



A CONFERENCE PRESENTED VIRTUALLY ON THE TREATMENT OF SUBSTANCE USE DISORDERS

STATE OF THE ART ADDICTION MEDICINE

AUGUST 28 – SEPTEMBER 25, 2020



HIGHLIGHTS

- California Surgeon General's Reflections
Nadine Burke Harris, MD, MPH, FAAP (*keynote*)
- The Rise of Methamphetamine: New Risks,
Current Treatments
- E-Cigarettes and Heated Tobacco Products
- Cannabis Legalization
- Simplifying Treatment of Pain and Opioid Use Disorder
- Long Acting Opioids Aren't: And Other Lessons Learned
About Chronic Pain Management
- Telemedicine and Access to Care in the Times of COVID-19
- Psychedelics for Substance Use Disorders
- Deportations Sending Addiction over the Border?
Treating Drug Use in Tijuana



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CSAM
CALIFORNIA SOCIETY OF
ADDICTION MEDICINE

STATE OF THE ART ADDICTION MEDICINE

AUGUST 28 – SEPTEMBER 25, 2020

CONFERENCE PLANNING COMMITTEE

Cynthia Chatterjee, MD, MA, FASAM, *Chair*
Sharone Abramowitz, MD, FASAM, FAIHM, *Vice-Chair*
Belis Aladag, MD, MPH, FASAM
Murtuza Ghadiali, MD
Dana Harris, MD, FASAM
Mitika Kanabar, MD, MPH
Lori Karan, MD, DFASAM, FACP
Jessica Ristau, MD
Joe Sepulveda, MD, FAPA, FASAM
Scott Steiger, MD, FASAM
Takeo Toyoshima, MD
Farah Zaidi, MD
Kenneth Saffier, MD, FASAM, *MERF Representative*
Jean Marsters, MD, *Chair, CSAM Education Committee*

BOARD EXAM PREPARATION

Mason Turner, MD, FASAM, *Co-Chair*
Chwen-Yuen Angie Chen, MD, FACP, FASAM, *Co-Chair*
Triveni DeFries, MD
Dustin DeYoung, MD
Thomas Meeks, MD, FASAM
Marie Mulligan, MD
Deborah Stephenson, MD
John Tsuang, MD, MS



WHO SHOULD ATTEND?

- Addiction Medicine specialists who want an overview of the latest developments in the field and their relevance to clinical practice.
- Primary care, psychiatry and other specialty field clinicians who want a better understanding of addiction and to improve their care of patients with unhealthy substance use.
- Public policy makers, administrators and advocates who want an understanding of the current state of the field of addiction and its greater implications including towards prevention, access to care, integrated systems of care and healthcare technology.
- Other health care professionals, including psychologists, therapists, nurses, and addiction counselors, who are involved in the treatment of patients with or at risk of substance use.

CHAIR'S MESSAGE

CSAM State of the Art brings together national experts to share frontiers of research, treatments, and policies in the field of Addiction Medicine. This year we do so under the overarching theme of Frontiers of Access to Care. In this year of the coronavirus pandemic and the growing Black Lives Matter movement, a brighter light has been shone on the disparities of health and access to healthcare. This inequity extends to individuals with substance use disorders, and especially those of color, who are more likely to be incarcerated and less likely to receive treatment. Our conference will cover expansion of treatment into correctional health, hospital consultation services, emergency rooms, and even across the Border. It will cover how, despite the pandemic, telehealth can reach those who are isolated. It will address the worrisome trends in fentanyl, methamphetamine, tobacco and benzodiazepines use; legalization of cannabis, treatment updates for youth, cannabis and alcohol in pregnant women; and novel treatments such as non-benzodiazepines for alcohol withdrawal and psychedelics for substance use disorders.

This year, due to the pandemic, our conference will be entirely virtual, and for the first time will span across four weeks. Leading up to the plenaries, half-day workshops will be offered in primary care for individuals with addiction; implementation of treatment in correctional health; motivational interviewing, and addiction psychiatry. The CSAM Addiction Medicine Board Exam Preparation Workshop will be offered August 28th and 29th, and then be posted on the Education Center. Poster presentations will be available on demand.

We are honored this year to feature as a Keynote Speaker, California's first Surgeon General, Dr. Nadine Burke Harris. Dr. Burke Harris, a pediatrician, will speak on her special interest in childhood trauma, its impact on health and risk for addiction, and the development of new clinical tools. We are also excited to share an armchair interview with Dr. Vincent Fellitti, an original researcher of the health impacts of adverse childhood events. Although virtual, we will continue CSAM's tradition of interactive discussion and sharing of experience with break-out discussions and live Q & A. In place of our traditional Dessert Reception, we will have a Bring Your Own Nosh Reception in the late afternoon featuring a conversation with author Dr. Timmen Cermak, former President of CSAM, an expert on the neurobiology, history and policy of cannabis, and an outspoken critic of the stigma of addiction.

Difficult times will continue, for our patients, our Addiction Medicine community, our country, and the world. I look forward to being inspired by this year's conference for how we can each rise to the challenge of providing both state of the art and equitable care to all in need.

Cynthia Chatterjee, MD, MA, FASAM
2020 State of the Art Conference Chair



EXAM PREP & PRECONFERENCE WORKSHOPS

ADDICTION MEDICINE BOARD EXAM PREPARATION WORKSHOP

Friday, August 28 from 9:00 am - 1:15 pm AND Saturday, August 29 from 9:00 am - 12:30 pm

This virtual workshop is designed for those preparing to take the American Board of Preventive Medicine (ABPM) Addiction Medicine Board Exam and is aligned with the Board's exam content Blueprint. The Faculty of experienced educators will cover 16 key topic areas, with sample exam questions and rationale provided for answers. Test-taking and study tips will be covered. Following recommendations from last year's test-takers, questions on Preventive Medicine will be covered in greater depth this year. Attendees will have access to review these recorded sessions through November.

Faculty: Chwen-Yuen Angie Chen, FACP, FASAM; Triveni DeFries, MD; Dustin DeYoung, MD; Thomas Meeks, MD; Marie Mulligan, MD; Deborah Stephenson, MD; John Tsuang, MD, MS; Mason Turner, MD, FASAM

Note: The CSAM 2020 on-demand High Yield Question Bank will be sold separately through the CSAM Education Center to attendees of this workshop at a discounted rate.



PRE-CONFERENCE WORKSHOPS

PSYCHIATRY FOR THE ADDICTION PHYSICIAN

Wednesday, September 16 | 8:30 AM - 12:30 PM

This virtual workshop will address psychiatric diagnosis and treatment interventions relevant to non-psychiatric addiction medicine providers. Among the topics to be covered are approaches to treating anxiety, depression, psychosis and personality disorders in patients with active substance use. Clinical approaches to address depression and anxiety caused or exacerbated by the COVID-19 pandemic will be covered.

Faculty: Brian Hurley, MD, MBA, DFASAM; Martin Leamon, MD; Carla Marienfeld, MD

ADDICTION MEDICINE IN CORRECTIONAL SETTINGS

Thursday, September 17 | 8:30 AM - 12:30 PM

This virtual workshop will address the delivery of addiction medicine treatment within correctional health settings. Presenters will review the structure of correctional health systems with jails and prisons in general and highlight the application of a medication-first (low barrier) approach to providing medications for opioid use disorder to inmates within one California county jail system. The workshop will also review trauma-informed care for patients in correctional settings and discuss implications of the COVID-19 pandemic on the delivery of addiction medicine in correctional health settings.

Faculty: C. Hsien Chiang, MD; Karen Hill, PhD, MSN, ANP-C, PHN; Brian Hurley, MD, MBA, DFASAM; Shannon Robinson, MD

BEYOND TREATMENT: COMPREHENSIVE PRIMARY CARE FOR PATIENTS WHO USE DRUGS

Thursday, September 17 | 1:30 PM - 5:30 PM

This virtual workshop answers the question: "Hey, my patient is not about to stop using drugs, what do I do now?" The faculty will present a toolkit suitable for all varieties of primary care providers (adult, pediatric, OB, geriatric) including how to do health care maintenance, monitor for complications, counsel on safer use and how to reduce inherent stigma in clinician language and assumptions. Special aspects of harm reduction during the COVID pandemic will be discussed. This highly interactive virtual workshop will only be offered "live" and is limited to 60 participants.

Faculty: Paula Lum, MD, MPH, FASAM; Mario San Bartolome, Jr., MD, MBA, FASAM; Ingeborg Schafhalter-Zoppoth, MD, FACP; Christine Soran, MD, MPH, David Tian, MD, MPP; Barry Zevin, MD

Note: This highly interactive workshop will only be offered live via webinar.

MOTIVATIONAL INTERVIEWING FOR BUSY CLINICIANS

Monday, September 21 | 8:30 AM - 12:30 PM

This virtual workshop will review and teach Motivational Interviewing (MI) tools for treating unhealthy alcohol and drug use and promoting behavior change in primary care and other specialties. Emphasis will be on mentored learning in breakout groups, clinical skills acquisition, and practice. All participants will develop continuing learning plans to increase their proficiency. This is a highly interactive, remote workshop and will only be hosted live. Registration is limited to 80.

Faculty: Kenneth Saffier, MD, FASAM, Family and Addiction Medicine, Contra Costa County Health Services Department, Contra Costa Regional Medical Center and Health Centers; Karena Franes, LCSW, Clinical Social Work Supervisor, UCSF

Note: This highly interactive workshop will only be offered live via webinar.



PLENARY SESSIONS

TUESDAY - SEPTEMBER 22, 2020

REACHING THE MOST MARGINALIZED

8:30 AM – 8:45 AM	Welcome - Cynthia Chatterjee, MD, MA, FASAM
8:45 AM – 9:45 AM	KEYNOTE California Surgeon General's Reflections: Impact of Adverse Childhood Events (ACEs) on Health Nadine Burke Harris, MD, MPH, FAAP
9:45 AM – 9:50 AM	BREAK
9:50 AM – 10:20 AM	Discussion with Dr. Vincent Felitti, ACE Study Principal Investigator: Adverse Childhood Events Impact on Adult Health and Addiction Risks Vincent Felitti, MD Moderator: Sharone Abramowitz, MD, FASAM, FAIHM
10:20 AM – 10:40 AM	BREAKOUT GROUPS Discuss how trauma, including racial, sexual, and gender-based trauma emerge in your practice and how you address it.
10:40 AM – 10:45 AM	BREAK
10:45 AM – 11:30 AM	Hidden in Plain Sight: Psychotherapeutic Treatment of Trauma & Addiction - Sharone Abramowitz, MD, FASAM, FAIHM
11:30 AM – 11:45 AM	BREAK
11:45 AM – 12:50 PM	The Road to Recovery and Treating Addiction in Prison: The Integrated Substance Use Disorder Treatment Program Renee Kanan, MD Eric Hargis, MD
12:50 PM – 12:55 PM	BREAK
12:55 PM – 1:35 PM	Losing Your "License to Drink": Evidence on 24/7 Sobriety Programs - Beau Kilmer, PhD
1:35 PM – 1:55 PM	Presidential Address - Anthony P. Albanese, MD, DFASAM, CSAM President Paul H. Early, MD, DFASAM, ASAM President Julia Chang, MD, ASAM Executive Director
1:55 PM – 2:00 PM	Closing Remarks - Cynthia Chatterjee, MD, MA, FASAM

UPON COMPLETION OF THIS COURSE, PARTICIPANTS SHOULD BE ABLE TO:

- Compare new approaches, including international models, to integrating state of the art addiction medicine into clinics, hospitals, correctional health, and other settings.
- Apply understanding of the consequences of adverse childhood events using therapeutic techniques to integrate treatment of trauma and addiction.
- Increase awareness of the stigma of addiction and disparities of access to treatment, and how to effectively advocate for equity.
- Appraise the current trends in substance use and associated risks, treatments, and policies.



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PLENARY SESSIONS



WEDNESDAY - SEPTEMBER 23, 2020

NEW ADDICTION MEDICINE CHALLENGES

8:30 AM – 8:35 AM	Welcome - <i>Cynthia Chatterjee, MD, MA, FASAM</i>
8:35 AM – 9:10 AM	Rise of Benzodiazepines: Dangers and Answers - <i>Chris Blazes, MD</i>
9:10 AM – 9:15 AM	BREAK
9:15 AM – 10:25 AM	Inpatient Management of Alcohol Withdrawal with Benzodiazepine-Sparing Protocols: Academic Studies and Real World Outcomes <i>Jose Maldonado, MD Mary Sage, MD</i>
10:25 AM – 10:30 AM	BREAK
10:30 AM – 10:40 AM	MERF Presentation - <i>Kenneth Saffier, MD, FASAM</i>
10:40 AM – 11:00 AM	BREAKOUT GROUPS How is COVID-19 affecting the treatment of substance use disorder in your practice?
11:00 AM – 11:15 AM	BREAK
11:15 AM – 12:05 PM	Rise of Methamphetamine: New Risks, Current Treatment - <i>Rick Rawson, PhD</i>
12:05 PM – 12:10 PM	BREAK
12:10 PM – 12:55 PM	Rise of Fentanyl: New Risks, Current Treatments - <i>Daniel Ciccarone, MD, MPH</i>
12:55 PM – 1:00 PM	BREAK
1:00 PM – 1:50 PM	E-Cigarettes & Heated Tobacco Products: Harm Reducers or Youth Seducers? <i>Robert Anthenelli, MD</i>
1:50 PM – 1:55 PM	BREAK
1:55 PM – 2:40 PM	Cannabis Legalization: What Does it Mean for Public Health & Social Equity? <i>Beau Kilmer, PhD</i>
2:40 PM – 2:45 PM	Closing Remarks - <i>Cynthia Chatterjee, MD, MA, FASAM</i>
5:00 PM – 6:00 PM	CSAM Annual Members Business Meeting (no CME)



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PLENARY SESSIONS

THURSDAY - SEPTEMBER 24, 2020

NEW PATHS FOR ADDICTION TREATMENT

8:30 AM – 8:35 AM	Welcome - <i>Cynthia Chatterjee, MD, MA, FASAM</i>
8:35 AM – 9:45 AM	Cannabis and Alcohol During Pregnancy: From Medical & Ethical Considerations to State level Policies and Patients Perspectives <i>Katie Woodruff, DrPH Tricia Wright, MD Meenakshi Subbaraman, PhD</i>
9:45 AM – 9:50 AM	BREAK
9:50 AM – 10:35 AM	Update on Adolescent Addiction Medicine - <i>Lisa Fortuna, MD</i>
10:35 AM – 10:55 AM	BREAKOUT GROUPS What effect has the legalization of cannabis in your state or a neighboring state had on your practice and community?
10:55 AM – 11:00 AM	BREAK
11:00 AM – 11:35 AM	Simplifying Treatment of Pain and Opioid Use Disorder: Transitioning with Microdoses of Buprenorphine <i>Tauheed, Zaman, MD</i>
11:35 AM – 11:50 AM	BREAK
11:50 AM – 12:35 PM	Extending Treatment: Injectable Long-Acting Buprenorphine - <i>Andrew Herring, MD</i>
12:35 PM – 12:40 PM	BREAK
12:40 PM – 1:30 PM	Long Acting Opioids Aren't: And Other Lessons Learned About Chronic Pain Management <i>Andrea Rubenstein, MD</i>
1:30 PM – 1:35 PM	BREAK
1:35 PM – 1:40 PM	MERF Announcement - <i>Kenneth Saffier, MD, FASAM</i>
1:40 PM – 2:20 PM	Beyond Opioids and NSAIDs: Evidence-Based Integrative Approaches to Chronic Pain <i>Marni Hillinger, MD</i>
2:20 PM – 2:25 PM	Closing Remarks - <i>Cynthia Chatterjee, MD, MA, FASAM</i>
4:00 PM – 5:30 PM	Bring Your Own Nosh with Featured Speaker Timmen Cermak, MD and CSAM Awards (No CME)



SAVE THE DATE FOR FUTURE CSAM CONFERENCES



**ADDICTION MEDICINE REVIEW COURSE
AND BOARD EXAM PREPARATION TRACK**

August 31 – September 3, 2021

Sheraton San Diego Hotel & Marina

STATE OF THE ART ADDICTION MEDICINE

August 24 – 27, 2022

Sheraton San Diego Hotel & Marina

PLENARY SESSIONS

FRIDAY - SEPTEMBER 25, 2020

BEYOND CONVENTIONAL ADDICTION MEDICINE TREATMENT

8:30 AM – 8:35 AM	Welcome - Cynthia Chatterjee, MD, MA, FASAM
8:35 AM – 9:25 AM	Deportations Sending Addiction over the Border? Treating Drug Use in Tijuana Patricia Zuniga, MD
9:25 AM – 9:30 AM	BREAK
9:30 AM – 10:20 AM	Ideology vs. Information in the International War on Drugs: From Criminal Justice to Public Health Models Peter Banyas, MD
10:20 AM – 10:25 AM	BREAK
10:25 AM – 11:10 AM	Telemedicine and Access to Care in the Times of COVID-19 - David Kan, MD
11:10 AM – 11:30 AM	BREAKOUT GROUPS What new knowledge and skills will you integrate into your practice, and are there ways you can increase access to care?
11:30 AM – 11:45 AM	BREAK
11:45 AM – 12:30 PM	Integrating Addictions Care Into General Hospitals: Engaging People and Changing Systems Honora Englander, MD
12:30 PM – 12:35 PM	BREAK
12:35 PM – 1:20 PM	Psychedelics for Substance Use Disorders - Jennifer Mitchell, PhD
1:20 PM – 1:25 PM	Closing Remarks - Cynthia Chatterjee, MD, MA, FASAM

CONTINUING EDUCATION CREDIT

ACCREDITATION STATEMENT

The California Society of Addiction Medicine is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians.

The California Society of Addiction Medicine designates this live activity for a maximum of 39.5 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Please note, you may claim the following credits for each section of the meeting:

- CSAM State of the Art Conference offers a maximum of 18.25 credits
- Board Exam Preparation Workshop offers a maximum of 7.25 credits
- Pre-Conference Workshops offer a maximum of 3.5 credits per workshop



AAFP

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

MAINTENANCE OF CERTIFICATION - ABIM

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 39.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



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AUGUST 28 – SEPTEMBER 25, 2020



REGISTRATION FORM

PLEASE CHECK THE APPROPRIATE BOX:

☐ ASAM/CSAM Physician Member ☐ Associate Member ☐ Non-Member ☐ Resident/Fellow/Medical Student

Full Name: _____ Degree(s): _____

Position: _____ Organization: _____

Company Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Specialty: _____

☐ If you require reasonable accommodation in order to fully participate in this activity, please contact us at (415) 764-4855.

ADDICTION MEDICINE BOARD EXAM PREPARATION WORKSHOP

August 28 (9:00 AM - 1:15 PM) and August 29 (9:00 AM - 12:30 PM) ☐ Addiction Medicine Board Exam Preparation Workshop

PRE-CONFERENCE WORKSHOPS

Morning Workshops (8:30 AM - 12:30 PM)

- ☐ **September 16** - Psychiatry for the Addiction Physician
- ☐ **September 17** - Addiction Medicine in Correctional Settings
- ☐ **September 21** - Motivational Interviewing for Busy Clinicians

Afternoon Workshops (1:30 PM - 5:30 PM)

- ☐ **September 17** - Beyond Treatment: Comprehensive Primary Care for Patients Who Use Drugs

REGISTRATION FEES

	ASAM/CSAM Physician Member	Associate Member	Non- Member	Resident/Fellow/ Medical Student
Addiction Medicine Board Exam Prep Course	\$450	\$450	\$600	\$450
Morning Workshop (select above - \$175 per workshop)	\$175	\$175	\$275	\$85
Afternoon Workshop (select above - \$175 per workshop)	\$175	\$175	\$275	\$85
Full Conference Plenary (Tuesday, 9/22 - Friday, 9/25)	\$395	\$395	\$545	\$260
Plenary + 4 Workshops (excluding Board Exam Prep)	\$825	\$825	\$1,234	\$450

*All educational content will be delivered in Pacific Time Zone (PT)

TOTAL \$ _____

ADDITIONAL ACTIVITIES

- ☐ **CSAM Annual Business Meeting** (Wednesday, September 23 from 5:00 pm - 6:00 pm)
- ☐ **Bring Your Own Nosh with Guest Speaker Tim Cermack, MD and CSAM Awards** (Thursday, September 24 from 4:00 pm - 5:30 pm)
- ☐ Tax Deductible Contribution to the Medical Education and Research Foundation (MERF): \$ _____

PAYMENT INFORMATION

Payment in US Funds must accompany registration.

☐ Check payable to CSAM ☐ Visa ☐ MasterCard ☐ AmEx

Credit card #: _____ Exp. Date: _____ CCV: _____

Name as it appears on credit card: _____

Signature: _____



SUBMIT REGISTRATION TO:

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