

A Joint BADS & HCUK Conference

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Hip & Knee Replacement as a Day Case

Thursday 20th September 2018 De Vere W1 Conference Centre, London



Chair and speakers include:

Dr Kim Russon
President Elect
BADS

Professor Mike Reed
Consultant Orthopaedic Surgeon
Northumbria Healthcare
NHS Foundation Trust

Dr Mary Stocker
President
BADS

Miss Elizabeth Moulder
Consultant Orthopaedic Surgeon
Hull and East Yorkshire
Hospitals NHS Trust

Supporting Organisations



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Day surgery is now provided for an increasing range of procedures, in patients ranging from the very fit to the rather frail. It has become the standard of care for many elective surgery procedures and should be the default option for all 200 procedures within the BADS Directory of Procedures.

The day will recount the 10 year journey with Northumbria Healthcare NHS Foundation Trust from when they introduced an enhanced recovery programme for hip and knee arthroplasty which has seen their length of stay reduce to same day discharge for some patients, and a mean of 2.5 days for all NHS patients.

Enhanced recovery programmes aim to improve patients' experience of care and expedite recovery from elective surgical procedures in the shortest possible time, without compromising safety. The quality of the programme is measured by its safety (complications), clinical effectiveness (outcomes) and patient experience. The cost efficiency of the program can be objectively measured by patient's length of hospital stay and re-admission rates to the hospital.

We will hear about their dedicated ring fence policy as suggested in the Get It Right First Time report, which is in line with the latest guidance from the British Orthopaedic Association. Surgical procedures have been standardised as much as possible so that the whole process is predictably reproducible, familiar to the staff for all 2700 primary joint replacements, and has allowed a planned reduction in orthopaedic beds. This process results in better preparation for surgery and reduce surgical stress and blood loss. Patient preparation, education and counselling is carried out throughout the care process in a multidisciplinary coordinated approach. Feedback is key and occurs at team and clinician level for multiple steps in the pathway for safety, clinical effectiveness and patient experience.

We shall also hear from other centres who have successfully introduced day case hip and knee replacement pathways.

There will be an opportunity for discussion with the speakers, experts from BADS and participants from across the UK which will be of interest to those with medical, nursing and managerial backgrounds.



10.00 Chairman's Introduction

Dr Kim Russon *Consultant Anaesthetist* Rotherham Foundation Trust Hospital
President Elect BADS

10.15 The day surgery pathway & patient selection

Dr Mary Stocker
Consultant Anaesthetist
Torquay
President BADS

- Key elements of a day surgery pathway
- Patient suitability for day surgery
- Planning for successful day surgery

10.45 The journey to reducing length of stay for hip & knee arthroplasty

Professor Mike Reed
Consultant Orthopaedic Surgeon
Northumbria Healthcare NHS Foundation Trust

- The story from Northumbria -10 years on...
- The importance of ERAS
- As reported on the One Show - "its about marginal gains"

11.15 *Question and answers, followed by tea & coffee at 11.25*

11.45 A Multidisciplinary approach to success

Dr James Golding *Consultant Anaesthetist*
Hilary Young *Nurse Practitioner*
Gail Menton *Physiotherapist*
Northumbria Healthcare NHS Foundation Trust

- Pre-operative preparation
- Anaesthesia
- Post-operative care and follow up

12.30 The case for addressing anaemia pre-operatively

Professor Mike Reed
Consultant Orthopaedic Surgeon
Northumbria Healthcare NHS Foundation Trust

- The problem with anaemic hip and knee replacement patients
- Screening for anaemia
- Correcting anaemia safely and efficiently

12.45 *Question and answers, followed by lunch at 13.00*

14.00 Day Case Hip and Knee Replacement

Mr Paul Partington
Consultant Orthopaedic Surgeon
Northumbria Healthcare NHS Foundation Trust

- Reducing length of stay to one day
- Sustaining a day care hip and knee arthroplasty service

Pathways in Practice:

14.30 Day Case Hip Replacements: The Hull Experience

Consultant Orthopaedic Surgeon: Miss Elizabeth Moulder
Physiotherapist: Jeremy Lyon
Consultant Anaesthetist: Dr Ganesh Gopalakrishnan

- Drivers for same day discharge in THR
- Experience and evidence from ERAS work
- Results from our pilot for same day discharge highly selected patients
- Barriers to implementation in the NHS

15.30 *Question and answers, followed by tea & coffee at 15.40*

16.00 Day Case Uni-compartment Knee Replacements: The Torbay Experience

Consultant Orthopaedic Surgeon: Mr David Isaac
Consultant Anaesthetist: Dr Mary Stocker

- The development of the pathway
- Setting expectations: staff & patients
- Reasons for success and reasons for failure

16.30 *Followed by discussion of other examples from the floor....*

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Venue
De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Tuesday 20th September 2018

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
☐ £495 + VAT (£594.00) for commercial organisations.
☐ £273.75 + VAT (£328.50) for BADS members.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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