

Eligibility

Only for nurses and beauty therapists

Competency Certificate in Advanced Laser Hair Reduction and IPL Course

Date

12-16 Jan 2026

Course Fees

AED 6,825

Course duration 5 Days

5 days (40 hours) of teaching, hands-on practise, and completion of the assignment(s) which will be supervised by a qualified member of faculty staff.

Introduction

The aim of this course is to equip participants with fundamental knowledge needed to understand the laser and IPL technology used in hair reduction. This course is an Introduction to Laser Hair Removal.

Exploring Laser Hair Removal Technology Tracing the Evolution of Laser Treatments Significance of Laser Hair Removal in Aesthetic Care.

It also emphasizes on how the latest technology works and ensures the participant understands the requirements for client and staff safety, personal protective equipment, controlled access to laser rooms and laser safety planning and auditing.

Target audience

- Participants holding degree in the field of Medicine or Nursing
- Qualification & Certification and Beauty therapist



Participants are requested to attend all the program sessions and pass final examination including oral, written & clinical exam. There will be strict registration system for each session. Participants who successfully pass (70%) the examination will be awarded a (COMPETENCE CERTIFICATE IN LASER HAIR REDUCTION AND IPL).





Course Details

- Competency in Hair Reduction Laser
- Schedule: 8 lectures per day in the morning
- Hands-on Workshop: in the afternoon
- Logbook Requirement: 15-20 cases

Course Timetable

Day 1 08:30 am- 16:00 pm		
Time	Topic	Faculty
8:30 -09:00	1. Introduction	Dr. Noura Salim
	2. Anatomy of the skin	Dr. Mashael Al Nabooda
	3. Anatomy of the hair	Dr. Mashael Al Nabooda
	4. Hair Problems	Dr. Noura Salim
09:00-12:30	5. Myths and Reality of Laser Therapy	Dr. Noura Salim
	6. The Science Behind IPL	Dr. Noura Salim
	7. Basic information about LASER	Dr. Mashael Al Nabooda
	8. Laser Application in Medicine	
Lunch break 2nd session		
	9. Properties of Light and Laser	Dr. Noura Salim
	10. LASER Physics	Dr. Noura Salim
	11. Mechanism of action of hair reduction LASER	Dr. Noura Salim
13:30-16:00	12. History taking	Dr. Mashael Al Nabooda
	13. Skin & Hair Assessment	Dr. Noura Salim
	14. Patient assessment	Dr. Mashael Al Nabooda
	15. Documentation	Dr. Mashael Al Nabooda
	16. Type of LASER Used in hair reduction	Dr. Mashael Al Nabooda
Day 2 08:30 am- 16:00 pm		
Time	Topic	Faculty
8:30-12:30	17. Safety of LASER room	Dr. Mashael Al Nabooda
	18. Client Prepare for treatment	Dr. Noura Salim
	19. How write LASER Inventory	Dr. Mashael Al Nabooda
	20. LASER Facility requirement	Dr. Noura Salim
	21. Protocols Guidelines	Dr. Mashael Al Nabooda
	22. How to sterilize the LASER machines	Dr. Noura Salim
	23. How to deal with post LASER procedure complication	Dr. Mashael Al Nabooda
	24. LASER Vs Light	Dr. Noura Salim
Lunch break 2nd session		
8:30-12:30	25. Ablative & non-Ablative	Dr. Noura Salim
	26. Laser Tattoo removal	Dr. Noura Salim
	27. Types of LASERS used in hair reduction	Both
	• Alexandrite LASER	
	• Diod LASER	

✓ Day 2 08: 30 am- 16:00 pm		
Time	Topic	Faculty
	• ND-Yag • Ruby LASER • IPL • Q switch	Dr. Noura Salim Dr. Noura Salim Both
✓ Day 3 08: 30 am- 16:00 pm		
Time	Topic	Faculty
08:00-16:00	Hands-on Sessions	Dr. Mashael Al Nabooda
✓ Day 4 08: 30 am- 16:00 pm		
Time	Topic	Faculty
08:00-16:00	Hands-on Sessions	Dr. Noura Salim
✓ Day 5 08: 30 am- 16:00 pm		
Time	Topic	Faculty
08:30-12:30	Completion of logbook and submission Revision Exam	All Faculties for photo session
12:00-16:00	Hands-on Practice	Dr. Noura Salim

Faculty



Dr Saqer al-Mualla
Head of Plastic Surgery Department
Co- executive managing director Of al
Qassimi hospital



Dr. Mashael AL Nabooda
Plastic surgeon & Laser Instructor



Dr. Noura Salim
MSC of Leadership in Health Professions Education,
Plastic, Aesthetic, Wounds Practitioner LASER
Instructor, Head of Continuous Professional
Department & Regenerative Medicine

Book Now



Contact us :

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