



HARVARD
MEDICAL SCHOOL

Department of Continuing Education
P.O. Box 825
Boston, MA 02117-0825

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**THIS COURSE SOLD OUT
IN PREVIOUS YEARS.
EARLY REGISTRATION IS
STRONGLY ADVISED.**

Register at LaserSkinTherapyBoston.com



Laser & Aesthetic Skin Therapy: What's the Truth?

SEPTEMBER 22-23, 2016 | Seaport Hotel and World Trade Center, Boston, Massachusetts USA

11TH ANNUAL MEETING

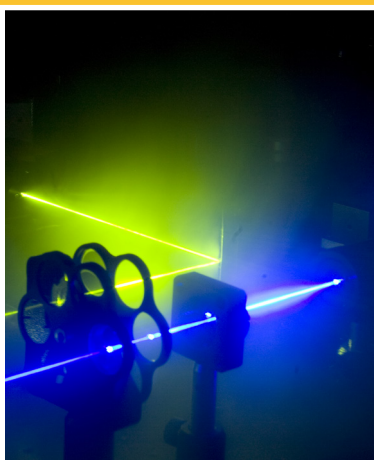
Laser & Aesthetic Skin Therapy: What's the Truth?

Seaport Hotel and World Trade Center, Boston, Massachusetts

SEPTEMBER 22-23, 2016



SPECIAL



WORKSHOP ON SOFT TISSUE FILLERS AND BOTULINUM TOXINS

Featuring live patient and video demonstrations

Diagnosis
Emerging Therapies
Treatment Plans
Procedures
Patient Counseling

- Aging skin
- Vascular lesions and rosacea
- Tattoos and pigmented lesions
- Acne and photodynamic therapy
- Laser hair stimulation
- Non-invasive fat removal
- Laser-assisted liposuction
- Non-ablative fractional resurfacing
- Ablative fractional resurfacing
- Botulinum toxins and soft tissue fillers
- Hair removal and transplantation
- Lasers and ethnic skin
- Complications and legal issues in aesthetics
- Treatment of scars

Earn up to:

18.25 AMA PRA Category 1 Credits™ or ECMEC Credits
2.0 Risk Management Credits

Register at LaserSkinTherapyBoston.com

Course Overview

Staying current with the rapid advances in laser and aesthetic skin therapy is an increasingly important challenge for physicians. Our patients' demand for such services has resulted in the need to be better educated and trained in safe and effective practices. At present, few non-industry-sponsored meetings exist for those who practice laser and aesthetic skin therapies. This highly rated course will emphasize new techniques and technologies, along with clinical endpoints and laser safety, while also critically evaluating current treatment practices—all free of commercial interference from industry.

All sessions are led by master clinicians who deliver information in inspiring and entertaining ways and provide specific recommendations for incorporating the latest updates into your practice.

“This course will emphasize new techniques and technologies while also critically evaluating current treatment practices—all free of commercial interference from industry.”

Who Should Attend?

- Dermatologists
- Plastic surgeons
- Ophthalmologists
- Head and neck surgeons
- Primary care physicians



Learning Objectives

- Identify safe practices of laser surgery therapy and its role in clinical practice.
- Evaluate potential complications and mistakes when using lasers for aesthetic procedures.
- Outline appropriate treatment modalities and duration of action required for laser and dermal filler injections that minimize complications and deliver optimal patient outcomes.
- Assess the risks and benefits involved in performing dermal filler injections.
- Analyze controversies in the field of laser surgery and aesthetic skin therapy.
- Summarize new and emerging technologies for laser surgery and aesthetic skin therapy treatment.

Register at LaserSkinTherapyBoston.com

Course Directors

Participating Faculty



R. Rox Anderson, MD
Professor of Dermatology
Harvard Medical School
Director
Wellman Center for Photomedicine
Massachusetts General Hospital



Mathew M. Avram, MD, JD
Assistant Professor of Dermatology
Harvard Medical School
Faculty Director for Laser and Cosmetic
Dermatology
Director, MGH Dermatology Laser
and Cosmetic Center
Affiliate Faculty, Wellman Center
for Photomedicine
Massachusetts General Hospital

“GREAT SPEAKERS
PRESENTING CUTTING-
EDGE MATERIAL FROM
MANY DIFFERENT
RESEARCH CENTERS
NATIONWIDE.”

Marc R. Avram, MD
Clinical Professor of Dermatology
Weill-Cornell Medical School
Private Practice
New York, New York

Brian S. Biesman, MD, FACS
Director
Clinical Assistant Professor, Ophthalmology,
Dermatology, Otolaryngology
Vanderbilt University School of Medicine
Director
Nashville Centre for Laser and Facial Surgery

Henry H.L. Chan, MD, PhD, FRCP
Honorary Clinical Professor, Division of
Dermatology, Department of Medicine
The University of Hong Kong
Honorary Consultant Dermatologist
Queen Mary Hospital, Hong Kong
Visiting Scientist
Wellman Center for Photomedicine
Massachusetts General Hospital

Matthias B. Donelan, MD
Associate Clinical Professor of Surgery
Harvard Medical School
Chief of Staff
Shriners Hospital for Children-Boston
Associate Visiting Surgeon
Massachusetts General Hospital

Rebecca Fitzgerald, MD
Clinical Instructor
David Geffen School of Medicine at UCLA
Private Practice
Los Angeles, California

Merete Haedersdal, MD, PhD, DMSc
Professor of Dermatology
Copenhagen University
Bispebjerg University Hospital, Copenhagen
Denmark
Visiting Scientist
Wellman Center for Photomedicine
Massachusetts General Hospital

Omar A. Ibrahim, MD, PhD
Staff Dermatologist
Stamford Hospital

Arielle N.B. Kauvar, MD
Clinical Professor of Dermatology
New York University School of Medicine
Director
New York Laser & Skin Care
Board of Directors
American Society of Dermatologic Surgery

Suzanne L. Kilmer, MD
Clinical Professor of Dermatology
University of California, Davis
Director
Laser and Skin Surgery Center of Northern
California
Sacramento, California

Dieter Manstein, MD, PhD
Assistant Professor
Harvard Medical School
Department of Dermatology
Massachusetts General Hospital

J. Stuart Nelson, MD, PhD
Professor of Surgery and Biomedical
Engineering
University of California, Irvine
Medical Director
Beckman Laser Institute and Medical Clinic
(BLIMC)

David M. Ozog, MD
Vice Chair, Department of Dermatology
Henry Ford Hospital

E. Victor Ross, MD
Assistant Clinical Professor of Dermatology
University of California, San Diego
Director, Laser and Cosmetic Dermatology
Scripps Clinic
San Diego, California

Neil S. Sadick, MD, FAAD
Clinical Professor of Dermatology
Weill-Cornell Medical School
Private Practice
Sadick Dermatology
New York, New York

Fernanda H. Sakamoto, MD, PhD
Instructor in Dermatology
Harvard Medical School
Assistant in Research
Massachusetts General Hospital

Nowell Solish, MD
Director of Dermatologic Surgery
University of Toronto

Kelly J. Stankiewicz, MD, FAAD
Dermatologist
The Dermatology Institute of
DuPage Medical Group

Jill S. Waibel, MD
Clinical Voluntary Professor
University of Miami
Dermatology Subsection Chief
Department of Medicine
Baptist Hospital
Private Practice
Miami Dermatology & Laser Institute
Miami, Florida

Register at LaserSkinTherapyBoston.com

Laser & Aesthetic Skin Therapy: What's the Truth? Course #734026-1701	REGISTER ON OR BEFORE AUGUST 5, 2016	REGISTER AFTER AUGUST 5, 2016
Physicians and Allied Health Professionals	\$1,300	\$1,375
Residents and Fellows in Training	\$900	\$975

Fees shown in USD. Your tuition includes all breakfasts, coffee breaks, lunch, and complimentary Internet access. All attendees will receive a comprehensive printed syllabus.

Activity enrollment is limited to physicians, including residents and fellows (MD, DO). Allied health professionals may attend if accompanied by a physician.

General Information

ACCREDITATION

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 18.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CANADIAN ACCREDITATION

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

EUROPEAN ACCREDITATION

Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert *AMA PRA Category 1 Credits™* to an equivalent number of European CME Credits® (ECMECs®). Information on the process of converting *AMA PRA Category 1 Credits™* to ECMECs® can be found at: www.eaccme.eu.

RISK MANAGEMENT

This activity meets the criteria of the Massachusetts Board of Registration in Medicine for 2.0 credits of Risk Management Study. Please check with your individual state licensing board requirements before claiming risk management credit(s).

ACGME COMPETENCIES

This course is designed to meet one or more of the following Accreditation Council of Graduate Medical Education competencies:

- Patient care and procedural skills
- Medical knowledge
- Interpersonal and communications skills

IOM COMPETENCIES

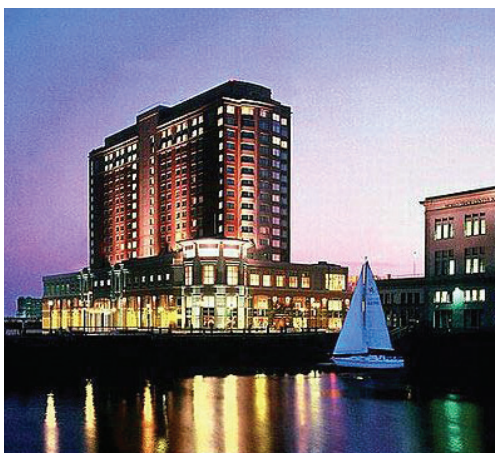
- Patient-centered care
- Employ evidence-based practice
- Quality improvements
- Utilize informatics

DISCLOSURE POLICY

Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards and Policies. It is HMS's policy that those who have influenced the content of a CME activity (e.g., planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

PAYMENT, CONFIRMATION AND REFUND POLICY

You may register by credit card (Visa, MasterCard or American Express) or check using Harvard Medical School's secure online registration system at www.LaserSkinTherapyBoston.com. A processing fee of \$5.00 (USD) will be assessed per transaction. Upon receipt of your paid registration, an email confirmation from the HMS-DCE office will be sent to you. **Be sure to include an email address that you check frequently.** Your email address is used for critical information, including registration confirmation, evaluation and certificate. Refunds, less an administrative fee of \$150, will be issued for all cancellations received two weeks before the start of the course. **Refund requests must be received by postal mail, email or fax.** No refunds will be issued should cancellation occur less than two weeks before. "No shows" are subject to the full course fee, and no refunds will be issued once the conference has started.



COURSE LOCATION

All sessions for this activity will be held at:
The Seaport Hotel and World Trade Center
One Seaport Lane
Boston, MA 02210
Tel: 617-385-4000
www.seaportboston.com

ACCOMMODATIONS AND TRAVEL

A limited number of rooms have been reserved at the **Seaport Hotel** (telephone: 1-877-SEAPORT or 617-385-4000) until August 26, 2016. Please specify that you are enrolled in this course to receive the reduced rate of \$309 per night single/double.

Please do not purchase non-refundable airline ticket(s) until you have received an email from our office confirming your paid registration.

INQUIRIES

By phone 617-384-8600, Monday-Friday, 9 AM to 5 PM (EDT), or by email at: ceprograms@hms.harvard.edu.

DISCLAIMER

CME activities sponsored by Harvard Medical School are offered solely for educational purposes and do not constitute any form of certification of competency. Practitioners should always consult additional sources of information and exercise their best professional judgment before making clinical decisions of any kind.

Why Attend?

Practitioners from around the world attend this unique course to ensure they are current with state-of-the-art clinical practices and skills, including:

- Optimizing your approaches for comprehensive rejuvenation
- Understanding the evolving concepts and treatment of scars
- Improving outcomes for site-specific rejuvenation
- Individualizing multifaceted approaches to integrating use of energy-based devices and injectables
- Understanding device-based treatment of fat and cellulite, and complications
- Navigating complications and legal issues
- Practicing laser safety for patient and provider

Register at LaserSkinTherapyBoston.com

Agenda

THURSDAY, SEPTEMBER 22

7:00am – 7:30am

Registration and Continental Breakfast

LASER AND AESTHETIC BASICS

7:30am – 7:45am

Introduction and Welcome

R. Rox Anderson, MD

Mathew M. Avram, MD, JD

7:45am – 8:15am

Laser-Skin Interactions: Clinical Applications and Best Practices

R. Rox Anderson, MD

8:15am – 8:30am

Laser Safety 101: A Comprehensive Primer**

Suzanne L. Kilmer, MD

8:30am – 9:00am

Types of Lasers and Light Sources: Does One Size Fit All?

E. Victor Ross, MD

9:00am – 9:15am

Pose Your Questions - Ask the Experts

9:15am – 9:45am

Refreshment Break

LASER AND AESTHETIC BASICS: CLINICAL APPLICATIONS

9:45am – 10:00am

Achieving Better Outcomes for Patients with Rosacea and Telangiectasia

Arielle N.B. Kauvar, MD

10:00am – 10:15am

State-of-the Art Approaches to Laser Tattoo Removal

Kelly J. Stankiewicz, MD, FAAD

10:15am – 10:30am

Laser Hair Removal: What You Need to Know

Omar A. Ibrahim, MD, PhD

10:30am – 11:00am

Photoaging, Lentigines, Rhytides: New Strategies and Treatment Options

Suzanne L. Kilmer, MD

11:00am – 11:30am

Common Laser Procedures: Video Demonstrations

11:30am – 12:00pm

Pose Your Questions - Ask the Experts

12:00pm – 1:00pm

"Meet the Professor" Roundtables - Luncheon

FOCUS ON REJUVENATION: NON-ABLATIVE, ABLATIVE AND FRACTIONAL TECHNOLOGIES: WHERE DO WE STAND?

1:00pm – 1:30pm

Non-Ablative and Ablative Fractional Resurfacing: How to Optimize Treatment Outcomes

Mathew M. Avram, MD, JD

1:30pm – 1:40pm

Periorbital Rejuvenation

Brian S. Biesman, MD, FACS

1:40pm – 2:00pm

Perioral Rejuvenation

Suzanne L. Kilmer, MD

2:00pm – 2:30pm

Neck Rejuvenation: What We Can Expect

E. Victor Ross, MD

2:30pm – 3:00pm

Refreshment Break

MEDICAL APPLICATIONS OF LASER AND LIGHT SOURCES

3:00pm – 3:30pm

Research and Treatment: Advances in Hemangiomas, Port-Wine Stains, Venous Malformations, and Other Vascular Conditions

J. Stuart Nelson, MD, PhD

3:30pm – 3:45pm

Lasers, Lights Sources and Photodynamic Therapy for Acne: Optimal Management

Fernanda H. Sakamoto, MD, PhD

3:45pm – 4:00pm

Photodynamic Therapy

David M. Ozog, MD

4:00pm – 4:15pm

Fractional Drug Delivery: Improving Outcomes

Merete Haedersdal, MD, PhD, DMSc

4:15pm – 4:45pm

Surgical, Laser and Other Treatments of Scars: Cases and Best Practices for Your Patients

Jill S. Waibel, MD

Matthias B. Donelan, MD

4:45pm – 5:15pm

When Bad Things Happen to Good Doctors: Complications We Treat**

Mathew M. Avram, MD, JD

5:15pm – 6:00pm

Pose Your Questions - Ask the Experts

FRIDAY, SEPTEMBER 23

7:15am – 7:30am
Continental Breakfast

ADVANCED APPLICATIONS OF DEVICE-BASED TREATMENTS

7:30am – 8:30am
Translating Evidence into Practice: Treatment of Melasma, and Skin of Color
Henry H.L.Chan, MD, PhD, FRCP
Arielle N.B. Kauvar, MD
8:30am – 9:00am
Bodysculpting: What Works Best
Mathew M. Avram, MD, JD

TOPICALS, INJECTABLES AND SURGICAL PROCEDURES

9:00am – 9:30am
Advances in Hair Restoration
Marc R. Avram, MD
9:30am – 10:00am
Refreshment Break
10:00am – 10:30am
Sclerotherapy and Endovenous Ablation: Updates
Neil S. Sadick, MD, FAAD
10:30am – 10:45am
Cosmeceuticals: Miracle or Myth?
Kelly J. Stankiewicz, MD, FAAD

COMPLICATIONS

10:45am – 11:15am
Law: Complications and the Mistakes We Make**
Mathew M. Avram, MD, JD
11:15am – 11:45am
Pose Your Questions - Ask the Experts
11:45am – 12:45pm
"Meet the Professor" Roundtables -Luncheon

WORKSHOP ON SOFT TISSUE FILLERS AND BOTULINUM TOXINS

12:45pm – 1:15pm
A Comprehensive Update and New Indications for Botulinum Toxins
Nowell Solish, MD
1:15pm – 2:15pm
Indications and Potential Complications for Soft Tissue Augmentation: What You Need to Know**
Nowell Solish, MD
Rebecca Fitzgerald, MD
2:15pm – 2:45pm
Refreshment Break



2:45pm – 4:00pm
Live Patient Demonstration: The Art of Neurotoxin Injections: Soft Tissue Fillers and Botulinum Toxins
Nowell Solish, MD
Rebecca Fitzgerald, MD

4:00pm – 4:30pm
Pose Your Questions - Ask the Experts

CUTTING EDGE

4:30pm – 5:00pm
New and Innovative Applications for Laser and Light Sources
R. Rox Anderson, MD
Dieter Manstein, MD, PhD
5:00pm – 5:30pm
Newer, More Affordable and Readily Accessible Technology: Future Directions in Laser and Light Sources
R. Rox Anderson, MD