

Third Annual Clinical Management and Behavioral Interventions for Diabetes Care

Friday, October 20 – Saturday, October 21, 2017

The Schaetzel Center at Scripps Memorial Hospital La Jolla

San Diego, California

Course Overview

The Third Annual Clinical Management and Behavioral Interventions for Diabetes Care symposium will highlight the latest concepts in the treatment of type 2 diabetes. An estimated 29.1 million people have diabetes in the United States with 90-95% of these patients having type 2 diabetes mellitus. Despite improvement in the overall national quality indicators for diabetes care there remain a large number of individuals not meeting the recommended targets. Only 18% of the total population with diabetes is currently achieving the basic ABCs (A1c, Blood pressure, Cholesterol) targets in the United States. Initiating emerging therapeutic approaches into the delivery model can assist in achieving national targets. New nutritional and behavioral programs can provide support to the patient. The progressive nature of type 2 diabetes mellitus usually requires the addition of multiple oral agents and eventually leads to the requirement for initiation and persistent use of basal insulin to reach and maintain glycemic targets.

Educational Objectives

After attending this live activity, participants should be able to:

- Describe the latest statistics, standards of care and pathophysiologic mechanisms for treating diabetes.
- Assess unmet needs and treatment patterns of patients with type 2 diabetes.
- Summarize recent clinical trial data regarding the next generation of therapies in diabetes including oral agents, incretins and new insulins.
- Develop individualized approaches for effectively improving outcomes in relation to the complications of diabetes in the ambulatory and acute settings.
- Understand how to integrate the new diabetes management options into the care of patients with diabetes.
- Understand the latest approaches to hypertension and dyslipidemia management for patients with diabetes.
- Evaluate strategies with emerging technologies and how these future strategies will mitigate current barriers in diabetes care.

Target Audience

This conference is designed for professionals in the fields of endocrinology, diabetes, bariatric/metabolic surgery, cardiology, epidemiology, gastroenterology, internal medicine, family medicine, pharmacology, nutrition, basic science, public health, as well as allied health professionals, policy makers and scientists from pharmaceutical and medical device industries.

Conference Highlights

- Focused talks from leading experts
- Ample question and answer time with course faculty
- Interactive case presentations and discussion
- Conference app with access to course materials and presentations from the convenience of your mobile device or computer

Course Director**Athena Philis-Tsimikas, MD**

Corporate Vice President

Scripps Whittier Diabetes Institute

La Jolla, California

Faculty Disclosure

In accordance with the ACCME Standards for Commercial Support, course directors, planning committees, faculty and all others in control of the educational content of the CME activity must disclose all relevant financial relationships with any commercial interest that they or their spouse/partner may have had within the past 12 months. If an individual refuses to

disclose relevant financial relationships, they will be disqualified from being a part of the planning and implementation of this CME activity. Owners and/or employees of a commercial interest with business lines or products relating to the content of the CME activity will not be permitted to participate in the planning or execution of any accredited activity.

Agenda

Friday, October 20, 2017

7:30 a.m. Registration, Continental Breakfast & View Exhibits

7:50 a.m. Welcome and Introduction

Morning – Health Coaching and Overcoming Challenges to Diabetes Care and Medication Approaches

8 a.m. **2017 Diabetes Standards of Care – Psychosocial Issues**

8:30 a.m. **Psychosocial Care for People with Diabetes: A Position Statement of the American Diabetes Association**

9 a.m. **Health Coaching Integration in Clinic Practice**

10 a.m. Break & View Exhibits

10:30 a.m. **Common Barriers to Behavior Change**

Noon Lunch

Afternoon – Real-World Cases and Keys to Effective Communication in Diabetes

1 p.m. **Breakout Sessions**

- *Case-Based Approaches to Behavioral Interventions*

2:30 p.m. Break & View Exhibits

3 p.m. **Effective Communication -- Practical Motivational Interviewing Techniques**

4 p.m. Wrap up

Saturday, October 21, 2017

8 a.m. Continental Breakfast & View Exhibits

Morning – DM Medication Updates and Population Management to Improve Diabetes Care

8:30 a.m. **2017 Diabetes Standards of Care**

9 a.m. **Latest Medication Treatments to Achieve Targets**

9:30 a.m. **Cardiovascular Outcomes Trials and Implications for Guidelines**

10 a.m. Break & View Exhibits

10:30 a.m. **Emerging Hot Topics from 2017 Scientific Sessions (ACC, ADA, EASD)**

- *Type 1 DM Updates*
- *Obesity Updates*
- *Prevention Updates*
- *New Devices for Diabetes Care*
- *Diabetes in Pregnancy Updates*

Noon Lunch

Afternoon – Latest Updates in Diabetes Management-2017

1 p.m. **Breakout sessions**

- *RN Track-Case-Based Approaches to Optimize Glucose Control-Oral agents and new insulins*
- *Physician Track Panel Session Cardiology, Nephrology and Neurology Updates 2017 with Practical Management Pearls*

2:30 p.m. Break & View Exhibits

2:45 p.m. **Using EMRs in Risk Stratification to Intervene and Achieve Targets**

3:30 p.m. **Population Management Approaches to Improve Diabetes Care in the Age of ACOs**

4 p.m. Final Adjournment

Accreditation**Physicians**

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Scripps Health designates this live activity for a maximum of 11.75 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Dietitians

This educational conference is pending approval from the Commission on Dietetic Registration.

Nurses

Provider approved by the California Board of Registered Nursing, Provider Number CEP15199. Contact hours will be provided by Scripps Center for Learning & Innovation.

Pharmacists

This conference meets the CE Standards for Pharmacists by the California State Board of Pharmacy.

Location**The Schaetzel Center**

Scripps Memorial Hospital La Jolla
9890 Genesee Ave
La Jolla, California 92037
858-626-7311

We do not have a Scripps room block arranged for this conference, however we do recommend the following local hotels: San Diego Marriott La Jolla and Hyatt Regency La Jolla at Aventine.

Conference Fees

Included: Course tuition, access to conference materials, internet in meeting space, breakfasts, breaks and lunches

Not Included: Travel costs, lodging, parking, and dinners

	Thru Oct 17	On-site after Oct 17
Healthcare Professionals	\$300	\$325
Full-Time Student/ Fellow/Resident	\$200	\$225
Scripps Employee	\$200	\$225

REGISTER ONLINE NOW

www.scripps.org/diabetescme

Contact Us

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Commercial Support

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