

Call For Abstracts due **March 1, 2016**
Email dcuello@mdanderson.org

SAVE THE DATE

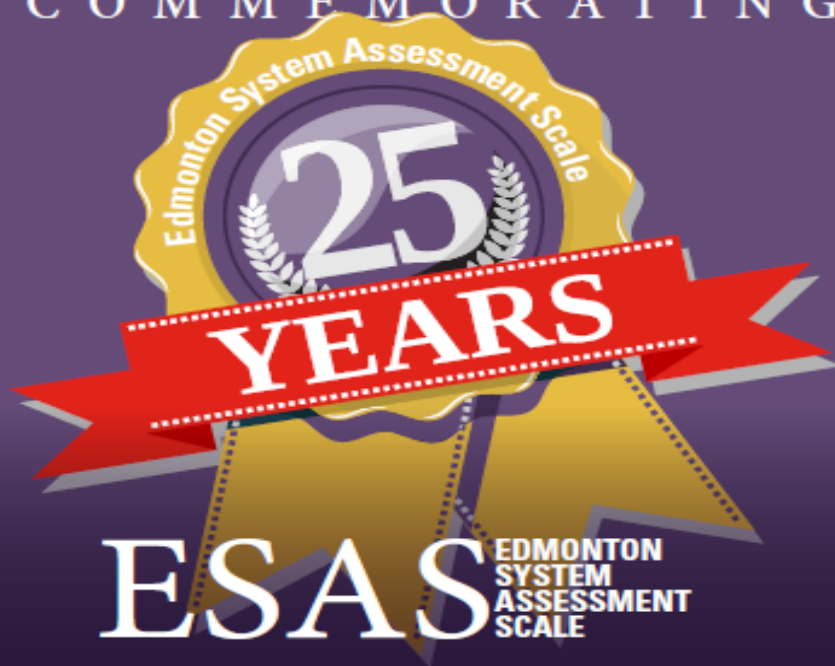
THE UNIVERSITY OF TEXAS
MDAnderson
~~Cancer~~ Center
Making Cancer History®

20th A N N U A L
Interdisciplinary Conference on

Supportive Care,
Hospice and
Palliative Medicine

September 16-17, 2016

C O M M E M O R A T I N G



A REVIEW COURSE WILL BE OFFERED PRIOR TO THE CONFERENCE

U P D A T E S *in Palliative Care and*
Physician Board Review Course

September 13-15

2016

20th Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine

September 16-17, 2016

Goal

Palliative, alternative, complementary, and integrative medicine are all areas of patient care with limited research to support best practice. Many physicians are unaware of the need for whole-patient care and attention to quality of life improvements outside treatment of the primary disease. While cancer therapies are indeed crucial, the evolution of non-traditional health care settings places increasing emphasis on supportive care methods to improve quality of life for patients with advanced disease.

Caring for the cancer patient in the advanced stages of disease is particularly challenging to the healthcare team. It requires attending to the many dimensions of care including medical, psychosocial, ethical, and spiritual needs. In its 19th year, the Interdisciplinary Conference on Supportive Care, Hospice & Palliative Medicine continues to offer participant's educational updates to help them successfully implement new techniques and treatments in clinical practice to improve patient care and outcomes.

Educational Objectives

After attending the conference, participants should be able to

- Provide effective communication with patients in the advanced stages of cancer or debilitating disease and provide quality End-of-Life Care (*knowledge, competence, performance, patient outcomes*);
- Identify and interpret the moral and ethical dilemmas encountered in palliative care, incorporating supportive care strategies to improve patient care (*knowledge, competence, performance, patient outcomes*);
- Practice state-of-the-art pain and symptom management for patients with advanced disease (*knowledge, competence, performance, patient outcomes*);
- Apply palliative care principals to life threatening disease in populations not limited to cancer patients (*knowledge, competence, performance*).

Target Audience

This program should be of interest to palliative care or hospice physicians, oncologists, internal medicine physicians, family practice physicians, psychiatrists, and/or anesthesiologists. Other professionals including: hospice, nursing, psychology, chaplaincy, ethics, and/or sociology.

Educational Methods

Lectures • Workshop Sessions • Case Studies

Evaluation

A course evaluation form will provide participants with the opportunity to comment on the value of the program content to their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics.

Accreditation/Credit Designation

The University of Texas MD Anderson Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 15.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Ethics

This course has been designated by The University of Texas MD Anderson Cancer Center for 4.00 *AMA PRA Category 1 Credits™* in medical ethics and/or professional responsibility.

Physician Payments Sunshine Act

MD Anderson complies with the Physician Payments Sunshine Act as part of the Affordable Care Act (ACA). Accordingly, we may be required to collect information on transfer of value provided to any covered recipient under the ACA.

Nursing

The University of Texas MD Anderson Cancer Center is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Nursing Continuing Education Contact Hours will be awarded.

CME Certificates and Attendance Verification Certificates

Certificates awarding *AMA PRA Category 1 Credits™* or certificates documenting attendance will be distributed to participants when an individual departs the conference. To obtain a CME certificate, physicians must submit a completed evaluation questionnaire and a CME Verification Form. Upon receipt, a record of attendance (certificate) will be provided on-site to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

20th Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine

September 16-17, 2016

Conference Organizing Committee

Sriram Yennu, MD (Program Chair)

Deanna Cuello (Program Coordinator)

Eric Gagneaux (Logistics Manager)

Joseph Arthur, MD

Martha Aschenbrenner, MA

Karen Baumgartner, APRN

Eduardo Bruera, MD

Debra Castro, RN, BSN

Luke Coulson, LCSW

Maxine de la Cruz, MD

Tonya Edwards, RN, BSN

Andrea Ferguson, MDiv

Lisa Green, RN (Nurse Planner)

Caroline Ha, MD

Stacy Hall, RN

Carolyn Holmes, APRN

Gabriel Lopez, MD

Kevin Madden, MD

Lindsey Pimentel, RN

Akhila Reddy, MD

Eden Mae Rodriguez, PharmD

Natalie Schuren, RN

Kimberson Tanco, MD
Angelique Wong, MD

Friday, September 16, 2016

- 7:15 am Onsite / Continental Breakfast
- 8:00 am **Welcome**
Sriram Yennu, MD
- 8:15 am **Integration of Palliative Care to Oncology Care:**
“Where Are We Now – Advances and Challenges”*
Eduardo Bruera, MD
- 9:15 am **13th Annual John Mendelsohn Award 2015 Ceremony and Introduction of Speaker**
Eduardo Bruera, MD

13th Annual John Mendelsohn Award for Outstanding Contributions in the Development of the Field of Palliative Care
Serious Illness Conversations as a Key Intervention in Improving Care for Cancer Patients*
Susan Block, MD
Moderator: Sriram Yennu, MD
- 10:30 am Break
- 10:45 am **Rapid Fire Sessions: (15 minute intro/conclusion; 12 minutes per speaker)**
1. Impact of a Palliative Care Checklist on Clinical Documentation
Maxine de la Cruz, MD
2. Effects of Music Listening on Pain Outcomes and Vital Signs of Chronically and Terminally Ill Patients
Catherine Sims, MD
3. Personalized Symptom Goals and Response in Patients with Advanced Cancer
David Hui, MD
4. Spirituality, Religiosity, Symptom Distress and Quality of Life of Latin American Patients with Advanced Cancer - A Multicenter Study
Marvin Delgado Guay, MD
5. Symptom Profiles in Children with Advanced Cancer: Patient, Family Caregiver, and Oncologist Ratings
Donna Zhukovsky, MD
- 12:00 pm Lunch (*lunch provided*)
- 12:45 pm **Advances in the Use of ESAS in Various Settings and Countries**
Sharon Watanabe, MD, FRCPC

- 1:45 pm **Serious Illness Conversations**
Susan Block, MD
- 3:00 pm Break
- 3:30 pm **Strategies to Improve Physical Activity in Advanced Cancer Patients:
Focus on Adherence and Safety**
Kerry Courneya, PhD
- 4:30-4:45p Open Time
- 4:45-5:45 pm **Workshops:**
- a) Management of Agitated Delirium
Maxine de la Cruz, MD
 - b) Cutting Edge Research in Hospice and Palliative Care: Getting the Facts
from PC-FACS
Donna Zhukovsky, MD
 - c) Ethical Interdisciplinary Spiritual Care: Screening and Interventions *Carla
Cheatham, PhD*
 - d) Interventions to Manage Pulmonary Complications in Palliative Care
Patients
Dave Balachandran, MD
 - e) New Developments in the Evaluation and Management of Constipation
Marieberta Vidal, MD
- 5:45 pm Welcome Reception

Saturday, September 17, 2016

- 7:30 am Onsite / Continental Breakfast
- 8:00 am **Workshops:**
- a) Mind-Body Practices for Cancer Patients*
Rosalinda Engle, MA
 - b) 1. Treatment of Malignant Bowel Obstructions
Marieberta Vidal, MD
2. The Role of Subcutaneous Hydration/Medications
Marieberta Vidal, MD
 - c) A Practical Approach to Ethical Analysis at the Bedside
*Donna Zhukovsky, MD; Colleen Gallagher, PhD; and
Angelique Wong, MD*
 - d) Embracing the Spiritual/Religious Journey of Sexual and Gender Minority
Patients with Advanced and Terminal Illnesses
Marvin Delgado Guay, MD; and Andrea Ferguson, MDiv

- 9:00 am **Workshops:**
- a) "Updates in Palliative Sedation"*
Paul Walker, MD
 - b) Teaching Adult Palliative Care Providers to be Comfortable Delivering Pediatric Palliative Care
Kevin Madden, MD
 - c) Management of Symptom Clusters in Advanced Cancer – the Role of Steroids
Sriram Yennu, MD
 - d) Enhancing Spiritual Care: What Can Non-Chaplain Providers Bring to the Bedside?
Donna Zhukovsky, MD; Andrea Ferguson, MDiv; and Marvin Delgado Guay, MD
 - e) How to Interpret Graphic Presentations of ESAS: Case Based Approach
Angelique Wong, MD; and Eduardo Bruera, MD
- 10:00 am **Introduction of the Debra Sivesind Career Award and Lecture**
Eduardo Bruera, MD
- State of Science of Physical Activity in Cancer Patients**
Kerry Courneya, PhD
- 11:15 am Break
- 11:30 am **Workshops**
- a) Community Palliative Care in Edmonton, Canada*
Sharon Watanabe, MD, FRCPC
 - b) Management of Refractory Cancer Pain
Suresh Reddy, MD
 - c) Role of Family Conferences in Discharge Planning*
Luke Coulson, LCSW
 - d) Medical Futility: Resolving Ethical Disputes
Phylliss Chappell, MD
 - e) Advanced Care Planning, the MD Anderson Experience*
Donna Zhukovsky, MD
- 12:30 pm Lunch (*lunch provided*)
Lynn Randolph Art Display (*Anderson Conference Hall Foyer*)
- 1:00 pm Management of Psychological Distress in Advanced Cancer Patients
Susan Block, MD

2:15 pm **Workshops:** *(break at 3:15 pm)*

1. Communication: Addressing Existential Suffering
Dan Epner, MD
2. Pain *(30-minute sessions each)*
 - a) Advanced Interventions to Manage Intractable Pain
Mitchell Engle, MD
 - b) Safer Opioid Prescriptions: A Team Approach
Joseph Arthur, MD; Tonya Edwards, RN; Jessica Marie Waletich, PharmD; and Suresh Reddy, MD
 - c) How to Initiate and Titrate the Dose of Methadone to Manage Moderate to Severe Cancer Pain of Opioids
Akhila Reddy, MD
 - d) Cordotomy for the Management of Cancer Pain
Ashwin Viswanathan, MD

4:30 pm Adjourn

Conference Speakers

MD Anderson Faculty and Staff

Sriram Yennu, MD (Program Chair)

Joseph Arthur, MD
Dave Balachandran, MD
Eduardo Bruera, MD
Luke Coulson, LCSW
Maxine de la Cruz, MD
Marvin Delgado Guay, MD
Mitchell Engle, MD
Rosalinda Engle, MA
Daniel Epner, MD
Tonya Edwards, RN
Andrea Ferguson, MDiv
Colleen Gallagher, PhD
David Hui, MD
Kevin Madden, MD
Suresh Reddy, MD
Marieberta Vidal, MD
Ashwin Viswanathan, MD
Jessica Marie Waletich, PharmD
Paul Walker, MD
Angelique Wong, MD
Donna Zhukovsky, MD

Guest Faculty

Susan Block, MD

Brigham and Women's Hospital
Dana Farber Cancer Institute
Boston, Massachusetts

Phylliss Chappell, MD

UT Health Science Center at Houston
Houston, Texas

Carla Cheatham, MDiv, PhD

Carla Cheatham Consulting Group
Austin, Texas

Kerry Courneya, PhD

Faculty of Physical Education and Recreation
University of Alberta
Edmonton, Alberta

Catherine Sims, MD

XYZ Medical Centers
To Be Names, California

Sharon Watanabe, MD, FRCPC

Faculty of Medicine and Dentistry
University of Alberta
Edmonton, Alberta

Reminder:

Meeting room temperatures and personal comfort ranges vary widely. Since meeting rooms always seem cold, please bring either a sweater or jacket.

The University of Texas MD Anderson Cancer Center has implemented a process whereby everyone who is in a position to control the content of an educational activity must disclose all relevant financial relationships with any commercial interest that could potentially affect the information presented.

MD Anderson also requires that all faculty disclose any unlabeled use or investigational use (not yet approved for any purpose) of pharmaceutical and medical device products. Specific disclosure will be made to the participants prior to the educational activity.

Agendas are subject to change because we are always striving to improve the quality of your educational experience. MD Anderson may substitute faculty with comparable expertise on rare occasions necessitated by illness, scheduling conflicts, and so forth.

Photographing, audio taping and videotaping are prohibited.

Registration Information

Updates in Hospice and Palliative Medicine and Intensive Physician Board Review (September 13-15, 2016)

- On-site registration and check-in opens at 7:15 am on Tuesday, September 13, 2016, in the Hickey Auditorium Foyer, Floor 11, of the R. Lee Clark Clinic, MD Anderson, 1515 Holcombe Boulevard, Houston, Texas.
- The opening session will begin at 8:00 am on Tuesday, September 13, 2016, in Hickey Auditorium and Anderson Conference Hall, and will adjourn at 5:00 pm on Thursday, September 15, 2016.

Updates in Hospice and Palliative Medicine and Intensive Physician Board Review registration fee includes materials, continental breakfasts, lunches, and breaks; however, it DOES NOT include registration to the 20th Annual Conference.

20th Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine (September 16-17, 2016)

- On-site registration and check-in opens at 7:15 am on Friday, September 16, 2016, in the Hickey Auditorium Foyer, Floor 11 of the R. Lee Clark Clinic, MD Anderson, 1515 Holcombe Boulevard, Houston, Texas.
- The opening session of the conference will begin at 8:00 am on Friday, September 16, 2016, in Hickey Auditorium, and the conference will adjourn at 4:30 pm on Saturday, September 16, 2016.

The Conference registration fee includes the tuition, materials, continental breakfasts, lunches, and breaks; however, it DOES NOT include registration to the Updates in Hospice and Palliative Medicine and Intensive Physician Board Review

The Deadline for Advance Registration is August 16, 2016

There are three ways to register:

- Mail to Department of CME/Conference Management, Unit 1781, The University of Texas MD Anderson Cancer Center, PO Box 301407, Houston, TX 77230-1407
- Fax to 713-794-1724
- On-line at www.mdanderson.org/conferences

We accept the following forms of payment:

- Check (payable to The University of Texas MD Anderson Cancer Center through U.S. banks only)
- Money order
- Credit cards (MasterCard, VISA, and American Express)
- Cash (on-site registration)

When registering online a receipt/confirmation letter will be automatically emailed to the e-mail address you listed on the registration form. If you register by fax or mail a receipt/confirmation letter will be emailed to you within ten working days of receipt of your fee.

Refund/Cancellation Policy

The registration fee, minus a \$50 administration-handling fee, is refundable if a written request is received on or before August 16, 2016. No refunds will be granted after that date. The request for a registration refund must include the tax identification number of the company or institution if registration was paid by a company or institution check. For additional information, contact CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 or via e-mail: register@mdanderson.org.

The Department of CME/Conference Management reserves the right to cancel activities prior to the scheduled date, if low enrollment or other circumstances make it necessary. Each registrant will be notified by mail, e-mail, or at the phone or fax numbers given on the registration form.

In case of activity cancellation, the liability of the Department of CME/Conference Management is limited to the registration fee. CME/Conference Management will refund the full registration fee. The Department of CME/Conference Management reserves the right to limit the number of participants in a program and is not responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

Special Assistance

Contact Eric Gagneaux in the Department of CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 if you have any **special dietary or ADA accommodation** needs.

Accommodations

The conference is providing a block of rooms at the **Houston Marriott at the Texas Medical Center Hotel**, 6580 Fannin Street, Houston, TX 77030. Hotel phone 713-796-0080.

When making hotel reservations for the **Updates in Palliative Care and Physician Board Review Course** be sure to use the Group Rate code of PPYPYPA to obtain the \$159 room rate for single/double occupancy. Please add 17% Texas State and local taxes.

When making hotel reservations for the **20th Annual Palliative and Hospice Care Conference** be sure to use the Group Rate code of PHPPHPA to obtain the \$139 room rate for single/double occupancy. Please add 17% Texas State and local taxes.

You may also visit www.hotels.com for other hotels within the Texas Medical Center area of Houston, Texas.

Ground Transportation (prices are subject to change)

- Houston is served by two airports, George Bush Intercontinental (IAH) and William P. Hobby (HOU).
- Taxicabs are available at an estimated cost of \$50-60, to or from both airports.
- Super Shuttle operates a shuttle bus from both airports at an estimated cost of \$24-\$27 one-way and \$48-\$54 round-trip. For more information, call 713-523-8888 or toll-free at 800-258-3826 or on-line at www.supershuttle.com.

Follow Dr. Eduardo Bruera on Twitter: <https://twitter.com/edubru>