

A Practical Guide to Effective Nurse Prescribing for Pain

For Current and Aspiring Nurse Prescribers

Wednesday 3 February 2016 Colmore Gate Conference Centre, Birmingham

10% card payments discount*
15% Group booking discount**



Chair and Speakers include:

Dr Barbara Stuttle CBE

Chair

Association of Prescribers

Prof Laserina O Connor PhD, RANP, RNP

Past President Irish Pain Society

& Joint Chair Clinical Nursing, UCD, MMUH, SVHCG

Supporting Organisation



Oxford University Hospitals
NHS Trust



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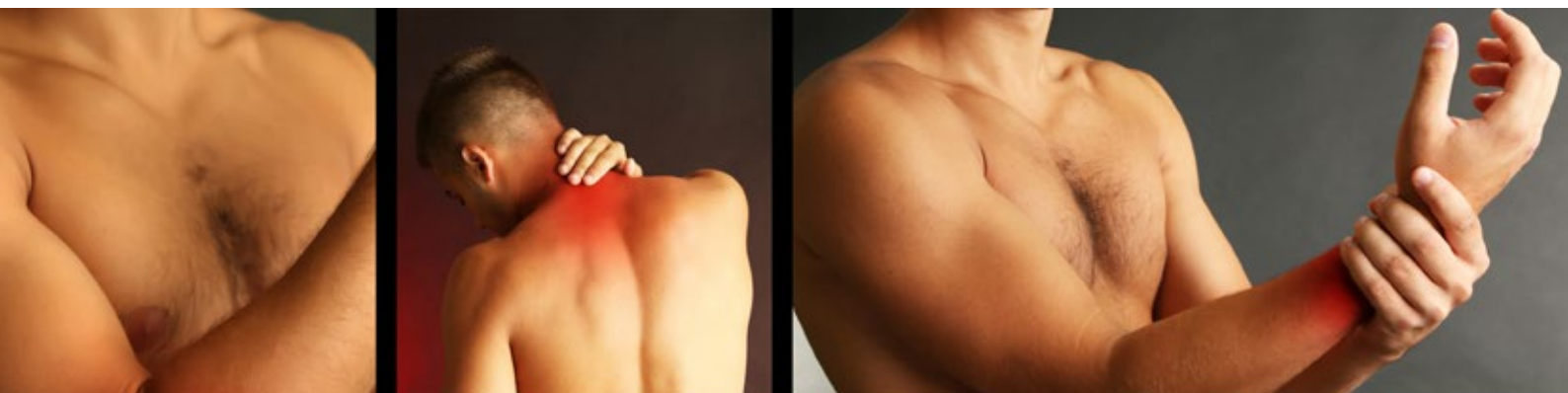
Chaired by **Dr Barbara Stuttle CBE Chair of the Association of Prescribers** this important national conference provides an essential update for current and aspiring nurse prescribers on prescribing for pain. Pain is a growing area of nurse prescribing and one of the most common areas, in a 2010 survey of the Association for Prescribers members 50% of members prescribed for pain (Karen Stenner, University of Surrey). This makes it essential that nurse prescribers maintain the competence and skills to prescribe for pain in an effective way, working with patients to improve pain outcomes.

Through national updates and practical case studies delegates will hear how to develop and maintain prescribing competence, and how to develop effectiveness in post qualification practice. Extended sessions developing prescribing competence and confidence, medication management, managing medication safety and preventing medication errors and overcoming the barriers to effective pain management.

Clinical case studies will share the learning from experienced pain prescribers on nurse prescribing for pain in the community, nurse prescribing for in-patient and post operative pain, pharmacist prescribing for chronic pain, physiotherapist prescribing for back pain and nurse prescribing for cancer pain and end of life care.

100% of delegates attending last year's event would recommend it.

Follow the conference on Twitter #PainPrescribing



10.00 Chair's welcome: Nurse Prescribing: National Update

Dr Barbara Stuttle CBE

Chair

Association of Prescribers

- national developments in nurse prescribing
- developing confidence and competence in your ability to prescribe
- demonstrating compliance with the NMC Code for revalidation
- the benefits of nurse prescribing for pain

10.40 Nurse prescribing for pain

Linda Nazarko OBE

Consultant Nurse

Ealing Community Services & Service Lead IV therapy and Dementia
London North West Healthcare NHS Trust

- Considering the effects of aging and comorbidities
- Considering drug interactions
- Working with the older person to identify and manage side effects
- Working to improve concordance

11.10 Questions & answers, followed by coffee & exhibitions 11.20

11.45 EXTENDED SESSION: Improving Pain Outcomes: Developing, demonstrating and maintaining continued competence in Nurse Prescribing for Pain

Prof Laserina O Connor PhD, RANP, RNP

Past President

Irish Pain Society

& Joint Chair

Clinical Nursing, UCD, MMUH, SVHCG

- pain management competencies
- developing, demonstrating and maintaining continued competence in Non Medical Prescribing for Pain
- developing your skills in providing a more effective pain management plan
- key principles in the assessment of pain
- ensuring a holistic patient focused approach
- keeping your prescribing knowledge up-to-date: accessing education, training and resources

12.35 Medication management, managing medication safety and preventing medication errors

Marion Russell

Medicines Management Advisor

- principles of quality and safety
- managing risk and improving medication safety
- developing shared decision making with patients
- key issues for nurse prescribers

13.05 Questions & answers, followed by lunch & exhibitions 13.15

Case studies in practice

14.00 Nurse/Non medical prescribing for pain

Dr Karen Stenner

Lecturer

University of Surrey

- non medical prescribing for pain: where are we now?
- what are nurses prescribing for pain?
- prescribing for post-operative pain, acute pain, chronic pain and long term conditions, cancer pain, crossover pain
- the range of pain management prescribed
- improving pain outcomes
- issues around prescribing of controlled drugs

14.25 Nurse prescribing for in-patient pain

Heather Willson

Lead Nurse for Pain

Oxford University Hospitals NHS Trust

- nurse prescribing for in-patient pain: demonstrating competence
- managing referrals and referral practice
- my experience as a pain nurse prescriber

14.50 Overcoming the barriers to effective pain management

Dave Baker

Homerton University NHS Foundation Trust

- developing a multifaceted approach to pain management
- prescribing in pain teams
- auditing non-medical prescribing in practice
- prescribing for co-morbidities
- learning from the results: the impact of non-medical prescribing on patient care
- further considerations for future practice

15.15 Physiotherapist prescribing for lower back pain

Iain Loughran

Clinical Specialist Physiotherapist

Lead Extended Scope Physiotherapist

South Tyneside Foundation NHS Trust

- the assessment and treatment of a patient with lower back pain and neuropathic leg pain, and details the prescribing issues involved in the overall management
- my role as an extended scope physiotherapist as an independent prescriber in a specialist musculoskeletal setting and the impact on patient care

15.40 Questions & answers, followed by lunch & exhibitions 15.50

16.10 Nurse prescribing for cancer pain and end of life care

Carole Mula

Clinical Director Palliative Care

Manchester Cancer

& Macmillan Nurse Consultant

The Christie NHS Foundation Trust

- nurse prescribing for cancer pain and end of life care
- demonstrating continued competence to prescribe
- the role of prescribing in supporting advanced practice
- our experience in the Christie

16.40 Nurse prescribing for chronic pain

Paul Bibby

Clinical Director Pain Management

Solutions

- managing patients in chronic pain
- working with patients to improve pain outcomes
- my role as a nurse prescriber in a chronic pain service
- developing the chronic pain service

17.10 Questions & answers, followed close at 17.20

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Download

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Surname

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Department

Organisation

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Telephone

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Email

Please write your address clearly as confirmation will be sent by email, if you prefer confirmation by post please tick this box, ☐
Please also ensure you complete your full postal address details for our records.

Please specify any special dietary or access requirements

This form must be signed by the delegate or an authorised person before we can accept the booking

(By signing this form you are accepting the terms and conditions below)

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Signature

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Conference Documentation

☐ I cannot attend the conference but would like to receive a PDF containing the conference handbook material, which includes speaker slides, at £49 each.

The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email **jayne@hc-uk.org.uk**

Venue

Colmore Gate Conference Centre, DeVere Venues,
5th Floor Colmore Gate, Bull Street Entrance,
Birmingham, B3 2QD. A map of the venue will be sent with confirmation of your booking.

Date Wednesday 3 February 2016

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
☐ £495 + VAT (£594.00) for commercial organisations.
☐ £300 + VAT (£360.00) for IHM members.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

The information provided will be held on the Healthcare Conference UK's database and may be used to update you with details of other events that we organise. If you DO NOT wish to receive this information, please tick this box ☐

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