



AMERICAN  
OSTEOPATHIC  
ASSOCIATION

# OMED<sup>®</sup>24

Osteopathic Medical Education Conference

Sept. 20-22 • San Antonio, TX

## Conference Program

## Registration and Housing Open Early June! Come together to experience the distinctiveness of osteopathic education!

I am delighted to meet in-person in San Antonio, Texas at the Henry B. Gonzales Convention Center this September 20 to September 22.

The Osteopathic Medical Education Conference (OMED) is the American Osteopathic Association's (AOA) premier educational event. Presented annually, it is a conference that showcases osteopathic medicine across multiple specialties and is planned in conjunction with AOA specialty college affiliates. It brings together the osteopathic community and provides an opportunity for attendees to obtain high-quality education, discuss clinical science, and network with one another. In addition, this unique event affords the AOA the opportunity to continue to strengthen its relationship and partnership with osteopathic affiliated organizations, including colleges of osteopathic medicine.

Step into the spotlight with OMED, the only national osteopathic conference that underscores the crucial role of osteopathic physicians. By attending in-person, you'll immerse yourself in an enriching environment that fosters fellowship and camaraderie. Dive into a broad spectrum of educational tracks and social networking events tailored to meet your professional needs. Regardless of whether you're a seasoned professional, an up-and-coming physician, or an ambitious osteopathic student or resident, OMED is your platform to shine and grow. Join us at OMED for an unmatched experience that will redefine your professional journey!

The OMED 2024 conference program is your one-stop resource for everything you need - from viewing the conference schedule to gathering details about registration and hotel accommodations. But that's not all! Keep yourself updated with the latest additions to the specialty track sessions and activities by checking back frequently. We're constantly enriching our program to ensure an engaging, diverse, and dynamic experience.

By attending in-person you'll receive exclusive access to the OMED 2024 virtual platform from the afternoon of September 22 right through to December 31. The OMED 2024 virtual platform will have all in-person content in addition to bonus virtual sessions from eight additional specialties.

On behalf of Joel Feder, DO, Vice Chair, Council of OMED, the OMED 2024 Program Co-Chairs Heather Aguirre, DO, and Matt Esposito, DO, and the entire Council of OMED, we look forward to welcoming you to San Antonio, Texas!



Peter Ajluni, DO  
Chair, Council of OMED



**San Antonio, Texas  
Welcomes You!**

The registration fees are listed below. Attending in-person provides access to the virtual platform for post-event viewing and continuing education.

\*AOA Members Exclusive Pricing Promotion! Register AND Reserve a Hotel Room from June through July 31 at the special promotional price of only \$675! Added Bonus: The first 500 AOA members who take advantage of this exclusive promotion will receive two \$15 food vouchers to utilize at the convention center.

| Category                                          | Rates   |
|---------------------------------------------------|---------|
| AOA Member (AOA)                                  | \$975*  |
| AOA Non-Member (NM)                               | \$1,175 |
| Associate Members/Practice Managers (ASM)         | \$326   |
| Non-DOs (MDs, PhDs) (NDO)                         | \$1,175 |
| Retired AOA Members (RET)                         | \$300   |
| Military                                          | \$625   |
| Allied Health Professionals (RNs, NPs, PAs, etc.) | \$1,175 |
| Advocates of the American Osteopathic Association | \$150   |
| Affiliate Executive Directors/CEOs                | \$0     |
| Residents (R)                                     | \$75    |
| Students (S)                                      | \$50    |
| Pre-Medical Students                              | \$50    |
| Guests/children 13 and over                       | \$150   |
| Children 12 and under                             | \$0     |

The official housing provider for the AOA OMED conference is Maritz. The AOA OMED conference does not have influence over or responsibility for any reservations made through a housing company or group other than the AOA OMED conference official housing partner, Maritz. In recent years, several of attendees have informed the AOA OMED conference of housing solicitations (often fraudulent) from groups with no affiliation with the AOA OMED conference. It is encouraged to book hotel reservations through the AOA OMED conference provider, Maritz, and avoid providing information to any other company, even if they claim to be affiliated with the event.

The following hotels are the official AOA OMED24 conference hotels.

| Hotel Name                                                           | Room Rate   |
|----------------------------------------------------------------------|-------------|
| Grand Hyatt San Antonio River Walk (co-headquarters)                 | \$289 + tax |
| San Antonio Marriott Rivercenter on the River Walk (co-headquarters) | \$279 + tax |
| San Antonio Marriott Riverwalk                                       | \$279 + tax |
| Hilton Palacio del Rio                                               | \$249 + tax |
| La Quinta Inn & Suites by Wyndham San Antonio Riverwalk              | \$189 + tax |



- ★ Henry B. González Convention Center  
900 E Market St
- 1 Grand Hyatt San Antonio  
600 E Market St
- 2 Hilton Palacio Del Rio  
200 S Alamo St
- 3 San Antonio Marriott Rivercenter  
101 Bowie St
- 4 San Antonio Marriott Riverwalk  
889 E Market St
- 5 La Quinta  
303 Blum St

Advantages of Booking within the AOA OMED Conference Hotel Room Block:

- **Location** — All hotels are within walking distance of convention center.
- **Deep discounts** — The AOA group rate provides the best pricing during the OMED conference.
- **Best rate package** — The OMED rates remain the lowest.
- **Hotel reward points** — Add your hotel rewards to your reservation to earn loyalty points and enhance your hotel stay.
- **Support the industry** — Booking within the OMED hotel room block allows the AOA to provide a convention experience at a lower price point.

Hotel reservations can be made online through Maritz when completing your in-person registration. Housing opens in early June!

# » Continuing Medical Education (CME) Information



OMED24 is supported by independent educational grants from commercial interests. Complete information will be provided to participants prior to the activity. Conflict of Interest Disclosures for individuals in control of content will also be provided before the activity starts.

## Overall Education Objectives

- Highlight the evidence on new, revised, and standard treatment approaches for a variety of medical conditions as they relate to physicians
- Review revisions in clinical practice guidelines and evaluate clinical practice implications
- Describe updates in clinical decision tools for screening and differential diagnoses of diseases

## Designation

The American Osteopathic Association (AOA) designates this program for a maximum of 40 AOA Category 1-A Credits\* and 20 AOA Category 1-B Credits and will report CME credits commensurate with the physician's participation in this program. The AOA designates this blended activity for *60 AMA PRA Category 1 Credit™*.\*

Physicians should only claim the credit commensurate with the extent of their participation in the activity.

\*In-person attendees are eligible for a maximum of 60 AOA Category 1 Credits (40 1-A and 20 1-B) or *60 AMA PRA Category 1 Credit™*

## Claim 2 AOA Category 2-B Credits by Viewing ePosters

Participants may claim up to 2 AOA Category 2-B Credits by viewing ePosters at the link that will be provided closer to OMED. To claim this credit and receive a certificate, the participant must complete and submit a separate attestation form to [gdillard@osteopathic.org](mailto:gdillard@osteopathic.org). The AOA will email a certificate that includes the number of AOA Category 2-B Credits earned once the attestation form is received and the hours are verified.



The American Osteopathic Association (AOA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## CME/Certificate of Attendance

To claim your CME certificate or your certificate of attendance, you will need to complete an evaluation and CME credit hour attestation by January 31, 2025.

## Disclaimer

The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by the AOA. In no event will the AOA be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

# » OMED24 Preliminary Schedule of Events



OMED24 will bring together osteopathic physicians and healthcare teams for one event this September 20 to September 22 at the Henry B. Gonzales Convention Center in San Antonio, Texas. Earn up to 40 hours of AOA Category 1-A Credits and up to 20 hours of AOA Category 1-B Credits.

CME sessions, exhibits, general sessions, student sessions, ancillary meetings, and registration will take place in the Henry B. Gonzales Convention Center.

The AOF Honors Gala will take place at the Grand Hyatt San Antonio.

Other Alumni events and ancillary meetings will take place at the Marriott Riverwalk, Marriott River Center, or the Grand Hyatt San Antonio.

## Thursday, September 19

*All times listed are Central Standard Time*

| TIME            | EVENT                                                                |
|-----------------|----------------------------------------------------------------------|
| 8 a.m.-2 p.m.   | AOA BOT Meeting                                                      |
| 8 a.m.-5 p.m.   | AOCOPM: DOT Course (registration required)                           |
| All Day         | Explore San Antonio – View <a href="#">website</a> for various tours |
| 5:30-6 p.m.     | Specialty College Reception (by Invitation)                          |
| <b>6-7 p.m.</b> | <b>Non-Compete Time</b>                                              |
| 6-7 p.m.        | OMED Welcome Reception (all attendees)                               |
| 7 p.m.          | AOF LGBTQIA+ Event – <i>Tentative</i>                                |
| 7 p.m.          | Affiliate Events – Optional                                          |

## Friday, September 20

*All times listed are Central Standard Time*

| TIME                        | EVENT                                               |
|-----------------------------|-----------------------------------------------------|
| 6:15-7:45 a.m.              | Symposium – Tentative                               |
| <b>8-9:30 a.m.</b>          | <b>Non-Compete Time</b>                             |
| 8-9:15 a.m.                 | Main Stage: Keynote Speaker and Award Recognition   |
| 9:25-9:30 a.m.              | Exhibit Hall Ribbon Cutting                         |
| 9:30 a.m.-3 p.m.            | Exhibits Open                                       |
|                             | Innovation Hub; Interactive Area                    |
| 9:30 a.m.-12:30 p.m.        | CME (Didactic) Sessions                             |
| <b>12:30 p.m.-1:30 p.m.</b> | <b>Non-Compete Time</b>                             |
| 12:30 p.m.-1:30 p.m.        | Lunch and Learn – Tentative                         |
| 12:30 p.m.-1:30 p.m.        | Exhibit Hall Exclusive Hour                         |
|                             | Product Theaters                                    |
| 1:30-5 p.m.                 | CME (Didactic) Sessions                             |
| 2-3 p.m.                    | Innovation Hub: Digital Health Networking Reception |
| <b>6-9:30 p.m.</b>          | <b>Non-Compete Time</b>                             |
| 6-11:30 p.m.                | AOF Honors Gala (Separate Registration Required)    |

# » OMED24 Preliminary Schedule of Events



## Saturday, September 21

*All times listed are Central Standard Time*

| TIME                   | EVENT                                            |
|------------------------|--------------------------------------------------|
| 8 a.m.-12:30 p.m.      | CME (Didactic) Sessions                          |
| 8 a.m.-3:45 p.m.       | Student Track                                    |
| 9:30 a.m.-3 p.m.       | Exhibits Open                                    |
|                        | Innovation Hub; Interactive Area; Residency Fair |
| 12:30-3:45 p.m.        | Resident Track                                   |
| 12:30-3:45 p.m.        | Faculty Workshop                                 |
| <b>12:30-1:30 p.m.</b> | <b>Non-Compete Time</b>                          |
| 12:30-1:30 p.m.        | Lunch and Learn                                  |
| 12:30-1:30 p.m.        | Exhibit Hall Exclusive Hour                      |
|                        | Product Theaters                                 |
| 1:30-4 p.m.            | CME (Didactic) Sessions                          |
| <b>4-6 p.m.</b>        | <b>Non-Compete Time</b>                          |
| 4-5 p.m.               | Main Stage: Keynote Presentation and Awards      |
| 5-6 p.m.               | Networking Event                                 |
| After 6 p.m.           | Alumni Events                                    |
| 6-7 p.m.               | Student/Resident/BEL Reception                   |
| 6:30-8:30 p.m.         | OPAC Reception                                   |

## Sunday, September 22

*All times listed are Central Standard Time*

| TIME                  | EVENT                                                                |
|-----------------------|----------------------------------------------------------------------|
| 6:30-7:45 a.m.        | AAOA Fun Run ( <i>Separate Registration Required</i> )               |
| <b>7:45-8:45 a.m.</b> | <b>Non-Compete Time</b>                                              |
| 7:45-8:45 a.m.        | AOA Session-Breakfast Provided                                       |
| 9 a.m.-12 p.m.        | CME (Didactic) Sessions                                              |
| 9 a.m.-12 p.m.        | Student Track                                                        |
| After 12 p.m.         | OMED24 On-Demand Begins                                              |
| Afternoon             | Explore San Antonio – View <a href="#">website</a> for various tours |

## OMED On-Demand

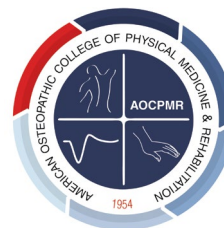
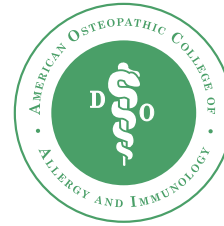
### September 22 (Afternoon) – December 31, 2024

Access all CME content through the virtual platform. All content from specialties participating virtually will be available for viewing on September 22.

# »» OMED24 Specialty College Participation



**OMED24**  
Osteopathic Medical Education Conference



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ACADEMY OF  
**SPORTS MEDICINE**

## Addiction Medicine

The **American Osteopathic Academy of Addiction Medicine (AOAAM)** is offering 15 hours of CME at OMED 2024. Educational sessions will inform practicing osteopathic physicians about improving clinicians' ability to treat substance use disorders in specialized health populations such as adolescents, pregnant women, healthcare professionals, and palliative care populations. There will be a particular focus on addiction in the rural population and consideration of how to increase access to care through novel care-delivery models such as mobile treatments and group-based virtual MOUD delivery as well as training resident physicians to practice addiction medicine in the rural context. In addition, special topics related to current practice will include navigating challenges related to the dramatic rise of methamphetamine, fentanyl, cannabis, designer drugs, and gambling in our populations.

## Allergy and Immunology

The **American Osteopathic College of Allergy and Immunology (AOCAI)** will present lectures covering topics on gene therapy, asthma, allergic rhinitis, and current recommendations on vaccinations. These presentations will explore the present use and future use of therapeutic options for genetic intervention; the mechanism of pesticide exposure that may trigger asthma attacks, exacerbate asthma, or increase the risk of developing asthma; the importance of the interaction of early exposure to microbes and the induction of immune tolerance; the different endotypes of rhinitis; and updates on the current recommendations of the Advisory Committee on Vaccination Practices (ACIP) and the Center for Disease Control (CDC).

## Family Medicine

The **American College of Osteopathic Family Physicians (ACOFP)** offers a diverse range of educational sessions covering innovative topics in Family Medicine. As Family Medicine plays a crucial role in healthcare, ACOFP ensures that its members are equipped with the latest knowledge and skills in the field. In collaboration with sister societies, ACOFP also provides interdisciplinary education, allowing healthcare professionals to learn from and collaborate with colleagues from different disciplines. With a focus on comprehensive and holistic healthcare, ACOFP is dedicated to advancing the practice of Family Medicine and promoting excellence in patient care.

## Military

Coming Soon!

## Neurology/Psychiatry

The **American College of Osteopathic Neurologists and Psychiatrists (ACONP)** educational sessions will cover a range of topics in the field such as headaches in pregnancy, happiness and resilience, cannabis use in psychiatric care, myasthenia gravis update, post-traumatic stress disorder, Prevent 2 Protect, Safe and Sound Schools, and much more.

## Occupational and Preventive Medicine

The **American Osteopathic College of Occupational and Preventive Medicine (AOCOPM)** will address current occupational, environmental, and preventive medicine topics. Topics will be divided into three divisions: public health and general preventive medicine, occupational medicine, and aerospace medicine. Focus areas within these divisions include correctional medicine, undersea hyperbaric medicine, and disability impairment medicine.

## Osteopathy

The **American Academy of Osteopathy (AAO)** will showcase distinguished faculty discussing the concepts of motion and stillness in osteopathic medicine. This will include special emphasis on lymphatics, gait issues, hypermobility, tremor, spasticity, concussion, and OMT on the sidelines. This engaging program will provide attendees with comprehensive and state-of-the-art information about how physicians can diagnose and treat these and other conditions in a comprehensive manner including utilization of a wide variety of OMT approaches.

## Pediatrics

The **American College of Osteopathic Pediatricians (ACOP)** plans to address current topics related to the care of children, including sessions on neonatal/perinatal medicine, adolescent medicine, pediatric infectious disease, immigrant health, pediatric hot topics, practical pediatrics, orthopedics, and OMM/OMT. In addition to the clinical topics, ACOP is also organizing a session to discuss the decline in students entering pediatric residencies and how to address the shortage.

## Physical Medicine and Rehabilitation

The **American Osteopathic College of Physical Medicine and Rehabilitation's (AOCPMR)** program will focus on optimizing physiatry and physical medicine and rehabilitation in today's healthcare environment. Educational session topics will include stroke care, anti-doping, tendinopathy, fMRI scans, TBI/concussion, an in-depth look at SIJ, and inpatient care, among other topics.

## Prolotherapy

The **American Osteopathic Association of Prolotherapy Regenerative Medicine (AOAPRM)** program starts with the basic skills required to perform a prolotherapy treatment. Platelet-rich plasma (PRP) is discussed as an advanced prolotherapy treatment for cases that are more complicated. The latest treatment modalities for the cervical, lumbar, and thoracic spine will be covered. Each day, the didactic sessions will conclude with practical clinical assessments.

## Sports Medicine

The **American Osteopathic Academy of Sports Medicine (AOASM)** will present "Sports Medicine: A Pathway to Whole Body Wellness." The program includes sports medicine topics relevant to physicians in all specialties. We will provide an in-depth review of common musculoskeletal conditions including diagnostic evaluation, management, and return-to-play considerations across pediatric, adolescent, adult, geriatric, and disabled athlete populations. The program will also explore concepts of wellness and fostering health, in addition to interventional management and rehabilitation of injuries. All topics will highlight the osteopathic approach to evaluation and management. We will also look at opportunities to engage populations and institutions that are underserved by Sports Medicine professionals. For additional information, contact the AOASM National Office at [info@aoasm.org](mailto:info@aoasm.org), or visit the AOASM website at [www.aoasm.org](http://www.aoasm.org).

# »» AOA Tracks Preliminary Descriptions



## Student Track

### Saturday, September 21, and Sunday, September 22

The OMED24 Student Track will kick off on Saturday, September 21, and all OMED attendees are welcome! The content, carefully selected by the Student Osteopathic Medical Association, will focus on supplementing the knowledge provided by the COMs and enhancing the opportunities for osteopathic medical students to match into their residencies of choice.

## OMED24 AOA Poster Session and Student Poster Competition

The AOA Bureau of Osteopathic Research and Public Health holds its Research Poster Session and Student Poster Competition annually during OMED. The Research Poster Session allows investigators to disseminate their research to a broader osteopathic audience. After a competitive Call for Research Abstracts, abstracts are selected for presentation in a poster format. Students whose research projects are selected can elect to participate in the Student Poster Competition. During this competition, student researchers present their research projects to teams of judges in a live, virtual format. Cash prizes are awarded to the nine top-scoring presenters. Accepted abstracts are published in The Journal of Osteopathic Medicine.

The OMED Exhibition provides the opportunity to learn more about the latest products and trends. [View the list of current exhibitors.](#)

## Exhibit Hours:

**Friday, September 20 – 9:30 a.m.-3 pm**

**Saturday, September 21 – 9:30 a.m.-3 pm**

OMED is more than just a conference. It's a platform for connecting with like-minded professionals who share your passion for osteopathic medicine. Expand your network, forge meaningful connections, and collaborate with colleagues who are at the forefront of the field.

Whether you're a seasoned practitioner or a budding osteopathic physician, OMED is the event you don't want to miss. Join us for this unparalleled gathering of the osteopathic community, and experience the power of knowledge, collaboration, and innovation.

## NEW! OMED Interactive Area

The OMED Interactive Area in the exhibit hall will provide a wide range of activities and community networking. Participants can unwind and engage in exciting activities while exploring the exhibit hall. Activities include: UIWSOM's Mobile Osteopathic Medicine vehicle, exercise, relaxation, cuddle station, and some local flair.

## NEW! Innovation Hub

The AOIA Innovation Hub will provide information on Artificial Intelligence (AI) and more!

## Member Central

Learn more about AOA member benefits. Stay tuned for more information on networking opportunities.

## Product Theaters

Learn about a specific cutting-edge topic during the lunch hour (lunch provided). More information coming soon!

## Food Outlets

Concession stands will be open in the exhibit hall.

San Antonio, Texas, offers a blend of history, culture, entertainment, natural beauty, and diverse culinary scene.

## Top reasons to come early or stay later to experience the city:

1. Historic attractions (the Alamo and Ghost Tours)
2. Vibrant downtown, shopping, nightlife, and the River Walk
3. Authentic cuisine
4. Theme parks and family-friendly attractions SeaWorld San Antonio and Six Flags Fiesta Texas

**[View tour options and special discounts](#)** for AOA OMED conference attendees.

The AOA and San Antonio are committed to providing a welcoming environment for all attendees. **[Learn more.](#)**



# OMED<sup>®</sup>24



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