

REGISTRATION FORM

(Pre-registration is required)

Registration deadline is November 24, 2017

(Please type or print clearly & register one person per form)

NAME AND DEGREE

(as to appear on conference information — up to two degrees only)

CME Credit Tracking Number

__|__ - __|__ - __|__|__|__|__
Month of Birth Day of Birth First 4 Characters of First Name

SPECIALTY _____

ORGANIZATION _____

DEPARTMENT _____

OFFICE ADDRESS _____

CITY/STATE/ZIP _____

OFFICE
PHONE _____ FAX _____

Home Address

CITY/STATE/ZIP _____

HOME PHONE _____

EMAIL ADDRESS _____
(You must provide an e-mail address to gain access to the on-line syllabus)

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Acknowledgements There are no financial conflicts of interest to disclose.

Do You Have Specific Questions?

If you have questions regarding any of the scheduled topics, write them on a separate sheet of paper and enclose with the registration form. Our faculty will do their best to include the information in their talk.

AGENDA

7:30 - 8 am	Registration
8 - 8:45 am	Introduction and Overview of IPT
8:45 - 10 am	The Initial Phase (Sessions 1 - 3)
10 - 10:15 am	Morning Break (refreshments provided)
10:15 - 11 am	The Intermediate Phase (Sessions 4 - 14)
11:00 - Noon	IPT Problem Area - Interpersonal Dispute
Noon - 1 pm	Lunch Break (on your own)
1 - 1:45 pm	IPT Problem Area - Role Transitions
1:45 - 2:30 pm	IPT Problem Area - Grief
2:30 - 2:45 pm	Afternoon Break
2:45 - 3:30 pm	IPT Problem Area - Interpersonal Deficits
3:30 - 4:15 pm	Termination Phase (Sessions 15-16)
4:15 - 4:30 pm	Q & A

Albany Medical College Faculty

Warren Wallis, Psy.D.

Associate Professor of Psychiatry, Department of Psychiatry

Dr. Wallis received training in the practice, supervision and teaching of IPT through the Veterans Administration's evidence-based training program over a period of five years. He has supervised trainees in the VA's certification program and taught IPT at SUNY Albany for the Department of Educational and Counseling Psychology. Dr. Wallis is a member of the International Society for Interpersonal Psychotherapy (ISIPT).

Introduction to Interpersonal Psychotherapy Workshop

**Friday, December 1, 2017
7:30am to 4:30pm**

Albany Medical College, MS 169
47 New Scotland Ave.
Albany, NY 12208

Sponsored by Albany Medical College's Department of Psychiatry and the Office of Continuing Medical Education.

Course Description

Interpersonal Psychotherapy (IPT) is an empirically supported 12-16 session treatment originally developed and validated in the National Institute of Mental Health's collaborative treatment of depression multi-center study in the 1980s. Since then, over 100 randomized clinical trials have been performed demonstrating the effectiveness of IPT for the treatment of depression, eating disorders, anxiety and PTSD in both individual and group therapy formats. Generally, research has demonstrated comparable effectiveness to Cognitive Behavioral Therapy (CBT). IPT combines focus and flexibility in ways that make it ideal for experienced therapists to incorporate into their practice. The treatment emphasizes systematic assessment and intervention into an individual's relationships to facilitate change.

Dr. Warren Wallis will utilize case-based discussion, videotaped demonstrations and mock role plays to assist learning.

This program has been certified to offer 7 continuing education credits for psychiatrists, psychologists, social workers and mental health counselors.

Target Audience: This course is designed for experienced psychiatrists, psychologists and social workers as well as trainees within these fields interested in developing foundational knowledge of IPT.

Objectives: Upon completion of this course participants will be able to:

- Understand the theoretical background of IPT.
- Understand the techniques and process of IPT
- Understand the similarities and differences between IPT and CBT for treating depression.

ACCREDITATION

Physicians: The Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

Albany Medical College designates this Live activity for a maximum of 7.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists: 7 CE credits have been approved for psychologists. The Foundation of the New York State Psychological Association, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. The Foundation of NYSPA maintains responsibility for this program and its content. Psychologists desiring a continuing education certificate will be charged \$20 (\$10 if a member of the New York State Psychological Association) at registration.

Social Workers: 7 Social Work Continuing Education hours are available through a partnership with University at Albany School of Social Welfare. University at Albany, School of Social Welfare is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0011.

Mental Health Counselors: 7 Licensed Mental Health Counselor Continuing Education hours are available through a partnership with UAlbany School of Social Welfare and School of Education. University at Albany, School of Social Welfare & School of Education, Continuing Education Program is recognized by the

New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0039.

Tuition includes course registration, access to the on-line syllabus material, and a morning beverage break (lunch is on your own).

Registration deadline is November 24, 2017

	By Oct.31	After Oct. 31
Professionals	\$175	\$200
Staff: AMC, CDPC & Stratton VA	50	75
Students	50	75
Students: AMC, CDPC & Stratton VA	Free	25

Refunds are possible if cancellation of registration is received in writing by November 1, 2017. An administrative fee of \$20 will be charged. After that date, no refunds are available.

Confirmation: All registrants will receive a confirmation. If you register and do not receive a confirmation notice within one week of your registration, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.

On-line Syllabus: Printed syllabus material will be available at the conference and on-line for a limited period of time after the conference. In order to receive access to the on-line syllabus material you must provide your e-mail address on the registration form. You will receive access information via e-mail. If you do not receive access information please call (518) 262-5828.

Parking is available at Albany Medical Center for a fee.

Need Information? For further information regarding this conference, contact the Office of Continuing Medical Education by phone @ (518) 262-5828, by fax @ (518) 262-5679 or by e-mail at pricej@mail.amc.edu. Be sure to visit the Albany Medical Center Website @ www.amc.edu.

Special Needs: Should you have disabilities, dietary restrictions or other requirements, please contact the Office of Continuing Medical Education at (518) 262 5828 by November 1, 2017 to discuss your needs.

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Please check method of payment:

☐ My check for \$ _____, payable to Albany Medical College is enclosed.

☐ Please charge my credit card for the amount of \$ _____

☐ MasterCard ☐ Visa ☐ American Express ☐ Discover

Card Number _____

Expiration Date _____

Name as it appears on credit card

Signature

Method of Registration: Fax or Mail

☐ **FAX** (518) 262-5679

Registrations accepted with credit card payment.
Fax registrations without credit card information will not be processed. This is a secure fax line.

☐ **MAIL** Return this form with payment to:

Albany Medical College
Office of Continuing Medical
Education, Interpersonal
Psychotherapy Workshop, MC-1, J408
47 New Scotland Avenue
Albany, NY 12208-3479

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OFFICE USE ONLY

Check #: B/P

Amount:

Date received:

C.C. Approval #:

Note: