in Expert Witness Accreditation</i> The use of bare footprint impression evidence for identification - a case study <i>Dr Sarah Reel, Senior Lecturer in Podiatry, University of Huddersfield</i> How useful is thematic analysis as an elicitation technique for analysing video of human gait in forensic podiatry? <i>Dr Michael Curran, Associate Professor, University of Northampton</i>
B7	Leadership/management Mentorship and the development of functional teams <i>David Wylie, Head of Podiatry Services, NHS Greater Glasgow & Clyde</i> Implementing an integrated foot and ankle pathway <i>Nikki Munro, Advanced Specialist Orthotist, NHS Greater Glasgow & Clyde</i> Building undergraduate skills <i>Robin Hull, General Manager, Urgent, Community and Cancer Care, Harrogate and District NHS Foundation Trust</i>

B8	Knowing your business - do's and don'ts for private practitioners Using digital marketing to enhance your practice <i>Mark Connelly, Managing Director, Marketing Mavens; Chartered Marketer</i> Making it your business <i>Ken Lewandowski, Scottish Entrepreneur and Businessman</i> Why do I need a contract? <i>Nuala Watkins, Commercial Contract Law</i>
17.45-18.45	Networking reception <i>Hosted by The Lord Provost, Glasgow City Council</i>
18.30-19.20	Podiatry extra meetings PE1 - EMS (Electro Medical Systems) - ESWT Evidence Based MSK Practice <i>Nikos Malliaropoulos, Consultant in Sports and Exercise Medicine, Barts Health NHS Trust and Honorary Senior Lecturer, QMUL</i> PE2 - Launching MSK:UK in Scotland <i>Gordon Hendry, Lecturer in Musculoskeletal Rehabilitation, Glasgow Caledonian University, Euan McGivern, Podiatrist, Clyde Podiatry and Damion Hintze, Podiatrist, Performance Podiatry</i> PE3 - Student Careers Forum, hosted by the CPSA <i>Careers forum supported by  ALGEOS Exceeding Expectations</i> PE4 - Podiatry Hive: Small changes, big profits <i>Troy Parsons, Director and Co-Founder of Podiatry Hive</i>

FRIDAY 18 NOVEMBER

07.50	<i>Registration, refreshments, exhibition and poster viewing</i>
08.00-08.50	Podiatry extra meetings
	PLENARY SESSION
09.00	Chairs' welcome <i>Dr Alan Borthwick, Conference Chair and Matthew Fitzpatrick, Provost of the College of Podiatry and Managing Director of A&E and Acute Medicine, North Middlesex Hospital, London</i>
09.05	Measuring and managing the foot and ankle in neuromuscular disorders <i>Professor Joshua Burns, Professor of Allied Health (Paediatrics), University of Sydney and Children's Hospital, Australia</i>
09.30	Wound healing - art or science? <i>Professor Keith Harding CBE, Dean of Clinical Innovation, Cardiff University</i>
09.55	Amputation - have we failed and is this the end of the patient journey? <i>Dr Brian Kennon, Consultant Diabetologist, Queen Elizabeth University Hospital, Glasgow</i>
10.20	Evaluation of physiotherapist and podiatrist independent prescribing; interim findings <i>Dr Nicola Carey, University of Surrey</i>
10.35	<i>Refreshments, exhibition and poster viewing</i> <i>Poster tour by Research Student Network</i>
11.30-12.45	CONCURRENT SESSIONS C
C1	Wound care and tissue viability: Demystifying wound healing for podiatrists <i>Chaired by Duncan Stang, Diabetes Foot Coordinator for Scotland</i> What's new in the world of wound care <i>Professor Keith Harding CBE, Dean of Clinical Innovation, Cardiff University</i> Biofilms - are they really out there? <i>Professor Rose Cooper, Professor of Microbiology, Cardiff Metropolitan University</i> The role of debridement in wound healing <i>Paul Chadwick, Consultant Podiatrist, Salford Royal NHS Foundation Trust</i>
C2	Podiatric sports medicine <i>Chaired by Dr Nat Padhiar, Consultant Podiatric Surgeon and Honorary Reader, QMUL</i> Birth and future of podiatric sports medicine <i>Dr Nat Padhiar, Consultant Podiatric Surgeon and Honorary Reader, QMUL</i> Special Olympics <i>Alan McCague, Senior Podiatrist in Learning Disabilities, NHS Belfast</i> Frankfurt skyline - Haglund's deformity <i>Professor Heinz Lohrer, Consultant Sports and Orthopaedic Surgeon, European Sportscore Network, Germany</i>
C3	Rheumatology Foot problems and pain - the experiences of people with Lupus <i>Dr Anita Williams, Reader, Post Graduate Research Studies Director, University of Salford</i> MSK pain - mechanisms and management <i>Professor Candy McCabe, Florence Nightingale Foundation Chair in Clinical Nursing Practice Research, University of the West of England, Bristol & Royal United Hospitals NHS Foundation Trust</i> Discussing pain in the podiatry consultation <i>Dr Cathy Price, Pain Clinic Consultant, Clinical Lead, MSK & Long Term Conditions Service, Solent NHS Trust</i>
C4	Footwear The functional analysis of shoe outsole wear patterns <i>Professor Wesley Vernon, Research Lead and Deputy AHP Lead, Primary and Community Services, Sheffield Teaching Hospitals</i> Fashion footwear design: the challenges of designing a healthy shoe <i>Bill Bird, Bespoke Orthopaedic Shoemaker and Lecturer, De Montfort University and Kevin Guildford, Footwear Designer and Programme Leader, De Montfort University</i>



C5	Private and general practice Practice accreditation – do I need it and how do I achieve it? <i>Speakers to be confirmed</i> Q&A session with the Committee of the Directorate of Independent and Private Practice and the Committee of Private Practice
C6	Research Student Network <i>Chaired by Craig Gwynne, Lecturer, University of Cardiff</i> Unpacking the building blocks needed for a definitive clinical trial <i>Professor Anne-Maree Keenan, NIHR Leeds Musculoskeletal Biomedical Research Unit and Leeds Institute of Rheumatic and Musculoskeletal Medicine</i>
C7	Short papers Importance of accurate identification of arterial perfusion using different physiological tests <i>Cynthia Formosa, Head of the Podiatry Department, University of Malta</i> Foot & ankle muscle strength in people with gout and/or diabetes <i>Simon Otter, Principal Lecturer, University of Brighton</i> The effects of foot and ankle orthoses and stance width in people with diabetic peripheral neuropathy <i>Sam Glasser, University of Plymouth</i> Clinical effectiveness of a multifaceted podiatry intervention for falls prevention in older people: a multicentre cohort Randomised Controlled Trial (REFORM) <i>Caroline Fairhurst, the York Trials Unit, Centre for Health Economics, University of York</i> Cost-effectiveness analysis of the REFORM trial: a randomised controlled trial comparing a multifaceted podiatry intervention versus usual care for falls prevention <i>Belen Corbacho, York trial Unit, Centre for Health Economics, University of York</i> Does the severity of diabetic peripheral neuropathy alter the effect of insoles on balance <i>Joanne Paton, Podiatry Lecturer, University of Plymouth</i> Influence of ambient temperature on in-shoe foot temperature kinetics during a 40-minute treadmill walk <i>Stephen Mizi, Assistant Lecturer, University of Malta</i>
C8	A safer workplace The chain of infection – what you need to know <i>Wendy Briggs, Infection Prevention and Control Lead, Bristol Community Health</i> Small practice infection prevention <i>Health & Safety Panel, Society of Chiropractors and Podiatrists</i>
12.45	Lunch, exhibition and poster viewing
14.00 - 15.15	CONCURRENT SESSIONS D
D1	MSK Musculoskeletal podiatry on the frontier <i>Bob Longworth, Principal MSK Podiatrist, Leeds Community Healthcare Trust</i> Musculoskeletal podiatry with extended scope <i>Paul Aldwinckle, Orthopaedic Specialist Podiatrist, Somerset Partnership NHS Foundation Trust</i> Musculoskeletal podiatry in diabetes <i>Dr Joanne Paton, Lecturer in Podiatry, Plymouth University</i> Musculoskeletal podiatry in the military <i>Sarah Cameron, Regional Specialist Podiatrist, RRU Plymouth</i>
D2	Private and general practice Are you achieving your ambitions? Support and advice for private practitioners <i>The Federation of Small Businesses</i> SCP supporting business – how we can help you achieve your goals? <i>Business Development Manager, Society of Chiropractors and Podiatrists</i>
D3	Podiatric surgery – a career option? (Limited places) Podiatric surgical training and the school run; is it possible? <i>Sharon Clee, Specialist Registrar in Podiatric Surgery, Sherwood Forest Hospitals NHS Foundation Trust</i> Suturing workshop <i>Ian Reilly, Consultant Podiatric Surgeon, Northamptonshire Healthcare NHS Foundation Trust and Julian Pavier, Consultant Podiatric Surgeon, Sherwood Forest Hospitals NHS Foundation Trust</i>
D4	Forensic podiatry <i>Chaired by Haydn Kelly, Dean of the College of Podiatry, Directorate of Podiatric Surgery. Certificated in Expert Witness Accreditation</i> Forensic podiatry and College of Podiatry – do you want to get involved? <i>Dr Gordon Burrow, Chair of Forensic Podiatry Group, College of Podiatry. Accredited Forensic Practitioner</i> Forensic footwear examination: A cross disciplinary perspective <i>Selina Reidy, Podiatrist, Sheffield Teaching Hospitals, Identification Officer (Footwear) – Yorkshire and the Humber Regional Scientific Support Unit, West Yorkshire Police</i> A practical approach to forensic gait analysis – illustrated with case histories <i>Jai Saxelby, Enhanced Role Podiatrist, MSK Directorate, Physioworks, Sheffield Teaching Hospital Foundation Trust</i>
D5	Research and development Debate: who should account for the delivery of evidence based improvements in patient foot health and foot care? <i>Chaired by Professor Catherine Bowen, Professor, University of Southampton</i> Panel members: <i>Professor Robert Ashford, Director of Postgraduate Research Degrees, Birmingham City University</i>

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D6	Podopaediatrics Chaired by Jill Phethean, Lecturer, University of Salford Paediatric referral of the hypermobile child James Welch, Advanced Specialist Podiatrist (MSK), Virgin Care, Surrey Paediatric podiatry: We just look at feet! Simon Jones, Lead Podiatrist (MSK), Community Healthcare Business Group Ambulatory Care, Stockport NHS Foundation Trust Standardised assessment pro-forma Matthew Hill, MSK Podiatrist and Lecturer, Staffordshire University
D7	Professional conduct - from the conduct casebook Chaired by the Professional Conduct Committee
D8	CPSA
15.15	Refreshments, exhibition and poster viewing
	PLENARY SESSION
16.00	Chairs' welcome Dr Alan Borthwick, Conference Chair and Ivan Bristow, Conference Vice-Chair
16.05	Podiatrists - an integral part of the public health workforce Linda Hindle, Lead Allied Health Professional and National Engagement Lead for Police and Fire Service, Public Health England
16.25	The "piercing dart" of podagra: How and why gout affects the foot Dr Ed Roddy, Clinical Senior Lecturer in Rheumatology and Honorary Consultant Rheumatologist, Keele University
16.50	The Practice Development Forum: enhancing practice and enabling members Mike Potter, Chair of the College of Podiatry Practice Development Forum and James Coughtrey, Development Officer, the College of Podiatry
17.10-17.35	Podiatric surgery - a double-edged scalpel? Professor Mark Tagoe, Consultant Podiatric Surgeon, West Middlesex University Hospital
17.40 - 18.30	Podiatry extra meetings Graduate Student Support Network
SATURDAY 19 NOVEMBER	
08.30	Registration, refreshments, exhibition and poster viewing
	PLENARY SESSION
09.00	Chairs' welcome Dr Alan Borthwick, Conference Chair and Ivan Bristow, Conference Vice-Chair
09.05	Private practice, learning from Canada to achieve success! Stephen Hartman, President, Canadian Federation of Podiatric Medicine and Owner of Foot Works, Canada
09.30	The focus, thoughts and actions of high-achievers in business John Lees, Business Speaker, USA
09.55	Bob Prince Memorial Lecture: Bob's legacy - professional and personal growth Lyndon Jones, Consultant Podiatric Surgeon, Total Foot Health Ltd
10.20	Refreshments, exhibition and poster viewing
11.10-12.10	CONCURRENT SESSIONS E
E1	Podiatric sports medicine How to succeed in sports medicine and, an update on Achilles Tendinopathy Professor Nicola Maffulli, Centre Lead and Professor, Sports and Exercise Medicine, QMUL Muscle, tendon, ligament - what about the fascia? Professor Werner Klingler, Consultant Physiologist, Director Neuromuscular Laboratory, Consultant Anaesthesiologist, Vice Director, Department of Neuroanaesthesiology, ULM University, Germany
E2	Private and general practice The move from an 'alternative' to a 'superlative' medical practice John Lees, Business Speaker, USA Problems that may affect your practice - your questions answered Michael Bennett, Accountant, Michael B Bennett Ltd
E3	Dermatology case studies workshop Ivan Bristow, Conference Vice-Chair and Senior Lecturer, University of Southampton, Dr Iain Henderson, GPwSI Dermatology, Glasgow and Dr Annette Joyce DPM, Podiatrist, Freedom Foot and Ankle, Maryland, USA
E4	Vascular workshop - vascular assessment made easy (Limited places) Susan Matthews, Vascular Podiatrist, Pennine Acute Hospitals NHS Trust and Pam Smith, Vascular Podiatrist, Salford Royal NHS Foundation Trust
E5	MSK workshop - getting to grips with foot pain can be like a game of murder mystery...(Limited places. Repeated in F5) Nick Knight, Musculoskeletal and Sports Podiatrist, NK Sports Podiatry, Winchester, Matthew Mee, Musculoskeletal Podiatrist - Clinical Lead, Buckinghamshire Healthcare NHS Trust, Emma Cowley, Lecturer in Podiatry, Plymouth University and Dr Jill Halstead, Principal Podiatrist, Salford Royal NHS Foundation Trust, Visiting Research Fellow at University of Leeds
E6	Basic life support (Limited places) Additional fees apply. Delegates must attend parts 1 and 2
E7	Sawbones workshop - practical interactive demonstration of surgical management for hallux valgus (Limited places) Ian Reilly, Consultant Podiatric Surgeon, Northamptonshire Healthcare NHS Foundation Trust and Julian Pavier, Consultant Podiatric Surgeon, Sherwood Forest Hospitals NHS Foundation Trust
12.10	Lunch, exhibition and poster viewing

13.20-14.30	CONCURRENT SESSIONS F
F1	Diabetes Diabetes - are we succeeding in the care of our vulnerable patients? <i>Martin Fox, Vascular Specialist Podiatrist, Pennine Acute Hospitals NHS Trust</i> Outcomes of the national diabetes foot audit <i>Professor William Jeffcoate, Consultant, Nottingham University Hospitals NHS Trust</i> What does SCI-DC actually show us? <i>Professor Graham Leese, Professor of Diabetes and Endocrinology, Ninewells Hospital, Dundee</i> A different approach to claudication management? <i>Eddi Caldwell, Exercise Physiologist, Salford Royal NHS Foundation Trust</i>
F2	Complementary medicine Chaired by Penny Water, Homeopathic Podiatry Rep The roles of the Homeopathic Podiatry Rep for The College and the Faculty of Homeopathy <i>Penny Water, Homeopathic Podiatry Rep</i> Introduction to reflexology <i>Speaker to be confirmed</i> Integrated podiatry in private practice in Scotland <i>Anne Sibbald, Podiatrist, Edinburgh</i>
F3	Podiatric surgery - diabetes and case studies Chaired by Ian Beech, Consultant Podiatric Surgeon, St George's NHS Healthcare Trust Developing a community based urgent diabetic foot surgery pathway <i>Anthony Maher, Consultant Podiatric Surgeon, Nottinghamshire Healthcare NHS Trust</i> Surgery in the diabetic foot - a case review: Charcot case study <i>Jade Tang, Trainee in Podiatric Surgery, West Middlesex University Hospital</i> Calcinosis cutis and Hansen's disease post active stage <i>Michael Wardlaw, Consultant Podiatric Surgeon, Kent Community Health NHS Foundation Trust</i> A curious case of Gorham's disease? <i>Antony Kontos, Podiatric Surgeon</i>
F4	Forensic footwear workshop (Limited places) <i>Dr Gordon Burrow, Chair of Forensic Podiatry Group, College of Podiatry, Accredited Forensic Practitioner, Selina Reidy, Podiatrist, Sheffield Teaching Hospitals, Identification Officer (Footwear) - Yorkshire and the Humber Regional Scientific Support Unit, West Yorkshire Police and Dr Sarah Reel, Senior Lecturer in Podiatry, University of Huddersfield</i>
F5	MSK workshop - getting to grips with foot pain can be like a game of murder mystery...(Limited places. Repeat of E5) <i>Nick Knight, Musculoskeletal and Sports Podiatrist, NK Sports Podiatry, Winchester, Matthew Mee, Musculoskeletal Podiatrist - Clinical Lead, Buckinghamshire Healthcare NHS Trust, Emma Cowley, Lecturer in Podiatry, Plymouth University and Dr Jill Halstead, Principal Podiatrist Salford Royal NHS Foundation Trust, Visiting Research Fellow at University of Leeds</i>
F6	Basic life support (Limited places) Additional fees apply. Delegates must attend parts 1 and 2
14.30	Close of conference

POSTER PRESENTATIONS

Presenting your work at the College of Podiatry Annual Conference is an excellent opportunity to showcase new research and innovations, stimulate debate and improve career prospects. Poster presentations provide an informal platform for sharing ideas, innovations and achievements.

NEW - Innovations in practice posters!

This year we are encouraging practitioners from private and independent practice to tell us about the good things they are doing in clinic through a poster presentation. Traditionally, conference posters have focussed on research. However our new category, "Innovations in Practice", allows delegates to also submit abstracts of non-research based posters covering relevant practice areas such as assessment, diagnosis, business management and treatment and may also include patient case studies (providing the subjects have given their full permission for this purpose). Innovations in practice abstracts should include:

- Introduction (context of practice)
- Innovation (novel or innovative practice being reported)
- Impact (relevance to podiatry and impact on service/patient)

Don't forget compilation and submission of a poster can count as a CPD activity, recognised by the HCPC in their biannual audit.

Submissions are welcome from podiatrists of all levels for both research and non-research abstracts.

A cash prize will be given for the Best Research Poster and for the Best Innovations in Practice poster which will be judged during the conference.

For submission guidelines or to submit an abstract please visit www.podiatryconference.org or contact the conference organisers on +44(0)20 3725 5840.

Submission deadline: 4 September 2016.

NETWORKING EVENTS

This year's conference will offer some true Scottish highlights featuring fantastic cuisine and evening entertainment. Further details will be sent to delegates after registration.





THE SCOTTISH EXHIBITION AND CONFERENCE CENTRE (SECC)

The SECC is a world-class conference and exhibition venue. Situated by the River Clyde with easy access to the attractions of Glasgow city centre, the SECC benefits from five onsite hotels and its own railway station. The 3,000 seat Clyde Auditorium, self-contained Lomond Suite, 30 breakout rooms and five exhibition halls offer impressive facilities, which make it ideal for the College of Podiatry Annual Conference. For further information please visit www.secc.co.uk



ACCOMMODATION

Glasgow offers a wide range of accommodation for all budgets and requirements. Hotel reservations are being handled through Reservations Highway who have negotiated special rates for delegates during the event.

View hotels and book online at www.reservation-highway.co.uk/ foot16, call +44 (0)1423 525599 or email admin@reservation-highway.co.uk

GETTING TO GLASGOW

Getting to Glasgow is easy - there are regular internal UK flights from all major cities on many different airlines as well as frequent trains from London to Glasgow that take as little as 4.5 hours. Virgin Trains are offering 20% discount for 3-9 passengers travelling off Advance Fares booked through their website. In addition, we have arranged special deals for delegates while staying in Glasgow including 5 days of unlimited travel on the ScotRail Conference Rover Ticket for just £5.

Further details of these and other exclusive offers will be sent to delegates after registration.

Supported by

The College of Podiatry gratefully acknowledge the generous support from Glasgow City Marketing Bureau.



GROUP BOOKINGS Buy 5 tickets get the 6th ticket free!

This offer applies to booking 5 or more delegates where delegates work for the same organisation. Only one invoice for the group can be raised. The offer is not eligible to groups of delegates from different organisations requiring separate invoices. Please contact us for further details on +44(0)20 3725 5840.

DELEGATE BOOKING FORM

Personal details

Name

Position

Organisation

Address

Postcode

Tel

Email

Purchase order no:

☐ Society Member

☐ Institute Member

☐ Membership no

Special requirements

☐ Vegetarian

☐ Vegan

☐ Wheelchair access

☐ Hearing loop

☐ Other

☐ Please **do not** publish my details in the delegate list.

☐ Please **do not** contact me about other healthcare conferences.

Conference sessions

Please indicate which session you wish to attend:

Concurrent session A - Thursday 17 November, 11.45-13.00

☐ A1 ☐ A2 ☐ A3 ☐ A4 ☐ A5 ☐ A6 ☐ A7 ☐ A8

Concurrent session B - Thursday 17 November, 16.35-17.45

☐ B1 ☐ B2 ☐ B3 ☐ B4 ☐ B5 ☐ B6 ☐ B7 ☐ B8

Concurrent session C - Friday 18 November, 11.30-12.45

☐ C1 ☐ C2 ☐ C3 ☐ C4 ☐ C5 ☐ C6 ☐ C7 ☐ C8

Concurrent session D - Friday 18 November, 14.00-15.15

☐ D1 ☐ D2 ☐ D3 ☐ D4 ☐ D5 ☐ D6 ☐ D7 ☐ D8

Concurrent session E - Saturday 19 November, 11.10-12.10

☐ E1 ☐ E2 ☐ E3 ☐ E4 ☐ E5 ☐ E6 ☐ E7

Concurrent session F - Saturday 19 November, 13.20-14.30

☐ F1 ☐ F2 ☐ F3 ☐ F4 ☐ F5 ☐ F6

Concurrent session F - Saturday 19 November, 13.20-14.30

☐ F1 ☐ F2 ☐ F3 ☐ F4 ☐ F5 ☐ F6

Podiatry Extra Session

☐ PE1 ☐ PE2 ☐ PE3 ☐ PE4

Ticket type	Earlybird Until 25 July 2016	Standard From 26 July 2016	Late/onsite From 15 November 2016
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Full Conference

Member	£199	£279	£289
Non-member	£299	£359	£369

Two days

Member***	£179	£249	£259
Non-member***	£269	£329	£339

...continued overleaf

ANNUAL CONFERENCE AND EXHIBITION

SECC GLASGOW
17-19 NOVEMBER 2016

Ticket type	Earlybird Until 25 July 2016	Standard From 26 July 2016	Late/onsite From 15 November 2016
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One day

Member***	£149	£219	£229
Non-member***	£239	£299	£309

*** For one or two day tickets please indicate which day/s you wish to attend:

☐ Thursday ☐ Friday ☐ Saturday

Concessions (all full conference)

Under-graduate student CPSA Member*	£39	£49	n/a
Under-graduate student Non-member	n/a	£89	n/a
PhD student Member	n/a	£119	n/a
PhD student Non-member	n/a	£149	n/a
Newly qualified in 2016**	n/a	£89	n/a
Practitioners assistant/orthotic tech Member	n/a	£59	n/a
Practitioners assistant/orthotic tech Non-member	n/a	£89	n/a

* Undergraduate students must be a member of one of the 13 recognised UK schools of podiatry

**Must have graduated in 2016 from one of the 13 recognised UK schools of podiatry and must become a member of the Society by 31 December 2016.

Exhibition only tickets

(One day only. No access to conference sessions)

☐ Member £15 ☐ Non-member £30

Please indicate which day you wish to attend:

☐ Thursday ☐ Friday ☐ Saturday

Specialist sessions

☐ Standard first aid (E6 and F6) £50

Payment details

☐ I enclose a cheque made payable to **The College of Podiatry Conference** for £ _____

☐ Please debit my credit/debit card for the sum of £ _____

Card no / / /
Expiry / Security no Issue no

Cardholder name and address if different from above

☐ Please send me an **invoice** for the sum of £ _____

(payment must be made before the start of conference)

PO number _____

Invoice name and address if different from above

Tel _____

Email _____

Terms and conditions

1. Registration fees include VAT at the prevailing rate, complimentary refreshments and conference materials. They do not include accommodation or lunch.
2. In order for your booking to be processed you must sign the terms and conditions. Your place is not guaranteed until you have received email confirmation and joining instructions from Profile Productions Ltd. If you do not receive confirmation within 24 hours of your booking being made, you should contact Profile Productions by email, at cop@profileproductions.co.uk
3. Without exception, all fees must be paid in full prior to the event. Any delegates arriving at the conference with their payment outstanding will be asked to provide their credit card details as a guarantee. Any delegates registering within 28 days of the event **MUST** include a valid credit card for payment on the registration form. Bank transfer charges are the responsibility of the payer.
4. Cancellations received one month prior to the event will be refunded but will be subject to a £35 administration fee. If a cancellation is received after **17 October 2016** we regret that no refund can be made. Substitute delegates are welcome at no extra charge but we require you to advise us of any substitutions 72 hours prior to the event. Any cancellations that still have payment outstanding will be liable for either the administration fee or the full registration fee, dependent on the time of the cancellation.
5. Changes to any aspect the conference (including speakers) may be necessary due to events outside the control of Profile Productions and The College of Podiatry. The organisers therefore reserve the right to make any necessary amendments to the programme or timings of the event.
6. The details of registered delegates (name, place of work and occupation) will be placed on the attendee list which will be given to sponsoring companies and exhibitors and made available to delegates. Delegates who do not wish to be included on this list should advise at the time of booking.
7. There will be photography and/or video production taking place during the conference and the resulting images may be used for promotional purposes on-line and/or in printed materials. Delegates who do not wish their images to be included in this material should contact the organisers by email at cop@profileproductions.co.uk prior to the event.
8. Attendance fees will not be refunded in the event of threat of war, terrorism or other circumstances outside of the organisers' control.

I confirm I have read and agree to the terms and conditions of booking.

Signature _____

Date _____

Please return booking form to:

Profile Productions Ltd

Boston House, 69 - 75 Boston Manor Road,
Brentford, Middlesex TW8 9JJ

Tel: +44(0)20 3725 5840

Email: cop@profileproductions.co.uk

Web: www.profileproductions.co.uk

