

CME
A MAXIMUM OF 7
AMA PRA Category 1 Credits™

UC DAVIS
HEALTH SYSTEM



HIGHLIGHTS:

- Emerging Occupational Hazard: Engineered Stone
- The Threat of Chemical Suicides
- Carpal Tunnel Syndrome: New Research Findings
- Diacetyl and Lung Disease



OCCUPATIONAL & ENVIRONMENTAL MEDICINE SYMPOSIUM

Saturday, May 14, 2016

UC Davis Medical Education Building
4610 X Street, Sacramento, CA



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SPONSORED BY:
UC DAVIS HEALTH SYSTEM
Office of Continuing Medical Education and
Center for Occupational
& Environmental Health (COEH)
Department of Public Health Sciences

May 14, 2016

- 7:15 am** Registration, Continental Breakfast
- 8:00** **Welcome and Course Objectives**
Marc B. Schenker, MD, MPH
- 8:05** **Depression and Anxiety:
Action for Clinicians**
Ruben Valencia, PsyD
- 8:45** **Can Health Care Workers
Work Without Lifting?**
Dennis E. Pocekay, MD, MPH
- 9:25** **Heat Stress in the Workplace --
A Growing Occupational Hazard**
Marc B. Schenker, MD, MPH
- 10:05** Break
- 10:15** **Spinal Degeneration**
Eric O. Klineberg, MD
- 10:55** **Carpal Tunnel Syndrome: New
Research Findings and Practical
Applications for Prevention**
David M. Rempel, MD, MPH, CPE
- 11:35** **Effective Disability Management**
Steve Wiesner, MD
- 12:15 pm** Lunch
- 1:00** **Engineered Stone and Silicosis:
An Emerging Occupational Hazard**
Robert J. Harrison, MD, MPH
- 1:40** **The Increasing Threat of Chemical Suicide**
Shelley DuTeaux, PhD, MPH
- 2:20** Break
- 2:30** **Prevailing Topics in Infectious Disease**
Stuart H. Cohen, MD
- 3:10** **Diacetyl, Alternate Smoking
Products, and Lung Disease**
Michael Schivo, MD, MAS
- 3:50** **Closing Remarks**
Marc B. Schenker, MD, MPH
- 4:00** Adjourn



Faculty

COURSE CHAIR

Marc B. Schenker, MD, MPH
Distinguished Professor
Department of Public Health Sciences
Director, Center for Occupational &
Environmental Health (COEH)
UC Davis

GUEST FACULTY

Stuart H. Cohen, MD
Professor and Chief
Division of Infectious Diseases
UC Davis

Shelley DuTeaux, PhD, MPH
Assistant Deputy Director for
Emergency Preparedness
California Department of Public Health

Robert J Harrison, MD, MPH
Clinical Professor of Medicine and
Public Health Medical Officer
Division of Occupational and
Environmental Medicine
UC San Francisco

Eric O. Klineberg, MD
Associate Professor and
Fellowship Director
Department of Orthopaedics

Dennis E. Pocekay, MD, MPH
Assistant Clinical Professor
Department of Public Health
UC Davis

COURSE CO-CHAIR

Sheri Belafsky, MD, MS
Associate Director, Medical Surveillance
Program, COEH
Department of Public Health Sciences

UC DAVIS CONFERENCE LIAISON

Gaylene J. Miller
Assistant Director, COEH

David M. Rempel, MD, MPH, CPE
Professor Emeritus
Division of Occupational &
Environmental Medicine
UC Berkeley

Michael Schivo, MD, MAS
Assistant Vice President of
Meetings and Programs
American Federation of Medical Research

Ruben Valencia, PsyD
Director, Academic and Staff
Assistance Program (ASAP)
UC Davis

Steve Wiesner, MD
Associate Medical Director
Kaiser Permanente Northern California
Regional Occupational Health Department

CONFERENCE COORDINATOR

Andrea Young, CMP
CME Specialist
Office of Continuing Medical Education
UC Davis Health System

TARGET AUDIENCE

This activity is designed for local and regional primary care physicians, emergency medicine, family medicine, general medicine, neurology and orthopaedics, nurse practitioners, physician assistants, and nurses.

EDUCATIONAL NEED

This activity is designed to provide an interactive forum for members to discuss the latest research and developments in Occupational and Environmental Medicine. The course will improve physician and other allied health care provider competence in the prevention, diagnosis and evaluation of work-induced or exacerbated injuries and illnesses. This course is valuable for occupational medicine practitioners, primary care physicians who may see patients with work related disorders, occupational health nurses and anyone involved with the worker's compensation system. Course participant evaluations and our community physician annual needs assessment survey have identified the need for up to date information.

This year's conference will provide practitioners with evidence based methods and strategies to assist them in providing better treatment options for their patients. Faculty presenting and interacting with participants at this activity have been selected on the basis of their comprehensive clinical experience and academic excellence.

EDUCATIONAL METHODS

Lectures with Q and A will be used to facilitate the dissemination of up to date information.

EDUCATIONAL OBJECTIVES

At the end of the activity, participants should be able to:

- Review the latest guidelines regarding lifting for health care workers
- Reveal emerging occupational hazards such as silicosis from engineered stone and heat stress
- Identify new insights into carpal tunnel syndrome and the biomechanical and psychosocial risk factors
- Effectively counsel patients on the importance of safe activity throughout the healing process and the concepts of limitations, risk and tolerance
- Analyze and treat depression and anxiety in the workplace

CONFERENCE REGISTRATION

Please register early – space is limited.

Tuition is \$325 for physicians and \$275 for all others. **Confirmation of registration will be sent within two weeks after receipt of registration form.** The fees will increase after April 30, 2016.

Tuition includes continental breakfast, refreshment breaks, lunch, electronic syllabus, and an online certificate of attendance. Tuition may be paid by check, American Express, Discover, MasterCard or VISA. Cash is not accepted. The Office of Continuing Medical Education reserves the right to cancel this conference. In such a case, a full refund will be given.

Registration forms received without payment will not be processed until payment is received, and payment must follow within 10 days. Early discount rates are honored if payment is received by the date noted on the registration form. After that date, the late fee is applied.

On-site Fees: At door registrations will be charged at a higher rate. Please see registration form for details.

Cancellation and Refund Policy: A refund of tuition, less \$75 administrative fee, will be allowed if requested in writing by April 30, 2016. No refunds will be provided after this date.

ELECTRONIC EVALUATION AND CREDIT

The link to your electronic syllabus, evaluation and certificate of credit will be available for 30 days after the last day of the conference. Once you have completed the online evaluation your certificate will be available to print. **However, after 30 days this link will expire** and these items are no longer available online. You must contact the Office of CME to receive your certificate. A \$15 administrative fee will be applied.

SYLLABUS

The electronic syllabus will be available to pre-registered attendees online prior to the conference for downloading and printing. A flash drive containing the syllabus will be distributed at the conference.

ACCREDITATION

The University of California, Davis, Health System is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION

Physician Credit: The University of California, Davis, Health System designates this live activity for a maximum of 7 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

QME: Accredited by the Administrative Director for the California Division of Workers' Compensation for Qualified Medical Evaluator continuing education. Physicians may report a maximum of 7 hours of credit for QME reappointment.

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits™* (report a maximum of 7 hours of credit and fill in "CME Category 1" for the provider number).

Physician Assistant: The National Commission on Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification.

Respiratory Therapist: This course meets the requirements for continuing education for respiratory care practitioners in California.

AMA PRA Category 1 Credits™

General Session

A maximum of 7 *AMA PRA Category 1 Credits™*



LOCATION

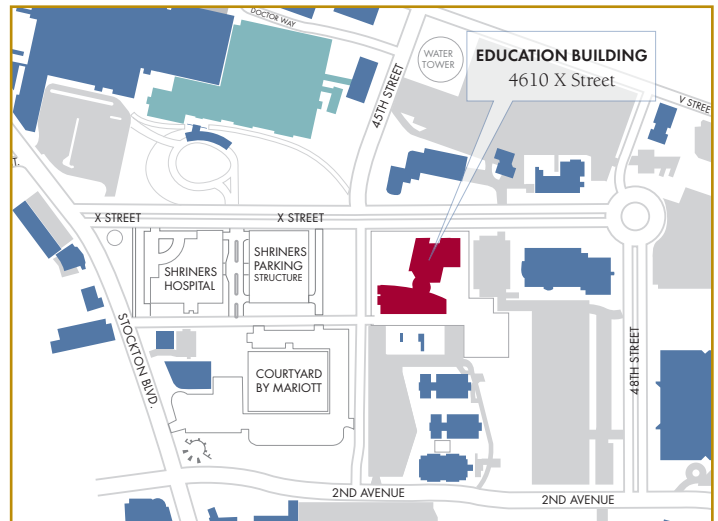
UC DAVIS MEDICAL EDUCATION BUILDING

4610 X Street
Sacramento, California 95817
(916) 734-5390
(916) 734-0742
bit.ly/1U1weZL

Layered clothing is recommended as the meeting room temperature may be uncomfortable for some, depending on personal preferences. If you have any special needs due to a disability as specified in the Americans with Disabilities Act, please call the Office of Continuing Medical Education at (916) 734-5390 so we may make the necessary accommodations for you.

PARKING

Vehicles must display a valid permit on the dashboard. In lots 12, 16, 18, and 25, one-day permits can be purchased from a dispensing machine via cash or credit card. Lot 12 is the closest to the Medical Education Building. There is no parking in Lot 14 for conference participants.



AIR TRAVEL TO SACRAMENTO (SMF)

The Office of Continuing Medical Education has arranged group rates with the airlines listed below. Please read and follow the directions carefully to obtain these special rates for your travel to the conference.

United Airlines Group Discount: To obtain Groups and Meetings discount prices go to <http://www.united.com> and enter Offer Code: ZVM6788442.

GROUND TRANSPORTATION

Hertz Car Rental: To obtain discount prices go to <http://www.hertz.com> and enter Convention Number CV04H70007 for discounted rates.

National Car Rental: 1 (800) CAR-RENT and request ID #5282865 for discounted rates.

FOR FURTHER INFORMATION

UC Davis Health System
Office of Continuing Medical Education
4610 X Street, Suite 2301
Sacramento, CA 95817
(866) CME4EDU (263-4338)
(916) 734-5390 Phone
(916) 734-0742 Fax
<http://cme.ucdavis.edu>

GERIATRIC COMPETENCY REQUIREMENT

The Geriatric Medical Training Act of 2000 requires general internists and family physicians caring for a patient population in which 25 percent or greater are 65 years old or older to complete at least 20 percent of all mandatory continuing education hours in geriatric medicine or the care of older patients. (California Business and Professions Code, Section 2190.3)

CULTURAL AND LINGUISTIC COMPETENCY REQUIREMENT

All continuing medical education (CME) courses with direct patient care components are required by California State statute to include curriculum on cultural and linguistic competency in the practice of medicine (California Business and Professions Code, Section 2190.1). Those who have developed this UC Davis CME activity have been encouraged to address cultural and linguistic differences for a diverse patient population related to this topic. A variety of resources are available that address these competencies. Additional resources and information can be found on our website, <http://cme.ucdavis.edu>.

BROCHURE ART CREDIT

Brochure images courtesy of Accreditation Council for Continuing Medical Education, UC Davis Public Affairs, shutterstock.com and stock.adobe.com.



Registration Form (please print)OCCUPATIONAL AND ENVIRONMENTAL MEDICINE SYMPOSIUM
MAY 14, 2016

First Name _____ M.I. _____ Last Name _____

☐ MD ☐ DO ☐ PhD ☐ PA ☐ NP ☐ RN ☐ MFT ☐ LCSW ☐ Other _____ Lic. # _____

Institution/Employer (as you would like it to appear on your badge) _____ Profession/Occupation _____

Address (where you would like your receipt mailed) _____

City _____ State _____ Zip Code _____

() _____ () _____

Day Phone _____ Fax Number _____

Email for link to electronic syllabus. UC Davis CME will not use your email for any purpose other than corresponding with you.

Physician information: Please indicate your primary medical specialty:☐ OM ☐ FP ☐ GP ☐ IM ☐ Other (specify) _____Please copy the mail code from the address side of the brochure (above your name, e.g. PPOM, MMSOM, CRDOM) _____ **Web**

Social Security Number (last 4 digits required for transcript purposes)

 - - If you did not receive a brochure in the mail, how did you hear about this conference?

(Example: PT&MG, UCD website, web search, magazine, friend)? _____

REGISTRATION FEES (Receipt/Confirmation will be mailed within two weeks)

	Early Discount	After April 30	On Site
Physician	☐ \$325	☐ \$400	☐ \$450
Other Health Care Professional	☐ \$275	☐ \$350	☐ \$405

ELECTRONIC SYLLABUS

The electronic syllabus will be available to pre-registered attendees online prior to the meeting for downloading and printing. A USB flash drive will be distributed at the conference.

☐ If you need disability accommodations at the meeting, please let us know by **April 30, 2016** and our representative will contact you.

Please note special dietary/food allergy requirements _____

Please check your payment method.**Mailed registration forms without check, credit card information or a purchase order number will not be processed until payment is received.**☐ Check enclosed payable to: **UC Regents** ☐ AMEX ☐ Discover ☐ MasterCard ☐ VISA**For your protection, do not fax or email your registration form with credit card information. Please mail your registration or contact our Registrar at (916) 734-5390 for assistance if you would like to use a credit card.**

Account Number _____ Expiration Date _____

Authorized Signature (name on card) _____

Please use ONE of these methods to register: (Do not mail if previously registered by telephone)

Mail this registration form and payment to:
Office of Continuing Medical Education
c/o UC Davis Cashier's Office
PO Box 989062
West Sacramento, CA 95798-9062Telephone: (916) 734-5390
Toll Free: 866-CME4EDU

Fax: (916) 734-0742



Registration

For Office
Use Only

OCMED16

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REGISTER ONLINE AT: <http://tinyurl.com/h2ygnhy>