
AM3B Alternative Medicine

Price: \$485.00

Register: (866) 611-5599 or www.AmericanSeminar.com

**Special Association accreditation may vary. See website.*

**Ketamine for Depression/Screening and
Assessment Tools for Substance Use Disorders -
Charles Raison, MD and Adam Gordon, MD**

Use latent growth curve modeling to evaluate response to antidepressants; Identify patients with depression who are likely to exhibit a good long-term response to ketamine; List the principles of screening as they apply to substance use disorders; Compare instruments commonly used to screen for substance use disorders; Determine whether a patient requires additional screening for alcohol use disorders and opioid use disorders.

PS 48 - 01

**Herbal Medicine/Nutritional Supplements - Cora
Collette Breuner, MD**

Describe the adverse effects of commonly used herbs and supplements; Perform evidence-based assessments of the efficacy of many herbs and supplements; List the nutritional supplements most commonly used by young athletes to improve performance; Advise against the use of supplements that are unlikely to improve athletic performance or that may cause harm; Recommend appropriate nutritional supplements for patients with underlying medical conditions.

PD 65 - 14

**Treatment Options for Chronic Pain - Eric P.
Baron, DO and Xavier Jimenez, MD**

Differentiate the properties of different strains of cannabis; Assess the evidence for the use of cannabis to treat chronic pain; Determine whether a patient is a candidate for the use of cannabis to relieve chronic pain; Elaborate on central sensitization and its implications for the diagnosis and treatment of chronic pain; Recommend a multidisciplinary approach for the management of chronic pain.

QUALIFIES FOR CLINICAL PHARMACOLOGY
QUALIFIES FOR PAIN MANAGEMENT-PM166

NE 10 - 08

**Micronutrients /Cannabis in Older Adults -
Katherine A. Beals, PhD and James Silvius, MD**

Elaborate on the components of the Dietary Reference Intakes; Optimize the absorption of vitamins D, C, and E; Counsel patients about the safety of dietary supplements; Evaluate data from studies of cannabis therapy for pain, sleep, anxiety, and dementia; Recognize the adverse effects and contraindications associated with cannabis therapy

FP 67 - 31

**Autism/Therapies for Chronic Pain - Robert
Hendren, DO and Jeffrey Borckardt, PhD,**

List risk factors that have been associated with autism; Manage a patient with an autism spectrum disorder; Guide families interested in complementary and integrative treatments for autism; Explain and sketch the dimensions of the experience of pain and identify the associated areas of the brain; Counsel a patient interested in neurostimulation therapies for chronic pain.

PS 48 - 19