



Middle East PALLIATIVE CARE CONGRESS

18-20 May 2017, Sheraton Grand Hotel, Dubai, UAE



Advancing Palliative Care Practice in the Region and Improving Quality of Life

Supported by



UNITED ARAB EMIRATES
MINISTRY OF HEALTH & PREVENTION

CME
Accredited

FEATURING



PRESENTATIONS



PANEL DISCUSSIONS



WORKSHOPS



NETWORKING

Key Benefits of Attending:

- **Learn** how to improve the quality of life in patients with malignant and non-malignant diseases
- **Understand** the outcomes of homecare and palliative services in special age groups like geriatrics and paediatrics
- **Address** the role of interventional nutrition in terminally ill patients
- **Assess** the different symptoms management techniques in neurological disorders
- **Evaluate** pain management techniques in patients with cancer and non-malignant diseases
- **Describe** the best approaches to counteract the side effects of different cancer therapies

**Register and
pay before
10 March 2017**

Supporting Organisation:



Media Partners:

An Initiative by:



For more information or to register, contact us at:

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Scientific Committee

Dr. Azza Hassan, Head of Palliative Care Unit, **National Centre for Cancer Research, Hamad Medical Corporation, Qatar**

Dr. Eman Bukhary, Palliative Care Consultant, Oncology Department, **Prince Sultan Military Medical City, KSA**

Dr. Khaled Al Saleh, Consultant Oncologist & Head of the Palliative Team, **Palliative Care Centre of Kuwait, Kuwait**

Dr. Reda Samuel Rezkallah, Head of Palliative and Hospice Home Based Care, **Children's Cancer Hospital, Egypt**

Dr. Zafar Javed, Consultant & Chair of Palliative Medicine, **Tawam Hospital, UAE**

Speakers Faculty

Dr. Abu Baker Al Madani, Consultant Neurologist, Head of Neurology Department, **Rashid Hospital, UAE**

Dr. Ali Zahran, Consultant of Anesthesia and Interventional Pain Management, Acting Head of Anaesthesia Department, **Burjeel Specialty Hospital for Advanced Surgery, UAE**

Dr. Anil Kumar, Anaesthesia Specialist, Head of Anesthesiology Department, **NMC Specialty Hospital Dubai, UAE**

Dr. Azza Hassan, Head of Palliative Care Unit, **National Centre for Cancer Research, Hamad Medical Corporation, Qatar**

Dr. Eman Bukhary, Palliative Care Consultant, Oncology Department, **Prince Sultan Military Medical City, KSA**

Dr. Hassan Jabbar Shaikh, Consultant Pain Medicine, **Dubai Mediclinic City Hospital, UAE**

Dr. Haytham El-Salahat, Medical Director, Oncology Line, **Al Noor Hospitals Group, UAE**

Dr. Khaled Al Saleh, Consultant Oncologist & Head of the Palliative Team, **Palliative Care Centre of Kuwait, Kuwait**

Dr. Maroun Elkhoury, MD, Consultant Oncologist, Haematologist, Oncology and Haematology Department, **American Hospital Dubai, UAE**

Dr. Medhat M. Shalabi, MBBCH, MSc. DA (UK), MD, FRCA, CCST, Consultant Anesthesiologist, Head of Anesthesiology and Intensive Care Department, **Al Zahra Private Hospital, UAE**

Dr. Mona Tareen, Consultant Internal Medicine, Geriatric Medicine, Hospice and Palliative Care Medicine, **American Hospital Dubai, UAE**

Dr. Nehad Halawa, Head of ICU and LCT Department, **Burjeel Hospital Abu Dhabi, UAE**

Dr. Reda Samuel Rezkallah, Head of Palliative and Hospice Home Based Care, **Children's Cancer Hospital, Egypt**

Dr. Zafar Javed, Consultant & Chair of Palliative Medicine, **Tawam Hospital, UAE**

Dr. Zahid Al Mandhari, Consultant Neurologist, Head of Radiation Oncology, **Royal Hospital, Oman**



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Event Overview

It is undeniable that the healthcare industry in the Middle East is growing rapidly to meet the increase in the burden of serious illness, however, palliative care is still a largely unknown and unrecognised discipline in most of the Middle Eastern countries. Education for health professionals such as physicians, nurses, and other healthcare professionals will help them to develop palliative care services in their institutions and communities.

With this in mind, the **Middle East Palliative Care Congress** is the only conference in the region, which is fully dedicated to palliative care and the different specialties related to palliative medicine including oncology and pain medicine. The congress will gather pioneers and top notch experts in this field to advance the practice and discuss the different approaches to improve the quality of life in patients with untreated conditions whether they are terminal or non-terminal with both malignant and non- malignant conditions.

The 3-day conference taking place on 18-20 May 2017, in Dubai, will have special focus on areas like pain management, palliative care for cancer patients, special age groups, and the future of palliative medicine in the region.

Join the Middle East Palliative Care Congress and become one of the contributors in the advancement of this field, help with pain management and improve the quality of our patients' lives in the region.

Attendees Profile:

JOB TITLES:

- Heads, Consultants, Specialists, and Nurses from the following Departments:
 - Palliative Care
 - Oncology
 - Anaesthesia and Pain Management
 - Internal Medicine
 - Family Medicine
 - Physical Medicine and Rehabilitation
- Geriatricians
- Occupational Therapists
- Physiotherapist
- Nutritionists
- Pharmacists



Start knowledge sharing and networking before the congress



Follow us on @palliative_conf



Join our LinkedIn group:
Pain and Palliative Medicine Professionals



Pain and Palliative Medicine Professionals



BY REGION

UAE 50%
Rest of GCC 30-40%
Rest of Middle East 10%



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➔ Conference Day One: Thursday, 18 May 2017

08:00 Registration, coffee, and networking

08:40 Welcome from Maarefah Management

08:50 Welcome and opening remarks from the chairman

Session I: The Status of Palliative Care in the Region

09:00 Palliative care in the Middle East: The present and future
Dr. Mona Tareen

09:30 Delay to refer for Palliative care in cancer patients:
Outcome and sequences
Dr. Khaled Al Saleh

10:00 **Interactive Panel Discussion:** Will the region meet the global targets for palliative care by 2020?

10:30 Networking coffee break

Session II: Neuro Palliative Care

11:00 Symptoms management in people with Multiple Sclerosis

11:30 Neuropathic pain management

12:00 Palliative care approach in Parkinson's
Dr. Abu Baker Al Madani

12:30 Prayer and networking lunch break

Session III: Palliative Care in Non-Malignant Diseases

13:30 Assessment and management of palliative emergencies at the end stages of kidney disease

14:00 Improving symptoms in advanced heart failure

14:30 Pain management in non-malignant diseases
Dr. Hassan Jabbar Shaikh

15:00 **Interactive panel discussion:** Thrombosis and anticoagulants use in palliative care

15:30 Networking coffee break

Session IV: Special Age Groups Care

16:00 Paediatric anesthesia monitoring
Dr. Anil Kumar

16:30 Geriatric dementia and depression care at home

17:00 Preventing bedsores in elderly patients
Dr. Reda Samuel Rezkallah

17:30 Closing remarks and end of day one

➔ Conference Day Two: Friday, 19 May 2017

08:00 Registration, coffee, and networking

08:50 Welcome and opening remarks from the chairman

Session V: Palliative Care to Cancer Patients

09:00 Cultural considerations in palliative care
Dr. Zafar Javed

09:30 The role of surgery in palliative patients
Dr. Haytham El-Salhat

10:00 Early engagement; the first step in caregiving strategies for cancer patients
Dr. Zahid Al Mandhari

10:30 Networking coffee break

Session VI: Pain Management in Terminally Ill Patients

11:00 Immunotherapy: Improving the quality of life in lung cancer patients
Dr. Maroun Elkhoury

11:30 Pain management in opioid dependent patients: The challenge

12:00 Friday prayer and networking lunch break

14:00 Opioid induced constipation
Dr. Eman Bukhary

14:30 Neuroaxial blocks for cancer pain
Dr. Ali Zahran

15:00 Interactive panel discussion: Neuroaxial intervention: when is it needed?

15:30 Networking coffee break

Session VII: Management of Cancer Treatments Side Effects

16:00 Cancer patient on chemotherapy: The anesthetic approach
Dr. Medhat M. Shalabi

16:30 Managing chemotherapy induced nausea

17:00 Controlling neutropenic sepsis

17:30 Closing remarks and end of day two

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➔ Post Conference Workshops: Saturday, 20 May 2017

09:00-12:00 Workshop A:

Opioid Conversion:

In palliative care setting, many opioids are in common use. Opioids differ in several ways including their potency, onset, and duration of action. The choice of opioid and the route of delivery is dependent on the specific patient's situation.

Sometimes it could be necessary to convert from one opioid to another or to move from one delivery system to another when a patient's symptoms or location change over the course of treatment.

Learning Objectives:

- To identify the primary drugs used in palliative care
- To figure out how to calculate equianalgesic opioid dose equivalents
- To learn how to convert from one equianalgesic dose of opioid to another

Workshop Leader: To be confirmed

12:00-13:00 Prayer and networking lunch break

13:00- 16:00 Workshop B:

Pain and Management in Critically Ill Patients

Pain is usually present in critically ill patients, with an impact on their overall health status. For this reason, pain management is essential, involving pain assessment, observation and treatment using appropriate assessment scales/indicators for identifying pain intensity and assessing the effectiveness of the interventions.

Learning Objectives:

- To understand the signs of pain in non-verbal patients
- To identify the indicators to be used for assessing pain in critically ill patients
- To review the impact of pain assessment on the duration of mechanical ventilation and ICU stay

Workshop Leader: Dr. Eman Bukhari, Palliative Care Consultant, Oncology Department, Prince Sultan Military Medical City, KSA



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4 WAYS TO REGISTER

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Yes! Please register me for:

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DELEGATE DETAILS

Please complete in BLOCK CAPITALS as information is used to produce delegate badges.
Please photocopy for additional delegates and/or delegate with different addresses

DELEGATE 1 ☐ Mr ☐ Mrs ☐ Ms ☐ Dr ☐ Other

Name: _____

Organisation: _____

Title: _____

Tel: _____

Fax: _____

Email: _____

Website Address: _____

DELEGATE 2 ☐ Mr ☐ Mrs ☐ Ms ☐ Dr ☐ Other

Name: _____

Organisation: _____

Title: _____

Tel: _____

Fax: _____

Email: _____

Website Address: _____

Early Bird Registration: Early Bird Deadline is 10 March 2017

CONFERENCE PACKAGES

Bronze Pricing:	Early Bird 10 March 2017	Standard Price
Physicians	USD 399	USD 499
Nurses / Residents	USD 299	USD 399
Students	USD 199	USD 199
Physiotherapists	USD 299	USD 399
Vendors / Pharma	USD 1,799	USD 1,999
Includes:		
2-day conference - Networking coffee breaks - Lunch - Post-congress presentation access - Certificate of attendance		

NOTE: Students fee is applicable ONLY for undergraduate students. A valid student ID must be presented at the Registration Desk during the Congress. Otherwise, discounted fee will not apply.

Gold Pricing:	Early Bird 10 March 2017	Standard Price
Physicians	USD 499	USD 599
Nurses / Residents	USD 399	USD 499
Students	USD 299	USD 299
Physiotherapists	USD 399	USD 499
Vendors / Pharma	USD 1,999	USD 2,199
Includes:		
2-day conference - Includes post congress workshops - Networking coffee breaks - Lunch - Post-congress presentation access - Certificate of attendance		

Workshop Pricing:	Regular Price
1 Workshop	USD 99
2 Workshops	USD 180

Post-Conference Workshops:

- ☐ Opioid Conversion
☐ Pain Assessment and Management in Critically Ill Patients

PAYMENT METHOD

☐ By Wire Transfer

☐ By Credit Card

Please debit my credit card: ☐ Visa ☐ Master Card

Card No:

Valid From: / Expiry Date: /

Cardholder Name: _____

Authorised Signature: _____

Internal use only:

Registration received on: _____

Full payment received: _____

TEAM DISCOUNTS

Team discounts available on request.
Check for special group discount for registration of 3 or more. Call +971 4 361 9616 for more information.

VENUE AND ACCOMMODATION

Venue: **Sheraton Grand Hotel, Dubai**
Address: 3 Sheikh Zayed Road, Dubai, United Arab Emirates
Tel No.: +971 4 503 4444
Website: <http://www.sheratongranddubai.com>

Hotel and travel costs are not included in the registration fee.



ROOM RESERVATION

Special rate for room accommodation is available at the hotel. You may contact the Maarefah Management representative for more information.

TERMS AND CONDITIONS

Registration and Payment Policy

- All participants must register prior to congress admission.
- Pre-registered participants are advised to present a copy of their registration/payment slip at the onsite registration desk.
- Payment is due at the time of registration and includes lunches, refreshments, conference materials and certificate of attendance.
- Your registration will not be confirmed until payment is received in full.
- Cheque payment may only be made from UAE and in AED. Kindly contact us at info@menapalliative.com to discuss.
- EFT / Direct Deposit to be effected as per bank details on the invoice.
- Payment should be made within 7 days of invoice date.
- Payment can also be done through credit card or Paypal.

Discounts

- All early bird discounts require payment at the time of registration and before the early bird deadline in order to receive any discount.
- Discount offers cannot be combined with any other offer.

Cancellation Policy

- Registration cancellations must be notified in writing by email to the Maarefah's office in Dubai. Email: info@menapalliative.com
- Cancellations received 30 days prior to the event will receive a refund of the registration fees, less an administration charge of 100 USD of the congress fee.
- Cancellations received less than 30 days prior to the event are not eligible for a refund.
- Refunds will be processed 2 months after the event completion date.

Liability

- Maarefah reserves the right to amend any part of the congress' programme if necessary at any time.
- Maarefah will not be held liable for damages of any nature sustained by delegates or accompanying persons, or loss of, or damage to their personal property as a result of attending the congress or its related events.
- While every consideration has been taken when presenting the demographics of the attendees in the programme, Maarefah doesn't guarantee the exact demographics of the congress attendees and can not be held responsible for the same.

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2017 Events

Events	Dates	Location
Obesity Care and Cure Congress	3 Feb 2017	Dubai, UAE
Dubai International Nursing and Midwifery Congress	9-10 Feb 2017	Dubai, UAE
Arab Paediatric Medical Congress	2-4 Mar 2017	Dubai, UAE
Arab Neonatal Medical Congress	2-4 Mar 2017	Dubai, UAE
Arab Paediatric Nutrition Congress	2-4 Mar 2017	Dubai, UAE
Rare Diseases Day	3 Mar 2017	Dubai, UAE
Middle East Pharma Cold Chain Congress	10-12 Apr 2017	Dubai, UAE
GCC Healthcare Innovation Congress	25-26 Apr 2017	Dubai, UAE
MENA Ophthalmology Congress	27-29 Apr 2017	Doha, Qatar
International Paediatric Dermatology Congress	4-6 May 2017	Dubai, UAE
Dubai International Conference on Infectious Diseases and Vaccination	11-13 May 2017	Dubai, UAE
Qatar International Musculoskeletal Medicine and Rehabilitation Congress	12-13 May 2017	Doha, Qatar
Middle East Paediatric Congress	18-20 May 2017	Doha, Qatar
Middle East Palliative Care Congress	18-20 May 2017	Dubai, UAE
MENA Health Insurance Congress	18-19 Sept 2017	Dubai, UAE
Dubai International Thoracic Congress	28-30 Sep 2017	Dubai, UAE
MENA Orthopaedics Congress	28-30 Sep 2017	Dubai, UAE
Dubai International Gastroenterology Congress	5-7 Oct 2017	Dubai, UAE
Dubai International Paediatric Neurology Congress	5-7 Oct 2017	Dubai, UAE
MENA Physical Medicine & Rehabilitation Congress	12-14 Oct 2017	Dubai, UAE
GCC Pharmacy Congress	19-21 Oct 2017	Dubai, UAE
Excellence in Cardiac Care / Emergency Medicine Congress	27-28 Oct 2017	Dubai, UAE
Middle East Laboratory and Diagnostics Congress	9-11 Nov 2017	Dubai, UAE
MENA Women's Health Congress	9-11 Nov 2017	Dubai, UAE
International Paediatric Medical Congress	16-18 Nov 2017	Dubai, UAE
International Neonatal Medical Congress	16-18 Nov 2017	Dubai, UAE
Arab Diabetes Medical Congress	23-25 Nov 2017	Doha, Qatar
MENA Pharma Manufacturing Congress & Exhibition	29-30 Nov 2017	Jeddah, KSA
Health Informatics Congress	4-5 Dec 2017	Doha, Qatar
MENA Infectious Diseases Congress	7-9 Dec 2017	Dubai, UAE
Dubai International Preventive Medicine Congress	7-9 Dec 2017	Dubai, UAE

For more information on Maarefah's upcoming events call +971 4 361 9616
email: info@maarefah-management.org
visit www.maarefah-management.org



About Maarefah

Maarefah Management is a world-class events, training and association management company specialised in the healthcare industry and working closely with government institutions, industry bodies and professional associations to aid individual career development in order to spread knowledge in the medical community and enhance the medical practice in the region.

With five main divisions, Maarefah offers a comprehensive menu of professional services ranging from events management, trainings, market research and association administration for the healthcare industry.

The company's conferences and specialised training courses are developed by highly experienced medical committees who create up-to-date scientific and technical programs tackling current and critical industry issues.

CONNECTING & ADVANCING THE HEALTHCARE INDUSTRY



To find out more visit
www.maarefah-management.com 

 **info@maarefah-management.org**