



The James Cook Regional Anaesthesia Course

Monday 16 & Tuesday 17 April 2018

**Hull York Medical School, John Hughlings Jackson Building, University of York,
Heslington, York, YO10 5DD (new location!)**

County Durham and Darlington 
NHS Foundation Trust



Hull York Medical School

South Tees Hospitals 
NHS Foundation Trust

Early bird registration £350 (before 5 Jan 2018), Late registration £400
(course dinner available at an additional cost of £25)

apply online at www.jcrac.co.uk or complete and return the attached application form.

Further information contact zoe.holland@tees.nhs.uk or 01642 282825

Approved by RCA for 10 CPD Points
Previously approved for ESRA Diploma

The 15th James Cook Regional Anaesthesia Course will be held this year in the beautiful city of York, a comprehensive 2-day course which includes:

- Demonstration of relevant anatomy to regional anaesthetists on cadavers by Anatomy Lecturers at York University
- Small group work teaching (4-5 delegates per instructor)
- Side by side cadaveric learning and scanning on volunteers
- Hands-on learning of needle techniques and catheters on phantoms
- Opportunity to discuss tips and tricks with international experts in ultrasound regional anaesthesia



"This was the best workshop that I attended in years, I learned so much"



"This was probably the best course I have been to in ten years. The cadaveric anatomy was informative, well managed and refreshing"



"A superb course and very well organised. The speakers were all excellent"

DAY ONE

Monday

08.30 Registration & Coffee

09.00 Multimedia presentation for Upper Limb (Dr T Adams)

Anatomy:

10.00 Station 1: Interscalene & Supraclavicular

10.30 Station 2: Axilla

11.00 Station 3: Forearm and Arm

11.30 Station 4: Chest Wall

12.00 Lunch & Trade Exhibition

Scanning:

13.00 Station 1: Supraclavicular

13.30 Station 2: Infraclavicular

14.00 Station 3: Sup Cervical, Axillary N & Suprascapular & Flexor Tendon Sheath Block

14:30 Station 4: Axilla & Musculocutaneous

15.00 Coffee Break

15.30 Station 5: Rad, Med, Ulnar, Cut Ns of forearm

16.00 Station 6: Interscalene

16.30 Station 7: Pecs Block & Serratus plane

17.00 Station 8: Erectus Spinalis & Paravertebral

17.30 Closure

DAY TWO

Tuesday

08.30 Registration & Coffee

09.00 Multimedia presentation for Lower Limb (Dr Brian)

09.30 Multimedia presentation for Other Blocks (Dr Searle)

Anatomy:

10.15 Station 1: Ant Abdominal Wall

10.45 Station 2: Femoral Area

11.15 Station 3: Sciatic and popliteal

11.45 Station 4: Ankle

12.15 Lunch & Trade Exhibition

Scanning:

13.15 Station 1: Neuraxial and Caudal

13.45 Station 2: Saphenous & Obturator

14.15 Station 3: Phantom & Catheter techniques

14:45 Station 4: Popliteal & Sciatic

15.15 Coffee Break

15.15 Station 5: Rectus sheath, TAP, Ilio-inguinal & hypogastric

15.45 Station 6: Femoral, LFCN & Fascia iliaca

16.15 Station 7: Ankle Block

16.45 Station 8: Free scanning

17.15 Closure

FACULTY

Dr Ahmed Aziz, Course Director

Tawam/John Hopkins Hospital, **UAE**

Dr Baskar Manickam

Co-Director, Darlington Hosp, **UK**

Dr Anthony Adams

Lancashire Teaching Hospitals, **UK**

Dr Amr Abdelaal

Addenbrooke Hospital, **UK**

Mrs Judith Barbaro-Brown

Durham University, **UK**

Dr Peter Bazira

Senior Lecturer, Hull York Medical University, **UK**

Dr Gabrielle Finn

Senior Lecturer, Hull York Medical University, **UK**

Dr Ashwani Gupta

Queen Elizabeth Hospital, **UK**

Dr Nat Haslam

City Hospitals Sunderland, **UK**

Miss Zoe Holland

James Cook University Hospital, **UK**

Dr Brian Kinirions

Galaway University Hospital, **Ireland**

Dr Patrick Narchi

Soyaux Centre Clinical, **France**

Dr Amar Salti

SKMC Hospital, **UAE**

Dr Kat Sanders

Lecturer, Hull York Medical University, **UK**

Dr Adrian Searle

Royal Derby Hospital, **UK**

