

SYMPOSIUM PROGRAM

NEW FEATURE FOR 2021
ON-DEMAND ENCORE VIRTUAL SESSIONS PACKAGE



National NURSE PRACTITIONER Symposium

REJOIN, REJOICE AND REJUVENATE



Earn up to 43.5 CE hours (up to 20.125 pharmacology hours), plus additional participant benefit of up to 9.0 On-demand Encore Virtual Session CE hours

JULY 8 – 11, 2021

(pre-symposium day July 7)
(Rocky Mountain Retreat July 6–7)

**Keystone Conference Center
Keystone, Colorado**

*Excellence in Continuing Education
and Professional Development*

f "This was an outstanding conference. Truly lived up to reputation. Almost everyone to whom I spoke had been to previous symposiums. I can see why they return annually." – NNPS attendee **”**

800-996-3233 • www.npsymposium.com • info@npsymposium.com

*This educational activity is jointly provided by AKH Inc.,
Advancing Knowledge in Healthcare and National Nurse Practitioner Symposium*

DEAR COLLEAGUES:

Thank you for considering the 2021 National Nurse Practitioner Symposium (NNPS) to enrich your professional education. We understand there are many opportunities available to you and take great pride in offering what we believe to be the most comprehensive, high-quality, economical, and accredited program available to Advanced Practice Clinicians anywhere in the country. The NNPS is a unique opportunity to interact with peers from across the country, while enhancing your professional growth, all within the magnificent setting of the Rocky Mountains of Colorado.

The NNPS offers a vast range of content suitable for Nurse Practitioners, Nurse Midwives and Physician Assistants in acute and primary care roles. We are pleased to be able to offer over 40 CE hours through Joint Accreditation (ACCME, ACPE, ANCC) and AANP, with acceptance of pertinent content by AAPA, ACNM and NAPNAP. Content consists of topics in adult, dermatology, geriatric, women's health, pediatrics and acute care, as well as workshops and sessions to enhance professional development. Due to its popularity, we will be repeating the Rocky Mountain Retreat, a self-care retreat to rejoin, rejoice and rejuvenate. Led by Certified Nurse Practitioner and Wellness Coach, Eileen O'Grady, the Rocky Mountain Retreat has become a crowd favorite.

It is with great pleasure that we are able to present Susan B. Hassmiller, RN, PhD, FAAN, as the 2021 Keynote speaker, covering how nurse practitioners are helping to create health equity in the wake of the COVID-19 pandemic. The Challenges in Care Panel will take a look at issues surrounding the COVID-19 pandemic. The Winning Strategies and Messaging for Improving Access to Care session will elaborate on APRN scope of practice advocacy. We are also pleased to offer you the opportunity to participate in satellite symposia, which consist of non-accredited programs planned and conducted by the corporate community in conjunction with NNPS.

Poster presentations offer an opportunity to learn about research projects and innovative programs. The exhibit hall will be available during dedicated hours to provide you with the opportunity to network with representatives from the healthcare industry, professional organizations, government agencies, colleges, and schools. Learn about new products, services, clinical findings, research findings, and opportunities for Advanced Practice Clinicians. Plan to attend the Awards Ceremony to recognize and honor your peers and their achievements.

Based on participant feedback, the 2021 symposium will offer an On-demand Encore Virtual Sessions Package, in addition to the live meeting. The On-demand Encore Virtual Sessions Package provides flexibility for individual circumstances where you cannot attend in person. You can access these sessions on-demand, at a time and location of your choosing shortly after the NNPS, up until December 1, and receive CE hours.

We strive to offer you an enjoyable and rewarding continuing education and professional development experience. We hope you will join us in Keystone.

PROGRAM COMMITTEE — National Nurse Practitioner Symposium

Dorothy Caputo, MA, BSN, RN
AKH Inc., Advancing Knowledge in Healthcare

Mary Anne Eagelston, BSN, MSN, WHCNP, NCMP
Private Consultant

Loretta C. Ford, RN, EdD, PNP, FAAN, FAANP
(Honorary Committee Member)
Private Consultant

Ellen Lemberg, RN, MSN, WHNP
(Emeritus Committee Member)
Private Consultant

Kathy Magdic, DNP, ACNP-BC, FAANP
University of Pittsburgh School of Nursing

Bernadette Marie Makar, MSN, NP-C, APRN-C
AKH Inc., Advancing Knowledge in Healthcare

Theresa Mallick-Searle, MS, RN-BC, ANP-BC
Stanford Health Care, Division Pain Medicine

Shirley B. McKenzie, PPCNP-BC
Department of Defense

Nancy Munro, RN, MN, CCRN, ACNP-BC, FAANP
Private Consultant

Shirley M. Pfister, RN, MS, ANP/GNP
Private Consultant

Conrad Rios, FNP-BC, PA, MS
Saint Agnes Medical Providers

Nancy Rudner, DrPH, MPH, MSN, APRN
University of Alabama at Birmingham

Katrina Schmitt, MSN, RN
Wee Care Pediatrics

Jefferson Spicher DNP, FNP-C
University of Colorado Colorado Springs

Helen and Arthur E. Johnson Beth-El
College of Nursing & Health Sciences

Laura A. Thomas, DNP, APRN-BC, WHNP-BC
The Medical Center of Aurora

Peggy Vernon, RN, MA, C-PNP, DCNP, FAANP
Creekside Skin Care

Mary Wagner, RN, MSN, ANP
(Emeritus Committee Member)
Private Consultant

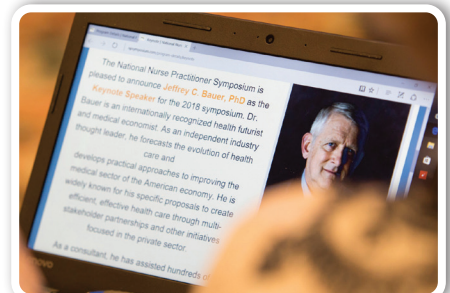
Cheryl A. Walker, MSN, MSBA, APRN, FNP
Humanitas, Inc.

NEW FEATURE FOR 2021 — ON-DEMAND ENCORE VIRTUAL SESSIONS PACKAGE

ODEVS

The On-demand Encore Virtual Sessions Package offers greater flexibility for individual circumstances. The On-demand Encore Virtual Sessions Package will consist of 22 accredited sessions offering up to 29.25 CE hours. Take in the sessions 24/7 virtually from your workplace, comfort of your home or any other place of your choosing, starting July 15, 2021 and continuing through December 1, 2021.

You can register for the On-demand Encore Virtual Sessions Package without attending the live meeting in-person. The On-demand Encore Virtual Sessions Package is a pre-determined package. Substitution of sessions is not available.



DAILY SYMPOSIUM SCHEDULE

Tuesday, July 6 & Ongoing

Play for Free - Play for Free at Keystone is valid for reservations of 2 nights or more booked through Keystone Resort Property Management (KRP). All activities are subject to availability, weather, restrictions and change. Play for FREE Activities include:

- Free golf on day of arrival
- Free 1 hour tennis court rental
- Free yoga class or fitness class
- Free guided hike
- Free scenic lift ticket for kids 12 and under

Tuesday, July 6 • Rocky Mountain Retreat

8:00 am – 8:30 am	Rocky Mountain Retreat Registration
8:30 am	Shuttle Departure from Keystone Conference Center to Keystone Ranch
9:00 am – 4:30 pm	Rocky Mountain Retreat (<i>optional</i>)
4:30 pm	Shuttle Departure from Keystone Ranch to Keystone Conference Center

Wednesday, July 7 • Pre-Symposium Day & Rocky Mountain Retreat

8:00 am – 7:00 pm	Symposium Registration
8:30 am – 12:15 pm	Rocky Mountain Retreat (<i>required if attended Rocky Mountain Retreat on Tuesday</i>)
10:30 am – 12:00 pm	Pre-Symposium Session (<i>optional</i>)
12:00 pm – 1:30 pm	Lunch on Your Own
1:15 pm – 3:15 pm	Pre-Symposium Session (<i>optional – non-certified</i>)
1:30 pm – 3:00 pm	Pre-Symposium Sessions (<i>optional</i>)
3:30 pm – 4:30 pm	Pre-Symposium Sessions (<i>optional</i>)
5:00 pm – 6:00 pm	Pre-Symposium Sessions (<i>optional</i>)
6:15 pm – 7:45 pm	Pre-Symposium Dinner Session (<i>optional</i>)

Thursday, July 8 • Day 1

7:00 am – 7:00 pm	Symposium Registration
7:30 am – 8:00 am	Continental Breakfast (<i>complimentary</i>)
8:00 am – 9:30 am	Educational Sessions
9:00 am – 6:00 pm	NNPS Store
9:30 am – 10:00 am	Beverage Break (<i>complimentary</i>)
10:00 am – 11:15 am	Keynote Address & Awards Ceremony
11:30 am – 1:00 pm	Luncheon Sessions (<i>optional – non-certified</i>)
12:00 pm – 6:30 pm	Book Displays & Sales
1:30 pm – 3:00 pm	Educational Sessions
3:00 pm – 3:30 pm	Beverage Break (<i>complimentary</i>)
3:30 pm – 5:00 pm	Educational Sessions
5:00 pm – 6:30 pm	Opening of Exhibits/Reception (<i>complimentary buffet</i>)

Friday, July 9 • Day 2

7:00 am – 7:00 pm	Symposium Registration
7:00 am – 7:00 pm	Posters on Display
7:15 am – 7:45 am	“Walk & Talk” Around the Lake (<i>optional – non-certified</i>)
7:30 am – 8:00 am	Continental Breakfast (<i>complimentary</i>)

8:00 am – 9:30 am	Educational Sessions
9:00 am – 6:00 pm	NNPS Store
9:00 am – 4:00 pm	Book Displays & Sales
9:00 am – 1:00 pm	Exhibits Open
9:30 am – 10:00 am	Beverage Break (<i>complimentary</i>)
10:00 am – 11:30 am	Educational Sessions
11:30 am – 1:00 pm	Bag Lunch Served in Exhibit Hall (<i>complimentary</i>)
12:15 pm – 1:45 pm	Challenges in Care Panel (<i>optional</i>)
2:00 pm – 3:00 pm	Educational Session
3:00 pm – 3:15 pm	Beverage & Snack Break (<i>complimentary</i>)
3:15 pm – 6:15 pm	Workshops (<i>optional</i>)
3:15 pm – 4:45 pm	Educational Session
4:45 pm – 5:15 pm	Authors Present Posters (<i>complimentary beverages</i>)
5:30 pm – 6:15 pm	Educational Sessions
6:30 pm – 8:00 pm	Dinner Session (<i>optional</i>)

Saturday, July 10 • Day 3

7:00 am – 5:00 pm	Symposium Registration
7:00 am – 5:00 pm	Posters on Display
7:30 am – 10:30 am	Workshops (<i>optional</i>)
9:00 am – 6:00 pm	NNPS Store
9:00 am – 12:00 pm	Exhibits Open/Book Displays & Sales
9:00 am – 10:30 am	Educational Sessions
10:30 am – 12:00 pm	Brunch Served in Exhibit Hall (<i>complimentary</i>)
12:00 pm – 1:00 pm	Educational Sessions
1:00 pm – 1:30 pm	Authors Present Posters (<i>complimentary beverages</i>)
1:30 pm – 3:00 pm	Educational Sessions
3:00 pm – 3:30 pm	Authors Present Posters (<i>complimentary beverages</i>)
3:30 pm – 5:00 pm	Educational Sessions
6:00 pm+	Twilight's Highlights (<i>free time to enjoy the area</i>)

Sunday, July 11 • Day 4

7:00 am – 12:00 pm	Symposium Registration
7:00 am – 10:00 am	Posters on Display
7:00 am – 7:30 am	Home “Stretch” (<i>optional – non-certified</i>)
7:30 am – 8:00 am	Authors Present Posters (<i>complimentary continental breakfast</i>)
8:00 am – 9:30 am	Educational Sessions
9:00 am – 1:00 pm	NNPS Store
9:30 am – 9:45 am	Beverage Break (<i>complimentary</i>)
9:45 am – 2:30 pm	Educational Seminar
10:00 am – 11:00 am	Educational Sessions

CE HOUR CREDIT INFORMATION

A maximum of up to **43.5** CE hours can be earned by attending the standard AND optional sessions. Final CE hours to be awarded are determined based on final schedule and sessions attended. These hours will be reflected on your individualized certificate of completion, which is available online after completion of evaluations for all sessions attended. One CE hour is equivalent to 60 minutes of educational instruction.

Educational sessions designated with Rx contain pharmacology content. A maximum of up to **20.125** CE hours can be earned in sessions with pharmacology content by attending the applicable standard AND optional sessions.

Standard Session CE Hours:

Thursday: 5.5 hours for Educational Sessions A, KN (Keynote), B, C

Friday: 6.25 hours for Educational Sessions D, E, F, G, H and .5 hour for Poster Session for a total of 6.75 hours

Saturday: 5.5 hours for Educational Sessions L, M, N, O and .5 hour for each Poster Session for a total of 6.5 hours

Sunday: 2.5 hours for Educational Sessions P, R, 4.0 hours for Educational Seminar Q and .5 hour for Poster Session with a maximum total of 6.0 hours

Optional CE Hours:

Tuesday/Wednesday: 9.5 hours for Rocky Mountain Retreat Pre 1 (attendance required both days)

Wednesday: 1.5 hours for Pre-Symposium Session Pre 2, 1.5 hours for Pre-Symposium Session Pre 3 or Pre 4, 1.0 hour for Pre-Symposium Session Pre 5 or Pre 6, 1.0 hour for Pre-Symposium Session Pre 7 or Pre 8, and 1.5 hours for Pre-Symposium Dinner Session Pre 9

Friday: 1.5 hours for Challenges in Care Panel C1C, 2.5 hours for Workshops, and 1.5 hours for Dinner Session J1

Saturday: 2.5 hours for Workshops

ADDITIONAL PARTICIPANT BENEFIT – Optional On-demand Encore Virtual Session CE Hours:

Up to **9.0** CE hours will be offered online post-symposium, complimentary to all registrants. On-demand Encore Virtual Session CE hours are in addition to the **43.5** CE hours offered by attending the standard AND optional sessions in person, however On-demand Encore Virtual Session CE hours are not allowed to be awarded for duplicate session(s) previously attended in person. Registrants will be notified after the symposium, when online access to On-demand Encore Virtual Sessions is available. A separate CE Certificate of Completion will be issued for the On-demand Encore Virtual Session portion of CE hours..

CONTINUING EDUCATION CERTIFICATES OF COMPLETION

Participants must complete an electronic overall symposium evaluation (one time only) and individual session evaluations (for each session attended) in order to receive your certificate. Evaluations will be available online following the conclusion of each session and until August 1, 2021. You may print your certificate on-site using the Symposium-provided print station, or at a later point in time in the convenience of your home or workplace. Certificates will be issued upon completion of all evaluations. Once a certificate has been issued, it can be reprinted for a period of up to 5 years

CONTINUING EDUCATION



CE Credit jointly provided by AKH, Inc., Advancing Knowledge in Healthcare and National Nurse Practitioner Symposium.

JOINT ACCREDITATION Credit

In support of improving patient care, this activity has been planned and implemented by AKH Inc., Advancing Knowledge in Healthcare and National Nurse Practitioner Symposium.

AKH Inc., Advancing Knowledge in Healthcare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive up to **43.5** Interprofessional Continuing Education (IPCE) credit for learning and change.



Physicians

AKH Inc., Advancing Knowledge in Healthcare designates this live activity for a maximum of up to **43.5 AMA PRA Category 1 Credit(s)**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

Credit being awarded: up to **43.5** ANCC CE hours.

AANP Credit

This activity has been planned and implemented in accordance with the accreditation Standards of the American Association of Nurse Practitioners (AANP) through the joint providership of AKH Inc., Advancing Knowledge in Healthcare and National Nurse Practitioner Symposium. AKH Inc., Advancing Knowledge in Healthcare is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 030803

AKH Inc., Advancing Knowledge in Healthcare designates this live activity for a maximum of up to 43.5 contact hours.

This live activity is for up to **43.5** contact hour(s) which includes up to **20.125** hour(s) of pharmacology. Activity ID # 20212

This activity was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support.



AAPA Credit

AKH Inc., Advancing Knowledge in Healthcare has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for up to **43.5** AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



ACNM Credit

AMA PRA Category 1 Credits™ are accepted by the Continuing Competency Assessment Program of the American College of Nurse-Midwives for programs relevant to nurse midwifery. Nurse Midwives should only claim credit commensurate with the extent of their participation in the activity. Final CE hours to be awarded are determined based on final schedule and sessions attended.



NAPNAP Credit

This program has been approved by the National Association of Pediatric Nurse Practitioners (NAPNAP) for NAPNAP CE hours. A listing of NAPNAP approved sessions with Pediatric relevant content will be provided at the symposium information desk on-site.



NURSE PRACTITIONER WELLNESS: A Rocky Mountain Self-Care Retreat to Rejoin, Rejoice and Rejuvenate

July 6–7, 2021 • Keystone Ranch & Keystone Conference Center

Optional, Limited Enrollment, Pre-registration required and a fee of \$275



WHO: COVID-19 has placed unique demands on Nurse Practitioners who often give to others while their own needs go unmet. This retreat is designed for the over-deployed NP who may feel their life is not their own. It will instill rejuvenation in your work, your relationships, and your continuing self-development.

- Do you have no space in your life to do the things that you genuinely want to be doing?
- Are you looking for ways to confront a lifestyle or work that is far too stressful?
- Do you have a hard time saying NO without feeling guilty?

If you answered yes to any of these questions, then this retreat is for you!

WHAT: This day and a half retreat that will teach you to:

- Discover the science of human well-being and apply it to YOUR life
- Gather motivation and set goals to make changes that serve YOU
- Use your core strengths in new ways
- Interrupt the patterns that add stress to your life
- Set boundaries and create your own personal policies
- Discover how to grow wise versus just growing old ... *and so much more!*

WHY: You, your loved ones and your patients are best served when you place your own wellbeing as a pre-requisite for healthy relationships and your own effectiveness. This retreat will help you reflect, regroup, and rejuvenate so that you can take charge to create the kind of life and work you deserve.

The purpose of the retreat is to singularly focus on your personal and professional growth in caring for the self, which will allow each attendee to build a plan that reflects their most important values. Each person will leave with a sense of duty to make their own health, wellness and wholeness, not only possible, but a priority.

WHERE: Tuesday's program will take place at Keystone Ranch, an original 1930's Ranch homestead of rustic elegance, overlooking Keystone Ranch Golf Course, with spectacular views of Swan Mountain and the Ten Mile Range. Wednesday's program will take place at the Keystone Conference Center, a state-of-the-art facility nestled in a mountain valley in central Colorado's high country, with the magnificent Rocky Mountains serving as the surrounding backdrop.

It is approximately 3.6 miles from the Keystone Conference Center to Keystone Ranch. A complimentary symposium shuttle will transport you between Keystone Conference Center and Keystone Ranch, however you are welcome to drive yourself if you would like to take a scenic ride at your leisure, before and after Tuesday's program.



RETREAT LEADER: Eileen O'Grady PhD, RN, ANP-BC

*Dr. Eileen O'Grady is certified Nurse Practitioner and Wellness Coach who uses an evidence-based approach to practice extreme self-care to reverse or entirely prevent disease. She is an expert on intentional change in humans—with an emphasis on the importance of identifying and getting unstuck from lifestyles that do not support wellness. She is the Founder of the School of Wellness, and has been featured on Good Morning Washington and on NPR's Talk of The Nation as an expert on battling obesity and empowering patients to make permanent lifestyle changes. Her newest books, *Intentional Therapeutic Relationships: Advancing Caring in Health Care*, is a how-to book on placing relationships at the center of health care, and *Choosing Wellness: Unconventional Wisdom for the Overwhelmed, the Discouraged, the Addicted, the Fearful or the Stuck*, is her most personal.*

Advancing Caring in Health Care, is a how-to book on placing relationships at the center of health care, and *Choosing Wellness: Unconventional Wisdom for the Overwhelmed, the Discouraged, the Addicted, the Fearful or the Stuck*, is her most personal.

ACCREDITATION: 9.5 CE hours will be awarded to those that attend the entire retreat (partial credit is not available) and complete the required evaluations. Certificates of completion will be offered through Joint Accreditation (ACCME, ACPE, ANCC) and AANP, with acceptance of pertinent content by AAPA, ACNM and NAPNAP.

AGENDA

TUESDAY, JULY 6

8:00 am – 8:30 am	Registration (<i>located at Keystone Conference Center</i>)
8:30 am	Shuttle Departure from Keystone Conference Center to Keystone Ranch
9:00 am – 12:00 pm	Extreme Self Care
10:30 am – 10:45 am	Beverage Break (<i>complimentary</i>)
12:00 pm – 1:00 pm	Lunch (<i>complimentary</i>)
1:00 pm – 4:30 pm	How Adults Change
2:30 pm – 2:45 pm	Beverage Break (<i>complimentary</i>)
3:30 pm – 3:45 pm	Movement Break
4:30 pm	Shuttle from Keystone Ranch to Keystone Conference Center
Overnight	You will have a small overnight assignment

WEDNESDAY, JULY 7

8:00 am – 8:30 am	Continental Breakfast (<i>complimentary—located at Keystone Conference Center</i>)
8:30 am – 12:15 pm	Making it Happen
10:30 am – 10:45 am	Beverage Break (<i>complimentary</i>)
12:15 pm	Adjourn



SYMPOSIUM DESCRIPTION

This multi-day Symposium provides a forum for discussing common matters related to the care of all age groups in a variety of healthcare settings. This year's Symposium will address current trends and issues confronting providers across the country.

THE OBJECTIVES OF THE SYMPOSIUM ARE TO:

- Measure self-reported knowledge gained on selected clinical topics in primary and acute care
- Identify current approaches to client care management which affect your patient population
- Reflect upon ideas and experiences gained from other professionals involved in the delivery of patient care, healthcare policy, entrepreneurial ventures, research activities, and the future of healthcare
- Evaluate possible changes to your current practice methods and barriers to achieving those changes

"This is a great conference in a stunning setting! Please continue the great job you do!"

— NNPS attendee



TUESDAY, JULY 6, 2021 • 9:00 am – 4:30 pm

Pre 1 • Optional 9.5 CE Hours

KEY

AC =

Acute Care

AG =

Adult/Geriatric

DM =

Dermatology

PED =

Pediatric

WH =

Women's Health

PD =

Professional Development



On-demand Encore
Virtual Session

Tracks are identified by the speaker, for indication purposes only.

Pre 1 Optional 9.5 CE Hours

Rocky Mountain Retreat: Self Care for the Busy Nurse Practitioner 0% Rx

PD

Reflect, regroup, and rejuvenate so that you can take charge to create the kind of life and work you deserve. You, your loved ones and your patients are best served when you place your own wellbeing as a pre-requisite for healthy relationships and your own effectiveness. Covid-19 has placed unique demands on Nurse Practitioners, who often give to others, while their own needs go unmet. A National Academy of Sciences report describes clinician burnout a national epidemic- citing evidence that clinicians have worse health status, depression, anxiety

and higher suicide rates than the general population. Focus on your personal and professional growth in caring for the self, which will allow you to build a plan that reflects your most important values. Leave with a sense of duty to make your own health, wellness and wholeness, not only possible, but a priority.

Eileen O'Grady, PhD, RN, ANP-BC; Nurse Practitioner and Wellness Coach, Eileen O'Grady Wellness Coaching, LLC; McLean VA and Founder, The School of Wellness; McLean VA

WEDNESDAY, JULY 7, 2021 • PRE-SYMPOSIUM DAY

Optional CE Hours

Pre 2: 1.5

Pre 3 or Pre 4: 1.5

Pre 5 or Pre 6: 1.0

Pre 7 or Pre 8: 1.0

Dinner Session Pre 9: 1.5

Pre 2 10:30 am – 12:00 pm: 1.5 CE Hours

Dermatology Conundrums: Interesting Cases 50% Rx

AG DM PED

Rashes and lesions seen in primary care can be confusing. The healthcare provider is responsible for identification of conditions, which must be referred for co-management and those which can be managed within the primary care setting. Mismanagement can exacerbate the condition and make diagnosis more difficult. Through the use of case studies, learn how to accurately describe lesions, provide a differential diagnosis, and which treatment options are available.

Peggy Vernon, RN, MA, C-PNP, DCNP, FAANP; Owner/Dermatology Nurse Practitioner, Creekside Skin Care; Greenwood Village CO

SS1 1:15 pm – 3:15 pm (Non-Certified)

NEXPLANON® (etonogestrel implant) 68mg Radiopaque Clinical Training Program

You are invited to join your colleagues at a Clinical Training Program for NEXPLANON (etonogestrel implant) 68 mg Radiopaque. During the Clinical Training Program for NEXPLANON, you will receive hands-on training for insertion and removal procedures, as well as implant localization techniques. Completion of this course will allow you to order the product from authorized distributor(s). Space is limited to 39 participants; please register early for the session.

This session, which is sponsored by Merck, is not accredited for continuing education credit. The training is open only to MD/DO, NP, PA or CNM's, and Residents authorized to perform the procedures entailed in the insertion and removal of NEXPLANON in the jurisdiction where they practice. And, for NP, PA or CNM's attest that there are specific state requirements and have met all appropriate state conditions including but not limited to collaborative or signing agreement with an MD/DO.



Residents must understand that they can only administer NEXPLANON under the supervision of an attending physician who has also been trained on the procedures to insert and remove NEXPLANON.

It is Merck's policy to verify all clinicians' practice, license, and eligibility information in advance of the training. Merck will contact you directly if there is a problem. Attendees are expected to attend the entire training which is approximately 2 hours in duration. Certificates of attendance will not be issued to those who arrive late or leave early.

Pre 3 1:30 pm – 3:00 pm: 1.5 CE Hours

Hereditary Cancer Risk Assessment and Testing: Evolving Guidelines, Updates and Resources to Support Identification and Management of Patients at Risk 0% Rx

AG PED

Identifying patients at risk for a hereditary cancer syndrome during the annual wellness visit is critical to prevention and early detection of cancer for high-risk patients. With diagnostic and management recommendations for hereditary cancer syndromes in constant flux, staying current may be difficult. Hear about some of the emerging trends in hereditary cancer risk assessment and testing. An update on current National Comprehensive Cancer Network® Guideline will be provided, with highlights of what has changed (and why), and a discussion of what lies ahead. Case studies will be used in this interactive session to identify knowledge gaps and encourage attendees to think critically about enhancements to their current genetic risk assessment and testing approach. Incorporate the evolving guidelines into your current practice and prepare for changes that may be seen in the future.

Amy Cronister, MS; Director, Genetic Counseling Services, Integrated Genetics; Phoenix AZ



Pre 4 1:30 pm - 3:00 pm 1.5 CE Hours

Publishing: Tips, Tricks & Techniques 0% Rx

PD

Publishing is a professional expectation, but often practicing nurse practitioners report difficulty in writing and submitting manuscripts for publication. Writing for publication can be successfully accomplished with ease. Gain an overview of the various aspects of writing for publication, promote interest in writing, and improve your understanding of issues related to the publication process. Specific areas to be addressed include: formulating a writing project, writing a query, manuscript specifications, overcoming barriers to publishing, ethics in journalism, dealing with manuscript rejection, and manuscript revision and resubmission.

Ruth Kleinpell, PhD, RN, FAAN, FCCM; Assistant Dean for Clinical Scholarship, Independence Foundation Chair for Nursing Education, and Professor, School of Nursing, Vanderbilt University; Nashville TN and Professor, College of Nursing, Rush University; Chicago IL

Pre 5 3:30 pm - 4:30 pm 1.0 CE Hour

Primary to Acute Care Palliative Care Transitions 0% Rx

AC AG

Palliative Care is a relatively new specialized health field to care for patients and their families who are experiencing a serious illness. Often confused with hospice, palliative care is based on patient and family needs, not prognosis. All hospice care is palliative, yet all palliative care is not hospice. Looking at the history of both and definitions will help clarify the misconceptions that surround these two fields. Palliative Care may be provided in a variety of settings. By focusing on patients symptoms, frequent communication and overall support, quality of life is improved and the need for frequent hospitalizations is reduced. Gain a better understanding of the the benefits associated with early involvement of palliative care.

Janet Leahy, MSN, ACNP-BC, ACHPN; Supervisor, Advanced Practice Providers, Hospital and Outpatient Based Palliative Care, University of Pittsburgh Medical Center; Pittsburgh PA

Pre 6 3:30 pm - 4:30 pm 1.0 CE Hour

An Emerging Botanical with Opioid-Like Effects: The Pharmacologic and Clinical Assessment of Kratom 100% Rx

AC AG PED

Kratom is a new herbal, which is indigenous to Southeast Asia that has become a new method for "weaning off" opioids and providing analgesia. Many individuals use this "herb" in chronic pain or to replace dependency on opioid painkillers or heroin. Become familiar with the pharmacology, adverse effects, and problems associated with kratom ingestion/abuse. The short-term safety and utility of kratom will be discussed, along with the adverse effects of abuse of this herb.

Nancy Denke, DNP, ACNP-BC, FNP-BC, FAEN, CEN, CCRN; Nurse Practitioner, Toxicology Consultants of Arizona; Phoenix AZ and Associate Faculty, DNP Program, College of Nursing and Health Innovation, Arizona State University; Phoenix AZ

Pre 7 5:00 pm - 6:00 pm 1.0 CE Hour

Partially Responsive Depressed Patient 75% Rx

AG

Are your depressed patients feeling totally well or do they need help to achieve full remission? Every manual of mental health treatment states that the clinician should aim for full remission of symptoms. Allowing some symptoms to persist strongly raises the likelihood of relapse and marginal functioning. Focus on what you as a practitioner can do to achieve full remission when your initial attempts fall short. The best medication combinations will be identified. Effective non-medication treatments will be specified to help your patient when medication alone is not sufficient. Learn a simple mnemonic to help decide the way forward when breakthrough relapse symptoms occur.

Christopher M. Doran, MD; Psychiatrist, Private Practice; Englewood CO

Pre 8 5:00 pm - 6:00 pm 1.0 CE Hour

Pre-operative Evaluation of the Non-Cardiac Patient 25% Rx

AG

The purpose of preoperative evaluation is not simply to give medical clearance, rather it provides an evaluation of the patient's current medical status. Recommendations concerning the evaluation, management, and risk of cardiac problems over the entire perioperative period are offered. It also provides a clinical risk profile that the patient, primary practitioner, anesthesiologist, and surgeon can use in making treatment decisions that may influence short- and long-term cardiac outcomes. Focus on the current ACC/AHA guidelines and research that assists clinicians to effectively complete a preoperative evaluation.

Kristine Scordo, PhD, RN, ACNP-BC, FAANP; Acute Care Nurse Practitioner, Kettering Heart and Vascular; Dayton OH, Acute Care NP, TriHealth Infectious Disease; Cincinnati OH and Professor Emeritus, College of Nursing, Wright State University, Cincinnati OH

DINNER EDUCATIONAL SESSION Pre 9

6:15 pm - 7:45 pm

1.5 CE Hours

Optional, Limited Enrollment,

Pre-registration required and a fee of \$30

Pre 9 1.5 CE Hours

Body Clock, Diet, Hormones & Metabolism: What their Connection Means for Disease Prevention and Treatment 50% Rx

AG

Are you a "lark" or an "owl", and what does this mean for overall health and disease risk? Which matters more for overall health—WHAT you eat or WHEN you eat? Altered biological clocks (circadian rhythms) can greatly disrupt metabolism and hormonal secretions, contributing to related disorders such as type 2 diabetes, metabolic syndrome, obesity, fatty liver, cardiovascular disease, and cancer. Examine the impact of biorhythms, chronotypes, circadian genes, and dietary influences.

Christine Kessler, MN, CNS, ANP, BC-ADM, CDT, FAANP; Founder and Nurse Practitioner, Metabolic Medicine Associates; King George VA

THURSDAY, JULY 8, 2021 • DAY 1

SESSIONS A, Keynote (KN), B, C • CE Hours Available: 5.5

LUNCHEON SESSIONS SS2, SS3, SS4 Non-Certified

KEY

AC =

Acute Care

AG =

Adult/Geriatric

DM =

Dermatology

PED =

Pediatric

WH =

Women's Health

PD =

Professional Development

ODEVS =

On-demand Encore
Virtual Session

Tracks are identified by the speaker, for indication purposes only.

EDUCATIONAL SESSIONS A1 – A6

8:00 am – 9:30 am

1.5 CE Hours

A1

Multidisciplinary Tinnitus Care for Veterans and Military Members: Nurse Practitioner Role in Initial Diagnosis and Long-Term Management 0% Rx

AG

Tinnitus (ringing in the ears) is highly prevalent in military and veteran populations, yet clinical care is often fragmented. Learn more about the unique care aspects of military culture and the complex role of managing co-morbidities associated with tinnitus; including sleep disturbances, poor concentration, anxiety, relationship issues, and suicide. The role of NPs is critical in addressing gaps in care, effecting relevant patient education, communicating resources needed (usually cognitive behavioral techniques), navigating patients through the referral process to specialists, and providing long-term management oversight.

Libba McMillan, RN, MSN, PhD; Associate Professor, School of Nursing, Auburn University; Auburn AL

A2

Ketamine: Uses and Abuses 100% Rx

AC AG PED



Initially, Ketamine was primarily used for pediatric procedural sedation. Therapeutic uses have expanded to adult and pediatric patients, pain, rapid sequence intubation, refractory depression, refractory neuropathic pain, and more. Learn how ketamine's mechanism of action provides benefit to patients in such different disease states. It is also important to be aware of the potential for ketamine abuse, how to monitor for such abuse, and why ketamine may be abused. Therapeutic uses of ketamine, including the different doses for different therapies will be discussed, as well as monitoring for potential adverse effects, and the potential ways to abuse ketamine.

Nancy Balch, PharmD, BCCCP; Emergency Medicine Pharmacist, In-patient Pharmacy, Massachusetts General Hospital; Boston MA

A3

Hepatology Highlights 25% Rx

AG

Find the answers you have been looking for when trying to figure out what to do to help your patient with liver disease. What are abnormal LFTs and what causes an abnormal liver profile? Which medications treat Hepatitis C infection and what are the most common side effects? How does fatty liver disease develop and what are the risk factors. Learn about how to better talk to patients about weight and how to make lifestyle changes to become healthier.

Amanda Chaney, DNP, APRN, FAANP, AF-AASLD; Chair, Advanced Practice Providers Subcommittee and Nurse Practitioner, Liver Transplant/Hepatology Hospital Medicine, Mayo Clinic; Jacksonville FL

A4

Estrogen and the Brain 50% Rx

WH

Moodiness, depression, "brain fog," fear of future dementia – perimenopausal women often present to their clinicians with these concerns. Women with premature ovarian insufficiency, premenstrual syndrome, and postpartum depression also present with issues related to cerebral function. The role of the hormone estrogen in mood and cognition throughout the female life cycle will be discussed. Explore the effects of hormone therapy, other medications, and lifestyle on emotional and cognitive issues. Gain the knowledge and tools to help women of all ages with these concerns.

Jan Shepherd, MD, FACOG; Medical Director, Women's Wellness Connection, Colorado Department of Public Health & Environment; Denver CO, Consultant, Boulder Valley Women's Health Center; Boulder, CO, and Clinical Associate Professor, Obstetrics & Gynecology, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

A5

Guidelines for Prescribing Practices in Child Behavioral Health 100% Rx

PED

The increasing emotional and behavioral needs of children place Nurse Practitioners on the front lines to assess and treat. Hear an update on safe prescribing guidelines for the child-adolescent population. Emphasis is placed on navigating the clinical challenges of developmental differences, black box warnings, and off-label use of medicines commonly prescribed for this population. Additional expertise and training is needed for safe and confident prescribing of psychotropic agents for this unique population.

Sonya Montgomery, FNP-BC, PMHCS-BC; Pediatric Psychiatric Nurse Practitioner, Focus Behavioral Health; Asheville NC

A6

Headache Management in the Emergency Department 50% Rx

AC

Headaches are one of the most common complaints presenting to Emergency Departments, accounting for more than 5 million visits annually. Clinicians must be able to differentiate between the different types of headaches, as well as be aware of the most evidence-based treatment options available.

Nycole Oliver, DNP, APRN, RN, FNP-C, ACNPC-AG, CEN; Advanced Practice Registered Nurse, Hospitalist, Northeastern Health System Sequoyah; Sallisaw OK, APRN, Baptist Health System; Fort Smith AR, and Instructor, DNP Program, College of Nursing, University of South Alabama; Mobile AL

AWARDS CEREMONY & KEYNOTE ADDRESS**10:00 am – 11:15 am****1.0 CE Hour****Keynote Address (KN)****How Nurse Practitioners Can Improve Health Equity 0% Rx**

PD



Hear from the study director on the Institute of Medicine's report, *The Future of Nursing: Leading Change, Advancing Health*. Dr Hassmiller will discuss how nurse practitioners are helping to advance health equity in the wake of the COVID-19 pandemic. There are expanded roles and opportunities for nurses and nurse practitioners. Additionally, the nursing field can help to ensure that everyone has a fair and just opportunity for health.

Susan B. Hassmiller, RN, PhD, FAAN, is currently serving as the Senior Scholar-In-Residence and Senior Adviser to the President on Nursing at the National Academy of Medicine. In this role, she is a key member of the leadership team for the Future of Nursing 2030 report. She is also the Robert Wood Johnson Foundation Senior Adviser for Nursing, and in partnership with AARP, Hassmiller directs the Foundation's, Future of Nursing: Campaign for Action. This 50-state and District of Columbia effort strives to implement



the recommendations of the Institute of Medicine's report, The Future of Nursing: Leading Change, Advancing Health, and will additionally seek to build a Culture of Health. Hassmiller served as the report's study director. Hassmiller's work has included service in public health settings at the local, state and national levels, including HRSA. She taught community health nursing at the University of Nebraska and George Mason University in Virginia. Hassmiller is an elected member of the National Institute of Medicine, now the National Academy of Medicine, a fellow in the American Academy of Nursing and sits on other advisory committees and boards, including the Hackensack Meridian Health System, UnitedHealth, Carrier Clinic and the American Red Cross. She is the recipient of many awards and three honorary doctorates, but most notably the Florence Nightingale Medal, the highest international honor given to a nurse by the International Committee of the Red Cross.

SATELLITE SYMPOSIA**LUNCHEON SESSIONS SS2 – SS4****11:30 am – 1:00 pm (Non-Certified)**

**Optional, Limited Enrollment,
Pre-registration required, No Additional Fee**

Please check www.npsymposium.com for updates on session topics. Verification of clinician's practice and eligibility information may be provided to sponsor for auditing purposes.

SS2**The Truth about Hormones and Breast Cancer**

There has been a longstanding misconception regarding the effects of hormones on risk for breast cancer as well as other disease processes. This educational talk will discuss the findings of the Women's Health Initiative and how the media exacerbation of these findings has contributed to decades of subpar treatment of menopause in female patient population. Subsequent data shows the potential protective qualities of hormone therapy when the appropriate dose, method of administration, and chemical structure is utilized.

Mandy Donovitz Cotten, DNP, APRN, FNP-C; Family Nurse Practitioner, Institute for Hormonal Balance; Irving TX

This is a promotional medical education presentation. It will not be certified for continuing medical education credit. This program is supported by BioTE Medical.

SS3**Understanding the Options for the Treatment of Hypothyroidism**

An expert-led discussion of options for those patients who have persistent hypothyroidism despite LT4 monotherapy.

- The use of combination T4/T3 therapy to address suboptimal response.
- The role of a genetic polymorphism that can lead to suboptimal response in 10–15% of hypothyroid patients treated with LT4 monotherapy.
- The importance of patient-reported symptoms in assessing response to hypothyroid treatment.

Speaker TBA

This is a promotional medical education presentation. It will not be certified for continuing medical education credit. This program is supported by AvionAcella Pharmaceuticals.

SS4**NEXLETOL and NEXLIZET: Oral, Non-statin Therapies for Lower LDLC**

Joseph DeBoe, DNP, ACNPC-AG, CCRN; Clinical Assistant Professor, Nursing, University of Arizona College of Nursing; Tucson AZ

This is a promotional medical education presentation. It will not be certified for continuing medical education credit. This program is supported by Esperion.

EDUCATIONAL SESSIONS B1 – B6

1:30 pm – 3:00 pm

1.5 CE Hours

B1

Adverse Childhood Events: Genetic Impacts and Risks for Adult Disease 0% Rx

AG PED



Since the landmark 1998 Adverse Childhood Event (ACEs) study from the Centers for Disease Control and Prevention and Kaiser Permanente, a paradigm shift has occurred in the healthcare approach to adult disease. Evidence is emerging to demonstrate how complex trauma can impact a person's biology and genetic composition. ACEs are now recognized as a significant contributor to adverse holistic health outcomes, including predisposition to risk of depression, heart disease, overweight/obesity, asthma, cancer, and many others. Explore the health impacts of ACEs and understand how to foster protective factors and resilience in a trauma-informed and culturally-responsive way.

Jessica Peck, DNP, APRN, CPNP-PC, CNE, CNL, FAANP, FAAN; Clinical Professor, Louise Herrington School of Nursing, Baylor University; Dallas TX and Certified Pediatric Nurse Practitioner, Primary Care, League City Pediatrics, League City TX

B2

Relevance and Practical Integration of Genomic Medicine into Family Practice 50% Rx

AG

The integration of genomics and precision medicine is a new paradigm for disease diagnosis and treatment, which will bring about seismic changes in healthcare delivery both in and out of the hospital setting. Pharmacogenomics and the increasing use of biomarkers will be discussed through case studies to demonstrate genomic integration into clinical practice. Understand how to more precisely evaluate, diagnose, manage, and prevent selected acute and chronic medical conditions.

Christine Kessler, MN, CNS, ANP, BC-ADM, CDTG, FAANP; Founder and Nurse Practitioner, Metabolic Medicine Associates; King George VA

B3

Toxicology Visual Pearls of Wisdom 75% Rx

AC AG PED

Learn toxicology-related pearls related to common toxicologic scenarios that you may encounter in your clinic, urgent care, or ED through an interactive approach. Scenarios examined will include huffing, wild mushroom ingestions, household drugs that cause toxic effects, and others. It is important that providers do not miss these common presentations of toxicology urgent conditions.

Nancy Denke, DNP, ACNP-BC, FNP-BC, FAEN, CEN, CCRN; Nurse Practitioner, Toxicology Consultants of Arizona; Phoenix AZ and Associate Faculty, DNP Program, College of Nursing and Health Innovation, Arizona State University; Phoenix AZ



B4

The 2020 STI Treatment Guidelines: What's New since the Guideline Release? 100% Rx

AG PED

Major changes associated with the most recent revision of the CDC's STI Treatment Guidelines will be highlighted. Special populations of patients, including adolescents, pregnant persons, and LGBTQ+ persons, may require different or individualized recommendations to manage their sexual health. Utilize the most recent guideline and research driven guidelines for the prevention, treatment and management of sexually transmitted infections.

Alison Marshall, RN, MSN, FNP-C; Faculty, Sylvie Ratele STD/HIV Prevention Training Center of New England, Massachusetts Department of Health; Jamaica Plain MA and Assistant Director and Clinical Instructor, FNP Program, William F. Connell School of Nursing, Boston College; Chestnut Hill MA

"This was an outstanding conference. Truly lived up to reputation. Almost everyone to whom I spoke, had been to previous symposiums. I can see why they return annually." – NNPS attendee

B5**Exploring Practices for Feeding and Nourishing throughout Childhood 0% Rx****PED**

Baby's first bites are critical for their overall development. There are a variety of feeding techniques that parents and caregivers can incorporate to improve the safe swallowing of liquids and solids. Although parents may become overwhelmed when determining what, how and when to feed their children, health professionals can provide guidance. Explore evidence-based feeding techniques; feeding milestones for introducing solid foods (and liquids) and how these experiences set the stage for other developmental skills. Learn important mealtime considerations to provide simple solutions to patients to foster positive eating experiences for the entire family.

This session is supported by the Colorado Beef Council.

Katie Ferraro, MPH, RN, CDE; Private Practice Dietitian, The Fortified Family; San Diego CA

Dawn Winkelmann, MS, CCC-SLP; Owner and Clinical Director, Ms. Dawn SLP; Littleton CO

B6**Identification and Management of the Post-COVID-19 Syndrome 0% Rx****AC**

As the coronavirus disease 19 (COVID-19) continues to grow, health care workers are beginning to see patients who have been infected with COVID-19 and now return with the physical and mental effects from this virus. The term "long-haulers" is used to describe patients who do not fully recover for weeks or months. Although the acute effects of COVID-19 are widely published, due to the relatively short history of the pandemic, the long-term effects are less well known. Symptoms may be due to persistent chronic inflammation (fatigue), sequelae of organ damage (pulmonary fibrosis, chronic kidney disease) and effects from hospitalization and social isolation (muscle wasting, malnutrition). Health care workers can be instrumental in developing a comprehensive plan for preventing and managing post-COVID-19 complications. Hear an update on post-viral syndrome pathophysiology, reported symptoms and suggested management for post-COVID syndrome.

Kristine Scordo, PhD, RN, ACNP-BC, FAANP; Acute Care Nurse Practitioner, Kettering Heart and Vascular; Dayton OH, Acute Care NP, TriHealth Infectious Disease; Cincinnati OH and Professor Emeritus, College of Nursing, Wright State University, Cincinnati OH

EDUCATIONAL SESSIONS C1 – C6**3:30 pm – 5:00 pm****1.5 CE Hours****C1****Hot Topics in Drug Therapy: New Products, New Uses, New Warnings 100% Rx****AG**

What is the latest in drug therapy? What are the latest new uses and cautions for use of established medications? Learn the answers to these and other questions in this informative session.

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP; Founder, Fitzgerald Health Education Associates, Inc; North Andover MA and Family Nurse Practitioner, Greater Lawrence Family Health Center; Lawrence MA

C2**Fibromyalgia Syndrome: Taking Another Look 25% Rx****AG**

New understanding behind the pathophysiology of fibromyalgia has led to new treatment approaches. Pharmacological management will be discussed, including the identification of risks, benefits and side effects. Evidence based, non-pharmacological strategies for management will also be provided. Focus on what the current understanding of fibromyalgia pathophysiology, criteria to make the correct diagnosis, and evidence-based recommendations for pharmacological and non-pharmacological options for treatment.

Theresa Mallick-Searle, MS, PMGT-BC, ANP-BC; Nurse Practitioner, Division of Pain Management, Stanford Health Care; Stanford CA and Independent Contractor, Medical Expert Witness on Pain Management and Treatment; Stanford CA

C3**Hemophiliac Hemorrhage Treatments: A Is to 8, as B Is to 9 100% Rx****AC AG PED**

Hemophilia patients with hemorrhage require rapid treatment with the most effective therapy. Providing the wrong therapy for a specific type of hemophilia is similar to providing no treatment. Federally funded hemophilia centers in the U.S. have extensive training, but no equivalent training exists for other health care locations. Learn about the mechanism of action of hemophilia hemorrhagic treatments and the specific hemorrhagic treatments for each type of hemophilia.

Nancy Balch, PharmD, BCCCP; Emergency Medicine Pharmacist, In-patient Pharmacy, Massachusetts General Hospital; Boston MA

C4**Managing Premature Ovarian Insufficiency 25% Rx****WH**

Premature ovarian insufficiency, formerly known as premature menopause, is a relatively uncommon cause of amenorrhea, but making the correct diagnosis is essential because the condition increases a woman's risk of both cardiovascular disease and osteoporosis. Early loss of oocytes can also impede a woman's plans for having a family, and the unexpected arrival of a menopause-like condition can seriously affect a young woman's self-image. Understand how to diagnose and manage this condition in all its dimensions, so you can help affected patients lead healthy and fulfilling lives.

Jan Shepherd, MD, FACOG; Medical Director, Women's Wellness Connection, Colorado Department of Public Health & Environment; Denver CO, Consultant, Boulder Valley Women's Health Center; Boulder, CO, and Clinical Associate Professor, Obstetrics & Gynecology, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

C5**Viral Rashes: New and Old 50% Rx****AG DM PED**

Although immunizations are available for many viral conditions, with the current pandemic adults and children are falling behind on scheduled immunizations. Therefore, the differential diagnosis of rashes now includes viral exanthems previously not seen for many years. Not all rashes pose a threat to the community and many do not require isolation. Learn how to recognize and treat all rashes appropriately.

Peggy Vernon, RN, MA, C-PNP, DCNP, FAANP; Owner/Dermatology Nurse Practitioner, Creekside Skin Care; Greenwood Village CO

ODEVS

C6

Pulmonary Embolism 0% Rx

AC

Hear about the classification of pulmonary embolisms and how to discern between low, intermediate, and high risk pulmonary embolisms. Treatment options will be discussed, along with the long term, outpatient consequences of a diagnosis of pulmonary embolism.

Chhaya Patel, MD; Associate Professor and Attending Physician, Department of Medicine, Division of Pulmonary, Critical Care, and Sleep Medicine, National Jewish Health; Denver CO

WELCOME RECEPTION

(Exhibit Hall)

5:00 pm – 6:30 pm

Buffet and Cash Bar

Complimentary admission for all Symposium registrants. Tickets for guests of Symposium registrants, adults (21 and over), available for purchase (\$20) with registration or on-site.



FRIDAY, JULY 9, 2021 • DAY 2

SESSIONS D, E, F, G, H • CE Hours Available 6.75 for Sessions and Posters

Optional CE Hours: CHALLENGES IN CARE (CIC) 1.5 • WORKSHOPS (WS1–WS3) 2.5 • DINNER SESSION (J1) 1.5

KEY

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Professional Development

ODEVS =

On-demand Encore Virtual Session

Tracks are identified by the speaker, for indication purposes only.

WT 7:15 am – 7:45 am Non-Certified

"Walk & Talk" Around the Lake

Join fellow participants for a morning walk around Keystone Lake (approximately 1.2 mile). Your group leader will structure conversation to allow you to interact with peers that you may not normally have the opportunity to meet, to discuss professional issues and trends. Comfortable walking shoes and a light jacket are recommended.



EDUCATIONAL SESSIONS D1 – D6

8:00 am – 9:30 am

1.5 CE Hours

D1

Laboratory Data Interpretation 50% Rx

AG PED

What is the appropriate use of laboratory testing as part of the differential diagnosis process? How do lab abnormalities influence the differential diagnosis process? Discover the answers to these questions and more in a case-based presentation featuring challenging case studies.

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP; Founder, Fitzgerald Health Education Associates, Inc; North Andover MA and Family Nurse Practitioner, Greater Lawrence Family Health Center; Lawrence MA

D2

Antibiotic Stewardship in Sepsis 100% Rx

AG

Sepsis is the number one killer of hospitalized patients in the United States. However, fear of missing sepsis and the introduction of reporting mandates for sepsis have prompted excessive antibiotic use in hospitals today. The current landscape of antibiotic use and antibiotic resistance among patients with sepsis at U.S. hospitals will be described. Learn how to strike the balance between attempting antibiotic stewardship, while ensuring antibiotic coverage for patients with sepsis.

Sameer S. Kadri, MD; Head, Clinical Epidemiology Section, Critical Care Medicine Dept, Associate Research Physician, National Institutes of Health; Bethesda MD

D3**Syphilis: The Return of a Supervillain 50% Rx**

AG PED



Syphilis is a preventable infection that causes serious morbidity and mortality. Rates have been increasing in the United States for the last decade after several decades of decline. Providers should be aware of the latest trends and how to decrease the disease burden in their patient populations. The most common methods of syphilis transmission between people, including congenital infections will be discussed. Explore methods of testing, ways to prevent infection, and the most up to date treatment regimens.

Alison Marshall, RN, MSN, FNP-C; Faculty, Sylvie Ratele STD/HIV Prevention Training Center of New England, Massachusetts Department of Health; Jamaica Plain MA and Assistant Director and Clinical Instructor, FNP Program, William F. Connell School of Nursing, Boston College; Chestnut Hill MA

D4**Adolescent Substance Abuse: How to Recognize, Screen, and Treat the Adolescent Patient 75% Rx**

AC AG PED

The COVID-19 pandemic has had an enormous impact on substance use in all populations, especially the adolescents. Increased substance use has been found to be independently associated with functional impairment in behavior at school and at home. Learn about the most commonly used substances and risk factors for abuse. Screening and treatment plans will also be presented.

Nancy Denke, DNP, ACNP-BC, FNP-BC, FAEN, CEN, CCRN; Nurse Practitioner, Toxicology Consultants of Arizona; Phoenix AZ and Associate Faculty, DNP Program, College of Nursing and Health Innovation, Arizona State University; Phoenix AZ

D5**New Drugs and Devices for Heart Failure 50% Rx**

AC

Hear new guidelines on directed medical therapy for heart failure, including ARNI, SGLT2 inhibitors and Vericiguat. The initiation of new drugs will be presented, including trial data, real-world experience, cost, dosing, tolerance, and side effects. New cardiac device/procedures, specifically for valvular heart failure will also be presented. Learn about catheter based devices: Mitra Clip therapy for severe, mitral regurgitation, TAVR versus surgical aortic valve replacement (SAVR), and the future of catheter based devices for tricuspid regurgitation.

Kristy Gama, MSN, NP-BC; Nurse Practitioner, Structural Heart and Valve Clinic Cardiac & Vascular Center, University of Colorado Hospital; Aurora CO

Laura Peters, DNP, FNP-C; Nurse Practitioner; Advanced Heart Failure and Cardiac Transplant, University of Colorado Hospital; Aurora CO

D6**Clinician Wellbeing in an Era of Moral Injury 0% Rx**

PD

The health care workforce has been put under unspeakable stress during the COVID-19 pandemic. Many NPs were being asked to do things they found troubling and morally wrong, related to scarce resources and health care disparities. When moral dilemmas in clinical practice are not addressed, they can escalate and create moral residue

and injury. Discover the core elements leading to burnout and what you can do to protect yourself.

Eileen O'Grady, PhD, RN, ANP-BC; Nurse Practitioner and Wellness Coach, Eileen O'Grady Wellness Coaching, LLC; McLean VA and Founder, The School of Wellness; McLean VA

EDUCATIONAL SESSIONS E1 – E6**10:00 am – 11:30 am****1.5 CE Hours****E1****Mental Health Perils of Quarantine – Then and Now: How You Can Help 75% Rx**

AG

Virtually everyone knows that the quarantine which consumed most of 2020 saved countless lives and prevented significant illness and disability. Nonetheless, such a drastic measure also created significant difficulties with the mental health of many Americans. Stress, anxiety, depression and even suicide have been the untoward side effects of this social isolation. Identify the types of mental health problems brought on by the quarantine, and understand what to look for and treat after the pandemic recedes. Through heightened diagnostic skills, appropriate medication prescription and when necessary, referrals to mental health professionals, each clinician can significantly improve the course of their patients' lives.

Christopher M. Doran, MD; Psychiatrist, Private Practice; Englewood CO

E2**Lichen Sclerosus and Hidradenitis Suppurativa 50% Rx**

DM WH

Learn about two of the most common women's health dermatology conditions seen in the primary care clinic: hidradenitis suppurativa and lichen sclerosus. These conditions significantly affect the quality of life of afflicted female patients. Both can be time consuming to manage and difficult to treat. A clinical tool box on how best to manage these conditions will be provided, as well as information on identifying key factors that would lead to a dermatology referral.

Emily Reynolds, RN, MSN, FNP-BC, DCNP; Dermatology Nurse Practitioner, Vanguard Skin Specialists; Colorado Springs CO

E3**Addressing Racial Disparities in Women's Health 0% Rx**

WH

Statistics on the decreased rate of cancer survivorship and the alarmingly high rates of maternal and infant mortality for pregnancies of minority women will be presented. The significant role of social determinants of health in these disparities will be described, and most importantly, steps nurse practitioners can take to begin to address these issues will be discussed.

Jan Shepherd, MD, FACOG; Medical Director, Women's Wellness Connection, Colorado Department of Public Health & Environment; Denver CO, Consultant, Boulder Valley Women's Health Center; Boulder, CO, and Clinical Associate Professor, Obstetrics & Gynecology, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

E4**Pediatric Food Allergies 0% Rx**

PED

The incidence of food allergy has increased significantly over the past two decades to the point that now 1 in 13 children in the US is food allergic. Although sources of information about food allergies have increased over the years, parents still have basic questions about how to distinguish food allergy from food intolerance. There is also confusion about the different types of childhood food allergies, as they have different presentations and prognoses. Review the differences between food allergy and food intolerance, the presentation and evaluation of different types of food allergies, including IgE-mediated and non-IgE-mediated food allergies. Gain a practical approach to the accurate identification, evaluation and management of food allergic children.

Dan Atkins, MD; Chief, Allergy Section and Co-Director, Gastrointestinal Eosinophilic Diseases Program, Children's Hospital Colorado; Aurora CO and Associate Professor, Pediatrics, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

E5**Utility of Biomarkers for Bacterial Infection 0% Rx**

AC

Bacterial infection and Sepsis are common and associated with a tremendous morbidity and mortality burden in US hospitals. Diagnosing these is often difficult early on as cultures take time to grow pathogens and are often falsely negative. A variety of biomarkers such as procalcitonin have been studied in clinical trials, however their real world utility remains controversial. Hear about the use of biomarkers for rapid signals of bacterial infection, and review the evidence supporting and refuting their utility.

Sameer S. Kadri, MD; Head, Clinical Epidemiology Section, Critical Care Medicine Dept, Associate Research Physician, National Institutes of Health; Bethesda MD

E6**New Ideas for Old Conversations: Discussing Advance Directives 0% Rx**

PD

Discussing advance directives is one of the most important conversations that clinicians will ever have with their patients. It is a myth that advance directive discussions are only for the elderly. COVID has pushed to the forefront our awareness and implementation of advance directives discussions. There are many tools that clinicians can utilize to help facilitate these challenging discussions, involving for the patient their clinical, cultural, financial, and extended family issues. Learn strategies to overcome obstacles with these discussions.

Martha Moneypenny, FNP, GNP, ANP-BC, HPNA-BC; Nurse Practitioner, Optum; Phoenix AZ

BAG LUNCHES (Exhibit Hall)**11:30 am – 1:00 pm****CHALLENGES IN CARE PANEL (CIC)****12:15 pm – 1:45 pm****1.5 CE Hours****Optional, Pre-registration required, No additional fee** ODEVS**CIC****Challenges in Care: What Have We Learned From COVID-19 0% Rx** PD

What are the obligations of NPs in the pandemic? What factors contribute to our moral distress? What choices have we made in prioritizing vaccinations in the roll out? How do we balance individual needs versus public health needs? Should COVID-19 vaccinations be mandated? What are our obligations to the rest of the world? The Challenges in Care panel will tackle these issues and more in a lively audience-interactive session.

Jean Abbott, MD, MH; Faculty, Center for Bioethics & Humanities, University of Colorado Anschutz Medical Campus; Aurora CO

Nancy Rudner, DrPH, MPH, MSN, APRN; Nurse Practitioner, Family Physicians Group; Orlando FL and Associate Professor, School of Nursing, University of Alabama at Birmingham; Birmingham AL

EDUCATIONAL SESSION F1**2:00 pm – 3:00 pm****1.0 CE Hour****F1****Choosing Wisely National APRN Collaborative** ODEVS

0% Rx PD

High-value healthcare focuses on improvements to produce cost effective care, however limited information on the role of advanced practice registered nurses (APRNs) exists. An APRN national collaborative focuses on developing and implementing high-value care initiatives. Monthly calls, podcasts, and a file sharing platform are used to facilitate the work of the national collaborative. A total of 16 APRN teams from 14 states are participating and have implemented a number of initiatives to reduce unnecessary testing and treatments, promote appropriate antibiotic use, and promote optimal clinical practices, such as mobility for hospitalized elderly patients, among others. Hear strategies for implementing initiatives to showcase the impact of the APRN role, based on a national collaborative, which has proven to be a successful way to engage APRN teams to focus on targeting high-value care and promoting evidence-based practices in clinical care.

April Kapu, DNP, APRN, ACNP-BC; Associate Chief Nursing Officer and Director for Advanced Practice, Center for Nursing Excellence, Vanderbilt University Medical Center; Nashville TN, Assistant in Critical Care, Department of Anesthesiology, School of Medicine and Associate Professor, School of Nursing, Vanderbilt University; Nashville TN

Ruth Kleinpell, PhD, RN, FAAN, FCCM; Assistant Dean for Clinical Scholarship, Independence Foundation Chair for Nursing Education, and Professor, School of Nursing, Vanderbilt University; Nashville TN and Professor, College of Nursing, Rush University; Chicago IL



WORKSHOP SESSIONS WS1 – WS3

3:15 pm – 6:15 pm (break 4:45 pm – 5:15 pm)

2.5 CE Hours

Optional, Limited Enrollment,

Pre-registration required and a fee of \$95.

Enrollment is limited in order to maintain quality of instruction.

WS1

Orthopedic Exam 0% Rx (Repeated as WS4 on Saturday)

AG PED

Orthopedic examination continues to be a weak area for many primary care providers. However, musculoskeletal complaints, especially back pain, shoulder, and knee pain are some of the most common reasons for primary care visits. Develop your comfort level and a better understanding of the techniques of examination and their meaning. Participants will work in small groups with preceptors, while at a master station the techniques for a specific examination will be discussed and demonstrated. Practice common office based orthopedic exams specific to ambulatory care diagnosis, including cervical and lumbar spine examinations. Hands on workshop so please wear comfortable clothing.

Christopher R. Hemmer, DNP, ANP, ONP-C, FAANP; Vice President and Adult Nurse Practitioner, Orthopedic Spine Surgery, Piper Spine Care; St. Peters MO, Assistant Professor, School of Nursing, Saint Louis University; St. Louis MO

WS2

Dermatology Procedures for Primary Care 50% Rx

AG DM PED

Many dermatological procedures are appropriate for primary care providers to perform. Learn how to identify benign lesions, including comedones, warts, molluscum, and actinic keratosis, as well as worrisome and possibly cancerous lesions, including basal cell carcinoma, squamous cell carcinoma, and malignant melanoma, as well as dysplastic nevi. Clinical descriptions, as well as diagnostic options and treatment options will be discussed, including appropriate referral. Hands-on opportunities will be offered for shave and punch biopsy procedures and appropriate application of liquid nitrogen.

Emily Reynolds, RN, MSN, FNP-BC, DCNP; Dermatology Nurse Practitioner, Vanguard Skin Specialists; Colorado Springs CO

WS3

New Imaging, New Criteria, Radiology Changes 0% Rx

AG PED

Focus on the use and interpretation of advanced imaging of chest, abdomen and neurology cases. There have been many recent changes to radiology and it is important for nurse practitioners to keep up with jargon and recommendations. Foster your development of advanced skills needed to identify pathology with cutting edge imaging and interpretation. Using case studies, new imaging techniques and criteria will be reviewed to ensure everyone is up to date with current practices. Imaging across the life span will be reviewed including unusual findings on plain radiographs, PET scans, CT scans, MRI, and Sonogram.

Rustain L. Morgan, MD, MS; Director, Diagnostic Radiology Residency, Associate Program Director, Interventional Radiology Residency, Assistant Director, Basic to Advanced Radiology Lab, and Assistant Professor, Radiology Associate Program, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

EDUCATIONAL SESSION G1

3:15 pm – 4:45 pm

1.5 CE Hours

G1

Advanced Practice Leadership Panel 0% Rx

PD

ODEVS

In 2007 there were an estimated 120,000 licensed NPs – in 2017 the number had more than doubled to 234,000. As the numbers grow, a vacuum in leadership has developed. In large organizations there may be non-APRN supervisors who do not understand the role of advanced practice providers. This can lead to issues with defined roles, credentialing, understanding of scope of practice, and lack of shared governance. At the core of every strong Advanced Practice Provider team, you'll nearly always find a strong Advanced Practice Provider leader. The interest in leadership has grown as more NPs recognize the positive impact that having a spot at the leadership table has on the organization's view and use of the NP role. Learn why creating competencies and developing NPs in leadership roles is more important now than ever before, and hear recommendations from current NP leaders on steps you can take to advance your role.

Amanda Chaney, DNP, APRN, FAANP, AF-AASLD; Chair, Advanced Practice Providers Subcommittee and Nurse Practitioner, Liver Transplant/Hepatology Hospital Medicine, Mayo Clinic; Jacksonville FL

April Kapu, DNP, APRN, ACNP-BC; Associate Chief Nursing Officer and Director for Advanced Practice, Center for Nursing Excellence, Vanderbilt University Medical Center; Nashville TN, Assistant in Critical Care, Department of Anesthesiology, School of Medicine and Associate Professor, School of Nursing, Vanderbilt University; Nashville TN

Ruth Kleinpell, PhD, RN, FAAN, FCCM; Assistant Dean for Clinical Scholarship, Independence Foundation Chair for Nursing Education, and Professor, School of Nursing, Vanderbilt University; Nashville TN and Professor, College of Nursing, Rush University; Chicago IL

Jennifer Rodgers, DNP, APRN, ACNP-BC, FAANP; Vice President, Advanced Practice and Associate Chief Nursing Officer, Ambulatory Nursing, UHealth University of Colorado Hospital; Aurora CO and Assistant Professor, Pulmonary & Critical Care Division, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

Laura Thomas, DNP, APRN-BC, WHNP-BC; Director, Women's Services, The Medical Center of Aurora; Aurora CO

AUTHORS PRESENT POSTERS

4:45 pm – 5:15 pm
.5 CE Hour

INTENSIVES H1 – H5

5:30 pm – 6:15 pm
.75 CE Hour

H1

Amputees: Traditional and Novel Approaches to Care 0% Rx

AC AG

There are nearly 2.1 million people living with limb loss in our country with the number expected to exceed 4 million by 2050. Due to the increase in numbers and known high cost burden associated with the care of these patients, healthcare providers must be equipped with basic population specific care surrounding amputation, prevention strategies, post-operative care, and novel treatment methods for patients who have undergone limb loss. Nurse Practitioners serve a vital role in the prevention of amputation and the lifelong management of these patients.

Kristin Loker, RN, DNP, FNP, ONPC; Faculty Instructor, Limb Restoration Program, University of Colorado Hospital; Aurora CO

H2

Noncompliant? Nonadherent? Something Else? Not with an NP! 25% Rx

AG PED

NPs have great knowledge to help patients enjoy maximum health, yet patient behaviors often appear to be counterproductive. Many patients continue unhealthy behaviors, skip preventive services, miss appointments, and do not take medication as prescribed. Instead of labeling a patient “non compliant”, NPs can utilize a range of strategies to enhance the provider-patient partnership for better outcomes. The quality measures used to determine incentive payments include not only outcomes but also assessments of patients’ medication adherence. Using case studies, delve into root causes of patients’ seemingly counterproductive behaviors, identify prescribing patterns that can facilitate better outcomes, and learn about other factors contributing to suboptimal health.

Nancy Rudner, DrPH, MPH, MSN, APRN; Nurse Practitioner, Family Physicians Group; Orlando FL and Associate Professor, School of Nursing, University of Alabama at Birmingham; Birmingham AL



H3

New ASCCP Guidelines and App 0% Rx

WH

The 2019 ASCCP risk-based management consensus guidelines for abnormal cervical cancer screening tests and cancer precursors was published in April 2020. Hear a review of the revised guidelines and a framework for incorporating new data and technologies. Guiding principles will be outlined using specific clinical situations showing how to incorporate the ASCCP Management Guidelines App into clinical practice. Discussion of cervical dysplasia and colposcopy guidelines will be included.

Kristina M. Tocce, MD, MPH; Vice President and Medical Director, Planned Parenthood of the Rocky Mountains; CO, NM, NV, WY and Volunteer Clinical Faculty Member, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

H4

The Virtual Reality of Pediatric Weight Management During COVID-19 0% Rx

PED

The COVID-19 pandemic prompted a shift in the delivery of multidisciplinary evaluation and treatment of pediatric obese patients from nearly exclusive in-person clinical visits to complete telehealth delivery. Following the mandated lock down, we continued to provide in person care to families and have maintained a telehealth presence for medical and dietitian visits, primarily with the patient in their home. In addition, we have transformed our group classes, which include mindfulness in eating, family weight, wellness and exercise classes, into a telehealth platform, expanding our reach to families across the state of Colorado. Hear how health care providers can adapt to new models of health care delivery

Suzanne Paul, RN, BSN, MSN, FNP-C; Lifestyle Medicine Program Coordinator, Children's Hospital Colorado; Aurora CO

H5

Healthcare Provider Burnout in Acute and Critical Care 0% Rx

AC PD

Compassion fatigue and burnout result from the emotional strain of working with patients suffering from the consequences of traumatic events. Repeated exposure to emotional strain associated with caring for trauma patients without taking time for self-care can lead to a gradual lessening of compassion over time, and more dangerously, self-destructive behaviors. Nurse Practitioners must be vigilant regarding compassion fatigue to be able to provide healthy, compassionate care to the patients they serve.

Nycole Oliver, DNP, APRN, RN, FNP-C, ACNPC-AG, CEN; Advanced Practice Registered Nurse, Hospitalist, Northeastern Health System Sequoyah; Sallisaw OK, APRN, Baptist Health System; Fort Smith AR, and Instructor, DNP Program, College of Nursing, University of South Alabama; Mobile AL

DINNER EDUCATIONAL SESSION J1

6:30 pm – 8:00 pm

1.5 CE Hours

**Optional, Limited Enrollment,
Pre-registration required and a fee of \$30**

J1

**Swimming Upstream on Omega-3
Recommendations for Cardiovascular Health:
New Research Finds Existing Recommended Dosage
May Not Be Enough 0% Rx**

AG

New research based on a meta-analysis of 40 clinical studies finds that omega-3 intake is associated with significant improvements in risk reduction for certain cardiovascular events, and that the benefits appear to increase with dosage. However, intake of EPA+DHA omega-3s remains far below recommendations, with intake displaced by less potent plant-based omega-3 sources or other fats. Hear more about the research and what it means for preventative health.

This session is supported by GOED.

Robyn Kievit, FNP-BC, RDN, LDN, CSSD, CEDRD; Certified Specialist in Sports Dietetics and Certified Eating Disorders Registered Dietitian, Private Practice; Concord MA

Carl (Chip) J. Lavie, Jr., MD, FACC, FACP, FCCP; Medical Director, Cardiac Rehabilitation and Prevention and Director, Cardiology Education - Internal Medicine Training Program; Ochsner Foundation Hospital and Clinic; New Orleans LA



"Excellent conference that offers an abundance of continuing professional development. Well done and thanks." – NNPS attendee

"As always –Great Conference– Well done! Always a great variety of topics and excellent speakers. Awesome location as well, love the mountains this time of the year!" – NNPS attendee



SATURDAY, JULY 10, 2021 • DAY 3

SESSIONS L, M, N, O • CE Hours Available: 6.5 for Sessions and Posters

Optional CE Hours: WORKSHOPS (WS4 – WS6) 2.5

KEY

AC =

Acute Care

AG =

Adult/Geriatric

DM =

Dermatology

PED =

Pediatric

WH =

Women's Health

PD =

Professional Development



On-demand Encore
Virtual Session

Tracks are identified by the speaker, for indication purposes only.

WORKSHOP SESSIONS WS4 – WS6

7:30 am – 10:30 am (break 8:30 am – 9:00 am)

2.5 CE Hours

Optional, Limited Enrollment,

Pre-registration required and a fee of \$95.

Enrollment is limited in order to maintain quality of instruction.

WS4

Orthopedic Exam 0% Rx (Repeat of Friday WS1)

AG PED

Orthopedic examination continues to be a weak area for many primary care providers. However, musculoskeletal complaints, especially back pain, shoulder, and knee pain are some of the most common reasons for primary care visits. Develop your comfort level and a better understanding of the techniques of examination and their meaning. Participants will work in small groups with preceptors, while at a master station the techniques for a specific examination will be discussed and demonstrated. Practice common office based orthopedic exams specific to ambulatory care diagnosis, including cervical and lumbar spine examinations. Hands on workshop so please wear comfortable clothing.

Christopher R. Hemmer, DNP, ANP, ONP-C, FAANP; Vice President and Adult Nurse Practitioner, Orthopedic Spine Surgery, Piper Spine Care; St. Peters MO, Assistant Professor, School of Nursing, Saint Louis University; St. Louis MO



WS5

Suturing Skills: Beginning to Advanced 0% Rx

AC AG PED

Gain an overview of the management of traumatic lacerations, followed by a hands-on workshop. Practice basic or advanced suture techniques on pig's skin, with guidance from a preceptor. Beginners with no experience will learn single-layer closure. Intermediate and advanced students will learn landmarks for peripheral nerve block, multi-layer and flap closure techniques.

Vincent Markovchick, MD, FAAEM, FACEP; Staff Physician, Emergency Medical Services, Denver Health Medical Center; Denver CO and Professor Emeritus, Emergency Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

Maria Moreira, MD; Medical Director, Continuing Education and Simulation, Office of Education, Denver Health Medical Center; Denver CO, Attending Staff Physician, Department of Emergency Medicine, Denver Health Medical Center; Denver CO

WS6

Long-Acting Reversible Contraception 100% Rx

WH

Increasing numbers of patients wish to use Long-Acting Reversible Contraception (LARC) to help with their contraceptive needs and other health conditions. Hear a comprehensive review of IUDs that both the novice and the expert nurse practitioner will appreciate. Correct insertion/removal techniques for various IUDs will be presented, including methods to handle challenging clinical situations, such as breakthrough bleeding, malposition, other adverse effects. Gain hands-on experience by practicing IUD placement and removal on plastic pelvic models.

Kristina M. Tocce, MD, MPH; Vice President and Medical Director, Planned Parenthood of the Rocky Mountains; CO, NM, NV, WY and Volunteer Clinical Faculty Member, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

Jennifer S. Hyer, MD; Physician, Department of Obstetrics and Gynecology, Denver Health Medical Center; Denver CO and Assistant Professor, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO





EDUCATIONAL SESSIONS L1 – L4

9:00 am – 10:30 am

1.5 CE Hours

L1

Human Trafficking: Identification and Response in the Clinical Setting 0% Rx

AG PED

There are currently 30 million people entrapped in human trafficking, more than any time in history. Children represent 27% of victims, with the average age of entry as 14 years old. This is a \$32 billion annual market and the fastest growing criminal industry in the U.S. Victims present in clinics, schools, hospitals, and emergency rooms. An estimated 87% of rescued trafficking victims had encounters with a healthcare provider during captivity in which they were not recognized as victims, missing opportunity for rescue and improved health outcomes. The ANA states nursing professionals are in a perfect position to intervene and advocate for these vulnerable persons in the myriad of health settings to which they may present. Understand how to identify and intervene on behalf of potential victims, using a trauma-informed and culturally-responsive approach.

Jessica Peck, DNP, APRN, CPNP-PC, CNE, CNL, FAANP, FAAN; Clinical Professor, Louise Herrington School of Nursing, Baylor University; Dallas TX and Certified Pediatric Nurse Practitioner, Primary Care, League City Pediatrics, League City TX

L2

Polypharmacy Among Geriatric Patients 100% Rx

AC AG

The elderly will represent one-fourth of the U.S. population and will dominate care in the health care system. Chronic illness is common among the elderly with estimates of 77% having at least two chronic diseases. Unfortunately, the effects of polypharmacy are not always considered when treating patients, leading to more complications versus improvement of disease states. Patients are also left on medications for a prolonged timeframe, even if no longer indicated or needed. Using a case study presentation, learn the potential problems with polypharmacy and considerations for deprescribing.

E. Monee' Reed, DNP, MA, ACNP-BC; Associate Chair, Advanced Practice Nursing and Assistant Professor, AG-ACNP and DNP Programs, College of Nursing and Health Innovation, University of Texas at Arlington; Arlington TX and Acute Care Nurse Practitioner, Pulmonary Critical Care/Intensivist-Inpatient, Dallas Pulmonary & Critical Care PA, Methodist Hospital System; Dallas TX

L3

Update on Men's Health 2021 50% Rx

AG PED

Focus on common medical issues for biologically born males. Treatment for common types of genital infections in males will be discussed. Hear how to differentiate between emergent and non-emergent scrotal pain. Discussion of the guidelines and problems with screening for prostate cancer using the prostate specific antigen (PSA) test will also be included.

Alison Marshall, RN, MSN, FNP-C; Faculty, Sylvie Ratele STD/HIV Prevention Training Center of New England, Massachusetts Department of Health; Jamaica Plain MA and Assistant Director and Clinical Instructor, FNP Program, William F. Connell School of Nursing, Boston College; Chestnut Hill MA

L4

Winning Strategies and Messaging for Improving Access to Care 0% Rx

PD

ODEVS



The Center to Champion Nursing in America, a joint initiative of AARP Foundation, AARP and the Robert Wood Johnson Foundation, has created strategies to help state-based coalitions secure policy wins. Use of message development, delivery and coalition building will be explained. Hear examples of how these strategies helped achieve state and federal policy wins. Stakeholder organizations who are, or would like to be, involved in APRN scope of practice advocacy work will also be discussed.

Winifred V. Quinn, PhD, FAANP (Hon); Director, Advocacy & Consumer Affairs, Center to Champion Nursing in America, AARP; Washington DC

"As always-Great Conference-Well done! Always a great variety of topics and excellent speakers. Awesome location as well-love the mountains this time of the year!"

— NNPS attendee

EDUCATIONAL SESSIONS M1 – M6

12:00 pm – 1:00 pm

1.0 CE Hour

M1

Benefits and Pitfalls of Facial Injections 25% Rx

AG DM

According to the American Society of Plastic Surgeons, in 2018 there were over 15.9 million minimally invasive cosmetic treatments performed in the United States. The top five minimally invasive cosmetic procedures performed were neurotoxin injection, soft tissue fillers, chemical peels, laser hair removal, and microdermabrasion. Although the complication rates are relatively low, primary care providers need to be able to detect complications and treat these effectively to avoid long term complications.

Vicki Filz, BSN, RN, MSN, FNP-BC; Owner and Nurse Practitioner, SHAPE Medical Center; Grand Junction CO

M2

Gut Microbiota, Neurotransmitters & Stress: A Systems Biology Approach 0% Rx

AG PED

Hear about how stress influences the gut microbiome and how in turn this influences physiology. There is strong evidence for addressing the microbiome in any individual with current or past stress. Using a mini-case studies format, gut microbiota-host interactions with regards to endocrine implications will be explained. Objective assessment and interpretation of gut microbiota and intestinal permeability will be covered. Gut bacterial dysbiosis and nervous system sympathetic response will be discussed, along with GI inflammation related to pathogen and dietary influences. Implications of endocrine and immune, including autoimmune development will be illuminated.

Julia Malkowski, ND, DC; Scientific Support Specialist, Doctor's Data; St. Charles IL

M3

Expecting the Unexpected, Don't Miss an Ectopic Pregnancy 25% Rx

WH

First trimester bleeding and pain is a common presentation in the outpatient settings. Focus on options that can be incorporated into office practice and lead to early diagnosis of ectopic pregnancy. Comprehensive patient counseling for both diagnosis and subsequent management of ectopic pregnancy will be outlined. Options for medical and surgical management of ectopic pregnancy will be discussed.

Kristina M. Tocce, MD, MPH; Vice President and Medical Director, Planned Parenthood of the Rocky Mountains; CO, NM, NV, WY and Volunteer Clinical Faculty Member, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

M4

Pediatric Ophthalmology 0% Rx

PED

Commonly encountered pediatric ocular diagnoses will be described. Learn from an anatomic perspective, how to properly diagnose, manage, and when to refer issues. Develop a greater comfort level in examining your pediatric patients' eyes, and which common pediatric eye problems can be managed by a primary care provider.

Justin Arbuckle, MD; Pediatric Ophthalmologist, Children's Eye Physicians; Wheat Ridge CO

M5

ARDS and Ventilator Induced Lung Injuries 0% Rx

AC AG

Over half of all patients admitted to the intensive care unit require ventilatory support. While mechanical ventilation can be life-saving, it can also cause harm by injuring the lungs. Hear about the pathophysiology of ventilator induced lung injury and strategies to prevent it. Discussion of Acute Respiratory Distress Syndrome (ARDS) guidelines will be included, along with special emphasis on ventilator management in the context of COVID-19 pneumonia.

William J. Janssen, MD; Section Head, Critical Care Medicine, National Jewish Health; Denver CO

M6

Building an Advanced Practice Provider Onboarding Program: From the Ground Up 0% Rx

PD

Gain from the experiences and lessons learned from building a NP and PA general onboarding plan. The method will assist other organizations to provide a culture of support and inclusion, while preparing APPs to be proficient, efficient, and provide high-quality care to every patient. Reasons why it is important to have a structured approach to NP/PA onboarding will be discussed, along with items that should be included in every onboarding experience. Learn ways to develop the onboarding approach that have minimal costs but large impacts.

Amanda Chaney, DNP, APRN, FAANP, AF-AASLD; Chair, Advanced Practice Providers Subcommittee and Nurse Practitioner, Liver Transplant/Hepatology Hospital Medicine, Mayo Clinic; Jacksonville FL

AUTHORS PRESENT POSTERS

1:00 pm – 1:30 pm

.5 CE Hour



EDUCATIONAL SESSIONS N1 – N6

1:30 pm – 3:00 pm

1.5 CE Hours

N1

Diabetes Mellitus 75% Rx

AG



Diabetes Mellitus affects 34 million people in the United States and is the leading cause of kidney failure, acquired blindness, and non-traumatic amputations in this country. Type 1 Diabetes is an autoimmune disease in which the immune system destroys pancreatic beta cells resulting in absolute insulin deficiency, while the pathophysiology of type 2 diabetes involves a complex interplay between excessive hepatic glucose production, tissue insulin resistance, and insulin deficiency. Maintaining good glucose control can prevent the chronic complications of diabetes. Several diabetes medications have also been shown to have highly beneficial effects on co-morbidities such as cardiovascular disease, heart failure and chronic kidney disease. Case discussions will be used to illustrate personalized decision making regarding glycemic targets and therapeutic choices for individual diabetes patients.

Michael T. McDermott, MD; Director, Endocrinology and Diabetes Practice, University of Colorado Hospital and Professor of Medicine and Clinical Pharmacy, Division of Endocrinology, Metabolism and Diabetes, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

N2

Utilization of Smart Phone Applications to Assist in Depression Self-Management: An Underserved Primary Care Pilot Study 0% Rx

PD

Depression treatment is vital for underserved primary care patients, who often experience multiple chronic medical conditions along with higher rates of health disparities. Research exploring the use of mobile health apps in the underserved is limited, with specific gaps concerning the feasibility of integrating mobile technology tools. Hear about the process and results from a study that explored the feasibility of integrating depression self-management smartphone apps into primary care for an underserved patient population with depression. Provider and patient perspectives of app integration into standard of care will be discussed, as well as ideas for future directions.

Margaret Emerson, DNP, APRN, PMHNP-BC; Assistant Professor, Graduate Psychiatric and Mental Health, College of Nursing, University of Nebraska Medical Center; Omaha NE

N3

Transgender Medical/Surgical Care 50% Rx

AG

A review of definitions of gender identity, sexual orientation, sex, and gender expression, LGBTQ terminology, and pronoun usage will be provided. Learn about cross sex hormone therapy for transition and a discussion of the major health and health care disparities faced by transgender patients. Surgical options for patients who desire surgical management of gender dysphoria will be discussed, along with surgical outcomes and postoperative care.

Jennifer S. Hyer, MD; Physician, Department of Obstetrics and Gynecology, Denver Health Medical Center; Denver CO and Assistant Professor, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

Carly Calagias, MS, RNC, WHNP; Nurse Practitioner, Department of Obstetrics and Gynecology, Denver Health Medical Center; Denver CO

N4

Family Stress during COVID-19: Rising from the Rabbit Hole 25% Rx

AG PED

Hear more about the emotional challenges endured by families during COVID-19, with a positive spin on the inherent nature of humans for healthy adaptation. Coping strategies for children and parents will be discussed for when a perceived lack of control induces higher levels of stress. Understand the aftermath of pandemic recovery with recognition of persons exhibiting symptoms of post trauma stress versus an adjustment disorder. Clinical interventions will be reviewed within a clinical framework of understanding trauma to assist families with a healthy pattern for coping and recovery, including psychological and medical interventions as appropriate.

Sonya Montgomery, FNP-BC, PMHCS-BC; Pediatric Psychiatric Nurse Practitioner, Focus Behavioral Health; Asheville NC

N5

Prevention of Infection in Cancer Patients and Treatment of Febrile Neutropenia 50% Rx

AC

Patients with cancer have an increased susceptibility to serious infection due to immune dysfunction from the malignancy as well as its treatment. Neutropenia is a common hematologic toxicity from chemotherapy and increases the risk of serious infection. Deficits in cellular and humoral immunity from the underlying malignancy or cancer treatment itself may increase risk of viral, fungal or opportunistic infections. Hear how to identify prominent bacterial, fungal, and viral pathogens which cause infections in immunocompromised cancer patients. An evidence-based review of pharmacologic and non-pharmacologic interventions will be provided, along with discussion of early recognition and treatment of febrile neutropenia.

Laura Zitella; MS, RN, ACNP-BC, AOCN; Nurse Practitioner and Associate Clinical Professor, Hematology/Oncology, University of California San Francisco; San Francisco CA

N6

Best Practice in Nurse Practitioner Retention: A Rolling Stone Gathers No Moss 0% Rx

PD

While nurse practitioner fellowships and residencies may be typical for larger medical teaching hospitals and medical groups, smaller healthcare facilities and medical groups also need methods to help retain nurse practitioners. Continual turnover can result in frustration, and does not foster quality care or positive outcomes. Learn how to utilize talents and strengths within the organization to identify solutions to retention. Helping the new provider submerge into the role, commit to the organization in a reciprocal relationship combines retention, patient satisfaction, and cost containment.

Elizabeth Deck, DNP, FNP-BC, ADGES; Senior Advanced Practice Provider, Riverside Medical Group; Bourbonnais IL

AUTHORS PRESENT POSTERS

3:00 pm – 3:30 pm

.5 CE Hour

EDUCATIONAL SESSIONS 01 – 06

3:30 pm – 5:00 pm

1.5 CE Hours

01

Hypercalcemia 25% Rx

AG

Hypercalcemia is a common disorder with multiple etiologies. The three most common causes are primary hyperparathyroidism, hypercalcemia of malignancy, and milk-alkali syndrome. Hypercalcemia can cause multiple symptoms and can even be life-threatening, when the calcium is severely elevated, a condition called hypercalcemic crisis. While hypercalcemia itself is harmful, the underlying etiology of the condition must be determined, because many of the disorders that cause hypercalcemia are significant and may themselves be life-threatening.

Michael T. McDermott, MD; Director, Endocrinology and Diabetes Practice, University of Colorado Hospital and Professor of Medicine and Clinical Pharmacy, Division of Endocrinology, Metabolism and Diabetes, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

02

Epilepsy, Seizures and Faints 25% Rx

AG

Concentrate on the differential diagnosis of loss of consciousness with special attention on historical facts necessary to best differentiate seizures from other causes of loss of consciousness. Seizures and epilepsy will be discussed, incorporating a logical approach to seizure classification. Hear how to track recurrence and discuss driving restrictions, along with the need for antiepileptic medication and how each of the anticonvulsants is best utilized.

Bruce Morgenstern, MD; Neurologist, Blue Sky Neurology; Lone Tree CO

03

Diagnosis and Treatment of Hypoactive Sexual Desire Disorder in Women 50% Rx

WH

Forty-two percent of women report problems with sexual function. Many providers do not address these topics, either due to personal discomfort, lack of familiarity with treatment, and concern about having adequate time to address this complex issue during a routine clinical encounter. Learn more about female sexual disorders, especially hypoactive sexual desire disorder (HSDD). Treatment options will be described, as well as indications for referral and collaborative care. Recommendations of brief therapeutic interventions will be presented for in-office use to promote sexual well-being and instill hopefulness in women presenting with HSDD.

Jessica Pettigrew, RN, MSN, CNM; Co-director Women's Sexual Health Consultation Service, Lead Advanced Practice Provider, University Woman's Care and Senior Instructor, Department of OB GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

Winnifred Hunter, PhD; Psychologist and Senior Instructor, Women's Behavioral Health and Service Line, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO



04

Unexplained Fevers in Children: How Long Is Too Long? 25% Rx

PED

Prolonged and recurrent fevers in children are among the most common reasons for referral to pediatric infectious disease specialists. Using a case-based format, understand the initial diagnostic evaluation and management of children with unexplained fevers, when to refer to a specialist and when to consider hospital admission. Learn about can't-miss-diagnoses, red flags for immunodeficiencies, when to suspect periodic fever syndromes, and unique considerations during the COVID-19 pandemic.

Juri Boguniewicz MD; Attending Physician, Infectious Diseases, Children's Hospital Colorado; Aurora CO and Assistant Professor, Pediatric Infectious Diseases, Department of Pediatrics, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

05

Rational Polypharmacy for the Treatment of Pain 100% Rx

AG

Focus on the use of rational polypharmacy for the effective management of pain. The consideration for and initiation of medication assisted therapy (MAT) will also be briefly discussed. Most clinicians receive very little pain management education, and the majority of pain pharmacology has been devoted to opioid prescribing. Gain a better understanding of how to prescribe non-opioid analgesics for chronic and acute pain. Mechanisms of action, effects on the pain pathways, and safety will be discussed.

Theresa Mallick-Searle, MS, PMGT-BC, ANP-BC; Nurse Practitioner, Division of Pain Management, Stanford Health Care; Stanford CA and Independent Contractor, Medical Expert Witness on Pain Management and Treatment; Stanford CA

06

Telehealth: Beyond Surviving a Pandemic and Developing a New Frontier for Your Practice 0% Rx

PD

Due to the pandemic, telehealth use by nurse practitioners skyrocketed. Most clinicians plan on using telehealth after the pandemic has subsided and many patients are now comfortable with the technology. NPs may now face increasing competition from entities interested in getting between them and their patients. The foundational research behind telehealth will be discussed, along with the rapidly changing policy reimbursement landscape. Hear about the business startup steps to move from the use of telehealth as a crisis management tool to an opportunity for career and business expansion through patient engagement and coverage in multiple settings.

Troy Heidesch, DNP; Interim Director and Richards Endowed Graduate Chair, Mary Inez School of Nursing, Brenau University; Athens GA and Founder, Smart House Calls LLC; Athens GA



"This was my sixth time attending this conference, always have had a good experience and will definitely attend again in the future."

— NNPS attendee

TWILIGHT'S HIGHLIGHTS

SATURDAY, JULY 10 • 6:00 pm+

Keystone and local merchants will have a plethora of offerings.

This is your time to relax and enjoy the area on your own terms.

Check website for exclusive offerings:

- Activities
- Entertainment
- Merchant deals
- Restaurant specials
- Tours

....and much more!



KEY

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Acute Care

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Adult/Geriatric

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Dermatology

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Pediatric

WH =

Women's Health

PD =

Professional Development



On-demand Encore
Virtual Session

Tracks are identified by the speaker, for indication purposes only.



HS 7:00 am – 7:30 am Non-Certified
Home "Stretch"

Start your final morning off with professionals leading the way in exercise designed to stretch your muscles and invigorate your mind. Reward yourself with this treat prior to your final day at the Symposium and heading home.

AUTHORS PRESENT POSTERS
7:30 am – 8:00 am
.5 CE Hour

EDUCATIONAL SESSIONS P1 – P5
8:00 am – 9:30 am
1.5 CE Hours

P1

Problem Solving Like a Neurologist 0% Rx

AG

Neurology involves problem solving. While known syndromes may be relatively straightforward, patients presenting with less specific neurologic symptoms, such as weakness, numbness, diplopia, or gait deterioration present a more difficult challenge. Neurologic thinking and problem solving skills will be emphasized. Review techniques and interpretation of a practical and easily performed neurologic exam. Through a series of neurological clinical scenarios, both the technique and analysis of each step will be emphasized to show how to interpret the abnormalities and place them into a logical picture.

Bruce Morgenstern, MD; Neurologist, Blue Sky Neurology; Lone Tree CO

P2

Zoonotic Diseases 25% Rx

AG PED

In the United States, cases of certain diseases should be reported to public health agencies. Examples of reportable zoonoses include rabies, hantavirus, plague, tularemia and arboviruses. Learn about the symptoms of these diseases and how to manage suspect cases, including testing and where to find guidance on treatment. Methods to report to public health will also be addressed.

Natalie S. Marzec, MD, MPH; Zoonotic Disease Unit Manager, Communicable Diseases Branch, Colorado Department of Public Health and Environment; Denver CO

P3

Reproductive Health Care in the Time of COVID 25% Rx

WH

The coronavirus pandemic has dramatically altered patterns of health care delivery in the United States. Even with an increase in telehealth utilization, large declines in patient encounters have been observed within reproductive health. Hear about the impact on patients, innovative solutions that the sexual and reproductive health community has implemented, and protocols for No Touch Medication Abortion.

Kristina M. Tocce, MD, MPH; Vice President and Medical Director, Planned Parenthood of the Rocky Mountains; CO, NM, NV, WY and Volunteer Clinical Faculty Member, Department of OB/GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

P4

Pediatric Rheumatology 25% Rx

PED

Learn about the diagnostic work-up and treatment of common pediatric rheumatology diagnoses, including juvenile arthritis, lupus, dermatomyositis and vasculitis. A review of diagnostic criteria, indications for and interpretation of rheumatologic laboratory tests will be provided, along with a practical approach to assessing and managing patients with suspected rheumatologic diseases.

Jennifer Soep, MD; Professor, Department of Pediatrics, University of Colorado/Children's Hospital Colorado; Aurora CO

P5

Cytokine Release Syndrome: What Is It Really?

50% Rx

AC

Cytokine Release Syndrome (CRS) has become a common phrase used in everyday conversation since the onset of Coronavirus Disease 2019 (COVID-19). But the syndrome is not new and is thought to have contributed to the lethal outcomes of the 1918-1919 influenza pandemic. CRS and cytokine storm are terms that describe a life-threatening inflammatory response in the body that results in increased circulating levels of cytokines and hyperactivation of immune cells. There are many triggers to this reaction including medical therapies, pathogens and cancers. The high levels of cytokines lead to a dysregulation of the immune system and its protective mechanisms causing multisystem organ failure. It is imperative that nurse practitioners are able to identify CRS early and initiate interventions to lessen the deadly impact of this immune dysregulation. Review the pathophysiologic features, clinical features, and possible interventions that may improve patient outcomes.

Nancy Munro, RN, MN, CCRN, ACNP-BC, FAANP; Senior Acute Care Nurse Practitioner, Critical Care Medicine Department and Pulmonary Consult Service, National Institutes of Health; Bethesda MD and Faculty Associate, Graduate School of Nursing, Georgetown University; Washington DC



EDUCATIONAL SEMINAR Q1

9:45 am – 2:30 pm

4.0 CE Hours

Q1

The Bridge: A Comprehensive Headache Education Program

0% Rx

AG PED

Attend a seminar featuring didactic presentations and a choice of two workshops:

Q1a Use or Procedures: Nerve Blocks, Nerve Stimulators and OnabotulinumtoxinA

Or

Q1b Behavioral and Non-Pharmacological Strategies in Complex Headache Patients

Current pathophysiologic models will be addressed. Hear acute and preventive treatment strategies for adult and pediatric populations along with appropriate patient selection, administration (timing and route), and potential medication misuse and/or overuse concerns. Learn how to address comorbid medical complaints in appropriate medication selection and monitoring. The American Headache Society® (AHS) Nurse Practitioner / Physician Assistant (NP/PA) Special Interest Group developed this educational offering for Primary Care Nurse Practitioners and Physician Assistants. This comprehensive overview of migraine is delivered by Nurse Practitioner and Physician Assistant members of AHS. To view the full agenda for this seminar, access www.npsymposium.com, click on "Program" link, "The Bridge: A Comprehensive Headache Education Program" sublink.

Carol A. Barch, MN, FNP-BC; Lead Advanced Practice Provider, Headache and Facial Pain Program, Department of Neurology, Stanford Hospital and Clinics; Stanford CA

Annika Ehrlich, MS, FNP-C, CNRN; Nurse Practitioner, UCSF Headache Center, Weill Institute for Neurosciences; San Francisco CA

Maureen Moriarty, DNP, ANP-BC, FAHS; Graduate Chair for Nursing, Director of Doctor of Nursing Practice Program, Director of RN-BSN program, and Associate Professor, Malek School of Health Professions, Marymount University; Arlington VA and Adult Nurse Practitioner, Georgetown University Hospital; Washington DC

Laurel Short, DNP, FNP-C; Physical Medicine and Rehabilitation Nurse Practitioner, Kansas City Bone & Joint Clinic; Overland Park KS

Karen Williams, FNP-C; Deputy Director, Headache Center of Excellence, Department of Neurology, Richmond Virginia Veterans Administration Medical Center; Richmond VA

"I love this symposium. I have come 5 times and look forward to the next one."

— NNPS attendee

EDUCATIONAL SESSIONS R1 – R5

10:00 am – 11:00 am

1.0 CE Hour

R1

Latest Development in Laser Procedures 0% Rx

AG DM

With the advances in technology, additional laser/light/energy systems enter the market to treat a wide variety of skin types, lesions and cosmetic concerns. With the aging baby boomer generation, the demand for these services is increasing yearly. Patients may request information from their primary care providers prior to these treatment or present to the office post treatment while healing. Most providers are unsure how to best counsel patients on these treatments and with the advancements in technology, there is a gap in understanding the differences in treatments and for what conditions they are best suited.

Vicki Filz, BSN, RN, MSN, FNP-BC; Owner, Nurse Practitioner, SHAPE Medical Center; Grand Junction CO

R2

Managing Pulmonary Issues in the Primary Care Setting: COPD and Community Acquired Pneumonia 50% Rx

AG

COPD is the third leading cause of death and the number one reason for hospitalization in the world. Improve your expertise in the management of COPD, by utilizing case studies and the application of the GOLD 2021 guidelines. Community Acquired Pneumonia remains one of the leading causes of death, and differentiating how to balance antibiotic stewardship with appropriate microscopic samples can be challenging. Utilize case studies and the application of ATS/IDSA 2019 guidelines to learn about management of CAP in primary care setting. Be better equipped with the evidenced based tools necessary to manage complex pulmonary patients.

Jennifer Rodgers, DNP, APRN, ACNP-BC, FAANP; Vice President, Advanced Practice and Associate Chief Nursing Officer, Ambulatory Nursing, UHealth University of Colorado Hospital; Aurora CO and Assistant Professor, Pulmonary & Critical Care Division, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO

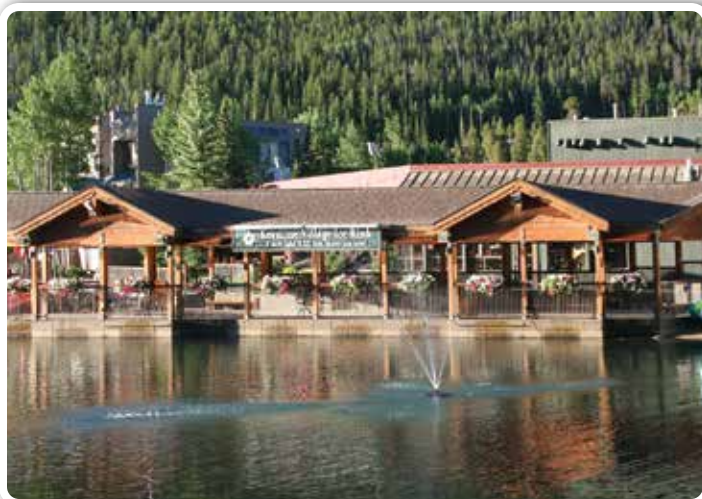
R3

Diagnosis and Treatment of Sexual Pain and Vulvodynia 50% Rx

WH

Vulvodynia is a term often employed to describe chronic vulvar, vaginal, or sexual pain. Women with sexual pain (dyspareunia) and chronic vulvar/vaginal pain often suffer in silence with significant impact on their personal relationships and daily life. Without treatment, symptoms may progress and involve the pelvic floor, bladder, and lower abdomen. Hear about the pathophysiology of sexual pain and vulvodynia. Treatment options will be discussed, including a treatment algorithm for vestibulodynia. Indications for collaboration, referral, and resources for patients will be also be provided.

Jessica Pettigrew, RN, MSN, CNM; Co-director Women's Sexual Health Consultation Service, Lead Advanced Practice Provider, University Woman's Care and Senior Instructor, Department of OB GYN, School of Medicine, University of Colorado Anschutz Medical Campus; Aurora CO



R4
Concepts of Pediatric Urology 25% Rx

PED



Learn about common conditions treated within pediatric urology, and likely encountered in primary care, family medicine, and/or urgent care. Diagnosis and management of voiding dysfunction and bed wetting will be presented, including an in-depth analysis how to distinguish enuresis, afebrile UTIs, and incomplete bladder emptying. Explore the indications and techniques of newborn circumcisions, along with how to clarify cultural/medical indications. Undescended testicles are also commonly encountered and require a nuanced exam and knowledge of treatment timelines.

Brian Miller, PA-C; Lead Advanced Practice Provider, Pediatric Urology, Department of Surgery, University of Colorado Hospital; Aurora CO

R5

Approach to Thrombocytopenia in the Hospitalized Patient
50% Rx

AC

Thrombocytopenia in the hospitalized patient is one of the most common reasons for inpatient hematology consultations. Thrombocytopenia requires prompt evaluation for life threatening causes, identification of the etiology, and recognition of circumstances that warrant urgent interventions. Examination of the peripheral smear is essential in the investigation of any patient with thrombocytopenia. Other important clues to the diagnosis are the clinical context in which thrombocytopenia occurred, its severity, timing, and association with bleeding or thrombosis. Thrombocytopenia may be a harbinger of a life threatening condition in a hospitalized patient. Early recognition and urgent intervention is critical.

Laura Zitella; MS, RN, ACNP-BC, AOCN; Nurse Practitioner and Associate Clinical Professor, Hematology/Oncology, University of California San Francisco; San Francisco CA

*"This was my first year at NNPS!
Overall, it was great. The location
was amazing!"*

— NNPS attendee

MARK YOUR CALENDARS

NATIONAL NURSE PRACTITIONER SYMPOSIUM

JULY 21–24, 2022
(pre-symposium day July 20)

KEYSTONE CONFERENCE CENTER
KEYSTONE, COLORADO



POSTER SESSIONS

.5 CE Hour (per Session)

FRIDAY, JULY 9: Authors Present Posters 4:45 pm – 5:15 pm

SATURDAY, JULY 10: Authors Present Posters 1:00 pm – 1:30 pm & 3:00 pm – 3:30 pm

SUNDAY, JULY 11: Authors Present Posters 7:30 am – 8:00 am

Nurse Practitioners Can and Should Leverage their Expertise to Inform and Influence Healthcare Policy

Patricia Abbott, PhD, MSN, RN, FNP; Assistant Professor, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

Population Health Impacts of Sexually Transmitted Infection Surveillance: A Quality Improvement Project to Improve Care Efficiency and Compliance with State Reporting Requirements

Aishat Adeniji, RN, MSN, FNP; Family Nurse Practitioner, Premise Health; Newark, NJ

Nurse Practitioner's Role in the Transition and Care of Congenital Heart Disease Patient

Matthew Anderson, DNP, APRN, FNP-C; Assistant Teaching Professor, College of Nursing, Brigham Young University; Provo UT

Examining Health Disparities Among Lesbian, Gay, Bisexual, Transgender, and Queer/Questioning Adults in Davidson County, Tennessee

Samantha Anticuar, BSN, RN; DNP-FNP Student, Gordon E. Inman College of Health Sciences & Nursing, Belmont University; Nashville TN

Sport Resilience in the Middle-aged Athlete Who Experienced Bicycle Related Trauma

Doris Asombrado, RN, MSN, FNP BC, PMHNP BC; Psychiatric Nurse Practitioner, St Joseph Hospital; Orange CA, Psychiatric NP, MHS BPSR Vista Clinic; Vista CA and PhD Student, Hahn School of Nursing, University of San Diego; San Diego CA

Text Message Motivation after an Acute Coronary Event

Mallorie Bleka, FNP-BC, DNP; Nurse Practitioner, Open Heart Surgery, Meijer Heart Center; Grand Rapids MI

Utilizing a Backward Huddle and Education Intervention to Reduce Compassion Fatigue in Palliative Care Nurses

Taylor Bohannon, MSN, FNP-C; MSN, RN Case Manager, Department of Veteran Affairs; Monroeville AL

Implementing the Brown Bag Medicine Review Tool to Improve Cardiovascular Outcomes

Ashel Carter, BSN, RN; House Supervisor Nursing Administration, Texas Health Hospital Mansfield; Mansfield TX

Improving the Professional Transition of Novice Nurse Practitioners: Establishing Institutional Need for an APRN Fellowship

Jessica Cave, MS, AGPCNP-BC; Nurse Practitioner, Department of Urology, School of Medicine, Yale University; New Haven CT

Psychotropic Gradual Dose Reduction: Sometimes Less Is More

Sonya Choudhury MPA, MSN, GNP-BC, ANP-BC; Senior Geriatric Nurse Practitioner, The New Jewish Home & Hospital, Mt. Sinai Health System; New York NY

Milana Lasker, BS, RPh; Director, Pharmaceutical Services, The New Jewish Home & Hospital, Mt. Sinai Health System; New York NY

Home-Based Primary Care Program Delivers Innovative Model of Care to High Risk, Complex Patients

Denise Coppa, PhD, FNP, FAANP, FAAN; Coordinator, FNP Program, Nursing Education Center, University of Rhode Island; North Kingstown RI

Evaluation of Antenatal Screening Guidelines for Pregnancies Complicated by Obesity, Gestational Diabetes and Pre-existing Hypertension

Kathleen Csillag-Klein, RN, MSN, WHNP-C; Nurse Practitioner, Northwell Health Physician Partners; Great Neck NY

Barriers to Prescribing Buprenorphine among Advanced Practice Registered Nurses in Massachusetts

Karen D'Angelo, MS, APRN, PMHNP-BC; Psychiatric Mental Health Nurse Practitioner, Jeslyn Psychotherapeutic Services; Hingham MA

Indwelling Urinary Catheter Management: A Shift from Clinical Practice to Evidenced-Based Practice

Kendra Decker, RN; Registered Nurse Case Manager, Hospice del Valle; Alamosa CO

Kathleen Hall, PhD, APRN, GNP-BC, AGPCNP-BC; Co-coordinator, Graduate Nursing Program and Assistant Professor, Department of Health Sciences, Colorado Mesa University; Grand Junction CO

The Heart Failure Post Hospitalization Clinic Visit: A Step by Step Guide

Nicole Dellise, DNP, FNP-BC, CHFNP; Heart Failure Nurse Practitioner, Advanced Hearth Failure Program, Vanderbilt Heart and Vascular Institute; Nashville TN and Instructor, School of Nursing, Vanderbilt University; Nashville, TN

K. Melissa Smith Hayes, DNP, ANP-BC, CHFNP; Adult Nurse Practitioner, Heart and Vascular Center at Meharry, Nashville General Hospital; Nashville TN and Assistant Professor, School of Nursing, Vanderbilt University; Nashville, TN



Preparing the FNP Workforce for the Increasingly Complex Work Environment

Krista Estes, DNP, FNP-C; Division Chair, Adult and Senior Health, Director, FNP Specialty Option, and Assistant Professor, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

Glenda Robertson MA, RN; Manager, Instructional Design and Curricular Evaluation, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

Rosario Medina, PhD, FNP-BC, ACNP, CNS; Associate Dean, Clinical and Community Affairs, and Professor, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

Infusing Simulation into APRN Education in the Midst of a Global Pandemic

Krista Estes, DNP, FNP-C; Division Chair, Adult and Senior Health, Director, FNP Specialty Option, and Assistant Professor, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

Mary Beth Makic, PhD CCNS; Professor, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

Angela Pal, PhD, ACNP-BC; Specialty Director, AGACNP Program and Assistant Professor, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

Fara Bowler, DNP, ANP-C, CHSE; Senior Director, Experiential Learning, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

What Are those Spots? Measles: Still Here, Still Deadly

Kristi Feutz, DNP, APRN, FNP; Associate Dean for Online Graduate Program, Louise Herrington School of Nursing, Baylor University; Dallas TX

Deborah Shirey, DNP, APRN, FNP-BC; DNP/FNP Coordinator and Clinical Associate Professor, Louise Herrington School of Nursing, Baylor University; Dallas TX

An Evaluation of Lecturio Software Integration within an MSN Curriculum

Mark Foster, DNP, FNP-BC; Chair of Graduate Nursing, FNP Program Director, College of Nursing and Health Professions, Arkansas State University; Jonesboro AR

I-C-U and There's No Time to Wait: Development of an Emergency Department 'Critical Patient Alert' to Reduce Time to Intensive Care Unit Transfer

Nicole Friedl, DNP, AG-ACNP; Certified Registered Nurse Practitioner, Critical Care Medicine, University of Pittsburgh Medical Center Hamot; Erie PA

Jason Fisher, DNP CRNP ACNP-BC; Nurse Practitioner University of Pittsburgh Medical Center Hamot; Erie PA

Carlos Racedo Africano, MD; Associate Director of Critical Care and Director, Critical Care Education, Research and Outreach, University of Pittsburgh Medical Center Hamot; Erie PA

Ferdinando Mirarchi, DO, FAAEM, FACEP; Clinical Associate Professor, Dept of Emergency Medicine, University of Pittsburgh; Pittsburgh PA

Jane Guttendorf, DNP CRNP AG-ACNP; Assistant Professor, School of Nursing, University of Pittsburgh; Pittsburgh PA

When Necrotizing Fasciitis Is "Heartier" than Deep Tissue

Nicole Friedl, DNP, AG-ACNP; Certified Registered Nurse Practitioner, Critical Care Medicine, University of Pittsburgh Medical Center Hamot; Erie PA

Ronaldo A. Sevilla Serrios, MD; Chief, Division of Critical Care Medicine, University of Pittsburgh Medical Center Hamot; Erie PA

Role of the Advance Practice Provider in Establishing a High Risk Breast Cancer Clinic

Tintu George, MS, MSN, CRNP, Nurse Practitioner, Surgical Oncology, Sidney Kimmel Cancer Center, Thomas Jefferson University Hospital; Philadelphia PA

The Weight of Obesity Bias

LaDawna Goering, DNP, ARNP, ANP-BC, BC-ADM; Assistant Clinical Professor, Cizik School of Nursing, UTHealth; Houston TX

Leveraging the Medicare Annual Wellness Visit to Improve Preventive Care

Becky Good, DNP, RN, FNP-BC, CNE; Director, FNP Program and Clinical Associate Professor, School of Nursing, Purdue University; West Lafayette IN

Janelle Potetz, DNP, RN, ANP-BC, CNE Clinical Assistant Professor, School of Nursing, Purdue University; West Lafayette IN

Kristen Kirby, DNP, RN, FNP-BC, CNE; Clinical Associate Professor, School of Nursing, Purdue University; West Lafayette IN

Evaluating the Impact of External Factors on the Implementation of Evidence-Based Clinical Practice Guidelines by Nurse Practitioners

Krista Hamilton, RN, BSN; DNP/FNP student, Troy University; Troy AL

Stacey Jones, DNP, FNP-BC; Assistant DNP Coordinator and Associate Professor, Graduate Nursing, Troy University; Troy AL

Carrie Lee Gardner, PhD, DNP, FNP-BC; Associate Professor, Graduate Nursing, Troy University; Troy AL

Best Practices for Implementing Postpartum Depression Screening & Care

Allexa Hellman, RN; Registered Nurse, Medical Intensive Care Unit, Level 1 Trauma, Cottage Health; Santa Barbara CA

Vanessa Atyabi, DNP, MSN, FNP-BC; Family Nurse Practitioner, Santa Barbara Neighborhood Clinics; Santa Barbara CA

Kathleen Hall, PhD, APRN, GNP-BC, AGPCNP-BC; Co-coordinator, Graduate Nursing Program and Assistant Professor, Department of Health Sciences, Colorado Mesa University; Grand Junction CO

Stacie Schreiner, DNP, MSN-ED, FNP-BC; Assistant Professor, Department of Health Sciences, Colorado Mesa University; Grand Junction CO

Steven Malarchick, MSN, CFRN, CTRN, NRP, FP-C; Aircare/EMS Educator, San Juan Regional Medical Center; Farmington NM

Clinical Recognition and Management of Genitourinary Syndrome of Menopause

Queen Henry-Okafor, PhD, FNP-BC, PMHNP-BC; Assistant Professor, School of Nursing, Vanderbilt University; Nashville TN

Erin DeBruyn, DNP, APRN, WHNP-BC; Instructor, School of Nursing, Vanderbilt University; Nashville TN

Melissa Ott, DNP, PMHNP-BC, FNP-BC, Faculty Instructor, School of Nursing, Vanderbilt University; Nashville TN

Ginny Moore, DNP, WHNP-BC, Director, Women's Health NP Specialty and Associate Professor, School of Nursing, Vanderbilt University; Nashville TN

Consideration of Auricular Acupressure for the Treatment of Neonatal Abstinence Syndrome (NAS)

Heather Jackson, PhD, APRN, FNP-BC, NEA-BC, Administrative Director, Advanced Practice, Vanderbilt Ingram Cancer Center, Vanderbilt University Medical Center; Nashville TN

Development and Implementation of a Nurse Practitioner Fellowship: An Optimized Transition to Practice within Oncology

Heather Jackson, PhD, APRN, FNP-BC, NEA-BC, Administrative Director, Advanced Practice, Vanderbilt Ingram Cancer Center, Vanderbilt University Medical Center; Nashville TN

Karen Hande, PhD(c), DNP, CNE, FAANP; Associate Professor, School of Nursing, Vanderbilt University; Nashville TN

Christina Lopez, PhD; Associate Professor, Psychiatry, College of Medicine and College of Nursing, Medical University of South Carolina; Charleston SC

Sarah Miller, RN, PhD; Associate Professor, College of Nursing, Medical University of South Carolina; Charleston SC

Barbara Engelhardt, MD; Associate Professor, Department of Pediatrics, Division of Neonatology, Monroe Carell Jr. Children's Hospital at Vanderbilt; Nashville TN

Lauren D. Presley, MSN, APRN, CPNP-PC; Assistant in Pediatrics, School of Medicine, Vanderbilt University, Nashville TN

Gloria Rubadeau, APRN, MSN, NNP-BC; Team Lead, Advanced Practice Group, Neonatal Intensive Care Unit, Monroe Carell Jr. Children's Hospital at Vanderbilt; Nashville TN

Alexis J. Weber, APRN, FNP-C; Advanced Practice Team Lead/Liaison, Outpatient Surgical, Orthopedic, Neurology, Vanderbilt University Medical Center; Nashville TN

The Prevalence of ACEs Among Obese Pediatric Patients Presenting in Primary Care

Kimberly Janiszewski, MA; Doctoral Candidate, Spalding University; Louisville KY

Sarah Shelton, PsyD, MPH, MSCP, HSP; Clinical Coordinator, Integrated Primary Care, Spalding University; Louisville KY

Carrie French, MA; Doctoral Candidate, Spalding University; Louisville KY

Brian Collin, MA; Doctoral Candidate, Spalding University; Louisville KY

Ryan McPeak, MA; Doctoral Candidate, Spalding University; Louisville KY

Sydney Black, MS, MA; Doctoral Candidate, Spalding University; Louisville KY

Lolita Wiggs, MA, MS, LPC; Doctoral Candidate, Spalding University; Louisville KY

Steve Katsikas, PhD; Professor, School of Professional Psychology, Spalding University; Louisville KY

Motivational Interviewing : A Tool for Nurse Practitioners

Diane John PhD, APRN, FNP-BC, CNE; Associate Professor, Frontier Nursing University; Versailles KY

Gaming Addiction in Youth

Jennifer Johnson, DNP, WHNP-BC, CNE; Graduate Program Director and Associate Professor, School of Nursing, Fayetteville State University; Fayetteville NC

Improving Staff Confidence and Efficacy in the Care of Gender and Sexual Minority Patients

Justyna Johnson, BSN-RN, PEL-CSN, EMT; DNP Student, College of Nursing, University of Illinois at Rockford; Rockford IL

Mary McNamara, DNP, APRN, FNP; Clinical Assistant Professor, Population Health Nursing Science, College of Nursing, University of Illinois at Chicago; Chicago IL

Elizabeth Mendeloff, APRN, DNP, FNP-BC; FNP, Clinical Preceptor Freeport Health Network; Freeport IL

VA Video Telehealth and Training Programs During the COVID-19 Response

Rhonda Johnston, PhD, BC-FNP, BC-ANP; Director, Telehealth Quality and Training, Office of Connected Care, Veterans Health Administration; Alexandria VA

Rita F. Kobb, MSN, APRN, GERO-BC; Telehealth Training Team Lead, Office of Connected Care, Veterans Health Administration; Alexandria VA

Claire L. Marty, MN, RN, CNL; Quality Lead, Office of Connected Care, Veterans Health Administration; Alexandria VA

Padraic M. McVeigh, RN, MSN; Quality Manager, Office of Connected Care, Veterans Health Administration; Alexandria VA

Nurse Practitioner Practice Authority: The Effect of Practice Limitations on Opioid Treatment in Rural Populations

Valerie Kats-Drozsdik, MSN, APRN; Nurse Practitioner, Primary Care, Dartmouth Hitchcock; Concord NH

Assessing Nurse Practitioner Readiness for Telemedicine through E-Learning

Edwidge LaFortune, MPH, MSN, NP-C; Nurse Practitioner, Emergency Department, New York Presbyterian; New York NY

Preferences and Understanding of Advanced Practice Care Providers Regarding Physical Medicine & Rehabilitation Services at a Cancer Center

Mi-Jeong Lee, RN, MSN, FNP; Nurse Practitioner, Physical Medicine and Rehabilitation, Palliative, Rehabilitation & Integrative Medicine, MD Anderson Cancer Center, University of Texas; Houston TX

Jack Fu, MD; Associate Professor, Physical Medicine & Rehabilitation, Palliative, Rehabilitation & Integrative Medicine, MD Anderson Cancer Center, University of Texas; Houston TX

Blood Pressure in Women of Childbearing Age

Mimia Cynthia Logsdon, PhD, WHNP-BC, FAAN; Professor, School of Nursing, University of Louisville; Louisville KY

Holistic Management of Vulnerable Rural Population

Margaret Lorimor, PhD, MD, APRN, FNP-C; Owner and Family Nurse Practitioner, Wellcare Family Clinic; Guthrie OK

Susan Alfert, MSN, AGNP-C; Primary Care APRN, Physicians at Home; Chandler OK

Integrated Literature Review of Discharge Communication Between Acute and Primary Care Settings

Steven Malarchick, MSN, CFRN, CTRN, NRP, FP-C; Aircare/EMS Educator, San Juan Regional Medical Center; Farmington NM

Shawna Frost, CNP; Nurse Practitioner, Internal Medicine, San Juan Regional Medical Center; Farmington NM

Stacie Schreiner, DNP, MSN-ED, FNP-BC; Assistant Professor, Department of Health Sciences, Colorado Mesa University; Grand Junction CO

Kathleen Hall, PhD, APRN, GNP-BC, AGPCNP-BC; Co-coordinator, Graduate Nursing Program and Assistant Professor, Department of Health Sciences, Colorado Mesa University; Grand Junction CO

Allexa Hellman, RN; Registered Nurse, Medical Intensive Care Unit, Level 1 Trauma, Cottage Health; Santa Barbara CA

The Design and Implementation of an Interprofessional Education Team Tailored to the Obstetric Outpatient Setting Using the RE-AIM Framework

Amy Nacht, DNP, CNM, MSN, MPH, FACNM; Director, Midwifery Fellowship Program and Assistant Professor of Clinical Practice, Department of OB/GYN, School of Medicine and School of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

Identifying Obstructive Sleep Apnea Risk in Stroke Patients to Improve Stroke Risk Factor Management

Tara Nash, MSN, ANP-C; Nurse Practitioner, Midwest Neurology Physicians; Independence MO

Smoking Cessation Counseling in Pre-Surgical Adults: A Quality Improvement Project

Raven Peggins, DNP, FNP-C; Nurse Practitioner, Anesthesiology, University of Alabama at Birmingham; Birmingham AL

A Review of a 7 Day Alcohol Detoxification Compared With a 5 Day Detoxification Program

Susan Pepe, DNP, APN-BC; Advanced Practice Nurse, Addiction Services, Discovery Institute For Addictive Disorders; Marlboro NJ

Addressing Intimate Partner Violence: The Role of the Nurse Practitioner

Kerry Peterson, PhD, DNP, PMHNP-BC, RN; Specialty Director and Associate Professor, PMHNP Program, College of Nursing, University of Colorado Anschutz Medical Campus; Aurora CO

Effect of Audit and Feedback on Antibiotic Prescribing Practices in Primary Care

Susan Petrin, DNP, FNP ; Prisma Health, University of South Carolina Medical Group; Columbia SC

A Screening Program to Identify Compassion Fatigue in Air Medical Flight Crew Members

Rebecca Robinson, MS, RN, APRN, AGACNP-BC, CCRN, CFRN, CEN, NREMT-P; Trauma Surgery Nurse Practitioner, UMASS Memorial Medical Center; Worcester MA

Retaining Rural Nurse Practitioners through Development of a Residency Program: A Collaboration between an Academic Institution and Healthcare System

Heidi Saarinen, DNP, FNP-C; Assistant Professor of Practice, School of Nursing, North Dakota State University; Fargo ND

Dean Gross, PhD FNP; Director, DNP/FNP Program, School of Nursing, North Dakota State University; Fargo ND

Dietician and Behavior Consultant's Impact on A1c in a Community Health Center

Tai Schmotzer, DNP, APRN, FNP-C; Nurse Practitioner, Hunter Health Clinic; Wichita KS

Betty Smith-Campbell, PhD, APRN; Professor, School of Nursing, Wichita State University; Wichita KS

Jamie Harrington, DNP, APRN, CNM, FNP-BC; Assistant Professor, School of Nursing,

Improving Intent to Stay and Well-Being Among Novice Nurse Practitioners in a Large Academic Medical System: A Quality Improvement (QI) Project

Gina Seay, MSN, FNP; Family Nurse Practitioner, Study Clinician, UAB Center for Exercise Medicine, University of Alabama at Birmingham; Birmingham AL

Julie Allen, MSN, NP-C; Nurse Practitioner, Occupational Medicine, University of Alabama at Birmingham; Birmingham AL

Andrea Boohaker, MSN, ACNP-BC, RNFA; Lead Advanced Practice Provider, Orthopaedic Surgery, University of Alabama at Birmingham; Birmingham AL

Kristy Miles, MSN, FNP; Lecturer, Anderson College of Nursing, The University of North Alabama; Florence AL

A Quantitative Study on the Efficacy of a Condensed Introduction to the 12-Step Program in the Prevention of Poly-Drug Addiction in the Primary Care Setting

Katherine Skurski, DNP, APRN, FNP-BC; Family Nurse Practitioner, Elemental Care Health & Wellness Center; Aurora IL

The Importance of Emotional Intelligence in Advanced Practice Nursing

Tiffany Street, DNP, ACNP-BC; Associate Nursing Officer, Vanderbilt University Medical Center; Nashville TN

Prevalence on the Rise: The Impact of Social Determinants of Health on STIs

Jannyse Tapp, DNP, FNP-BC; Assistant Professor, School of Nursing, Vanderbilt University; Nashville TN

Tamika Hudson, DNP, APRN, FNP-C; Assistant Dean, Student Affairs and Assistant Professor, School of Nursing, Vanderbilt University; Nashville TN

A Quality Improvement Project to Improve Communication and Reduce Hospital Readmissions

Mackenzie Thomas, RN; Staff Nurse, Endoscopy Lab, Vanderbilt University Medical Center; Nashville TN

Habit Change for Female Weight Management and Body Image

JaNena Wilson, MSN, ARNP, FNP-C; Nurse Practitioner, Crouch Family Medicine; Chandler OK

An Educational Intervention to Reduce Inappropriate Antibiotic Use in non-Group A Beta-hemolytic Streptococcal Acute Pharyngitis

Becky Yoza DNP, APRN-Rx, FNP-BC, ENP-C; Lecturer, College of Health and Society, Hawaii Pacific University; Pearl City HI

Benjamin Bancheck DNP, FNP-C; Deputy Commander, Nursing, Health & Readiness, U.S. Army; Wiesbaden Germany

Marilyn Filter, PhD, CNM, MS, RN; Associate Professor, College of Health Sciences, University of Michigan-Flint; Flint MI

Marilyn R. McFarland, PhD, RN, FNP-BC, CTN-A; Professor, College of Health Sciences, University of Michigan-Flint; Flint MI

The Aloha Free Clinic: Necessity Drives Innovation - Creation of Free Clinic for Unmet Community Needs

Becky Yoza, DNP, APRN-Rx, FNP-BC, ENP-C; Lecturer, College of Health and Society, Hawaii Pacific University; Pearl City HI

Pamela Smith, EdD, APRN-Rx, FNP-BC; Associate Dean, School of Nursing and Health Professions, Chaminade University of Honolulu; Honolulu HI

The Oregon Pain Guidance Conversation Pocket Cards and Chronic Pain Prescription Pad: A Quality Improvement Project to Increase Use of Alternative Treatments in a Federally Qualified Health Center

Brittany Zarrella, BSN, RN, FNP/DNP Student, College of Nursing, Sacred Heart University; Fairfield CT

Susan DeNisco, DNP, APRN, FNP-BC, FAANP; Director, DNP/FNP Program and Professor, College of Nursing, Sacred Heart University; Fairfield CT

Sylvie Rosenbloom, DNP, APRN, FNP-BC, CDCES, CME; Clinical Assistant Professor, College of Nursing, Sacred Heart University; Fairfield CT

Kerry Milner, DNSc, RN, EBP-C; Associate Professor, College of Nursing, Sacred Heart University; Fairfield CT

GENERAL INFORMATION

CATERED FUNCTIONS

The following catered events are available to registered participants for each of the day(s) registered. All catered events are complimentary to registered participants unless nominal fee is indicated:

Tuesday

- Morning and Afternoon Beverage Breaks if registered for optional Session Pre 1
- Lunch if registered for optional Session Pre 1

Wednesday

- Continental Breakfast if registered for optional Session Pre 1
- Morning Break if registered for optional Session Pre 1
- Dinner if registered for optional Session Pre 9 – \$30

Thursday

- Continental Breakfast
- Morning and Afternoon Beverage Breaks
- Lunch if registered for optional Session SS2, SS3 or SS4
- Welcome Reception Buffet in Exhibit Hall

Friday

- Continental Breakfast
- Morning and Afternoon Beverage Breaks
- Bag Lunch in Exhibit Hall
- Afternoon Beverage & Snack Break
- Dinner if registered for optional Session J1 – \$30

Saturday

- Brunch in Exhibit Hall
- Afternoon Beverage Breaks

Sunday

- Continental Breakfast
- Morning Beverage Break
- Lunch if registered for Seminar Q1

ADA

AKH Inc., Advancing Knowledge in Healthcare and the National Nurse Practitioner Symposium fully comply with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of assistance, please contact info@npsymposium.com by June 8, 2021.



COLORADO TIPS

High Altitude: Keystone is at an elevation of 9,300 feet and the climate is dry. Even healthy individuals can experience symptoms of altitude sickness. It is suggested that you increase the amount of water you drink both before traveling to Keystone and while at Keystone. You should also limit your activity level on the first day, while your body adjusts to the higher elevation and lower oxygen levels. Be aware that the effects of alcohol are increased at higher elevations.

Weather: In July, Keystone temperatures are usually in the 80s in the daytime, dropping to the 40s in the evening, with late afternoon thunder storms. Bring a hat, sunglasses and plenty of sun-screen.

What to Wear: Dress is casual. Layer your clothing to accommodate temperature changes. Warm clothing is essential for evenings. Comfortable walking shoes are recommended.

GUEST POLICIES

All educational sessions, exhibits and special events will be limited to Symposium registrants with badges. The exception is the Thursday Welcome Reception, where a limited number of tickets for guests of Symposium registrants, adults (21 and over) will be available for purchase at a cost of \$20 per ticket.

TWILIGHT'S HIGHLIGHTS FEATURE—Back by Popular Demand!

Saturday, July 10 • 6:00 pm – 9:00 pm

As part of Twilight's Highlights, Don Watson and the Vail Valley Band will provide musical entertainment at the pavilion overlooking Keystone Lake. The Vail Valley Band delights audiences with an uncanny ability to segue from song to song and from one style or genre of music seamlessly into another. The band takes great pride in honoring guest requests.

You are encouraged to attend with your family, friends and/or symposium constituents. The entertainment is complimentary. If you would like to treat it as a picnic, the Adventure Center will be offering a limited menu for purchase, or you are welcome to pack in your own picnic. The pavilion has very limited table seating. You are welcome to bring a blanket and/or lawn chairs for seating surrounding the pavilion.

NNPS STORE

Take home a piece of the National Nurse Practitioner Symposium, with our logoed items, jewelry designs and metal arts. The NNPS Store will be conveniently located in the Shavano Foyer at the Keystone Conference Center.

Hours of operation:

Thursday, July 8	9:00 am – 6:00 pm
Friday, July 9	9:00 am – 6:00 pm
Saturday, July 10	9:00 am – 6:00 pm
Sunday, July 11	9:00 am – 1:00 pm





TRAVEL INFORMATION

AIRLINE RESERVATIONS

There are 3 airport possibilities:

- Denver International Airport (DEN) located approximately 93 miles from Keystone Conference Center. It is the airport of choice of many of the attendees.
- Eagle County Regional Airport (EGE) located approximately 72 miles from Keystone Conference Center. It offers a more limited flight selection.
- Colorado Springs Airport (COS) located approximately 148 miles from Keystone Conference Center.

United Airlines is offering special meeting fares for all attendees of the National Nurse Practitioner Symposium. Earn a 2% – 10% discount on United, United Express or certain United code share flights. The percentage of discount depends on the class of service booked. Special meeting fares are being offered for flights to/from Denver International Airport (DEN), Colorado Springs Airport (COS) and Eagle/Vail Airport (EGE).



To achieve maximum savings, book travel at www.united.com. Enter ZJSN187660 in the "Offer Code Box".

You may also book through your preferred travel agent or call United Meetings Reservations directly at 800-426-1122. Be sure to give your Z code, which is ZJSN and meeting code of 187660. For all tickets issued through United Meetings Reservations (800-426-1122), a booking service fee will be collected.

GROUND TRANSPORTATION

Keystone is 93 miles from Denver International Airport. Travel time by car is approximately 2 hours through the scenic Rocky Mountains. To reach Keystone, take I-70 west to Exit 205 (Dillon/Silverthorne). Turn left and go 6 miles east on US Highway 6, following the signs to Keystone. (GPS coordinates entry should be Keystone Conference Center, 0633 Conference Center Drive, Keystone, CO 80435)

SHUTTLE SERVICE:

Epic Mountain Express is offering group rates for attendees of the National Nurse Practitioner Symposium. Denver to Keystone is \$56 one-way per person on scheduled shared ride service. Private charter services are also available using 5-passenger and 10-passenger vehicles. Advance reservations are recommended. Call Epic Mountain Express at 800-525-6363 and mention Group ID "Nurse21" when making reservations.



RENTAL CAR:

Avis Rent-A-Car is offering special rates for all attendees of the National Nurse Practitioner Symposium. These special rates are being offered at Denver International Airport (DEN), Colorado Springs Airport (COS) and Eagle/Vail Airport (EGE) locations. For reservations contact your preferred travel agent, call Avis directly at 800-331-1600 or access www.avis.com. Use AWD # J992313 to receive these special rates.



SYMPOSIUM LODGING

Keystone offers a variety of accommodations to suit your needs. Hotel guest rooms, studios and one bedroom condominiums work well for single and double occupancy housing. Larger condominiums provide additional space to allow attendees to bring their families or share accommodations with friends. National Nurse Practitioner Symposium participants are entitled to special group rates for lodging units in the following areas:



Keystone Lodge & Spa: A Four Diamond (AAA) property, offering three restaurants, a deli, business center, concierge, and spa with fitness center. The Lodge is accessible by complimentary resort shuttle or underground walk way to the Conference Center.

Hyatt Place: Located in the center of the resort offering spectacular views of Dercum Mountain, the surrounding peaks and the protected wetlands. Hyatt Place is a short complimentary shuttle ride to the Conference Center.

Conference Village: The Conference Village encompasses the Conference Center area and Keystone Lake. A limited number of lakeside condominiums surround the picturesque Keystone Lake and are a short walking distance to the Conference Center.

River Run: River Run is a lively, pedestrian village located at the base of Dercum Mountain. Many of Keystone's signature events take place in the main plaza, the site of boutiques and shops, restaurants and lounges. River Run is a short complimentary shuttle ride to the Conference Center.

Reservations: Reference Group Code CC3NI21 when making reservations

- **Phone:** 855-332-1601
- **Online:** www.npsymposium.com (click on "Travel" link, "Lodging" sublink)
- **Mail:** Keystone Reservations, PO Box 38 K-25, Keystone, CO 80435

Deposit Policy: All individual reservations require a \$50.00 deposit, with balance due 14 days prior to arrival and will be automatically charged to the credit card on file.

Cancellation Policy: Outside 1 day of arrival will result in forfeiture of the deposit. Inside 1 day will result in forfeiture of entire stay.

Cutoff Date: Room rates are valid through and including June 14, 2021. After June 14, 2021 rooms and rates are subject to availability. Early reservations are recommended as rooms, or certain types of rooms, may sell out prior to June 14, 2021.

Check In/Check Out: Check in time is 4:00pm / Check out time is 10:00am

Incidentals/Damage Pre-authorization: At check-in, your credit/debit card will be pre-authorized for 30% of the total room charge to secure payment for incidentals, and possible damage to the accommodations. Unused funds will be released upon check-out and available according to your credit/debit card issuer's processing timeframe.



Roommate Referral Service: If you are interested in sharing a condo, connect with others that would like to share a condo by accessing www.npsymposium.com, then click on the "Travel" link and "Roommate Referral Service" sublink.

Other: All lodging requests and questions should be directed to 800-258-0437

LODGING RESERVATION FORM

NATIONAL NURSE PRACTITIONER SYMPOSIUM (CC3NI21)
July 8–11, 2021 (pre-symposium day July 7; Rocky Mountain Retreat July 6–7)
Keystone, Colorado

First Name _____ Last Name _____

Company _____ Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

Check-In Date _____ Check-Out Date _____ Adults Per Unit _____

KEYSTONE HOTEL ROOMS

Hyatt Place ☐ \$148

Keystone Lodge ☐ \$162

Keystone Lodge (Loft Style) ☐ \$173

KEYSTONE CONDOMINIUMS

Gateway Mountain Lodge Studio ☐ \$131

One Bedroom Condo (Conference Village or River Run) ☐ \$181

Conference Village Studio ☐ \$162

Two Bedroom Condo (Conference Village or River Run) ☐ \$274

Three Bedroom Condo (Conference Village or River Run) ☐ \$330

Four Bedroom Condo (Conference Village or River Run) ☐ \$388

SPECIAL REQUESTS

☐ Lower Floor

☐ Handicapped

☐ Smoking

☐ Conference Village

☐ River Run

☐ Other _____

Credit Card Number _____ Expiration Date _____ Security Code _____

Credit Card Holder Name (printed) _____ Signature _____

** Above rates exclude tax, surcharge and resort fee (resort fee applies only at Hyatt Place)*

*** \$50.00 deposit required at time of reservation, with balance due 14 days prior to arrival.*

**** Cancellations outside 1 day of arrival will result in forfeiture of the deposit. Cancellations inside 1 day will result in forfeiture of entire stay.*

RETURN TO:

Keystone Reservations
PO Box 38 K-25
Keystone, CO 80435

E-mail: summitgroups@vailresorts.com



SYMPOSIUM REGISTRATION FORM

REGISTER ONLINE
TO AVOID \$25
PROCESSING FEE

PRE-SYMPOSIUM SESSIONS (Standard sessions are free with any paid registration)

Date	Session	Time	Code/Choice
Tuesday July 6	Rocky Mountain Retreat (\$275 fee)	9:00 am – 4:30 pm	☐ Pre 1 (\$275 fee)
Wednesday July 7	Rocky Mountain Retreat (continued)	8:30 am – 12:15 pm	(Included and required with Pre 1)
	Educational Sessions	10:30 am – 12:00 pm	☐ Pre 2
	Nexplanon® Training (Non-certified)	1:15 pm – 3:15 pm	☐ SS1* (Non-certified)
	Educational Sessions	1:30 pm – 3:00 pm	☐ Pre 3 ☐ Pre 4
	Educational Sessions	3:30 pm – 4:30 pm	☐ Pre 5 ☐ Pre 6
	Educational Sessions	5:00 pm – 6:00 pm	☐ Pre 7 ☐ Pre 8
	Dinner Session (\$30 fee)	6:15 pm – 7:45 pm	☐ Pre 9 (\$30 fee)

SYMPOSIUM SESSIONS

Thursday July 8	Educational Sessions	8:00 am – 9:30 am	☐ A1 ☐ A2 ☐ A3 ☐ A4 ☐ A5 ☐ A6
	Keynote Address & Awards Ceremony	10:00 am – 11:15 am	☐ KN
	Luncheon Session (Non-certified)	11:30 am – 1:00 pm	☐ SS2* ☐ SS3* ☐ SS4* (Non-certified)
	Educational Sessions	1:30 pm – 3:00 pm	☐ B1 ☐ B2 ☐ B3 ☐ B4 ☐ B5 ☐ B6
	Educational Session	3:30 pm – 5:00 pm	☐ C1 ☐ C2 ☐ C3 ☐ C4 ☐ C5 ☐ C6
Friday July 9	"Walk & Talk" Around the Lake (Non-certified)	7:15 am – 7:45 am	☐ WT (Non-certified)
	Educational Sessions	8:00 am – 9:30 am	☐ D1 ☐ D2 ☐ D3 ☐ D4 ☐ D5 ☐ D6
	Educational Sessions	10:00 am – 11:30 am	☐ E1 ☐ E2 ☐ E3 ☐ E4 ☐ E5 ☐ E6
	Challenges in Care Panel	12:15 pm – 1:45 pm	☐ CIC
	Educational Session	2:00 pm – 3:00 pm	☐ F1
	Workshops (\$95 fee)	3:15 pm – 6:15 pm	Indicate 1st & 2nd choices if applicable. (\$95 fee per Workshop) ____ ☐ WS1 ____ ☐ WS2 ____ ☐ WS3
	Educational Session	3:15 pm – 4:45 pm	☐ G1
	Educational Sessions	5:30 pm – 6:15 pm	☐ H1 ☐ H2 ☐ H3 ☐ H4 ☐ H5
	Dinner Session (\$30 fee)	6:30 pm – 8:00 pm	☐ J1 (\$30 fee)
Saturday July 10	Workshops (\$95 fee)	7:30 am – 10:30 am	Indicate 1st & 2nd choices if applicable. (\$95 fee per Workshop) ___ ☐ WS4 ___ ☐ WS5 (beginner) ___ ☐ WS5 (intermediate) ___ ☐ WS5 (advanced) ___ ☐ WS6
	Educational Sessions	9:00 am – 10:30 am	☐ L1 ☐ L2 ☐ L3 ☐ L4
	Educational Sessions	12:00 pm – 1:00 pm	☐ M1 ☐ M2 ☐ M3 ☐ M4 ☐ M5 ☐ M6
	Educational Sessions	1:30 pm – 3:00 pm	☐ N1 ☐ N2 ☐ N3 ☐ N4 ☐ N5 ☐ N6
	Educational Sessions	3:30 pm – 5:00 pm	☐ O1 ☐ O2 ☐ O3 ☐ O4 ☐ O5 ☐ O6
Sunday July 11	Home "Stretch" (Non-certified)	7:00 am – 7:30 am	☐ HS (Non-certified)
	Educational Sessions	8:00 am – 9:30 am	☐ P1 ☐ P2 ☐ P3 ☐ P4 ☐ P5
	Educational Seminar	9:45 am – 2:30 pm	☐ Q1a ☐ Q1b
	Educational Sessions	10:00 am – 11:00 am	☐ R1 ☐ R2 ☐ R3 ☐ R4 ☐ R5

* Verification of clinician's practice and eligibility information may be provided to sponsor for auditing purposes.

SYMPOSIUM REGISTRATION FORM

**REGISTER ONLINE
TO AVOID \$25
PROCESSING FEE**

Certain information will appear on your name badge. Please print clearly.

First Name: _____ Last Name: _____ Specialty: _____

E-mail: _____ Employer: _____

Preferred Postal Mailing Address: _____

City: _____ State/Province: _____ Zip/Postal Code: _____

Contact Phone or Cell: _____ Advanced Practice License # _____

From which School did you receive your Advanced Practice education? _____ Year graduated? _____

Is this the first time you have attended the National Nurse Practitioner Symposium? Yes _____ No _____

Please indicate if you have dietary restrictions*, a need for auxiliary aids or special assistance services (notification required by June 8, 2021)

*Dietary restrictions will be accommodated as best as possible for functions held at the Keystone Conference Center, however exceptions may apply. Please call 800-996-3233 in advance or inquire at the Symposium Help Desk onsite with questions or concerns.

REGISTRATION FEES						
FEES	Paid by Feb 15, 2021	Paid by April 15, 2021	Paid by June 15, 2021	Paid after June 15, 2021	Nursing MS Student*	TOTALS
Symposium: <i>Thurs–Sun</i>	\$540	\$615	\$665	\$715	\$430	
Weekend: <i>Fri–Sun</i>	\$490	\$565	\$615	\$665	\$375	
Two-Day: ☐ <i>Thurs & Fri</i> ☐ <i>Thurs & Sat</i> ☐ <i>Fri & Sat</i> ☐ <i>Fri & Sun</i> ☐ <i>Sat & Sun</i>	\$475	\$475	\$475	\$525	N/A	
One-Day: ☐ <i>Thurs</i> ☐ <i>Fri</i> ☐ <i>Sat</i> ☐ <i>Sun</i>	\$275	\$275	\$275	\$325	N/A	
On-demand Encore Virtual Sessions Package (In lieu of live meeting in-person attendance)	\$400	\$400	\$400	\$400	\$400	
Optional Items						
Dinner Session: ☐ <i>Wed</i> ☐ <i>Fri</i> \$30/dinner						
Handouts Thumb Drive Service (All available handouts plus update service providing subsequent updates via e-mail) \$10						
Hardcopy Syllabus (Must pre-order by June 15, 2021, not sold on-site) \$75						
Reception Pass for Guest (<i>Thurs</i>) \$20 (Symposium registration automatically includes admission to the Reception for symposium registrant. Purchase pass ONLY FOR GUEST(S) if needed.)						
Rocky Mountain Retreat (<i>Tues & Wed</i>) \$275						
Workshop ☐ <i>Fri</i> ☐ <i>Sat</i> \$95/workshop						
Processing Fee (Applicable for registrations not submitted online) \$25						\$25
TOTAL FEES						

*Spring or Summer 2021. Verification must be provided upon request.

CREDIT CARD PAYMENTS (American Express, Discover, Mastercard, Visa accepted)

Card # _____

Expires _____ Security code _____

Cardholder's Name (please print) _____

Signature _____

Billing Address (if different than registration address) _____

CHECK PAYMENTS PAYABLE TO "National Nurse Practitioner Symposium"

**Cancellations on or before June 15, 2021 are fully refundable less a \$50 cancellation fee.
Cancellations after June 15, 2021 are non-refundable, however substitutions are allowed.**

BENEFITS OF EARLY REGISTRATION

The earlier you register, the more you can save on registration rates (tiered pricing cutoff dates of Feb 15, April 15, June 15)

Early registration allows higher probability of receiving your desired sessions before they fill up

The sooner you register, the sooner you will start receiving announcements and/or special offers

RETURN TO:

National Nurse Practitioner Symposium
4255 S Buckley Rd #118
Aurora, CO 80013

or Fax: 888-996-3296

E-mail: info@npsymposium.com



AWARDS, GRANTS & SCHOLARSHIPS

The National Nurse Practitioner Symposium is offering a limited number of grants and scholarships, based on varying criteria, as well as the Loretta C. Ford Lifetime Achievement Award. Deadline to submit applications and nominations is April 1, 2021.

For details and application/nomination forms please access www.npsymposium.com and click on the link for Awards, Grants & Scholarships, or call 800-996-3233.

Phone: 800-996-3233 or 303-690-3233

Fax: 888-996-3296 or 303-690-3278

E-mail: info@npsymposium.com

Web: www.npsymposium.com

**NEW
FEATURE
FOR 2021**

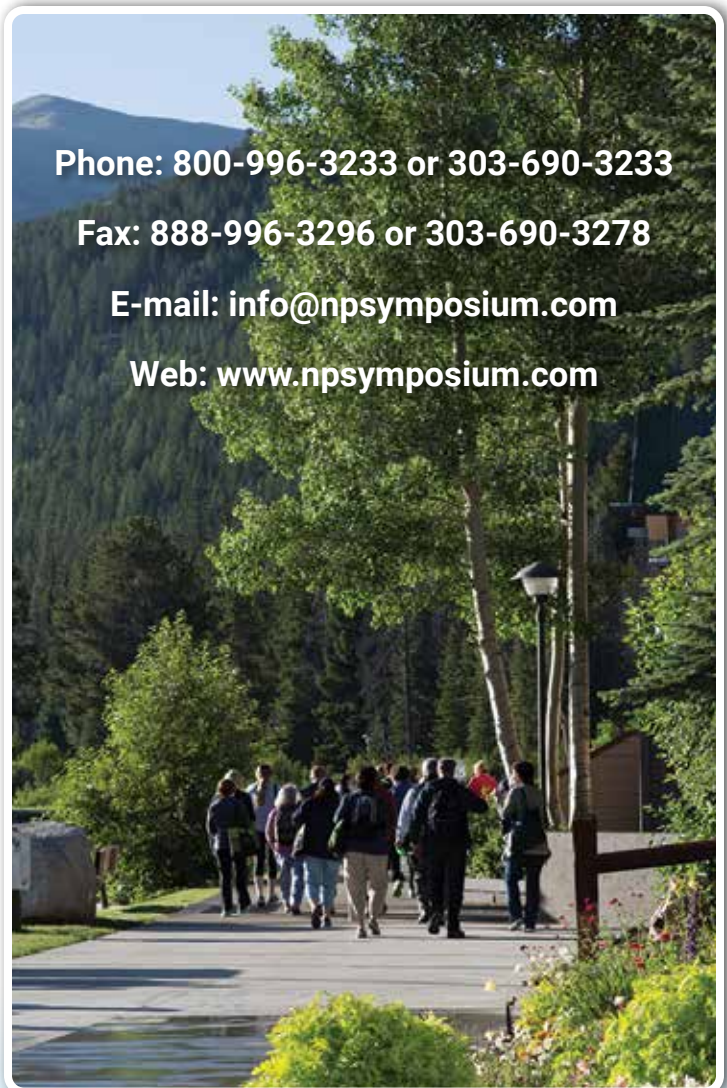


ON-DEMAND ENCORE VIRTUAL SESSIONS PACKAGE

ODEVS

The On-demand Encore Virtual Sessions Package offers greater flexibility for individual circumstances. The On-demand Encore Virtual Sessions Package will consist of 22 accredited sessions offering up to 29.25 CE hours. Take in the sessions 24/7 virtually from your workplace, comfort of your home or any other place of your choosing, starting July 15, 2021 and continuing through December 1, 2021.

You can register for the On-demand Encore Virtual Sessions Package without attending the live meeting in-person. The On-demand Encore Virtual Sessions Package is a pre-determined package. Substitution of sessions is not available.



Disclosure of Conflicts of Interest: AKH Inc., Advancing Knowledge in Healthcare requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to AKH Inc., Advancing Knowledge in Healthcare policy. The existence or absence of COI for everyone in a position to control content will be disclosed to participants prior to the start of each activity.