

Current
PSYCHIATRY



AMERICAN ACADEMY OF
CLINICAL PSYCHIATRISTS

PRESENT

PSYCHIATRY UPDATE 2020

SOLVING CLINICAL
CHALLENGES, IMPROVING
PATIENT CARE

MARCH 26-28, 2020

OPTIONAL POST-CONFERENCE ADDICTION AND MEDICAL CANNABIS WORKSHOPS MARCH 28

CHICAGO MARRIOTT DOWNTOWN MAGNIFICENT MILE

JOIN US ON CHICAGO'S MAGNIFICENT MILE FOR THIS HIGHLY INTERACTIVE,
LEARNING-FOCUSED MEETING

Earn up to 22 CME/CE Credits

Including Post-conference Workshop Credit

Obtain your entire year's ABPN Self-Assessment (SA) Requirement
for Maintenance of Certification (MOC)

Register by November 18 to SAVE \$300!



TOPICS INCLUDE:

- ADHD Across the Lifespan
- rTMS and Other Devices
- Managing the Difficult Patient
- Managing the Side Effects of Psychotropic Medications
- Anxiety Disorders in Children
- Treatment of Postpartum Mood and Anxiety Disorders
- Psychosis and Neuroinflammation

OPTIONAL WORKSHOPS

Limited space available. First come. First served!

- Addiction
- Medical Cannabis

MEETING CO-CHAIRS

Richard Balon, MD

Donald W. Black, MD

FACULTY

Ruth Benca, MD, PhD

George T. Grossberg, MD

Donald W. Black, MD

Henry A. Nasrallah, MD

Kiki D. Chang, MD

Anthony L. Rostain, MD, MA

Marlene P. Freeman, MD

Alan F. Schatzberg, MD

Joseph F. Goldberg, MD

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CONNECT WITH CURRENT PSYCHIATRY



Dear Colleague:

On behalf of the American Academy of Clinical Psychiatrists and CURRENT PSYCHIATRY, we are pleased to present our 2020 Psychiatry Update.

This highly practical, educational meeting will offer 2.5 days of clinically useful information, optional, post-conference workshops, and up to 22 CME credits, including your entire year's ABPN Self-Assessment (SA) Requirement, plus credit toward your Maintenance of Certification (MOC).

In our interactive, learning-focused format, nationally renowned faculty will provide best practice information specifically designed to address the everyday challenges of improving outcomes for your patients.

As always, our meeting offers an outstanding opportunity for peer-to-peer learning and networking. With question-and-answer periods allotted for every session, there is ample time to share best practices and find solutions to your most difficult clinical challenges.

New this year we are also offering optional Post-conference workshops on Addiction and Medical Cannabis. These popular workshops have limited space available and will sell out – so don't wait to sign up!

Attend as a member. AACP members enjoy many benefits, including an additional \$125 discount to attend the CURRENT PSYCHIATRY/AACP Update. Visit AACP.com for complete details.

We hope you can join us in Chicago.

Richard Balon, MD
Meeting Co-Chair

Donald W. Black, MD
Meeting Co-Chair
AACP Immediate Past President

ABOUT OUR VENUE

CHICAGO MARRIOTT DOWNTOWN MAGNIFICENT MILE

**540 North Michigan Avenue
Chicago, Illinois 60611**

The CP/AACP 2020 Psychiatry Update will take place at the Chicago Marriott Downtown Magnificent Mile, where we have arranged for a discount room rate of just **\$229** a night for participants.

To make your reservation at the discount rate, call 312-836-0100 and identify yourself as a CURRENT PSYCHIATRY/AACP Psychiatry Update attendee.

Discount room rate expires **February 25**, but we urge you to make your arrangements as soon as possible as our room block will sell out.



MEETING CO-CHAIRS



Richard Balon, MD

Professor of Psychiatry and Anesthesiology
Associate Chair for Education
Wayne State University
Detroit, Michigan



Donald W. Black, MD

Professor of Psychiatry
University of Iowa Carver College of Medicine
Iowa City, Iowa
Immediate Past President
American Academy of Clinical Psychiatrists (AACP)
Iowa City, Iowa

FACULTY



Ruth Benca, MD, PhD

Chair, Psychiatry & Human Behavior
University of California, Irvine
Irvine, California



Donald W. Black, MD

Professor of Psychiatry
University of Iowa Carver College of Medicine
Iowa City, Iowa
Immediate Past President
American Academy of Clinical Psychiatrists (AACP)
Iowa City, Iowa



Kiki D. Chang, MD

Professor of Psychiatry and Behavioral Sciences
Director, Pediatric Bipolar Disorders Program
Co-Founder, Stanford PANS Clinic
Stanford University School of Medicine
Stanford, California



Marlene P. Freeman, MD

Associate Director
Center for Women's Mental Health
Massachusetts General Hospital
Associate Professor of Psychiatry
Harvard Medical School
Medical Director
MGH Clinical Trials Network and Institute (CTNI)
Boston, Massachusetts



Joseph F. Goldberg, MD

Clinical Professor of Psychiatry
Icahn School of Medicine at Mount Sinai
New York, New York



George T. Grossberg, MD

Samuel W. Fordyce Professor
Director, Geriatric Psychiatry
Department of Psychiatry and Behavioral Neuroscience
Saint Louis University School of Medicine
St. Louis, Missouri



Henry A. Nasrallah, MD

Editor-In-Chief
CURRENT PSYCHIATRY
Professor of Psychiatry, Neurology and Neuroscience
Director, Neuropsychiatry Program
Director, Schizophrenia Program
University of Cincinnati College of Medicine
Cincinnati, Ohio
Professor Emeritus
Saint Louis University School of Medicine



Anthony L. Rostain, MD, MA

Director, Education, Department of Psychiatry
Professor of Psychiatry at the Hospital of the University of Pennsylvania and the Children's Hospital of Philadelphia
Professor of Pediatrics
Philadelphia, Pennsylvania



Alan F. Schatzberg, MD

Professor
Department of Psychiatry and Behavioral Sciences
Director
Stanford Mood Disorders Center
Stanford University School of Medicine
Stanford, CA

The last 10 to 15 minutes of each session will be used for Q&A. (Schedule and faculty are subject to change. Visit www.CPAACP-CME.com for updates.)

THURSDAY, MARCH 26, 2020

- 7:00 am Breakfast/Exhibits
- 7:10 am Breakfast Symposium
- 8:15 am Welcome
Richard Balon, MD
- 8:30 am Managing the Side Effects of
Psychotropic Medications
Joseph F. Goldberg, MD
- 9:30 am Morning Symposium
- 10:45 am Break/Exhibits
- 11:15 am Bipolar Disorder
Joseph F. Goldberg, MD
- 12:15 pm What a Psychiatrist Should Know
about Sleep (part 1): Insomnia and
Excessive Sleepiness
Ruth M. Benca, MD, PhD
- 1:15 pm Lunch
- 1:30 pm Luncheon Symposium
- 2:30 pm Dessert/Exhibits
- 3:00 pm What a Psychiatrist Should Know
about Sleep (part 2): Apnea,
Circadian Rhythm Disorders,
Movement Disorders, Parasomnias
Ruth M. Benca, MD, PhD
- 4:00 pm Anxiety Disorders in Children
Kiki D. Chang, MD
- 5:00 pm Refreshment Break
- 5:15 pm Managing the Difficult Patient:
Irritable, Angry, Combative, and
Passive-Aggressive Patients
Donald W. Black, MD
- 6:00 pm Refreshment Break
- 6:15 pm Pediatric Onset of Mood Disorders
Kiki D. Chang, MD
- 7:15 pm Evening Adjournment

FRIDAY, MARCH 27, 2020

- 7:00 am Breakfast/Exhibits
- 7:10 am Breakfast Symposium
- 8:15 am Treatment of Psychiatric Disorders
During Pregnancy: Challenging
Cases (ADHD/stimulants in
Pregnancy: New Mood Stabilizers/
Atypicals; Sleep Dysregulation)
Marlene P. Freeman, MD
- 9:15 am Morning Symposium
- 10:15 am Winokur Award Presentation
- 10:30 am Break/Exhibits
- 11:00 am Treatment of Postpartum Mood
and Anxiety Disorders
Marlene P. Freeman, MD
- 12:00 pm Psychosis and Neuroinflammation:
Clinical and Treatment Implications
Henry A. Nasrallah, MD
- 1:00 pm Lunch
- 1:15 pm Luncheon Symposium
- 2:15 pm Dessert/Exhibits
- 2:45 pm Hallucinations: How Do They
Originate?
Henry A. Nasrallah, MD
- 3:45 pm New Antidepressants
Alan F. Schatzberg, MD
- 4:45 pm The Pharmacotherapy of
Personality Disorder Patients
Donald W. Black, MD
- 5:45 pm rTMS and Other Devices
Alan F. Schatzberg, MD
- 6:45 pm Evening Adjournment
- 6:45 pm AACCP Members' Reception
(Members only. Visit aacp.com for details.)

SATURDAY, MARCH 28, 2020

- 7:00 am Breakfast/Exhibits
- 7:10 am Breakfast Symposium
- 8:15 am Geriatric Psychiatry in Long Term
Care or Nursing Home
George T. Grossberg, MD
- 9:15 am Morning Symposium
- 10:30 am Refreshment Break
- 10:45 am Stressed Years of Their Lives:
College Mental Health
Anthony L. Rostain, MD, MA
- 11:45 am Infection and Alzheimer's Disease:
From the Microbiome to Gingipains
George T. Grossberg, MD
- 12:45 pm ADHD Across the Lifespan
Anthony L. Rostain, MD, MA
- 1:45 pm Conference Adjournment

SATURDAY, MARCH 28, 2020

Optional ADDICTION WORKSHOP

2:00 PM – 4:00 PM

Optional MEDICAL CANNABIS FOR
PSYCHIATRISTS: SCIENCE AND PRACTICE
WORKSHOP

4:15 PM – 6:15 PM



LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to:

- Recognize overlapping symptoms and devise an approach to address the individual patient's comorbidities
- Diagnose and treat multiple psychiatric disorders
- Demonstrate a working knowledge of medication combinations and adjunctive therapies with the best evidence of efficacy to integrate practice guidelines for their treatment
- Utilize pharmacotherapy and non-pharmacotherapy in the treatment of ADHD, depression, anxiety, schizophrenia and psychotic episodes, hallucinations, postpartum and other women's mental health disorders, insomnia and sleep disorders, mood, borderline personality, Alzheimer's disease and long-term care issues

REGISTER NOW!

REGISTER ONLINE AT WWW.CPAACP-CME.COM

TO REGISTER:

Online: www.CPAACP-CME.com By Fax: 201-822-6114

By E-mail: cpaacp@globalacademymcme.com

By Mail: c/o Psychiatry Update 2020, Global Academy for Medical Education
7 Century Drive, Suite 301, Parsippany, NJ 07054

	UNTIL 11/18	UNTIL 12/16	UNTIL 1/10	UNTIL 2/14	AFTER 2/14
Physician/PhD	\$495	\$595	\$695	\$750	\$795
AACP Members	\$370	\$470	\$570	\$625	\$670
NP/PA/RN	\$395	\$495	\$550	\$650	\$695
Residents/Fellows	\$99	\$99	\$99	\$99	\$99
Addiction Workshop	\$99	\$125	\$135	\$145	\$155
Medical Cannabis Workshop	\$99	\$125	\$135	\$145	\$155

Cancellation Policy: A refund less a \$50 administrative fee as follows: You may cancel your registration using our online registration system prior to February 25, 2020. After February 25, 2020, no refunds will be granted. After the refund date, you have two options: you can transfer your registration to another party using our online registration system, or receive a credit in the amount you paid less a \$50 administrative fee to be applied to your registration for next year's conference. Refunds will not be issued to no-shows.

Global Academy for Medical Education is not responsible for nonrefundable, nontransferable airline tickets or hotel accommodations purchased for attendance at this course. The registration fee covers attendance to the scientific meeting, continental breakfasts, coffee breaks, lunches when provided, and exhibits.

Register by
Nov 18
Save \$300!

Great Value! Price includes access to all scientific sessions, continental breakfast Thursday, Friday, and Saturday, lunch Thursday and Friday, plus your hard copy of the syllabus.

ACCREDITATION INFORMATION

Jointly provided by Postgraduate Institute for Medicine and Global Academy for Medical Education. The American Board of Psychiatry and Neurology has reviewed the CURRENT PSYCHIATRY/AACP 2020 Psychiatry Update and has approved this program as part of a comprehensive CME program, which is mandated by the ABPN as a necessary component of maintenance of certification (MOC). The activity awards 22 AMA PRA Category 1 Credits™ (including post-conference workshops) and 8 Self-Assessment Category 1 CME credits.

Target Audience: This activity is intended for pediatric,

general and geriatric psychiatrists, nurse practitioners, physician assistants, nurses, psychologists, social workers and other mental health professionals engaged in the care of patients with ADHD, Alzheimer's Disease, Women's Mental Health, Depression, Psychosis, Hallucinations, Adult and Pediatric Anxiety and Mood Disorders, College Mental Health, Addiction, Geriatric Psychiatry, Insomnia and Sleep Disorders, and Personality Disorder.

In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and Global Academy for Medical Education. Postgraduate Institute for Medicine is jointly accredited by the Accreditation Council for Continuing

Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physician Continuing Medical Education: The Postgraduate Institute for Medicine designates this live activity for a maximum of 22 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Nursing Education: The maximum number of hours awarded for this Continuing Nursing Education activity is 22 contact hours. Pharmacotherapy contact hours for Advance Practice Registered Nurses to be determined.

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- New Antidepressants

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University of Cincinnati College of Medicine

Anthony L. Rostain, MD, MA

The Hospital of the University of Pennsylvania
Children's Hospital of Philadelphia

Alan F. Schatzberg, MD

Stanford University School of Medicine



OPTIONAL POST-CONFERENCE WORKSHOPS

Limited space available. First come. First served!

Workshops are open to Psychiatry Update attendees only.

SATURDAY, MARCH 28, 2020

ADDICTION WORKSHOP

2 CME/CE Credits Available

Directed by: **Edwin Salsitz, MD**

2:00 PM – 4 PM

- The Neurobiology of Addiction: Understanding Addiction from the Inside Out
- Treatment of Substance Use Disorders
- Interesting Case Presentations with Discussion and Q&A



MEDICAL CANNABIS FOR PSYCHIATRISTS: SCIENCE AND PRACTICE WORKSHOP

2 CME/CE Credits Available

Directed by: **Kevin P. Hill, MD***

4:15 PM – 6:15 PM

- The Unbiased Truth: The Science of Cannabis in the Context of Changing Policy
- Benefits and Risks of Medical Cannabis and Cannabidiol (CBD)
- Medical Cannabis: Practical Considerations for Psychiatric Clinicians and Hospitals

* invited

