



4th Annual

MENA PHYSICAL MEDICINE & REHABILITATION CONGRESS

31 October - 02 November 2019

Millennium Airport Hotel, Dubai, UAE

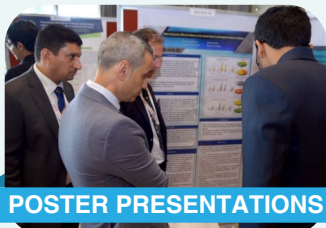
CME
ACCREDITED

Improving Lives through Interdisciplinary Rehabilitation Approach

Conference Days: 31 October - 1 November, 2019

Post-Conference Interactive Workshops: 2 November, 2019

Featuring



POSTER PRESENTATIONS



PRACTICAL WORKSHOPS



NETWORKING



REAL LIFE CASE STUDY
PRESENTATIONS



PANEL DISCUSSIONS

Benefits of Attending

- **Meet** top regional and international experts discussing the most pressing rehabilitation conditions and the current trends in physical medicine.
- **Join** interactive hands-on workshops that will enhance your learning experience featuring the latest techniques from expert faculty in the industry.
- **Gain** continuing medical education CME credit hours that will enhance your professional development.
- **Review** and discuss up-to-date treatments for Neurorehabilitation, Musculoskeletal conditions, Stroke rehabilitation and Paediatric rehabilitation.
- **Enjoy** interactive presentations, panel discussions covering the latest approaches and practical knowledge in the field of physical medicine and rehabilitation.

AN INITIATIVE BY



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Tabeey

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info@menaphysicalrehab.com

www.menaphysicalrehab.com

About the Event

After the huge success of the last year event, we are proudly announcing that **4th Annual MENA Physical Medicine and Rehabilitation Congress**, will be held during 31 October - 2 November, 2019 in Dubai, UAE. The 3-days congress is the main platform in the Middle East covering latest trends and developments in the field of Physical Medicine and Rehabilitation.

This year the congress aims to shed the light on the latest advances and technologies of physical medicine and rehabilitation practice to improve the quality and effectiveness of prevention and treatment of common rehabilitation cases. It covers various fields related to physical medicine, neurorehabilitation, musculoskeletal and sports medicine, and pain management and many more presented by leading local and global experts in the field.

Do not miss the opportunity to foster innovation and knowledge in the field of rehabilitation.

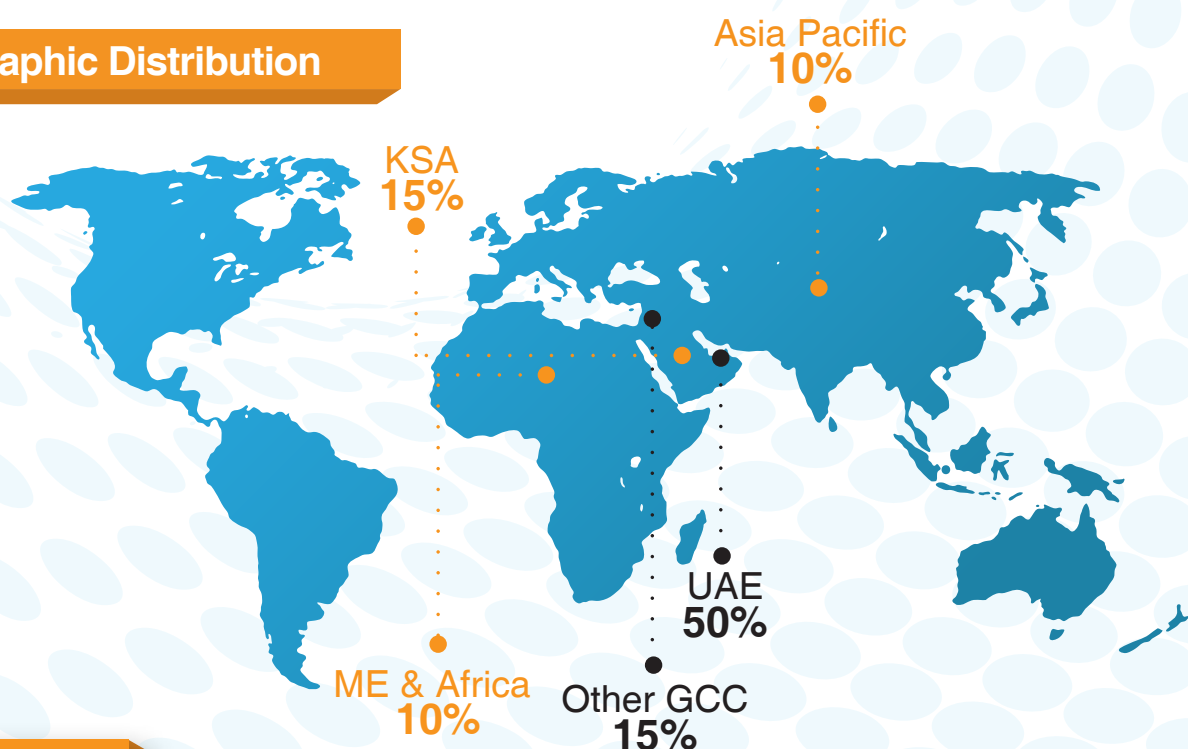
After enjoying the outstanding scientific conference, you will get the chance to enjoy Dubai, one of the most beautiful cities in the world, easily accessible from the entire world, vibrant and full of different touristic sites and activities.

We look forward to seeing you in Dubai this November!

Who should attend?

- Physiatrists (Physical Medicine & Rehabilitation Physicians)
- Physiotherapists
- Neurologists
- Orthopaedics
- Pain Medicine Physicians
- Sports Medicine Physicians
- Occupational Therapists
- Paediatric Rehabilitation Consultants
- Chiropractors
- Speech and Language Therapists
- Nurses
- Kinesiologists
- Pediatric Neurologists
- Neurosurgeons
- Orthopedic Specialists
- Orthopedic Surgeons
- Psychologists
- Researchers
- Other allied health professionals

Geographic Distribution



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VALUABLE FEEDBACK/ TESTIMONIALS

" The topics included in the congress were very informative and all the speakers presented the topics well. Thank you to all the members behind the congress. All the best for 2019 "

Ciby Tharakan, Physiotherapist, Dr. Magdi Iskander Physiotherapy Clinic, UAE

" Congress gave us more updated informations "

Jiss Jolly, Nurse, AMANA Healthcare, UAE

" Good job for selecting very knowledgeable speakers per topics discussed "

Catherine S. Arroz, Physiotherapist, Physiotherapist, UAE

" Versatile....covered wide variety of subjects "

Ahmed Al-shamary, Specialist Orthopaedic Surgeon, AHS, UAE

" Everything was excellent "

Mouza Albedwawi, Head of Physiotherapy and Rehabilitation / Senior Physiotherapist, Abu Dhabi Police Medical Services, UAE

" Good opportunity for networking "

Rida S. Baruni, Consultant and Chair Physical Medicine & Rehabilitation, Sheikh Khalifa Medical City. UAE

" Well organised "

Ranjeetha Phahalad, Senior Physiotherapist, SKGH, UAE

" Knowledgeable congress "

Malavika Mohan, Neuro Technologist, Saudi German Hospital Sharjah, UAE

WHO Attended MENA PMR 2018?



44%
Physicians



26%
Physiotherapists

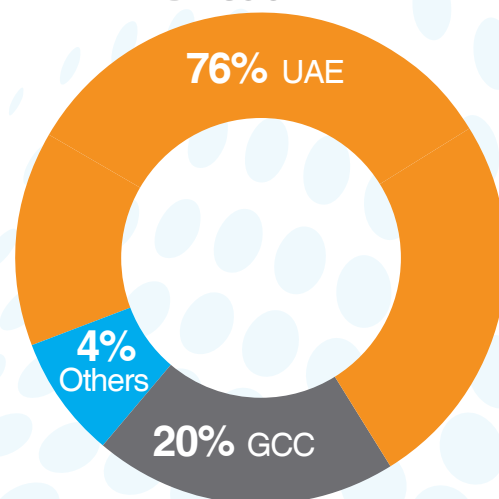


20%
Occupational therapists



10%
Other healthcare professionals

BY COUNTRY



Call for Abstracts

Submit your abstract to the Congress to be chosen for oral or poster presentation, the submission can be in any of the following areas: Neuro Rehabilitation, Pain Management, Musculoskeletal Rehabilitation, Paediatric Rehabilitation or any other topic related to Physical Medicine and Rehabilitation. This can be research, research in progress, case study or novel idea.

The highest **3 top-scoring** abstracts will receive an **award** in recognition of excellence in the field of physical medicine and rehabilitation and the first place winner will deliver a 10-minute presentation at the Congress.

Abstract submission deadline: 30 September 2019

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Scientific Committee

Sabahat Asim Wasti, MBBS; MRCPI; CST Rehabilitation Medicine (UK), Scientific Committee Chairman, Staff Physician (Neurorehabilitation), Neurology Institute, Rehabilitative Medicine, **Cleveland Clinic Abu Dhabi, UAE**
Ahmed Al Khayer, MRCSEd, FRCPGlas, MCHOrth, FEBPRM, FISQua, Medical Director, Consultant Physical Medicine & Rehabilitation, **NMC Provita International Medical Center, UAE**
Begad Abbas, MD, Specialist Physical Medicine and Rehabilitation, Head of the Department, **Mediclinic Hospitals Group, UAE**, Lecturer at Physical Medicine & Rehabilitation Department, Faculty of Medicine, **Ain Shams University, Egypt**
Khalid Anwar, BSc, MBBS, MRCP (UK) FRCPE, CCT (REHABILITATION MEDICINE), Consultant in Physical Medicine and Rehabilitation, Clinical Lead, **Amana Healthcare Medical and Rehabilitation Hospitals, UAE**
Kaydar Al-Chalabi, MD, Specialist Physician in Physical Medicine, Rheumatology & Rehabilitation, **Royal Medical Center, Neuro Spinal Hospital, UAE**
Mohamed Rami Al-Ahmar, MD, JB, Physical Medicine & Rehabilitation, Spinal injury Senior Specialist, **King Hussein Medical City, Jordan**
Nazakat Hussein, MB, BS, MRCS (Edinburgh), CCT (London), Clinical Director of Rehabilitation Medicine, **Cambridge Medical and Rehabilitation Center, UAE**
Suad Trebinjac, MD, MSc, PhD, Consultant in Physical Medicine & Rehabilitation (Physiatrist), Medical Director, **Dubai Physiotherapy & Rehabilitation Center**, Associated Professor, **Dubai Medical College for Girls, UAE**

Exclusive Speaker Faculty

Abdul karim Msaddi, MD, Medical Director, Head of Neurosurgical & Spinal Department Microsurgery-Minimally Invasive Brain & Spine Surgery, **Neuro-Spinal Hospital, UAE**
Abhishek Srivastava, MBBS, MD, DNB, MNAMS, PhD, Neurorehabilitation Specialist, Director, Physical Medicine & Rehabilitation, **Kokilaben Hospital, India**
Abir Abbassy, MD, MSc, MBBS, Physical Medicine & Rehabilitation, **Dubai Physiotherapy & Rehabilitation Center, UAE**
Aheed Osman, FRCS, M Med Sci, FEBPRM, MBChB Consultant Surgeon in Spinal Injuries, Honorary Senior Lecturer (Keele University), Midlands Centre for Spinal Injuries, **RJ & AH Orthopaedic Hospital, UK**
Ahmad Zaheer Qureshi, MBBS, FCPS (PMR), Sub-specialist Consultant, Physical Medicine & Rehabilitation, Director Stroke Rehabilitation Program, **King Fahad Medical City, Riyadh Saudi Arabia**
Ahmed Al Khayer, MRCSEd, FRCPGlas, MCHOrth, FEBPRM, FISQua, Medical Director, Consultant Physical Medicine & Rehabilitation, **NMC Provita International Medical Center, UAE**
Arshad Nawaz Malik, PT, HOD/ Associate Professor, Department of Physical Therapy, **Shifa Tameer-e-Millat University (STMU), Pakistan**
Begad Abbas, MD, Specialist Physical Medicine and Rehabilitation, Head of the Department, **Mediclinic Hospitals Group, UAE**, Lecturer at Physical Medicine & Rehabilitation Department, Faculty of Medicine, **Ain Shams University, Egypt**
Ehab Abdelaty, PhD, MSc, MBBS, Consultant Physical Medicine and Rehabilitation, **Dubai Health Authority, UAE**
Emela Mujic Skikic, MD, MSc, Specialist Senior Registrar- Physiatrist, **Rashid Hospital - Dubai Health Authority, UAE**
Farah Al Zaabi, MD, CCFP, FRCPC - Chronic Pain & Addiction, Medical Education Fellow, EMHA, DIO & Medical Director, Medical Education Consultant, Family Medicine & Chronic Pain Management, **Zayed Military Hospital, UAE**
Furqan Ahmed Siddiqi, Associate Dean Academics, **Foundation University Institute of Rehabilitation Sciences (FUIRS), Pakistan**
Gamal Youssef, MBBCh, Msc, MD, PhD, Consultant Phoniatics, ENT Department, **Dubai hospital, UAE**, Assistant Professor of Phoniatics, **Faculty of Medicine, Alexandria University, Egypt**
Gururaj Aithala, MD MMed MRCP(UK), FRCPC FRCPI, Consultant Paediatrician & Child Neurologist, **Latifa Hospital, UAE**
Mahesh Cirsanamabati, MD, CCT, Dip Sports Medicine, MRCS, PLAB, MBBS, Consultant, Clinical Director in Physical Medicine and Rehabilitation, **American Hospital Dubai, UAE**
Mohamed Farghaly, FRCGPI(UK), MRCGPI(UK), MDSc(UK), DIH (Ireland), MBChB (Alex), Consultant DHIC, Head Of Insurance Policies and Health Economics, Assoc. Professor, **Dubai medical college, Dubai Health Authority, UAE**
Mohamed Rami Al-Ahmar, MD, JB, Physical Medicine & Rehabilitation, Spinal injury Senior Specialist, **King Hussein Medical City, Jordan**
Mohammed Khader Alatwi, MBBS, SB PM&R, FRCPC Brain Injury and Concussion, Consultant Physical Medicine and Rehabilitation, **King Fahad Medical City, Riyadh, KSA**
Muhammad Naveed Babur, PhD (Rehabilitation Sciences), PDPT,BSPT,CCNR, Dean, **Faculty of Allied Medical Sciences, ISRA Institute of Rehabilitation sciences(IIRS), Isra University, Pakistan**
Nazia Mumtaz, PhD (Rehabilitation Sciences), CCNR,SK.M.S,SLP,Member, WFNR(UK), Assistant Professor, **Shifa Tameer-e-Millat University, Pakistan**
Sabahat Asim Wasti, MBBS; MRCPI; CST Rehabilitation Medicine (UK), Staff Physician (Neurorehabilitation), Neurology Institute, Rehabilitative Medicine, **Cleveland Clinic Abu Dhabi, UAE**
Salem Alkandari, MD, Head of Physical Medicine & Rehabilitation Department, **PMR Hospital, Kuwait**

Congress Day One

Thursday, 31 October 2019

- 08:30 | Registration, coffee and networking
08:50 | Welcome from Maarefah Management

Session I: Traumatic Brain Injury: Physical & Cognitive Rehabilitation

Moderator:

- 09:00 | Cognitive Rehabilitation in Brain injury Patient
Abhishek Srivastava, MBBS, MD, DNB, MNAMS, PhD
09:30 | Challenges in a Concussion, Where we are?
Mohammed Khader Alatwi, MBBS, SB PM&R, FRCPC
10:00 | Balance and Coordination Disorders after brain injury and Management strategies
10:30 | **Networking coffee break**

Session II: Stroke Rehabilitation

Moderator:

- 11:00 | Early mobilization rehab after stroke
Emela Mujic Skikic, MD, MSc
11:30 | Swallow and Dysphagia Management after Stroke
Gamal Youssef, MBBCH, Msc, MD, PhD
12:00 | Role of enhancing the outcome of stroke rehabilitation: The pharmaceutical Approaches
12:30 | **Networking lunch break**
13:30 | **Interactive Panel Discussion: Rehabilitation Quality and Economics - Present and Future**
Live discussion engaging panelists and audience, to share their perspectives & discuss the current economics in rehabilitation field, localization of talents to minimize international transfers, role of insurance & role of Local institutions. Brining together representatives from Government, Quality department in hospital, health economist, Insurance company & Rehab center
Mohamed Farghaly, FRCGPI(UK), MRCGPI(UK), MDSc(UK), DIH (Ireland), MBChB (Alex)

Session III: Pain Management

Moderator:

- 14:00 | The Effect of Worldwide Cross-cultural Variations on Chronic Low Back Pain Patients
Ahmed Al Khayer, MRCSEd, FRCPGlas, MCHOrth, FEBPRM, FISQua
14:30 | Current Rehabilitation Approach for managing Chronic back pain, "A treatment of chronic lower back pain. What is our target ?"
15:00 | Neuropathic pain Management in UAE
15:30 | Biomechanical of pain (knee, hip or foot)
Sabahat Asim Wasti, MBBS, MRCPI
16:00 | **Closing remarks and end of day one**

Congress Day Two

Friday, 01 November 2019

- 08:30 | Registration, coffee and networking
08:50 | Welcome from Maarefah Management

Session V: Advanced Practices in Rehabilitation

Moderator:

- 09:00 | Rehab Robotics: Paradigm Shift in Neurorehabilitation
Abhishek Srivastava, MBBS, MD, DNB, MNAMS, PhD
09:30 | Recent Advances in Rehabilitation- 3D printing for artificial limbs
Mahesh Cirasanmabati, MD, CCT, Dip Sports Medicine, MRCS, PLAB, MBBS
10:00 | **Networking coffee break**
10:30 | The Forgotten Trauma Team Member "Establishment of an acute Trauma Rehabilitation Program in Tertiary Center in Saudi Arabia"
Mohammed Khader Alatwi, MBBS, SB PM&R, FRCPC
11:00 | Regenerative Injection Therapy

Session VI: Spinal Cord Injury

Moderator:

- 11:30 | Early Rehabilitation of a spinal Cord injury Patient
Mohamed Rami Al-Ahmar, MD, JB
12:00 | **Friday Prayer and Networking lunch break**
13:30 | Rehabilitation of a patient with an active pressure ulcer
14:00 | Spinal Cord Injury care Model Pathway and Future direction
Aheed Osman, FRCS, M Med Sci, FEBPRM, MBChB

Session VII: Cerebral Palsy

Moderator:

- 14:30 | Current Trends in the Management of a Child with Cerebral Palsy
Gururaj Aithala, MD MMed MRCP(UK), FRCPC, FRCPI
15:00 | Comprehensive Approach in the Management of Handicapping Spasticity
Abdul karim Msaddi, MD
15:30 | Growing up with cerebral palsy: Transition from childhood to Adolescence
Salem Alkandari, MD
16:00 | **Networking coffee break**

Session VIII: Musculoskeletal Rehabilitation & Sports Medicine

Moderator:

- 16:30 | The benign hypermobility syndrome in Athletes (undiagnosed problems from Adolescence to adults)
Begad Abbas, MD
17:00 | Fibromyalgia and Chronic Fatigue Syndrome
Abir Abbassy, MD, MSc, MBBS
17:30 | Carpal Tunnel Syndrome – An update
Ehab Abdelaty, PhD, MSc, MBBS
18:00 | **Closing remarks and end of day two**

Post - Congress Workshops

Saturday, 02 November 2019

08:30 | Registration, coffee and networking

09:00 Workshop A: Ultrasound Guided Botulinum Toxin Injection Therapy in Post Stroke Spasticity Upper Limb Session

Workshop Leader:



Ahmad Zaheer Qureshi, MBBS, FCPS (PMR)

11:00 Networking coffee break

11:30 Workshop B : Management of Spasticity

13:30 Networking lunch break

14:30 Workshop C: International Standards for Neurological Classification of Spinal Cord Injury (ISNCSCI) Update

Workshop Leaders:



Mohamed Rami Al-Ahmar, MD, JB



Aheed Osman, FRCS, M Med Sci, FEBPRM, MBChB

16:30 Forum: Paradigm shift in rehabilitation sciences in developing countries

Exploration of interdisciplinary approach among rehabilitation professionals in stroke rehabilitation
Muhammad Naveed Babur, PhD (Rehabilitation Sciences), PDPT,BSPT,CCNR

Emerging trend in stroke rehabilitation in developing countries
Arshad Nawaz Malik

Challenging conventional approaches and exploring the next frontier of balance rehabilitation in geriatric population
Furqan Ahmed Siddiqi

Perception of burden and psychological stress in parents of hearing impaired and intellectually challenged children
Nazia Mumtaz, PhD (Rehabilitation Sciences), CCNR,SK.M.S,SLP

17:30 Closing remarks and end of workshops day

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4 WAYS TO REGISTER

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YES! Please register me

☐ **Gold**
2 Day Conference + Full access
to all workshops

☐ **Bronze**
2 Day Conference only

☐ **Workshops**

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DELEGATE DETAILS

Please complete in BLOCK CAPITALS as information is used to produce delegate badges.
Please photocopy for additional delegates and/or delegate with different addresses

DELEGATE 1 ☐ Mr ☐ Mrs ☐ Ms ☐ Dr ☐ Other

Name:

Organisation:

Title:

Tel:

Fax:

Email:

Website Address:

Nationality:

Age Group 18-24 ☐ 25-34 ☐ 35-44 ☐ 44-54 ☐ 55-64 ☐ 65+ ☐

Gold Pricing: • 2 Day Congress • Full Access To All Workshops	Early Bird	Standard Price
Physicians	USD 899	USD 999
Physiotherapists	USD 399	USD 499
Nurses	USD 399	USD 499
Students	USD 299	USD 299
Pharmaceutical Companies and Solution Providers	USD 1,999	USD 2,199

Bronze Pricing: • 2 Day Congress	Early Bird	Standard Price
Physicians	USD 699	USD 799
Physiotherapists	USD 299	USD 399
Nurses	USD 299	USD 399
Students	USD 199	USD 199
Pharmaceutical Companies and Solution Providers	USD 1,799	USD 1,999

Workshops day: USD 299

All our packages include the following:

- Lunch
- Networking Coffee Breaks
- Post Congress Presentation Access
- Certificate of Attendance

PAYMENT METHOD

☐ By Wire Transfer

☐ By Credit Card

Please debit my credit card: ☐ Visa ☐ Master Card

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Valid From: /

Expiry Date: /

Card Holders Name:

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Internal use only:

Registration received on:

Full payment received:

TEAM DISCOUNTS

Team discounts available on request.
Check for special group discount for registration of 3 or more. Call +971 4 361 9616 for more information.

VENUE AND ACCOMMODATION

Venue: **Millennium Airport Hotel**
Airport Road, Casablanca St,
Dubai, United Arab Emirates

Tel: +971 4 702 8888

Website: <https://www.millenniumhotels.com/ar/dubai/millennium-airport-hotel-dubai/>
Hotel and travel costs are not included in the registration fee.

ROOM RESERVATION

Special rate for room accommodation is available at the hotel. You may contact the Maarefah Management representative for more information.

TERMS AND CONDITIONS

Registration and Payment Policy

- All participants must register prior to congress admission.
- Pre-registered participants are advised to present a copy of their registration/payment slip at the onsite registration desk.
- Payment is due at the time of registration and includes lunches, refreshments, conference materials and certificate of attendance.
- Your registration will not be confirmed until payment is received in full.
- Cheque payment may only be made from UAE and in AED. Kindly contact us at info@menaphysicalrehab.com to discuss.
- EFT / Direct Deposit to be effected as per bank details on the invoice.
- Payment should be made within 7 days of invoice date.
- Payment can also be done through credit card or Paypal.

Discounts

- All early bird discounts require payment at the time of registration and before the early bird deadline in order to receive any discount.
- Discount offers cannot be combined with any other offer.

Cancellation Policy

- Registration cancellations must be notified in writing by email to the Maarefah's office in Dubai. Email: info@menaphysicalrehab.com
- Cancellations received 30 days prior to the event will receive a refund of the registration fees, less an administration charge of 100 USD of the congress fee.
- Cancellations made after, as well as 'no shows', are not eligible for a refund.
- Refunds will be processed 2 months after the event completion date.

Liability

- Maarefah reserves the right to amend any part of the Congress's programme if necessary at any time.
- Maarefah will not be held liable for damages of any nature sustained by delegates or accompanying persons, or loss of, or damage to their personal property as a result of attending the congress or its related events.
- While every consideration has been taken when presenting the demographics of the attendees in the programme, Maarefah doesn't guarantee the exact demographics of the congress attendees and can not be held responsible for the same.



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CME Accredited Conferences

2019 Events	Dates	Location
Dubai International Nursing and Midwifery Congress	24-25 Jan 2019	Dubai, UAE
Arab International Paediatric Medical Congress	14-16 Feb 2019	Dubai, UAE
Arab International Neonatal Medical Congress	14-16 Feb 2019	Dubai, UAE
International Cold Chain Management Congress *	18-19 Feb 2019	Riyadh, KSA
Middle East International Adult Vaccination Forum	14-15 Mar 2019	Manama, Bahrain
Middle East Pharma Cold Chain Congress *	23-24 Mar 2019	Dubai, UAE
Dubai International Paediatric Neurology Congress	04-06 Apr 2019	Dubai, UAE
Middle East Laboratory and Diagnostics Congress	18-20 Apr 2019	Dubai, UAE
RAK International Psychiatry Congress	19-20 Apr 2019	RAK, UAE
Dubai International Conference on Infectious Diseases and Vaccination	25-27 Apr 2019	Dubai, UAE
Dubai International Paediatric Dermatology Congress	25-27 Apr 2019	Dubai, UAE
GCC Healthcare Innovation Congress	28-29 Apr 2019	Dubai, UAE
Middle East Healthcare Financing Summit *	18-19 June 2019	Abu Dhabi, UAE
Middle East Healthcare Revolution Summit *	18-19 June 2019	Abu Dhabi, UAE
Middle East International Nursing and Midwifery Congress	21-22 June 2019	Dubai, UAE
Middle East Paediatric Medical Conference	27-29 June 2019	Istanbul, Turkey
Middle East Infectious Diseases Conference	28-29 June 2019	Istanbul, Turkey
Middle East International Pharmacy Conference	09-11 July 2019	Cairo, Egypt
MENA International Orthopaedic Congress	19-21 Sept 2019	Dubai, UAE
MENA Women's Health Congress	26-28 Sept 2019	Dubai, UAE
MENA Health Insurance Congress *	01-03 Oct 2019	Dubai, UAE
Oman International Paediatric Congress	10-12 Oct 2019	Muscat, Oman
Saudi International Laboratory and Diagnostics Congress	13-15 Oct 2019	Jeddah, KSA
Abu Dhabi International ID Week	23-26 Oct 2019	Abu Dhabi, UAE
GCC Pharmacy Congress	24-26 Oct 2019	Dubai, UAE
MENA Physical Medicine and Rehabilitation Congress	31 Oct-02 Nov 2019	Dubai, UAE
Dubai International Asthma, Allergy and COPD Forum	08-09 Nov 2019	Dubai, UAE
International Paediatric Medical Congress	14-16 Nov 2019	Dubai, UAE
International Neonatal Medical Congress	14-16 Nov 2019	Dubai, UAE
International Paediatric Surgery Congress	14-15 Nov 2019	Dubai, UAE
Middle East Pharma Excellence Congress *	19-20 Nov 2019	Dubai, UAE
Arab International Pharmacy Congress	26-28 Nov 2019	Riyadh, KSA
MENA Pharma Manufacturing Congress and Exhibition *	03-05 Dec 2019	Riyadh, KSA
Egypt Healthcare Advancement Summit	10-12 Dec 2019	Cairo, Egypt

* Not a CME Accredited Event