The Professional Education Society invites you to join our CME/CE Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

Grand Japan Cruise

Osaka to Tokyo on Windstar Star Legend

April 6 – 16, 2019

10–Night Cruise Aboard a 212–Guest Yacht Exploring the Ancient and Modern Wonders of Japan

Join PES to discover the tranquil beauty of Japan, from ancient temples to modern skyscrapers, on an unforgettable 10-night cruise during the height of the spring cherry blossom season.

Cruise Itinerary Highlights:

- Experience the majestic views of **Mount Fuji** in **Shimizu**
- See **Tokyo**, a city brimming with both ancient and modern culture, where futuristic skyscrapers tower over traditional markets
- Observe the Peace Memorial Parks of **Nagasaki** and **Hiroshima**
- Visit **Kagoshima**, known as the "Naples of the Eastern World" for its warm climate, bay location, and active volcano, Mt. Sakurajima
- In **Shingu**, a small coastal city, visit two ancient and sacred shrines, both designated as UNESCO World Heritage Sites
- Travel to **Busan**, South Korea, a modern city known for its popular beaches, natural hot springs, and ancient Buddhist temples

Your Windstar Voyage Includes:

- Open-seating dining featuring fresh locally sourced ingredients, specialty dining under the stars, and 24-hour room service
- All non-alcoholic beverages, including soft drinks, juices, specialty coffee, tea, bottled water, and other specialty non-alcoholic drinks, with an option to add a wine and spirit package
- $100 shipboard credit per person if you book by September 24, 2018
- Complimentary onboard entertainment, including local performances, a watersports platform, and cooking demonstrations
- Ample leisure areas with a relaxed and casual ambiance, full service spa, fitness center, library, casino, outside Star Bar, hot tubs and swimming pool

PES
a division of Global Tracks, Inc.
CME/CE Cruise & Travel Seminars

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Medical/Dental Advances in Japan

This Seminar is Planned for up to 14 Continuing Education Credit Hours

Seminar Topics

- Healthcare System Overview
- Treatment and Prevention Strategies for Common Chronic Illnesses
- Dental Healthcare Updates: Delivery & Treatment
- Top Medical/Disease Issues: Challenges & Conquests
- Updates in Travel Medicine & Medicine at Sea
- Preventive and Intervention Strategies to Improve Population Health

Travel to Japan's most scenic ports, where ancient temples and traditions intertwine with innovative cities and contemporary culture

Date	Day	Port	Arrive	Depart
Apr 6	Sat	Osaka, Japan	Embark	6:00 pm
Apr 7	Sun	Takamatsu, Japan	7:00 am	6:00 pm
Apr 8	Mon	Hiroshima, Japan	8:00 am	5:00 pm
Apr 9	Tue	Karatsu, Japan	11:00 am	6:00 pm
Apr 10	Wed	Busan, South Korea	7:00 am	4:00 pm
Apr 11	Thu	Scenic Cruising: Hashima Island	6:00 am	7:30 am
		Nagasaki, Japan	10:00 am	7:00 pm
Apr 12	Fri	Kagoshima, Japan	9:00 am	6:00 pm
Apr 13	Sat	At Sea		
Apr 14	Sun	Shingu, Japan	7:00 am	6:00 pm
Apr 15	Mon	Shimizu, Japan	8:00 am	6:00 pm
Apr 16	Tue	Yokohama (Tokyo), Japan	7:00 am	Debark

WINDSTAR® CRUISES

Star Legend – 212-Guest, All-Suite Yacht

All Ocean View and Balcony suites are 277 square feet with a queen size or two twin beds, seating area with couch and chair, vanity desk, walk-in closet, flat screen TV with DVD, minibar, safe, bathroom with double sink granite countertop, full-size tub/shower combination, and hairdryer, plus slippers and a waffle-weave bathrobe.

Ocean View Suite

AmphorA Restaurant

PES Suite Rates*

Category	Early Booking Rates** Double Per Person	Early Booking Rates** Single Price	Rates after September 24, 2018 Double Per Person	Rates after September 24, 2018 Single Price
Ocean View Suites | 277 sq. ft.				
| S | Deck 4 | Forward	**$4,385**	**$7,672**	$4,599	$8,469
| S1| Deck 4 | Midship/Aft	**$4,669**	**$8,171**	$4,899	$8,994
| S2 | Deck 5 | Forward/Aft	**$4,954**	**$8,670**	$5,199	$9,519
| S3 | Deck 6 | Forward/Aft	**$5,239**	**$9,048**	$5,499	$10,044
Balcony Suites | 277 sq. ft.				
| BS | Deck 5 | Midship	**$5,999**	**$10,499**	$6,299	$11,444
| BS1 | Deck 6 | Midship	**$6,379**	**$11,164**	$6,699	$12,144
Premium Suites				
| CS | Classic Suite | Deck 5, 6 | Forward/Midship | *400-530 sq. ft.*	**$8,999**	**$18,419**	$8,999	$18,419
| OW | Owner's Suite | Deck 6 | Forward | *575 sq. ft.*	**$11,699**	**$23,819**	$11,699	$23,819

CME/CE Professional Seminar Fee: **$695**
Seminar Attendance Fee: **$450**

***Rates do not include port taxes of $421 per person.**
****Early Booking Rates** are valid until September 24, 2018 and include $100 shipboard credit per person
Double pricing is per person, based on double occupancy or two people per suite.
Single pricing is based on one person per suite and is capacity controlled by Windstar and subject to change.

Required Deposit:
Cruise: 15% of the total package price
Seminar: $200 per person
Final Payment Due: December 21, 2018

Optional Pre-Cruise: Tokyo & Kyoto Package

April 2 - 6, 2019

Immerse yourself in Japanese culture for 4 nights in Japan's greatest cities! Explore modern Tokyo, then travel via bullet train to discover ancient Kyoto with its traditional temples and shrines. *More details coming soon.*

The Professional Education Society invites you to join our CME/CE Lecture Seminar for Medical, Dental, Nursing and Allied Healthcare Professionals

Medical/Dental Advances in Japan

PES Mission Statement: Our mission is to provide quality global CME/CE programs for healthcare professionals, catalyzing opportunities for collaboration with national and international colleagues, while fostering cross-cultural perspectives and partnerships in healthcare education and the delivery of quality patient care.

Seminar Overview/Statement of Purpose:
Healthcare practitioners are currently faced with the challenges of both treating and preventing the ever-increasing incidence of chronic diseases in the US population. In addition, the need to adapt best practice models in the context of emerging healthcare reforms impacting patient care delivery and access to care is an important issue for all healthcare practitioners to address.

For the last 20 years, Japan has been ranked number one in the world in both life expectancy and healthy lifestyles, but Japan should not be complacent simply because of its high life expectancy. Japan's healthcare system is fundamentally a system of universal health insurance coverage. Japanese citizens belong to the national health insurance, workplace-based health insurance, or government-managed health insurance system. It is a free-access system with no gatekeepers that allows people to be examined and treated at the medical institutions of their choice, regardless of their symptoms. We explore these challenges with in-country professionals and provide opportunities for practitioners to enhance healthcare delivery models and best practices to prevent and control disease in cross-cultural environments.

Planned in Country Healthcare Topics Include:

- Healthcare System Overview
- Treatment and Prevention Strategies for Common Chronic Illnesses
- Dental Healthcare Updates: Delivery & Treatment
- Top Medical/Disease Issues: Challenges & Conquests
- Preventative and Intervention Strategies to Improve Population Health
- Updates in Travel Medicine & Medicine at Sea

Educational Goals: Our goal is to provide unparalleled CME/CE travel opportunities for healthcare professionals that combine their most passionate destination desires with their educational goals, fostering exceptional learning experiences, friendships and connections with national and international colleagues.

- Conduct educational healthcare programs to learn about best practice models reflecting current approaches in medicine and healthcare across different cultures for providing quality patient outcomes
- Provide professional educational exchanges with international colleagues, healthcare educational organizations and clinics to gain cross-cultural perspectives and updates in the treatment and prevention of disease
- Allow medical/healthcare professionals to compare current best practices in medical/healthcare delivery to provide quality patient outcomes in their own professional setting

Learning Objectives: Keep abreast of rapid expansion of medical knowledge and current best practice models on multiple topics to facilitate change and thus provide continually excellent patient care. By design, this program permits medical experts to collaborate with colleagues and international counterparts to realize cross cultural view points and updates within the treatment and prevention of disease and offers opportunities to compare and contrast current best practices to supply quality patient care and outcomes in their own professional setting.

Continuing Education Recognition Awards offered for healthcare professionals on this PES Program include:

Physicians: Programs are reviewed by the *American Academy of Family Physicians* for a minimum of 14 Prescribed Credit Hours. AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s) toward the AMA Physician Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

Dentists: The *Professional Education Society* is an ADA CERP Recognized Provider.

ADA C·E·R·P®
Continuing Education Recognition Program

ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.

The *Professional Education Society* designates this activity for a minimum of 14 continuing education credits.

Nurses: The *Professional Education Society* is approved by the California Board of Registered Nursing, Provider Number CEP 5428, for up to 14 contact hours. Although the California Board of Registered Nursing does not approve individual continuing education courses, providers are required by law to be approved by the Board. Reciprocity for continuing education hours for nurses is available in most states. Please check with your regulation board regarding requirements.

For Other Healthcare Professionals: Certificates of Attendance are issued to all participants attending credit sessions and can be submitted for credit approval to their professional board. In order to receive a Certificate of Attendance, registrants must sign-in, attend the programs and complete a program evaluation.

Tax Deduction: This healthcare seminar has been designed to comply with current IRS convention rules and deductibility requirements under Code Section 274(h)(1) as directly related to the conduct of the attendee's profession and meeting the reasonableness standard of the foreign seminar rules. The formal meetings will be scheduled with lectures and discussions. Seminars in conference rooms, clinics or hospitals will be conducted by in-country speakers as well as distinguished faculty of the Professional Education Society.

Documentation verifying the scheduling dates, locations, hours of attendance, certificate of participation, and appropriate certificate of continuing medical, dental or nursing education will be provided at the completion of the conference. Tax deductible benefits are not guaranteed, and we recommend that every attendee should consult with their Tax Consultant about their Individual situation to determine the appropriate amount and reporting of deductible expenses.