

A Practical Guide to Effective Nurse Prescribing for Pain

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For Current and Aspiring Nurse Prescribers

Monday 18 March 2019 De Vere West One Conference Centre, London



Chair and Speakers Include:

Sharon Kitcatt

*Deputy Module Leader for
Non-Medical Prescribing
Kings College London*

Dr Deborah Robertson

*Consultant Editor
The Journal of Nurse
Prescribing*

Lesley Wright

*Consultant Nurse Chronic Pain
Kent Community Health
Services NHS Trust*

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"Nurses need to do more to assess the effectiveness of pain relief when working with older patients, according to those involved in a new campaign launched today by the British Pain Society." Nursing Times, October 2017

This important national conference provides an essential update for current and aspiring nurse prescribers on prescribing for pain. Pain is a growing area of nurse prescribing and one of the most common areas, in a survey of the Association for Prescribers members 50% of members prescribed for pain (Karen Stenner, University of Surrey). This makes it essential that nurse prescribers maintain the competence and skills to prescribe for pain in an effective way, working with patients to improve pain outcomes.

The conference will also discuss the role of the Prescribing Competency Framework in supporting non medical pain prescribing standard as proposed by the NMC:

"We propose to adopt the Royal Pharmaceutical Society's Single competency framework for all prescribers as our new standards of proficiency for nurse and midwife prescribing practice....we anticipate formally adopting the Royal Pharmaceutical Society's Single competency framework for all prescribers as our practice standards from spring 2018. Education providers may adopt these standards of proficiency as 'early adopters' from September 2018, and all programmes would be expected to adopt these standards of proficiency by September 2019." NMC June 2017

Through national updates and extended interactive practical case studies delegates will hear how to develop and maintain prescribing competence, and how to develop effectiveness in post qualification practice. Extended sessions developing prescribing competence and confidence, medication management, managing medication safety and preventing medication errors and overcoming the barriers to effective pain management.

This conference will enable you to:

- Network with colleagues who are working to improving non medical prescribing for pain
- Learn from outstanding practice in management of pain
- Develop your skills in pain assessment
- Learn how to use the National Prescribing Competency Framework as proposed by the NMC
- Understand how to effectively develop, demonstrate and maintain continued competence in Prescribing for Pain
- Reflect on lessons from experts in non medical prescribing for specific case study areas with in depth interactive sessions focusing on Pain Assessment, Chronic Pain, Inpatient Pain, Pain in the Older Person, Cancer and End of Life Care Pain including Symptom Control
- Working with patients with co-morbidity
- Identify key strategies for improving non medical prescribing practice for pain
- Develop your role and confidence as a non medical prescriber
- Self assess, reflect and expand your skills in prescribing practice whilst understanding your limits of practice

10.00 Chair's Welcome and Introduction: Nurse prescribing for pain – Update – Where are we now?

Sharon Kitcatt

*Deputy Module Leader for Non-Medical Prescribing
Kings College London*

10.20 EXTENDED SESSION: Prescribing for Pain and the National Prescribing Competency Framework

Dr Deborah Robertson

*Consultant Editor
The Journal of Nurse Prescribing
& Lecturer, School of Health and Social Care
Salford University*

- maintaining competence in prescribing practice
- the National Prescribing Competency Framework in supporting non medical prescribing for pain as proposed by the NMC
- prescribing governance and accountability
- understanding individual limitations of prescribing practice
- prescribing for pain in comorbid conditions with polypharmacy

11.20 Question and answers, followed by tea & coffee at 11.30

Extended Interactive Sessions: Case studies in practice

11.50 Pain management and some of its many facets through case study presentation

Inge Bateman

*Lead Clinical Nurse Specialist In-patient Pain Service
Western Sussex Hospitals NHS Foundation Trust
& External Reference Group Member
The National Prescribing Competency Framework*

- comprehensive pain assessment
- treatment decisions in a modern NHS

12.30 EXTENDED SESSION: Nurse prescribing for in-patient pain

Harriet Barker

*Lead Nurse Pain Services, Nurse Independent Prescriber
Non Medical Prescribing Lead, Schwartz Round Facilitator
Ashford and St Peters NHS Foundation Trust*

- nurse prescribing for in-patient pain: the practicalities
- governance of non medical prescribing
- my experience as a pain nurse prescriber
- improving nurse prescribing practice on the wards
- non medical prescribing as part of the ward round
- developing advanced roles around nurse prescribing
- coaching and mentoring for current and aspiring nurse prescribers
- interactive question session

13.10 Question and answers, followed by lunch at 13.20

14.00 EXTENDED SESSION: Pain and opioids: approaches to minimise risks

Christine Waters

Senior Clinical Nurse Specialist for Professional Development

with Claire Ross

*Senior Clinical Nurse Specialist
West Suffolk Community Management Pain Service*

- Lesson learnt from the US opioid epidemic
- Shared decision making: understanding the risks and benefits of opioids
- Non pharmacological approaches: how can a NMP promote and support self management within a consultation?
- Opioids Aware on line resource and key messages
- Safety and opioids: what does a patient need to know?
- Prescription opioids: recognising risk factors
- Pain management: keeping your knowledge up to date, accessing education, training and resources
- Opioid prescribing and deprescribing: sharing and learning from good practice

15.00 Nurse prescribing for cancer pain and end of life care including symptom control

Fiona Dorrington

*Macmillan Principal Pharmacist Palliative Care
Frinley Health NHS Trust and Thames Hospice*

- nurse prescribing for cancer pain and end of life care
- demonstrating continued competence to prescribe
- prescribing for symptom control
- the role of prescribing in supporting advanced practice
- our experience

15.40 Question and answers, followed by tea & coffee at 15.50

16.10 Managing pain in the older person

Linda Nazarko OBE

*Consultant Nurse Physical Healthcare
West London Mental Health NHS Trust*

- considering the effects of aging and comorbidities
- considering drug interactions
- working with the older person to identify and manage side effects
- working to improve concordance
- interactive discussion

16.40 Prescribing for Chronic Pain – What to do when the drugs don't work

Lesley Wright

*Consultant Nurse Chronic Pain
Kent Community Health NHS Foundation Trust*

- prescribing for chronic pain
- ensuring a whole person approach and shared decision making
- tips and advice for nurse prescribers for chronic pain

17.10 Question and answers, followed by close

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De Vere West One, 9-10 Portland Place, London, W1B 1PR.
A map of the venue will be sent with confirmation of your booking.

Date Monday 18 March 2019

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
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