Pediatric Upper Extremity Handling Seminar – Towards Participation Goals

LEVEL: INTRODUCTORY **FOCUS:** PEDS **TYPE:** OPEN **CONTINUING EDUCATION HOURS:** 19.50

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An NDTA member or non-member account is required in order to register for this seminar.
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DATES

3-DAY: October 29-31, 2021

INSTRUCTOR

Kate Bain, OT, C/NDT

TARGET AUDIENCE: OT, PT, SLP

HOST

Texas Children's Hospital
Feigin Center
1102 Bates, 14th Floor Conference Room D
Houston, TX 77030

NDTA Members: $375 Non Members: $500

Full refund of the seminar registration fee, less $50 administrative fee, will be granted upon receipt of a written request received no later than 30 days prior to the start date of the seminar. Cancellations by the attendee less than 30 days from the start date are not eligible for a refund.

AOTA CLASSIFICATION CODES

1. Domain of OT: Performance Skills
2. Occupational Therapy Process: Intervention
3. Professional Issues: OT Education

SEMINAR DESCRIPTION

This course includes didactic, lab and video treatment demonstrations for participants to analyze typical and atypical task-based posture and movement control, focused on the upper extremities – in relation to other body segments. The central theme will be learning about and practising handling/treatment strategies towards goal-related functional change in requested daily tasks. In addition, participants will have an opportunity to learn about research in contemporary NDT, but particularly with a focus on clinical functional outcome measurement related to, for example, upper extremity function. **Equipment required: Bring the small, hand-sized toys as indicated in the equipment form.**

SEMINAR OBJECTIVES Course participants will learn to:

- Identify typical components of posture and movement of the upper extremity (proximal and distal) – as functionally related to other body segments
- Analyze posture and movement as it relates atypical components of posture and movement of the upper extremity (proximal and distal) – as functionally related to other body segments
- View and discuss video-based functional, upper extremity, goal-based contemporary NDT intervention
- Practice a variety of upper extremity-focussed, goal-based NDT treatment strategies (proximal and distal); functionally related to other body segments
- Review aspects of upper extremity-based functional outcome measurement and research utilizing an NDT measurement model

CONTINUING EDUCATION: **19.50 Continuing Education Hours** will be awarded upon successful completion of this NDTA approved seminar. 19.50 Continuing Education Hours are available towards NDT Re-Certification. PT CE Hours will be available in the host state of the seminar. Attendees will need to self apply in all other states.

AOTA CEUS: 1.9 AOTA CEUS/Contact Hours **ASHA CEUs:** This program is offered for 1.95 CEUs (Introductory Level; Professional Area).

APPROVED PROVIDER of CONTINUING EDUCATION by The American Occupational Therapy Association, Inc.

The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

APPROVED PROVIDER ASHA CONTINUING EDUCATION

The Neuro-Developmental Treatment Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

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INSTRUCTOR BIO

Dr. Kate Bain, OT, C/NDT, received a Diploma of OT at Lincoln Institute in Melbourne, and a Bachelor of Applied Science (OT) at Curtin University in Perth, Australia. She graduated as a Doctor of Health Science at Sydney University in March, 2012, and is an Adjunct Senior Lecturer at Southern Cross University. Her research project and the recent RCT explored the impact of NDT on the performance of daily living tasks in children with cerebral palsy. She is certified in SiPT, and in Neuro-Developmental Treatment (USA), and completed further studies in the USA to become an NDTA Paediatric OT Instructor in 1998. She is the co-founder of both Children's Therapy Services and the Kids+ Foundation in Geelong, Victoria, and is the Director of Paediatric Therapy & Workshops, which includes postgraduate education, clinical intensives, and research. Her enthusiasm lies in combining these roles – in Australia and internationally – towards families and children achieving their functional goals through playful intervention.

Financial Disclosure: Dr. Kate Bain, OT, C/NDT receives an honorarium from NDTA™ for the presentation of this live course.

Non-Financial Disclosure: Dr. Bain uses the NDTA™ practice model in her treatment of children with neuromuscular challenges, and participates in leadership roles within the NDTA™ organization.

COURSE SCHEDULE

DAY ONE (6.50 hours)*

7:30 – 8:00 . . . . . Registration
8:00 – 9:45 . . . . . Functional Relationships Shoulder Girdle and UEs / LAB
10:00 – 11:30 . . . . . Functional Relationships Shoulder Girdle and UEs / LAB
1:30 – 3:00 . . . . . Functional Relationships Shoulder Girdle and UEs / LAB
3:15 – 5:00 . . . . . LAB

DAY TWO (6.50 hours)*

8:00 – 9:00 . . . . . Questions
9:00 – 11:30 . . . . . SG & LAB: Functional Relationships (continues)
1:30 – 5:00 . . . . . Lower Arm and Hand Functional Relationships & LAB

DAY THREE (6.50 hours)*

8:00 – 11:00 . . . . . Evaluation, Video Treatment Demonstrations and Discussion of Concepts
11:00 – 11:30 . . . . . Lower Arm and Hand Functional Relationships Lower Arm and Hand
1:30 – 3:00 . . . . . Functional Relationships Lower Arm and Hand
3:15 – 5:00 . . UE-based Functional Outcome Measurement and Research: NDT Measurement Model

*** One 1-hour lunch break and two 15-minute breaks are provided.**

For questions, please email info@ndta.org or call 800-869-9295.