

# PSYCHIATRY UPDATE 2019

**SOLVING CLINICAL  
CHALLENGES, IMPROVING  
PATIENT CARE**

**MARCH 21-23, 2019**

**CHICAGO MARRIOTT DOWNTOWN  
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JOIN US ON CHICAGO'S MAGNIFICENT MILE FOR THIS HIGHLY-INTERACTIVE,  
LEARNING-FOCUSED MEETING

## TOPICS INCLUDE

- Alzheimer's Disease
- Women's Mental Health
- Depression
- Schizophrenia
- Mood Disorders
- Suicide
- Traumatic Brain Injury
- Psychopharmacology
- Gun Violence & Mass Shootings
- Behavioral Addiction
- Eating Disorders
- Physician Burnout

## MEETING CO-CHAIRS

**Richard Balon, MD**  
Wayne State University

**Donald W. Black, MD**  
University of Iowa Carver  
College of Medicine

## FACULTY

**Donald W. Black, MD**  
University of Iowa Carver  
College of Medicine

**Henry A. Nasrallah, MD**  
Saint Louis University School of  
Medicine

**Vivien K. Burt, MD, PhD**  
University of California,  
Los Angeles

**Charles Raison, MD**  
University of Wisconsin-Madison

**George T. Grossberg, MD**  
Saint Louis University  
School of Medicine

**Phillip J. Resnick, MD**  
CWRU School of Medicine

**Thomas W. McAllister, MD**  
Indiana University School of  
Medicine

**Patricia Westmoreland, MD**  
Colorado Psychiatric Association

**Sidney Zisook, MD**  
University of California  
San Diego

**[www.CPAACP-CME.com](http://www.CPAACP-CME.com)**

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### Physician Credit Designation

The University of Cincinnati designates this Live Activity  
for a maximum of 18 AMA PRA Category 1 Credits™.  
Physicians should claim only the credit commensurate with  
the extent of their participation in the activity.

## Dear Colleague:

On behalf of the American Academy of Clinical Psychiatrists and CURRENT PSYCHIATRY, we are pleased to present our 2019 Psychiatry Update.

This highly practical, educational meeting, will offer 2.5 days of clinically useful information and up to 18 CME Credits, including your entire year's ABPN Self-Assessment (SA) Requirement, plus credit toward your Maintenance of Certification (MOC).

In our interactive, learning-focused format, nationally renowned faculty will provide best practice information specifically designed to address the everyday challenges of improving outcomes for your patients.

As always, our meeting offers an outstanding opportunity for peer-to-peer learning and networking. With question and answers allotted for every session, there is ample time to share best practices and find solutions to your most difficult clinical challenges.

*Attend as a member!* AACP members enjoy many benefits, including an additional \$100 discount to attend the CURRENT PSYCHIATRY/AACP Update. Visit AACP.com for complete details.

We hope you can join us in Chicago.



Richard Balon, MD  
Meeting Co-Chair



Donald W. Black, MD  
Meeting Co-Chair  
AACP President

## ABOUT OUR VENUE

### CHICAGO MARRIOTT DOWNTOWN MAGNIFICENT MILE

540 North Michigan Avenue  
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Tel: 312-836-0100

We have arranged for discount room rates of just \$219 at the Chicago Marriott Downtown Magnificent Mile. To make your reservation, please call (312) 836-0100 and identify yourself as a CURRENT PSYCHIATRY/AACP 2019 participant. Discount rate expires **February 21st**. We urge you to make your arrangements as soon as possible as our room block will sell out.

**About the Chicago Marriott Downtown Magnificent Mile**  
Location, location, location! Make the most of your stay in Chicago. Magnificent shopping, renowned dining, and Chicago's top attractions – Navy Pier, Millennium Park, Theaters, and Museums – are all just a walk away from the Chicago Marriott Downtown Magnificent Mile.

➤ [www.CPAACP-CME.com](http://www.CPAACP-CME.com)

## MEETING CO-CHAIRS



### Richard Balon, MD

Professor of Psychiatry and Anesthesiology  
Associate Chair for Education  
Wayne State University  
Detroit, Michigan



### Donald W. Black, MD

Professor of Psychiatry  
University of Iowa Carver College of Medicine  
Iowa City, Iowa  
Immediate Past President  
American Academy of Clinical Psychiatrists (AACP)  
Iowa City, Iowa

## FACULTY



### Donald W. Black, MD

Professor of Psychiatry  
University of Iowa Carver College of Medicine  
Iowa City, Iowa  
Immediate Past President  
American Academy of Clinical Psychiatrists (AACP)  
Iowa City, Iowa



### Vivien K. Burt, MD, PhD

Professor, Emeritus of Psychiatry  
Geffen School of Medicine  
Co-Director, The Women's Life Center  
Resnick Neuropsychiatric Hospital  
University of California, Los Angeles  
Los Angeles, California



### George T. Grossberg, MD

Samuel W. Fordyce Professor  
Director, Geriatric Psychiatry  
Department of Psychiatry and Behavioral Neuroscience  
Saint Louis University School of Medicine  
St. Louis, Missouri



### Thomas W. McAllister, MD

Albert E. Sterne Professor and Chair  
Department of Psychiatry  
Indiana University School of Medicine  
Indianapolis, Indiana



### Henry A. Nasrallah, MD

Professor and Chairman  
Sydney W. Souers Endowed Chair  
Department of Psychiatry and Behavioral Neuroscience  
Saint Louis University School of Medicine  
St. Louis, Missouri



### Charles Raison, MD

Mary Sue and Mike Shannon Chair for Healthy Minds,  
Children & Families  
Professor, Human Development and Family Studies  
School of Human Ecology  
Professor, Department of Psychiatry  
School of Medicine and Public Health  
University of Wisconsin-Madison  
Madison, Wisconsin



### Phillip J. Resnick, MD

Director, Forensic Psychiatry  
Program Director, Forensic Psychiatry, UH Cleveland  
Medical Center  
Professor, Psychiatry, CWRU School of Medicine  
Cleveland, Ohio



### Patricia Westmoreland, MD

General Adult and Forensic Psychiatrist  
Eating Recovery Center  
President-elect  
Colorado Psychiatric Association  
Assembly Rep  
American Psychiatric Association  
Denver, Colorado



### Sidney Zisook, MD

Professor of Psychiatry  
Director, San Diego Residency Training Program  
University of California San Diego  
La Jolla, California

**The last 10 to 15 minutes of each session will be used for Q&A.***(Schedule and faculty are subject to change. Visit [www.CPAACP-CME.com](http://www.CPAACP-CME.com) for updates.)***THURSDAY, MARCH 21, 2019**

- 7:00 am Breakfast/Exhibits
- 7:15 am Breakfast Symposium
- 8:15 am Welcome  
Richard Balon, MD
- 8:30 am Incorporating the Science of Inflammation into the Pharmacologic Treatment of Depression  
Charles Raison, MD
- 9:30 am Eating Disorders:  
• Ethical Issues  
• Special Considerations  
• Young Populations (college)  
Patricia Westmoreland, MD
- 10:30 am Break/Exhibits
- 11:00 am Mass Shootings and Gun Violence  
Phillip J. Resnick, MD
- 12:00 pm Understanding of Benefits and Risks of Standard Antidepressants  
Charles Raison, MD
- 1:00 pm Lunch
- 1:15 pm Luncheon Symposium
- 2:15 pm Dessert/Exhibits
- 2:45 pm Risk Assessment of Violence  
Phillip J. Resnick, MD
- 3:45 pm Winokur Award Presentation
- 4:00 pm Behavioral Addictions:  
• Compulsive Shopping  
• Sex Addiction  
• Internet Gaming Disorder  
Donald W. Black, MD
- 5:00 pm Refreshment Break/Exhibits
- 5:15 pm Eating Disorders: Multidisciplinary Management  
Patricia Westmoreland, MD
- 6:15 pm Evening Adjournment

**FRIDAY, MARCH 22, 2019**

- 7:00 am Breakfast/Exhibits
- 7:10 am Breakfast Symposium
- 8:15 am Suicide Evaluation  
Sidney Zisook, MD
- 9:15 am Morning Symposium
- 10:30 am Break/Exhibits
- 11:00 am Helping Patients Make Decisions About Psychotropic Drugs in Pregnancy  
Vivien K. Burt, MD
- 12:00 pm Psychiatrist Burnout  
Sidney Zisook, MD
- 1:00 pm Lunch
- 1:15 pm Luncheon Symposium
- 2:15 pm Dessert/Exhibits
- 2:30 pm Blue Moods and Hot Flashes: Treating Perimenopausal Depression  
Vivien K. Burt, MD
- 3:30 pm Gambling Addiction: Implications for Treatment  
Donald W. Black, MD
- 4:30 pm Novel and Unconventional Treatments for Schizophrenia  
Henry A. Nasrallah, MD
- 5:30 pm Late-Life Mood Disorders: Novel Treatment Approaches  
George T. Grossberg, MD
- 6:30 pm Evening Adjournment
- 6:45 pm AACP Member's Reception (Member's only. Visit [aacp.com](http://aacp.com) for details.)

**SATURDAY, MARCH 25, 2019**

- 7:00 am Breakfast
- 7:10 am Breakfast Symposium
- 8:15 am Serious Medical Side-Effects of Antipsychotic Drugs  
Henry A. Nasrallah, MD
- 9:15 am Morning Symposium
- 10:15 am Refreshment Break
- 10:30 am Traumatic Brain Injury (TBI): Part 1  
Thomas W. McAllister, MD
- 11:30 am Neuroanatomic and Neurochemical Substrates of Behavioral Symptoms in Alzheimer's Disease  
George T. Grossberg, MD
- 12:30 pm Traumatic Brain Injury (TBI): Part 2  
Thomas W. McAllister, MD
- 1:30 pm Conference Adjournment

**LEARNING OBJECTIVES**

At the conclusion of this activity, participants should be able to:

- Compare current pharmacologic and nonpharmacologic treatment strategies for management of a range of disorders, including Women's Mental Health, Depression, Schizophrenia, Suicide, Geriatric Psychiatry, Alzheimer's Disease, Psychopharmacology, Mood Disorders, Gun Violence & Mass Shootings, Physician Burnout and Traumatic Brain Injury.
- Discuss individualized treatment approaches to psychiatric and neurological disorders in special populations, including women, physicians, and the elderly.
- Interpret controversies in psychiatric management.
- Recite several advances in schizophrenia.
- Recognize the relationship of TBI to psychiatric disorders such as depression and PTSD.

**ACCREDITATION INFORMATION**

Jointly provided by the University of Cincinnati and Global Academy for Medical Education. The American Board of Psychiatry and Neurology has reviewed the CURRENT PSYCHIATRY/AACP 2019 Psychiatry Update Presentation and has approved this program as part of a comprehensive CME program, which is mandated by the ABMS as a necessary component of maintenance of certification (MOC). The activity awards 18 AMA PRA Category 1 Credits™ and 8 Self-Assessment Category 1 CME credits.

**Who Should Attend:** This activity is designed for general and geriatric psychiatrists, pharmacists, nurse practitioners, physician assistants, nurses, psychologists, social workers and other mental health professionals interested in treating patients with Alzheimer's Disease, Women's Mental Health, Depression, Schizophrenia, Mood Disorders, Suicide, Traumatic Brain Injury, Psychopharmacology, Gun Violence & Mass Shootings, Behavioral Addiction, Eating Disorders and Physician Burnout.

**ACCREDITATION**

**Physician Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and Global Academy for Medical Education, LLC. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

**Physician Credit Designation:** The University of Cincinnati designates this Live Activity for a maximum of 18 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Physician Assistants Credit Designation:** The American Academy of Physician Assistants (AAPA) accepts AMA PRA Category 1 Credits™ from organizations accredited by the ACCME.

**Nurses:** An application has been submitted for nursing continuing education contact hours.

**Pharmacists:** An application has been submitted for pharmacy continuing education credits.



**TOPICS INCLUDE** ADHD • Alzheimer's Disease • Women's Mental Health • Depression • Schizophrenia  
• Mood Disorders • Suicide • Traumatic Brain Injury • Psychopharmacology • Gun Violence & Mass Shootings  
• Behavioral Addiction • Eating Disorders • Physician Burnout

This activity has been approved for a maximum of 18 AMA PRA Category 1 Credits™

Earn credit toward your MOC!

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Here's what your colleagues said about  
previous **Current Psychiatry/AACP** meetings:

*"This was the best CME conference I've attended  
in a long time, in terms of content and speaker  
skill and knowledge."*

*"High-quality speakers, good crowd size, and  
diversity of opinions."*

*"Very clear and informative presentations. Salient points were  
made concisely and clearly. Enjoyed the 3-day conference  
thoroughly. It was very well organized and extremely  
informative and of great practical and clinical relevance."*

*"Really enjoyed it. The conference has been very  
positive. I will come back and recommend it to  
colleagues. Thank you!"*

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## COURSE REGISTRATION FORM

FIRST NAME LAST NAME

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☐ AACP MEMBER NPI/LICENSE # \_\_\_\_\_

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### TO REGISTER:

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By Fax: 201-822-6114

By E-mail: [cpaacp@globalacademycme.com](mailto:cpaacp@globalacademycme.com)

By Mail: c/o Jennifer Meade

Global Academy for Medical Education

7 Century Drive, Suite 301 Parsippany, NJ 07054

|                 | UNTIL<br>NOV 16 | NOV 17-<br>DEC 17 | DEC 18-<br>JAN 28 | AFTER<br>JAN 28 |
|-----------------|-----------------|-------------------|-------------------|-----------------|
| Physicians/PhDs | \$495           | \$595             | \$650             | \$695           |
| AACP Members    | \$395           | \$495             | \$550             | \$595           |
| NPs/PAs/RNs     | \$395           | \$495             | \$550             | \$595           |
| Residents       | \$195           | \$195             | \$195             | \$195           |

**Great Value!** Price includes access to all scientific sessions,  
continental breakfast Thursday, Friday, and Saturday, lunch  
Thursday and Friday, plus your copy of the workbook.

**Cancellation Policy:** A refund less a \$50 administrative fee as follows:  
You may cancel your registration using our online registration system prior to  
February 2, 2019. After February 2, 2019 no refunds will be granted. After the refund  
date, you have two options: you can transfer your registration to another party using  
our online registration system, or receive a credit in the amount you paid less a \$50  
administrative fee to be applied to your registration for next year's conference.  
Refunds will not be issued to no-shows.

Global Academy for Medical Education is not responsible for nonrefundable,  
nontransferable airline tickets or hotel accommodations purchased for attendance  
at this course. The registration fee covers attendance to the scientific meeting,  
continental breakfasts, coffee breaks, lunches when provided, and exhibits.

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